

28. Ostfriesland Lauf 2009

OSSILOOP - 2009

12. Mai 2009

Zwischenstand nach 3. Etappe

gedruckt 12.05.2009 22:18:56

Männer

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
1	MHK	1	1351	Georg	Dietrich	70	LG Braunschweig	0:35:22	0:33:08	0:35:03				1:43:34
2	MHK	2	21	Jan	Waschkau	77	Fysio Fit Physiotherapi	0:36:01	0:36:21	0:37:11				1:49:33
3	MHK	3	1338	Gerd	Wolzen	83	VfL Germania Leer	0:35:55	0:36:16	0:37:40				1:49:51
4	MHK	4	2	Achim	Groenhage	68	LG Harlingerland	0:36:24	0:36:54	0:37:35				1:50:54
5	MHK	5	5	Onno	Ringering	68	Ihlower Rennschnecken	0:37:04	0:37:28	0:38:30				1:53:04
6	MHK	6	31	Wilko	Willms	73	LG Harlingerland	0:37:46	0:37:57	0:39:42				1:55:26
7	MHK	7	9	Roland	Klaue	71	Biersalon Aurich	0:38:15	0:38:34	0:38:57				1:55:47
8	MHK	8	16	Stefan	de Jonge	76	TuS Weene	0:38:22	0:37:53	0:39:39				1:55:55
9	MJ	1	8	Hauke	Köller	90	TuS Weener	0:38:10	0:38:11	0:39:46				1:56:08
10	MHK	9	51	Michael	Schulze	72	Wasserschutzpolizei Em	0:38:14	0:37:56	0:39:58				1:56:09
11	MHK	10	82	Jann	Jürgens	67	EWE Wattloopers	0:38:47	0:38:47	0:40:28				1:58:02
12	MHK	11	44	Leander	Krawietz	71	Emder LG	0:39:06	0:38:54	0:40:37				1:58:39
13	MHK	12	18	Heiko	Süthoff	87	ELV Elektronik AG	0:39:18	0:38:57	0:40:34				1:58:50
14	MHK	13	20	Dieter	Weinberg	68	LG Harlingerland	0:39:08	0:39:10	0:40:36				1:58:54
15	MJ	2	49	Nils	Christians	93	LG Harlingerland	0:39:13	0:39:10	0:40:37				1:59:01
16	MHK	14	19	Marko	Wolf	76	KUH'S BEST-Team	0:39:12	0:38:58	0:41:06				1:59:17
17	MHK	15	32	Anton	Sanders	61	LG Ostfriesland	0:39:25	0:39:26	0:40:43				1:59:35
18	MHK	16	1178	Ralf	Bienow	66	Ihlower Rennschnecken	0:39:22	0:39:04	0:41:07				1:59:35
19	MHK	17	1076	Benjamin	Wirdemann	83	LT Schafhauser Wald	0:39:38	0:39:13	0:40:57				1:59:49
20	MHK	18	26	Andreas	Aeilts	65	Emden	0:39:08	0:39:14	0:41:28				1:59:51
21	MHK	19	65	Frank	Schulze-Ost	78	STV Barßel	0:39:32	0:39:01	0:41:29				2:00:03
22	MJ	3	54	Jan-Hiebo	Busch	91	SV Warsingsfehn	0:39:30	0:39:45	0:41:30				2:00:46
23	MHK	20	80	Thomas	Oltmanns	74	Holterfehn	0:39:49	0:39:50	0:41:08				2:00:48
24	MJ	4	75	Dirk	Hanken	92	Germania Leer	0:39:44	0:39:41	0:41:44				2:01:10
25	MHK	21	1059	Willi	Busker	75	VfR Eintracht Völlen	0:39:50	0:39:58	0:41:37				2:01:26
26	MHK	22	28	Bernd	Bruns	61	TSV Hesel	0:39:56	0:40:05	0:41:39				2:01:41
27	MHK	23	48	Ralf	Reents	69	LG Harlingerland	0:39:54	0:40:07	0:41:45				2:01:47
28	MHK	24	59	Frank	Schröder	70	Emder LG	0:39:53	0:40:10	0:42:02				2:02:06
29	MHK	25	47	André	Kleen	83	RVB Aurich/Uplengen	0:40:06	0:40:02	0:42:12				2:02:22
30	MHK	26	55	Berthold	Tuijter	69	Emder LG	0:40:20	0:40:38	0:41:48				2:02:46
31	MHK	27	52	Jann Dirk	Poppen	82	TG Wiesmoor	0:40:50	0:40:25	0:41:35				2:02:51
32	MHK	28	1072	Heinz	Taute	72	LG Uplengen	0:40:23	0:40:22	0:42:18				2:03:04
33	MHK	29	57	Uwe	Hüls	63	TV Norden	0:40:05	0:40:12	0:42:47				2:03:04
34	MHK	30	1046	Arnd	Siebelts	61	TV Norden	0:41:13	0:40:29	0:41:49				2:03:33
35	MHK	31	53	Wolfgang	Trebesch	57	MTV Aurich	0:40:41	0:40:47	0:42:35				2:04:04
36	MHK	32	50	Helmut	Ubben	80	ubben-haus Laufteam	0:41:04	0:40:55	0:42:48				2:04:48
37	MHK	33	64	Holger	Alts	64	VfL Berumbur	0:40:56	0:41:05	0:42:52				2:04:55
38	MHK	34	61	Michael	Akkermann	70	SV Jennelt-Uttum	0:41:19	0:41:05	0:42:44				2:05:09
39	MHK	35	27	Borchard	Christians	58	LG Ostfriesland	0:40:58	0:41:45	0:42:31				2:05:15
40	MHK	36	86	Andreas	Rühle, Dr.R	62	Lions Club Uplengen	0:41:41	0:41:16	0:42:57				2:05:55
41	MHK	37	1073	Volker	Trebesch	65	Team Enercon	0:41:37	0:41:13	0:43:09				2:06:00
42	MHK	38	1181	Siegmund	Krause	59	Rechtsweg	0:41:37	0:41:13	0:43:10				2:06:01
43	MHK	39	1363	Hermann	Leemhuis	78	Spaß mit Sport	0:42:01	0:41:21	0:42:41				2:06:04
44	MHK	40	30	Christian	Frerichs	86	LG Ostfriesland	0:41:11	0:41:13	0:43:57				2:06:21
45	MHK	41	81	Ralf	Lottmann	71	EWE Wattloopers	0:41:53	0:41:23	0:43:08				2:06:25
46	MHK	42	63	Karl-Heinz	Hoffmann	58	TSV Hesel	0:41:46	0:41:47	0:43:20				2:06:54
47	MHK	43	1180	Ralf	Geiken	71	BV Victorbur	0:41:58	0:41:42	0:43:18				2:06:58
48	MJ	5	114	André	Behrends	90	Crocodiles Ihlow	0:41:45	0:41:35	0:43:45				2:07:05
49	MHK	44	154	Michael	Weber	72	Oldersum	0:42:20	0:41:22	0:43:29				2:07:12
50	MHK	45	60	Josef	Laufenberg	65	LT TuS Aurich-Ost	0:42:11	0:41:25	0:43:37				2:07:14
51	MJ	6	34	Karsten	de Wall	91	Jugendtreff Timmel	0:42:21	0:41:47	0:43:23				2:07:32
52	MHK	46	45	Till	Wagenknecht	68	Emder LG	0:42:14	0:41:33	0:43:51				2:07:39
53	MHK	47	152	Stefan	Schiller	76	TEAM DEUTSCHE POS	0:41:51	0:41:33	0:44:16				2:07:40
54	MHK	48	76	Janno	Schmid	85	SV Nortmoor e.V.	0:42:35	0:41:29	0:43:36				2:07:41
55	MHK	49	168	Johann	Aden	69	Team Möbel Buss	0:42:11	0:41:58	0:43:53				2:08:03

28. Ostfriesland Lauf 2009

OSSILOOP - 2009

12. Mai 2009

Zwischenstand nach 3. Etappe

gedruckt 12.05.2009 22:18:56

Männer

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
56	MHK	50	41	Andre	Blank	77	Sparkasse Leer Wittmun	0:42:07	0:42:16	0:43:55				2:08:20
57	MHK	51	1044	Kurt	Eden	58	TV Norden	0:42:43	0:41:48	0:44:01				2:08:33
58	MHK	52	108	Clemens	Köster	73	MTV Aurich Triathlon	0:42:17	0:41:43	0:44:44				2:08:45
59	MHK	53	110	Uwe	Rotte	60	LT TuS Aurich-Ost	0:42:16	0:41:49	0:44:43				2:08:49
60	MHK	54	77	Jens-Peter	Grest	71	SV Warsingsfehn	0:42:25	0:42:11	0:44:12				2:08:50
61	MHK	55	66	Robert	Oremek	65	LG Ostfriesland	0:42:24	0:42:15	0:44:11				2:08:51
62	MJ	7	68	Carsten	Croon	92	TG Wiesmoor	0:43:12	0:41:22	0:44:26				2:09:01
63	MHK	56	1290	Alfred	Pelka	68	Rettungsdienst Leer	0:43:10	0:42:24	0:43:26				2:09:02
64	MJ	8	104	Derk	Janssen	95	SV Wallinghausen	0:43:25	0:42:07	0:43:28				2:09:02
65	MHK	57	1384	Uwe	Frühling	69	Polizei Aurich	0:42:14	0:42:35	0:44:20				2:09:11
66	MHK	58	1377	Hinrich	Puse	64	Lauftreff Burhufe	0:42:12	0:42:33	0:44:30				2:09:16
67	MHK	59	235	Stephan	Henninga	86	RVB Aurich/Uplengen	0:43:14	0:42:33	0:43:31				2:09:18
68	MHK	60	69	Marco	Meyer	80	TV Bunde	0:43:00	0:42:25	0:43:55				2:09:21
69	MHK	61	1071	Manfred	Eden	59	TuS Eintracht Hinte	0:43:02	0:42:41	0:43:59				2:09:42
70	MJ	9	1374	Gerrit	Kuhlmann	90	VfJ Jheringsfehn	0:42:36	0:41:22	0:45:47				2:09:46
71	MJ	10	367	Jens	Heyken	90	NIGE	0:43:13	0:42:14	0:44:23				2:09:51
72	MHK	62	74	Andreas	Jacobs	72	Polizei Aurich	0:42:56	0:42:33	0:44:26				2:09:56
73	MHK	63	1291	Jürgen	de Buhr	63	SV Wiesmoor	0:43:04	0:42:47	0:44:11				2:10:03
74	MHK	64	109	Martin	Wilts	72	LG Ostfriesland	0:42:41	0:42:44	0:44:39				2:10:05
75	MJ	11	1335	Christian	Rückbrod	90	TV Norden	0:42:48	0:41:35	0:45:44				2:10:09
76	MHK	65	106	Folker	Bohlen	65	Team Möbel Buss	0:43:00	0:42:18	0:45:00				2:10:19
77	MHK	66	15	Heinz-Diete	Janssen	71	TSV Riepe	0:43:19	0:42:17	0:44:44				2:10:20
78	MHK	67	116	Hermann	Hallmann	62	Emder LG	0:43:07	0:42:41	0:44:32				2:10:21
79	MHK	68	85	Wilfried	Sanders	68	Weener Plastik AG	0:43:08	0:42:38	0:44:43				2:10:30
80	MHK	69	1079	Holger	Schulte	75	Hinte	0:43:11	0:43:02	0:44:21				2:10:35
81	MHK	70	89	Harm	Park	53	TuS Weene	0:43:03	0:42:42	0:44:53				2:10:39
82	MHK	71	40	Fred	Hofmann	63	Weener Plastik AG	0:43:10	0:42:44	0:45:01				2:10:56
83	MHK	72	221	Uwe	Sanders	86	Weener Plastik AG	0:43:20	0:42:35	0:45:01				2:10:57
84	MHK	73	42	Sönke	Biel	85	Sparkasse LeerWittmun	0:43:47	0:43:01	0:44:09				2:10:58
85	MHK	74	94	Thomas	Baxmann	66	Emden	0:43:14	0:42:57	0:44:59				2:11:11
86	MHK	75	121	Martin	Poguntke	63	TV Norden	0:43:16	0:42:59	0:45:01				2:11:17
87	MHK	76	1066	Claas	Feth	77	Oldenburg	0:43:22	0:43:03	0:44:52				2:11:17
88	MHK	77	72	Andreas	Langensiep	70	LT TuS Aurich-Ost	0:43:45	0:43:00	0:45:05				2:11:51
89	MHK	78	1182	Karl	Baumann	83	Uplengen	0:43:28	0:43:07	0:45:25				2:12:01
90	MHK	79	130	Jann	Trauernicht	61	Wasserschutzpolizei Em	0:43:43	0:43:04	0:45:31				2:12:19
91	MHK	80	164	Tönjes	Meyer	58	TSV Hesel	0:43:25	0:43:25	0:45:29				2:12:21
92	MHK	81	115	Michael	Habben	75	TuS Weene e. V.	0:44:14	0:43:05	0:45:01				2:12:22
93	MHK	82	46	Tobi	Asche	59	SV Wiesede	0:43:41	0:43:12	0:45:30				2:12:25
94	MJ	12	119	Ralf	Wilken	92	Emder LG	0:43:51	0:44:03	0:44:33				2:12:28
95	MHK	83	212	Jürgen	Schmidt	63	TuS Detern	0:43:46	0:43:49	0:44:54				2:12:30
96	MHK	84	93	Karlheinz	Gronewold	67	Trauco stein design	0:43:39	0:43:07	0:45:55				2:12:42
97	MHK	85	105	Malte	Visser	85	VfL Germania Leer	0:44:03	0:43:16	0:45:29				2:12:49
98	MHK	86	465	Wilfried	Steenhard	66	Weener Plastik AG	0:44:10	0:43:15	0:45:26				2:12:53
99	MHK	87	1149	Hans-Dieter	Aden	58	TuS Eintracht Hinte	0:43:29	0:44:01	0:45:44				2:13:14
100	MJ	13	117	Eike	Heinen	90	Team Beck`s nicht alk	0:44:10	0:44:09	0:45:00				2:13:20
101	MHK	88	29	Timo	Hanssen	87	TuS Norderney	0:44:10	0:44:20	0:44:54				2:13:25
102	MHK	89	162	Martin	Rausch	65	Fortuna Wirdum	0:44:12	0:43:50	0:45:33				2:13:36
103	MHK	90	127	Heyo	Hanssen	61	SC Wiesens	0:43:31	0:43:36	0:46:37				2:13:45
104	MHK	91	43	Christian	Jacobs	81	FC Frisia Neuharlingers	0:44:14	0:43:47	0:45:49				2:13:52
105	MHK	92	118	Reinhard	de Vries	61	Ost-Victorbur	0:44:12	0:43:58	0:45:43				2:13:54
106	MHK	93	1188	Onno	Fleßner	79	Ihlowerfehn	0:44:12	0:44:36	0:45:06				2:13:55
107	MHK	94	92	Marc	Siemens	71		0:44:06	0:44:02	0:45:47				2:13:56
108	MJ	14	255	Märkus	Lübbers	92	TuS Weener	0:45:07	0:42:54	0:46:02				2:14:04
109	MHK	95	167	Wilhelm	Wilbers	62	OLB Ostfriesland	0:44:51	0:43:49	0:45:28				2:14:09
110	MHK	96	71	Detlef	Saathoff	66		0:43:54	0:44:04	0:46:11				2:14:10

28. Ostfriesland Lauf 2009

OSSILOOP - 2009

12. Mai 2009

Zwischenstand nach 3. Etappe

gedruckt 12.05.2009 22:18:56

Männer

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
111	MJ	15	193	Jens	Willers	90	SV Warsingsfehn	0:44:39	0:44:11	0:45:24				2:14:15
112	MHK	97	964	Sven	Reeßing	71	Nordland Papier	0:45:13	0:44:09	0:44:59				2:14:22
113	MHK	98	178	Thomas	Alberts	81	Hinte	0:44:27	0:44:13	0:46:00				2:14:41
114	MHK	99	151	Axel	Hesse	69	TEAM DEUTSCHE POS	0:45:01	0:44:38	0:45:03				2:14:44
115	MHK	100	56	Jan	Meyerhoff	67	LG Ostfriesland	0:44:21	0:44:45	0:45:38				2:14:46
116	MHK	101	180	Matthias	Bergmann	66	SV Georgsheil	0:44:43	0:44:13	0:45:54				2:14:51
117	MHK	102	113	Frank	Schaller	61	LT TuS Aurich-Ost	0:44:39	0:44:08	0:46:04				2:14:52
118	MJ	16	232	Amko	Groeneveld	91	Gymnasium Rhauferfe	0:47:00	0:43:30	0:44:34				2:15:05
119	MHK	103	1388	Conrad	Büürma	72	TuS Ditz.- Verlaat	0:44:54	0:44:33	0:45:41				2:15:09
120	MHK	104	201	Heiner	Janssen	81	Weener Plastik AG	0:44:59	0:44:17	0:45:57				2:15:14
121	MHK	105	1365	Christian	Rose	84	ENOVA Marketing + Ve	0:48:02	0:40:47	0:46:25				2:15:15
122	MHK	106	1190	Wilfried	Menken	76	Ihlower Loopers	0:44:33	0:44:04	0:46:43				2:15:21
123	MHK	107	23	Marco	Gronewold	79	Team AURICHER EIER	0:44:45	0:44:30	0:46:17				2:15:33
124	MHK	108	1056	Heinz	Romaness	66	Dekra-Aurich	0:44:54	0:44:24	0:46:22				2:15:41
125	MHK	109	238	Matthias	Beekmann	71	Raiffeisenbank Flachsme	0:44:43	0:44:56	0:46:04				2:15:44
126	MHK	110	1375	Ernst	Weerts	79	Das Boot Emden e.V.	0:45:45	0:44:14	0:45:48				2:15:47
127	MJ	17	1078	Volker	Dänekas	90	LG Uplengen	0:44:58	0:44:24	0:46:28				2:15:52
128	MHK	111	204	Reiner	de Riese	59	Concordia Ihrhove	0:44:51	0:44:32	0:46:29				2:15:53
129	MJ	18	241	Renko	Albe	90	TuS Weener	0:45:22	0:44:07	0:46:39				2:16:09
130	MHK	112	1185	Jörg	Müller	64	TV Leer	0:44:24	0:44:13	0:47:33				2:16:11
131	MHK	113	1381	Kai	Biermann	88	BS Werbetechnik	0:45:55	0:43:53	0:46:28				2:16:18
132	MHK	114	192	Thomas	Willers	65	SV Warsingsfehn	0:44:54	0:44:24	0:47:06				2:16:25
133	MHK	115	273	Stefan	Bikker	77	Ihlow	0:45:52	0:44:42	0:46:02				2:16:37
134	MHK	116	1183	Thomas	Meyer	69	SC Wiesens	0:44:59	0:44:31	0:47:07				2:16:38
135	MHK	117	236	Henri	Schlachter	61	RVB Aurich/Uplengen	0:45:26	0:44:48	0:46:36				2:16:52
136	MHK	118	145	Marcus	Struckmeyer	70	Aurich	0:45:11	0:44:47	0:46:56				2:16:54
137	MHK	119	112	Harald	Meyeraan	64	Hinte	0:45:38	0:45:12	0:46:07				2:16:58
138	MHK	120	879	Michael	Ihnen	62	Leinerstift e.V.	0:45:23	0:45:26	0:46:11				2:17:00
139	MHK	121	326	Fritz	Backhaus	62	LG Harlingerland	0:45:26	0:44:44	0:47:01				2:17:12
140	MHK	122	213	Friedhelm	Pristat	72	KUH'S BEST-Team	0:45:05	0:44:44	0:47:25				2:17:15
141	MJ	19	1075	Janno	Meenken	94	MTV Aurich	0:46:39	0:44:40	0:45:55				2:17:16
142	MJ	20	146	Christoph	Runden	91	Post SV Leer	0:43:16	0:42:37	0:51:25				2:17:19
143	MHK	123	521	Jochem	Lübbers	70	Bunde - Wymeer	0:45:23	0:45:09	0:46:46				2:17:19
144	MHK	124	444	Andreas	Löloff	57	TV Norden	0:44:55	0:45:16	0:47:12				2:17:24
145	MHK	125	128	Uwe	Manssen	70	Westerende	0:45:52	0:44:09	0:47:22				2:17:24
146	MHK	126	247	Gerrit	Müller	61	Team Möbel Buss	0:45:02	0:44:55	0:47:28				2:17:26
147	MHK	127	173	Gerd	Puse	63	Sparkasse LeerWittmun	0:44:53	0:45:21	0:47:11				2:17:27
148	MHK	128	535	Ralf	Hellmers	65	TV Norden	0:45:18	0:45:03	0:47:06				2:17:28
149	MHK	129	1070	Karl-Heinz	Speckmann	57	H. T.-Gesamtschule Ihl	0:49:40	0:44:05	0:43:43				2:17:30
150	MHK	130	123	Holger	Aderhold	70	Wi sünd Holtriem	0:45:39	0:44:47	0:47:06				2:17:33
151	MHK	131	1051	Torsten	Arends	74	TV Norden	0:45:29	0:45:13	0:46:52				2:17:35
152	MHK	132	203	Richard	Gastmann	61	Ammersum	0:45:57	0:45:08	0:46:33				2:17:39
153	MHK	133	253	Hilmar	Garrelts	72	KBV Reepsholt	0:45:46	0:45:39	0:46:29				2:17:54
154	MJ	21	262	Maximilian	Corsten	94	Gymnasium Ulricianum	0:46:18	0:45:00	0:46:40				2:17:58
155	MJ	22	220	Tobias	Penning	91	2 glorreiche Halunken	0:45:22	0:45:33	0:47:07				2:18:03
156	MHK	134	459	Patrick	Decker	87	Team Möbel Buss	0:48:29	0:43:34	0:46:02				2:18:06
157	MHK	135	202	Jakobus	Feldkamp	75	Weener Plastik AG	0:46:21	0:44:51	0:46:58				2:18:11
158	MHK	136	136	Edgar	Aggen	66	Feuerwehr Lammertsfeh	0:46:18	0:45:39	0:46:17				2:18:15
159	MHK	137	327	Bernd	de Vries	66	Neermoor	0:45:52	0:45:34	0:46:49				2:18:15
160	MHK	138	1343	Harald	Leu	71	VfB Uplengen	0:45:47	0:45:10	0:47:22				2:18:20
161	MHK	139	166	Bernd	Recknagel	67	Hotel Waldquelle	0:45:46	0:44:55	0:47:39				2:18:21
162	MHK	140	337	Matthias	Aeilts	68	FeG Hesel	0:46:33	0:45:04	0:46:44				2:18:21
163	MHK	141	242	Hartmut	Götz	72	SV Spetzerfehn	0:46:40	0:44:45	0:46:58				2:18:24
164	MJ	23	256	Justus	Bornemann	95	TuS Weener	0:48:17	0:43:42	0:46:24				2:18:25
165	MHK	142	38	Lukas	Dendzik	82	Holterfehn	0:45:56	0:44:52	0:47:40				2:18:29

28. Ostfriesland Lauf 2009

OSSILOOP - 2009

12. Mai 2009

Zwischenstand nach 3. Etappe

gedruckt 12.05.2009 22:18:56

Männer

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
166	MHK	143	1378	Joachim	Nordbrock	72	Moormerland	0:45:02	0:45:14	0:48:20				2:18:37
167	MHK	144	462	Meinhard	Harms	50	TSV Riepe	0:46:07	0:44:48	0:47:43				2:18:39
168	MJ	24	214	Hendrik	Peters	91	Emder LG	0:45:58	0:45:42	0:47:01				2:18:42
169	MHK	145	209	Friedhelm	Schmidt	68	Aurich	0:46:36	0:45:57	0:46:19				2:18:53
170	MHK	146	231	Dirk Enno	Sundermey	88	Sportschule TAO Aurich	0:46:29	0:45:47	0:46:37				2:18:54
171	MHK	147	243	Fredy	Hedemann	62	Team Möbel Buss	0:45:32	0:45:14	0:48:11				2:18:58
172	MHK	148	186	Gerold	Wilken	67	Emder LG	0:45:20	0:46:05	0:47:33				2:18:59
173	MHK	149	140	Harald	de Buhr	62	Polizeiinspektion Leer/Er	0:45:43	0:45:32	0:47:48				2:19:05
173	MHK	149	1080	Jürren	Geiken	61	obw Emden	0:44:55	0:46:48	0:47:21				2:19:05
175	MHK	151	210	Benjamin	Wolthuis	81	BBS I Leer	0:46:47	0:45:26	0:46:52				2:19:06
176	MHK	152	219	Jannes	Vervoot	89	ELV Elektronik AG	0:48:59	0:45:14	0:45:00				2:19:14
177	MHK	153	295	Hans	van der Kam	56	TB Twixlum	0:46:26	0:45:36	0:47:17				2:19:20
178	MHK	154	88	Friedhelm	Dickmann	65	Nordland Papier	0:46:19	0:45:53	0:47:12				2:19:24
179	MHK	155	90	Holger	de Vries	70	Pewsumer Ossiloopers	0:46:10	0:45:27	0:47:48				2:19:26
180	MHK	156	297	Mathias	Seewald	72	LG- Deichschleicher Ost	0:46:34	0:45:46	0:47:19				2:19:39
181	MHK	157	252	Klaus-Diete	Mertins	56	obw Emden	0:45:55	0:46:16	0:47:29				2:19:41
182	MHK	158	323	Elmar	Tapper	79	LT TuS Aurich-Ost	0:46:32	0:45:41	0:47:31				2:19:44
183	MJ	25	497	Matthias	Woortmann	94	Westoverledingen	0:46:44	0:45:46	0:47:19				2:19:50
184	MHK	159	246	Uwe	Ottjes	66	Team Möbel Buss	0:46:04	0:46:07	0:47:40				2:19:52
185	MHK	160	237	Gerold	Janssen	66	Wallinghausen	0:46:32	0:45:29	0:47:50				2:19:53
186	MHK	161	1097	Rolf	Kirschke	65	Team ENERCON	0:46:16	0:45:50	0:47:51				2:19:58
187	MHK	162	217	Hermann	Görtmöller	63	Emden	0:46:23	0:45:49	0:47:47				2:20:00
188	MHK	163	1193	Wilhelm	Kruse	66	Spetzerfehn	0:46:39	0:45:26	0:47:55				2:20:01
189	MJ	26	1083	Tim	Harms	94	HTG Ihlow	0:46:28	0:45:52	0:47:41				2:20:01
190	MHK	164	1184	Claus	Dirksen	56	Pollmann und Renken	0:46:20	0:45:46	0:48:00				2:20:08
191	MHK	165	225	Stefan	Stomberg	68	Crocodiles Ihlow	0:46:36	0:46:07	0:47:26				2:20:10
192	MHK	166	126	Gerold	Meinen	63	BSC Burhufe	0:46:16	0:46:07	0:47:46				2:20:10
193	MJ	27	345	Stephan	Penning	91	Crocodiles Ihlow	0:45:59	0:45:37	0:48:38				2:20:15
194	MHK	167	170	Jens	Konopka	72	Wiesmoor	0:46:30	0:46:04	0:47:46				2:20:21
195	MJ	28	307	Maximilian	Zeidler	90	Rechtsweg	0:47:25	0:45:31	0:47:26				2:20:23
196	MHK	168	141	Holger	Grasse	65	TuS Zetel	0:47:04	0:45:39	0:47:48				2:20:32
197	MHK	169	1067	Siebind	Peters	77	TROM XUA SNOG	0:47:28	0:45:32	0:47:34				2:20:35
198	MHK	170	272	Thomas	Stern	70	SZ Wiesbaden	0:47:14	0:45:59	0:47:21				2:20:35
199	MJ	29	867	Carsten	Diekmann	91	HRS Westerholt	0:47:05	0:44:41	0:48:59				2:20:46
200	MJ	30	96	Torben	Teepe	93	Ubbo-Emmius Gymnasi	0:46:23	0:44:18	0:50:16				2:20:58
201	MHK	171	137	Richard	Hartema	68	MTV Ditzum	0:46:53	0:46:13	0:47:52				2:20:58
202	MHK	172	67	Thomas	Plesse	66	FCSO	0:47:03	0:46:14	0:47:55				2:21:14
203	MHK	173	172	Jens	Schädler	60	Schiffswerft Diedrich	0:46:06	0:46:28	0:48:40				2:21:15
204	MHK	174	250	Gerriet-Tho	Janßen	70	Team ENERCON	0:47:17	0:45:51	0:48:06				2:21:16
205	MHK	175	233	Lothar	Geiselmeye	59	Bünting Tee	0:46:55	0:46:53	0:47:31				2:21:19
206	MHK	176	1302	Heinz-Diete	Hinrichs	61	Stapelmoor	0:47:31	0:46:15	0:47:33				2:21:20
207	MHK	177	1210	Christian	Vogelsang	83	4./ObjSRgt Lw	0:48:02	0:45:53	0:47:37				2:21:32
208	MHK	178	1082	Helmut	Ludwig	58	LG Ostfriesland	0:47:14	0:45:53	0:48:24				2:21:32
209	MHK	179	472	Klaus	Reimann	68	Nordland Papier	0:47:53	0:46:29	0:47:10				2:21:33
210	MHK	180	234	Eric	Bootjer	66	RVB Aurich/Uplengen	0:46:35	0:46:13	0:48:45				2:21:33
211	MHK	181	1264	Hans-Jürge	Krems	59	Brok	0:46:40	0:45:56	0:48:57				2:21:34
212	MHK	182	84	Heinz-Diete	Barkhoff	69	Störtebeker Loopers TV	0:46:53	0:46:39	0:48:08				2:21:40
213	MHK	183	224	Bernd	Voss	66	Ringhotel Voss	0:47:15	0:46:03	0:48:23				2:21:43
214	MJ	31	675	Tammo	Meinders	92	Briese Schifffahrt	0:48:06	0:46:06	0:47:30				2:21:43
215	MHK	184	259	Timo	Friedrichs	72	ELV Elektronik AG	0:46:46	0:46:29	0:48:29				2:21:45
216	MHK	185	1280	Gerhard	Wolken	65	SiTV Berne Triathlon	0:47:47	0:46:02	0:47:56				2:21:46
217	MHK	186	1179	Siegfried	Janssen	55	LG Ostfriesland	0:46:45	0:46:36	0:48:29				2:21:52
218	MJ	32	1311	Henning	Janssen	93	Realschule Esens	0:48:12	0:45:19	0:48:21				2:21:53
219	MHK	187	171	Oliver	de Vries	87	OLB Ostfriesland	0:46:52	0:47:21	0:47:39				2:21:53
220	MHK	188	161	Holger	Boekhoff-U	75	Kaufhaus Wreesmann	0:47:11	0:46:34	0:48:10				2:21:56

28. Ostfriesland Lauf 2009

OSSILOOP - 2009

12. Mai 2009

Zwischenstand nach 3. Etappe

gedruckt 12.05.2009 22:18:56

Männer

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
221	MJ	33	229	Timm	Neeland	94	Gymnasium Ulricianum F	0:48:20	0:45:50	0:47:46				2:21:57
222	MHK	189	1389	Günther	Freerks	69	TV Bunde	0:47:12	0:46:11	0:48:35				2:21:59
223	MHK	190	218	Dieter	Schliep	72	Holterfehn	0:47:33	0:46:09	0:48:21				2:22:04
224	MHK	191	187	Roland	von Kentzi	48	TG Wiesmoor	0:46:25	0:46:36	0:49:03				2:22:04
225	MHK	192	159	Siegfried	Sweers	55	Emder LG	0:46:47	0:46:35	0:48:41				2:22:05
226	MJ	34	240	Tobias	Martin	92	Ubbo-Emmius-Gymnasi	0:46:31	0:44:11	0:51:25				2:22:08
227	MJ	35	150	Marcel	Bruns	90	SV Ochtersum	0:48:20	0:45:45	0:48:06				2:22:12
228	MHK	193	341	Alfred	Doden	58	SV Ochtersum	0:47:04	0:46:42	0:48:34				2:22:22
229	MHK	194	315	Uwe	Görtzen	65	Emder LG	0:47:09	0:46:03	0:49:20				2:22:32
230	MHK	195	1122	Hajo	de Buhr	81	Team Erfolg im Stall	0:47:41	0:46:01	0:49:11				2:22:54
231	MHK	196	1347	Ewald	Meyer	60	VW Emden	0:47:24	0:46:43	0:48:53				2:23:01
232	MHK	197	227	Jens	Middendorf	70	Gymnasium Rhaderfe	0:48:04	0:46:34	0:48:23				2:23:01
233	MHK	198	479	Holger	Schulte	75	Landjugend Filsum	0:48:19	0:46:18	0:48:25				2:23:03
234	MJ	36	293	Tom	Ihnen	95	LT TuS Aurich-Ost	0:48:30	0:46:31	0:48:09				2:23:11
235	MJ	37	959	Axel	Rieken	91	NIGE	0:47:24	0:46:27	0:49:28				2:23:20
236	MHK	199	79	Ewald	Wallerowitz	65	LG Ostfriesland	0:47:28	0:47:13	0:48:41				2:23:23
237	MHK	200	1095	Knut	Müller	65	Stadt Leer	0:47:21	0:46:51	0:49:11				2:23:23
238	MHK	201	1053	Friedhelm	Schröder	60	TV Norden	0:47:29	0:46:26	0:49:31				2:23:28
239	MHK	202	73	Matthias	Köhlke	74	Wi sünd Holtriem,SV Oct	0:46:40	0:46:49	0:49:59				2:23:30
240	MHK	203	1268	Helmut	Reiter	64	Simonswolde	0:47:48	0:47:04	0:48:40				2:23:33
241	MHK	204	226	Matthias	Böse	70	SV Stikelkamp	0:47:33	0:47:08	0:48:50				2:23:33
242	MHK	205	1296	Rüdiger	Seele	65	Aurich	0:47:03	0:47:49	0:48:41				2:23:34
243	MHK	206	174	Ephard	Baumann	60	Polizei Leer	0:47:29	0:47:12	0:48:53				2:23:36
244	MHK	207	91	Theodor	Hildebrandt	56	LG Ostfriesland	0:47:39	0:47:13	0:48:44				2:23:36
245	MHK	208	277	Udo	Kattenbeck	66	Emder LG	0:47:43	0:47:18	0:48:35				2:23:37
246	MHK	209	190	Heinz	Schultz	49	VfR Heisfelde	0:47:15	0:47:09	0:49:15				2:23:41
247	MHK	210	711	Jens	Berghaus	59	LT TuS Aurich-Ost	0:47:00	0:46:53	0:49:46				2:23:41
248	MHK	211	1077	Richard	Bolte	59	LG Uplengen	0:47:19	0:46:35	0:49:51				2:23:46
249	MHK	212	399	Holger	Wempen	75	BHC Consulting GmbH	0:47:17	0:47:09	0:49:30				2:23:57
250	MHK	213	406	Peter	Ferdinand	70	RVB Aurich/Uplengen	0:48:12	0:46:54	0:48:50				2:23:57
251	MHK	214	324	Herbert	Buscher	66	OV Breinermoor	0:47:24	0:47:11	0:49:22				2:23:58
252	MHK	215	103	Patrick	Best	87	RVB Aurich/Uplengen	0:49:11	0:46:09	0:48:43				2:24:04
253	MHK	216	886	Holger	Pries	67	Weener Plastik AG	0:50:30	0:46:41	0:46:52				2:24:04
254	MHK	217	1240	Wilfried	Eichstädt	76	DLRG Leer	0:47:50	0:47:18	0:49:00				2:24:09
255	MHK	218	195	Nanno	Janssen	67	Germania Leer	0:48:01	0:47:03	0:49:04				2:24:09
256	MHK	219	308	Kuno	Miethke	75	LT TuS Aurich-Ost	0:47:49	0:46:47	0:49:36				2:24:13
257	MHK	220	1205	Peter	Windhaus	65	Westoverledingen	0:47:45	0:47:08	0:49:20				2:24:14
258	MHK	221	1055	Friedrich	Ellerbroek	58	TV Norden	0:47:43	0:46:54	0:49:39				2:24:17
259	MJ	38	343	Thomas	Lüken	92	Ochtersum	0:50:37	0:46:33	0:47:08				2:24:19
260	MHK	222	95	Marc	Sörensen	81	SV Wallinghausen	0:48:33	0:46:08	0:49:38				2:24:20
261	MJ	39	866	Hilko	Christians	94	HRS Westerholt	0:48:44	0:46:57	0:48:48				2:24:30
262	MJ	40	1275	Keno	Bültena	91	TUS Sandhorst	0:47:09	0:47:36	0:49:46				2:24:33
263	MHK	223	156	Thomas	Heinzmann	73	Papenburg	0:47:59	0:47:28	0:49:15				2:24:43
264	MHK	224	270	Alfred	Freeseaman	67	TV Oldersum	0:48:06	0:47:07	0:49:29				2:24:43
265	MHK	225	261	Arne	Beitelmann	87	OLB Ostfriesland	0:48:42	0:47:03	0:48:57				2:24:44
266	MHK	226	1300	Michael	Taaks	78	TV Moormerland	0:47:52	0:47:20	0:49:34				2:24:47
267	MHK	227	1093	Manuel	Meyer	84	Sparkasse Aurich-Nord	0:47:27	0:47:41	0:49:46				2:24:55
268	MHK	228	1196	Jann	Schoolman	78	BBS 1 Aurich	0:48:40	0:47:28	0:48:52				2:25:00
269	MHK	229	1279	Michael	Honccek	71	TSV Riepe	0:48:17	0:47:39	0:49:05				2:25:02
270	MJ	41	285	Jannis	Langensiep	94	MTV Aurich	0:48:43	0:46:32	0:49:49				2:25:05
271	MHK	230	648	Hermann	Hinderks	68	Nordland Papier	0:48:39	0:47:28	0:49:04				2:25:11
272	MJ	42	139	Bernd	Heyen	91	Wi sünd Holtriem SV Oct	0:50:19	0:46:32	0:48:23				2:25:14
273	MHK	231	97	Christian	Merl	57	Papenburg	0:45:10	0:45:41	0:54:24				2:25:16
274	MHK	232	120	Fredo	Hayungs	67	LT TuS Aurich-Ost	0:48:54	0:47:44	0:48:39				2:25:18
275	MHK	233	245	Jörg-Hendri	Eilers	57	Moormerland	0:48:13	0:47:17	0:49:49				2:25:20

28. Ostfriesland Lauf 2009

OSSILOOP - 2009

12. Mai 2009

Zwischenstand nach 3. Etappe

gedruckt 12.05.2009 22:18:56

Männer

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
276	MHK	234	1278	Enno	Hinrichs	61	LT TuS Aurich-Ost	0:47:02	0:48:17	0:50:02				2:25:22
277	MHK	235	380	Gerd	Romaneebß	63	Theater Brockzetel-Wie	0:47:59	0:47:21	0:50:03				2:25:23
278	MJ	43	165	Martin	Meints	91	SV Ochtersum	0:45:04	0:53:19	0:47:00				2:25:24
279	MHK	236	321	Klaus	Thörner	64	obw Emden	0:48:27	0:47:52	0:49:06				2:25:26
280	MHK	237	395	Carsten	Strasser	68	Firrel	0:48:29	0:46:54	0:50:03				2:25:27
281	MHK	238	244	Rolf	Birkoben	52	TSV Riepe	0:48:15	0:47:56	0:49:15				2:25:27
282	MHK	239	390	Michael	Brand	63	KUH S BEST-Team	0:48:35	0:47:44	0:49:13				2:25:33
283	MHK	240	176	Onno	Baumann	68	Leinerstift e. V.	0:46:28	0:47:28	0:51:38				2:25:35
284	MHK	241	420	Berthold	Strömer	56	LT TuS Aurich-Ost	0:47:46	0:47:31	0:50:18				2:25:35
285	MHK	242	1098	Jens	Kirchhoff	80	Team ENERCON	0:48:52	0:47:13	0:49:32				2:25:38
286	MHK	243	604	Frank	Habben	70	VfB Münkeboe	0:48:50	0:47:19	0:49:29				2:25:38
287	MHK	244	1126	Wolfgang	Harms	77	Ihlower Loopers	0:48:11	0:47:16	0:50:16				2:25:44
288	MHK	245	188	Heini	Martens	63	Stedesdorf	0:48:02	0:47:34	0:50:09				2:25:45
289	MHK	246	572	Frank	Krauledat	69	Emder LG	0:48:20	0:47:12	0:50:13				2:25:46
290	MJ	44	971	Rene	Buhr	93	VfL Ockenhausen	0:48:57	0:46:37	0:50:12				2:25:47
291	MJ	45	1314	Alexander	Windt	92	Realschule Esens	0:50:56	0:46:18	0:48:35				2:25:51
292	MHK	247	386	Jens	Luerßen	65	TG Barbel e.V.	0:49:36	0:46:54	0:49:20				2:25:51
293	MHK	248	131	Andrej	Veenhuis	85	Team LIMIT	0:47:31	0:46:37	0:51:48				2:25:57
294	MHK	249	503	Stefan	Schild	64	Hartmann Group	0:49:07	0:47:38	0:49:12				2:25:58
295	MHK	250	328	Detlef	Stanke	54	TSG Westerstede	0:47:53	0:48:04	0:50:02				2:26:01
296	MHK	251	305	Josef	Wolbers	66	Deutsche Rentenversic	0:48:04	0:48:01	0:49:58				2:26:04
297	MHK	252	239	Jan-Bernd	Beekmann	67	Großwolde	0:47:06	0:47:16	0:51:47				2:26:09
298	MHK	253	848	Benno	Ahrens	61	Nordland Papier	0:49:57	0:47:11	0:49:00				2:26:09
299	MHK	254	1222	Stefan	Knottnerus-	65	Team ENERCON	0:49:58	0:47:24	0:48:49				2:26:12
299	MHK	254	742	Gerold	Müller	53	Sparkasse Aurich-Nord	0:48:28	0:47:56	0:49:48				2:26:12
301	MJ	46	409	Jan-Peter	Beekmann	96	Gymnasium Rhauferde	0:49:21	0:46:37	0:50:15				2:26:13
302	MHK	256	122	Marco	Waßmann	74	TG Wiesmoor	0:48:08	0:48:03	0:50:05				2:26:16
303	MJ	47	1248	Aike	Holl	91	Pohhausen	0:48:15	0:47:11	0:50:54				2:26:21
304	MHK	257	254	Richard	Schwitters	50	Sparkasse LeerWittmun	0:48:08	0:48:07	0:50:05				2:26:22
305	MHK	258	575	Hermann	Welp	66	Stadt Weener gegen Gev	0:49:41	0:47:23	0:49:18				2:26:23
306	MHK	259	269	Dieter	Saathoff	60	TG Wiesmoor	0:48:37	0:47:51	0:49:55				2:26:24
307	MHK	260	1317	Frank	Duhlies	60	Tauchclub Beluga Auri	0:48:29	0:47:48	0:50:07				2:26:25
308	MJ	48	1119	Patrick	Francovich	93	HTG Ihlow	0:47:56	0:47:30	0:51:05				2:26:32
309	MHK	261	304	Axel	Bunjjes	60	Gymnasium Rhauferde	0:48:34	0:47:51	0:50:07				2:26:32
310	MHK	262	1084	Andreas	Müller-Deck	61	TSR Olympia Wilhelms	0:47:43	0:47:57	0:50:52				2:26:33
311	MHK	263	1087	Wilfried	Janssen	61	Sparkasse LeerWittmun	0:48:34	0:48:03	0:49:57				2:26:34
312	MHK	264	673	Manni	Gerjets	60	RVB Aurich/Uplengen	0:49:17	0:47:38	0:49:41				2:26:37
313	MHK	265	1276	Uwe	Grimm	69	VfL Berumbur	0:48:49	0:47:52	0:50:02				2:26:44
314	MHK	266	1337	Fritz	Büscher	54	LG-Glave-Gruppe	0:48:39	0:48:05	0:50:04				2:26:49
315	MHK	267	318	Markus	Carstens	76	Team ENERCON	0:50:40	0:47:04	0:49:07				2:26:51
316	MHK	268	365	Günter	Müller	67		0:49:32	0:47:57	0:49:24				2:26:54
317	MHK	269	410	Philipp	Federkeil	56	SV Sprint WOL	0:48:48	0:48:03	0:50:05				2:26:56
318	MHK	270	1189	Adam	Ambrus	85	4./ObjSRgt Lw	0:50:29	0:46:29	0:49:59				2:26:57
319	MHK	271	1266	Günther	Klöver	83	BV Akelsbarg	0:50:48	0:47:34	0:48:42				2:27:06
320	MHK	272	266	Theo	Ulrichs	50	Ogenbargen	0:48:50	0:47:46	0:50:30				2:27:07
321	MHK	273	208	Gerhard	Leemhuis	79	FEG Hesel	0:49:18	0:47:28	0:50:23				2:27:09
322	MHK	274	286	Thomas	Wulle	63	LT TuS Aurich-Ost	0:48:27	0:49:31	0:49:11				2:27:11
323	MHK	275	211	Andy	Albers	83	VfB Münkeboe	0:48:30	0:48:20	0:50:25				2:27:17
324	MJ	49	1341	Lukas	Ochmann	92	VfL Jheringsfehn	0:50:25	0:49:03	0:47:49				2:27:17
325	MHK	276	196	Günter	Campen	74	Team ENERCON	0:49:20	0:47:48	0:50:11				2:27:19
326	MHK	277	1271	Karl-Heinz	Michalak	57	Concordia Ihrhove	0:48:09	0:48:12	0:50:59				2:27:21
327	MHK	278	163	Folkert	Redenius	57	LT Tura 07 Westrauder	0:47:45	0:48:02	0:51:35				2:27:23
328	MHK	279	320	Manfred	Meyer	63	Papenburg	0:49:11	0:48:08	0:50:04				2:27:25
329	MHK	280	336	Detlef	Penske	65	BBS 1 Aurich	0:49:34	0:48:03	0:49:54				2:27:31
330	MHK	281	134	Jürgen	Sporré	55	Evang.-reform. Kirche	0:48:37	0:48:36	0:50:20				2:27:34

28. Ostfriesland Lauf 2009

OSSILOOP - 2009

12. Mai 2009

Zwischenstand nach 3. Etappe

gedruckt 12.05.2009 22:18:56

Männer

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
331	MHK	282	1301	Philipp	Olthoff	66	Emden	0:49:23	0:48:24	0:49:53				2:27:41
332	MHK	283	330	Wilhelm	Badberg	44	TG Wiesmoor	0:48:25	0:48:20	0:51:00				2:27:46
333	MHK	284	383	Heiko	Freese	63	Extum	0:49:30	0:48:03	0:50:16				2:27:50
334	MHK	285	621	Reiner	Heinks	61	TV Norden	0:48:45	0:48:16	0:50:52				2:27:54
335	MHK	286	1342	Johannes	Weers	54	VfB Uplengen	0:49:30	0:47:58	0:50:27				2:27:55
336	MHK	287	851	Rainer	Dickmann	70	Nordland Papier	0:49:32	0:47:59	0:50:26				2:27:57
337	MJ	50	576	Renko	Veldkamp	90	Stadt Weener gegen Ge	0:50:04	0:47:58	0:49:55				2:27:58
338	MHK	288	199	Gretus	Hoofdmann	63	Störtebeker Loopers TV	0:48:21	0:48:38	0:50:59				2:27:59
339	MHK	289	133	Manfred	Kramer	62	LG Werder-Ossis	0:48:10	0:47:24	0:52:25				2:27:59
340	MHK	290	438	Alfred	Scheepker	54	TV Norden	0:49:12	0:48:10	0:50:38				2:28:01
341	MHK	291	265	Simon	Sühwold	71	Leer	0:47:30	0:47:30	0:53:01				2:28:01
342	MHK	292	335	Wilfried	Harms	64	Team ENERCON	0:48:33	0:48:11	0:51:18				2:28:03
343	MHK	293	1199	Hillers	Detlef	69	IGS Aurich WEST	0:49:50	0:48:09	0:50:08				2:28:07
344	MHK	294	342	Volker	Lowin	55	BBS 1 Aurich	0:50:17	0:48:02	0:49:52				2:28:11
345	MHK	295	506	Johann	Bünting	67	LG Ostfriesland	0:47:31	0:47:42	0:53:02				2:28:16
346	MHK	296	377	Arno	Dreesman	76	Nendorp	0:49:12	0:48:13	0:50:53				2:28:19
347	MHK	297	1383	Jakobus	Wirringa	57	Oldenburg	0:48:53	0:48:32	0:50:53				2:28:20
348	MHK	298	248	Siegfried	Weber	62	Team Möbel Buss	0:49:47	0:48:16	0:50:16				2:28:20
349	MHK	299	352	Jochen	Nanninga	64	TV Norden	0:48:13	0:49:15	0:51:02				2:28:32
350	MHK	300	322	Olaf	Gerdes	72	TSV Riepe	0:48:54	0:48:52	0:50:47				2:28:33
351	MHK	301	1085	Ludger	Herzog	55	STV Barßel	0:49:17	0:48:32	0:50:44				2:28:34
352	MHK	302	529	Wilhelm	Martens	57	Uplengen	0:49:31	0:48:08	0:50:54				2:28:34
353	MHK	303	316	Hartmut	Schmidt	62	Team ENERCON	0:49:24	0:48:53	0:50:16				2:28:34
354	MHK	304	332	Hans-Herm	Joachim	50	Team Erdinger Alkohol	0:49:53	0:48:11	0:50:31				2:28:36
355	MHK	305	530	Rolf	Bauer	68	Nordland Papier	0:49:59	0:48:13	0:50:25				2:28:38
356	MHK	306	1092	Frank	Siemens	74	Hinte	0:48:41	0:47:54	0:52:02				2:28:38
357	MHK	307	331	Andreas	Blaurock	68	obw Emden	0:49:14	0:49:00	0:50:27				2:28:41
358	MHK	308	283	Albert	Bronsema	56	Fitness-World, Emden	0:49:39	0:48:35	0:50:35				2:28:50
358	MJ	51	1388	Alexander	Zietlow	92	FCSO	0:49:30	0:48:10	0:51:08				2:28:50
360	MHK	309	300	Matthias	Adick	62	Auricher Taxen Zentrale	0:48:27	0:48:14	0:52:12				2:28:55
361	MHK	310	135	Arend	Koop	60	Weener Plastik AG	0:49:04	0:49:13	0:50:37				2:28:55
362	MHK	311	439	Torsten	Gensicke	67	Wiesmoor	0:49:44	0:48:54	0:50:17				2:28:56
363	MHK	312	1089	Johann	Sandersfeld	55	LG Uplengen	0:49:12	0:48:26	0:51:20				2:28:59
364	MHK	313	457	Heiko	Peters	64	Team Möbel Buss	0:50:25	0:48:17	0:50:21				2:29:03
365	MHK	314	1215	Jc	Coordes	69	Team ENERCON	0:49:40	0:48:41	0:50:44				2:29:06
366	MHK	315	317	Hermann	Boekhoff	61	SV Bentstreek	0:49:21	0:49:11	0:50:42				2:29:15
367	MHK	316	379	Heiner	Friedrichs	77	Team ENERCON	0:50:57	0:47:58	0:50:24				2:29:20
368	MHK	317	1328	Helmut	Bobka	58	Ihlow	0:48:37	0:49:19	0:51:24				2:29:21
369	MJ	52	437	Timo	Janßen	90	NIGE	0:49:39	0:47:41	0:52:03				2:29:23
370	MHK	318	1369	Edgar	Backer	65	LG Ostfriesland	0:54:14	0:46:41	0:48:30				2:29:25
371	MHK	319	1094	Carsten	Kreienbrock	68	Briese Schifffahrt	0:48:54	0:49:55	0:50:45				2:29:35
372	MHK	320	1257	Rainer	Bohlen	87	RVB Aurich/Uplengen	0:49:18	0:47:50	0:52:26				2:29:35
373	MHK	321	1204	Lutz	Günsel	69	Druckerei Meyer, Aurich	0:50:06	0:48:48	0:50:46				2:29:40
374	MHK	322	491	Hayo	Eggers	65	Team ENERCON	0:51:34	0:49:11	0:48:56				2:29:42
375	MHK	323	344	Theo	Goldswear	53	TUS Collinghorst	0:49:11	0:49:40	0:50:50				2:29:42
376	MHK	324	1285	Matthias	Brandt	80	Weeer	0:51:42	0:49:20	0:48:41				2:29:44
377	MHK	325	469	Stefan	Voogd	74	Polizei Leer	0:50:30	0:48:21	0:50:54				2:29:46
378	MHK	326	1086	Peter	Fortmann	66	SG Egels Popens	0:49:49	0:48:48	0:51:14				2:29:52
379	MHK	327	1088	Bernd	Ubben	59	ubben-haus Laufteam	0:49:45	0:49:30	0:50:38				2:29:54
380	MHK	328	430	Dietmar	Kluin	62	Leinerstift e.V.	0:49:30	0:49:04	0:51:23				2:29:58
381	MJ	53	70	Steffen	Schwitters	93	KBV Langefeld	0:50:25	0:48:44	0:50:48				2:29:59
382	MHK	329	183	Helmut	Meyerhoff	62	LG Ostfriesland	0:49:55	0:48:53	0:51:13				2:30:02
383	MHK	330	1292	Torsten	Müller	69	Agravis Ems Jade Esen	0:50:23	0:48:09	0:51:30				2:30:03
384	MHK	331	179	Ingo	Renken	67	TV Friedeburg	0:50:23	0:48:55	0:50:49				2:30:07
385	MHK	332	423	Heiko	Ackmann	66	LG Ostfriesland	0:49:13	0:49:30	0:51:25				2:30:09

28. Ostfriesland Lauf 2009

OSSILOOP - 2009

12. Mai 2009

Zwischenstand nach 3. Etappe

gedruckt 12.05.2009 22:18:56

Männer

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
386	MJ	54	1244	Thomas	Janssen	91	Pohhausen	0:48:09	0:51:29	0:50:44				2:30:23
387	MHK	333	697	Hartmut	Duis	68	DUIS IMMOBILIEN	0:50:17	0:48:14	0:51:52				2:30:23
388	MJ	55	338	Wilko	Herten	92	Gymnasium Westerste	0:50:59	0:48:36	0:50:54				2:30:30
389	MHK	334	1032	Johann	Reiners	59	Lions Club Uplengen	0:49:28	0:49:07	0:51:58				2:30:35
390	MHK	335	1099	Volker	Feldkamp	60	Schule am Deich	0:50:20	0:49:18	0:50:56				2:30:35
391	MHK	336	339	Heinrich	Winter	57	LT TuS Aurich-Ost	0:50:03	0:48:44	0:51:48				2:30:36
392	MJ	56	1247	Hendrik	Holl	95	Pohhausen	0:52:36	0:47:08	0:50:52				2:30:38
393	MHK	337	922	Bernd	Harms	79	RVB Aurich/Uplengen	0:50:49	0:49:00	0:50:50				2:30:40
394	MHK	338	384	Jörg	Ottersberg	70	Dwarsloopers Spetzerf	0:49:47	0:49:50	0:51:03				2:30:42
395	MHK	339	400	Klaus	Fröhling	72	Ludwigsdorf	0:50:48	0:48:53	0:51:02				2:30:44
396	MHK	340	313	Jörg	Hero	69	TCB Bremen	0:49:56	0:49:48	0:51:00				2:30:45
397	MHK	341	1	Stephan	Immega	84	Realschule Esens	0:51:28	0:48:49	0:50:28				2:30:45
398	MHK	342	766	Hans	Feimann	66	Nordland Papier	0:50:51	0:49:13	0:50:43				2:30:48
399	MJ	57	1299	Nils	Henken	94	KGS GroBefehn	0:51:24	0:48:34	0:50:50				2:30:50
400	MHK	343	434	Manfred	Cordes	60	Wiesmoor	0:50:13	0:49:25	0:51:13				2:30:51
401	MHK	344	200	Jakobus	Hofmann	54	Weener Plastik AG	0:49:35	0:50:08	0:51:08				2:30:51
402	MHK	345	499	Michael	Groß	84	Team ENERCON	0:49:29	0:50:08	0:51:15				2:30:53
403	MHK	346	223	Alwin	Janssen	70	Peiers	0:50:42	0:49:03	0:51:14				2:31:00
404	MHK	347	1281	Mike	Rost	63	PI Wilhelmshaven/Fries	0:49:26	0:50:15	0:51:28				2:31:11
405	MHK	348	334	Daniel	Radekopp	87	VfL Berumbur	0:50:43	0:49:02	0:51:29				2:31:15
406	MHK	349	536	Heinz	Rohden	63	Wi sünd Holtriem SV Oct	0:50:08	0:49:02	0:52:14				2:31:25
407	MHK	350	355	Friedrich	Folkerts	65	FFw Hollen	0:50:11	0:49:36	0:51:38				2:31:26
408	MHK	351	169	Andreas	Janßen	67	SV Stikkelkamp	0:51:16	0:49:15	0:50:57				2:31:28
409	MHK	352	1360	Dieter	Janßen	66	LG Glave Gruppe	0:50:04	0:49:29	0:51:57				2:31:30
410	MHK	353	734	Helmut	Mäcken	78	GroBefehn	0:50:48	0:48:24	0:52:19				2:31:32
411	MJ	58	657	Jens	Weets	92	Holtgast	0:50:26	0:47:53	0:53:12				2:31:32
412	MHK	354	1237	Johannes	Kaspar	86	4./ObjSRgt Lw	0:53:05	0:47:59	0:50:29				2:31:34
413	MHK	355	1315	Bernd	Frieden	68	LT TuS Aurich-Ost	0:50:31	0:49:30	0:51:33				2:31:35
414	MHK	356	1202	Manfred	Mohlmann	64	SC Wiesens	0:49:59	0:49:17	0:52:22				2:31:38
415	MHK	357	78	Rolf	Steinke	67	SV Warsingsfehn	0:50:08	0:49:39	0:51:51				2:31:38
416	MHK	358	592	Ralf-Christia	Besemann	70	Wittmund	0:51:37	0:49:57	0:50:05				2:31:39
417	MHK	359	422	Manfred	Erfkamp	59	Ruder-Club Leer	0:50:18	0:49:26	0:51:58				2:31:42
418	MHK	360	1141	Matthias	Oldewurtel	72	Bauunternehmen Oldew	0:52:10	0:49:04	0:50:48				2:32:03
419	MHK	361	443	Wolfgang	Friedrich	63	Leinerstift e.V.	0:50:30	0:49:34	0:52:00				2:32:05
420	MHK	362	641	Johann	Nörder	61	EWE Wattloopers	0:50:23	0:49:38	0:52:03				2:32:05
421	MJ	59	1304	Kevin	Pree	93	Realschule Esens	0:51:49	0:48:54	0:51:22				2:32:05
422	MHK	363	249	Jens	Fecht	68	Apen	0:50:38	0:48:55	0:52:35				2:32:09
423	MHK	364	523	Gerold	Petersen	74	GroBheide	0:50:23	0:49:45	0:52:01				2:32:10
424	MHK	365	1195	Andy	Strümpel	72	Autohaus Tekken	0:50:41	0:49:26	0:52:07				2:32:15
425	MHK	366	1295	Michael	Schardt	54	Schwarz-Weiß Oldenbur	0:49:49	0:50:20	0:52:05				2:32:15
426	MHK	367	1373	Ludwig	Hummerich	60	Emder LG	0:51:47	0:48:55	0:51:33				2:32:15
427	MHK	368	363	Drees	Janssen	62	LG Ostfriesland	0:49:59	0:49:44	0:52:32				2:32:16
428	MHK	369	1128	Michael	de Vries	72	quid pro quo	0:51:21	0:49:39	0:51:29				2:32:30
429	MHK	370	449	Coob	Buß	61	SV Eintracht Ihlow	0:50:47	0:49:25	0:52:19				2:32:32
430	MHK	371	522	Jörg	Neeland	65	Aurich	0:51:55	0:49:01	0:51:39				2:32:37
431	MHK	372	189	Harald	Schmidt	69	Wi sünd Holtriem	0:50:45	0:49:52	0:52:03				2:32:41
432	MHK	373	329	Gerold	Janssen	65	Wi sünd Holtriem	0:51:02	0:49:49	0:51:51				2:32:42
433	MHK	374	290	Lothar	Meyerhoff	61	Störtebeker Loopers TV	0:50:43	0:49:41	0:52:25				2:32:51
434	MHK	375	630	Jörg	Peters	66	Nortmoor	0:50:16	0:49:36	0:53:00				2:32:52
435	MHK	376	182	Alfred	Scholz	53	Emder LG	0:50:37	0:49:31	0:52:43				2:32:52
436	MHK	377	431	Richard	Kölber	66	TV Norden	0:51:48	0:49:24	0:51:44				2:32:58
437	MHK	378	967	Bernd	Poppen	72	Team ENERCON	0:51:51	0:48:18	0:52:49				2:32:59
438	MJ	60	1201	Henning	Frerichs	90	Sportzentrum Crocodile	0:50:02	0:50:31	0:52:29				2:33:03
439	MHK	379	361	Horst	Schneider	55	Kein / Norden	0:51:03	0:49:51	0:52:15				2:33:09
440	MHK	380	264	Gerold	Severiens	48	Fortuna Logabirum	0:50:33	0:50:00	0:52:41				2:33:14

28. Ostfriesland Lauf 2009

OSSILOOP - 2009

12. Mai 2009

Zwischenstand nach 3. Etappe

gedruckt 12.05.2009 22:18:56

Männer

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
441	MHK	381	311	Weert-Peter	Prikker	59	Holland	0:50:28	0:50:09	0:52:43				2:33:21
442	MHK	382	419	Kersten	Kiesé	64	TuS Esens	0:50:12	0:50:36	0:52:33				2:33:21
443	MHK	383	1198	Jürgen	Eilerts	66	SC Wiesens	0:51:05	0:49:16	0:52:59				2:33:22
444	MHK	384	222	Sven	Meyering	74	Frisia Loga III	0:48:42	0:49:13	0:55:27				2:33:23
445	MHK	385	791	Karl-Heinz	Benner	54	Ihlow	0:51:02	0:49:18	0:53:08				2:33:29
446	MJ	61	1164	Markus	Ohling	92	HTG Ihlow	0:52:43	0:48:07	0:52:38				2:33:29
447	MJ	62	1306	Patrick	Janßen	93	Realschule Esens	0:51:41	0:49:29	0:52:22				2:33:33
448	MJ	63	1310	Patrick	van de Kam	91	Realschule Esens	0:53:59	0:49:04	0:50:32				2:33:36
449	MHK	386	920	Michael	Sanders	80	Bünting Tee	0:52:31	0:49:27	0:51:44				2:33:43
450	MHK	387	228	Niels	Roggemann	76	Hartmann Group	0:50:06	0:49:48	0:53:51				2:33:45
451	MHK	388	441	Martin	Thoben	70	ELV Elektronik AG	0:50:44	0:50:07	0:53:00				2:33:51
452	MHK	389	1200	Arno	Saathoff	66	Werdum	0:51:31	0:49:55	0:52:25				2:33:52
453	MHK	390	267	Hans-Jürge	Gippert	44	TG Wiesmoor	0:50:51	0:50:28	0:52:36				2:33:55
454	MJ	64	1115	Klaas	Soeken	91	BBS II Aurich	0:51:54	0:50:11	0:51:55				2:34:00
455	MHK	391	292	Jens	Brauer	67	Weener Plastik AG	0:52:02	0:50:46	0:51:15				2:34:04
456	MJ	65	1167	Jörg	Gerdas	92	HTG Ihlow	0:54:52	0:48:16	0:50:55				2:34:04
457	MHK	392	1050	Graif	Glamann-S	65	TV Norden	0:51:29	0:50:18	0:52:21				2:34:08
458	MHK	393	309	Volker	Griesheimer	61	LG Glave Gruppe	0:50:49	0:49:55	0:53:29				2:34:14
459	MHK	394	790	Franz	Beregszaszi	55	Aurich	0:51:04	0:50:01	0:53:08				2:34:14
460	MHK	395	403	Hermann	Middendorf	61	Papenburg	0:50:57	0:50:21	0:53:03				2:34:22
461	MHK	396	678	Daniel	Sanders	79	Großefehn	0:51:46	0:50:33	0:52:02				2:34:23
462	MHK	397	797	Jens	Bachmann	86	Bünting Tee	0:53:22	0:49:39	0:51:23				2:34:25
463	MHK	398	494	Hannes	Pott	54	VfL Germania Leer	0:52:14	0:50:05	0:52:12				2:34:32
464	MHK	399	448	August	Jeron	56	LT TuS Aurich-Ost	0:51:46	0:50:15	0:52:30				2:34:32
465	MJ	66	761	Johann	Niklaus	90	NIGE	0:52:17	0:49:50	0:52:29				2:34:37
466	MHK	400	474	Manfred	Schulte	71	Nordland Papier	0:51:28	0:50:01	0:53:12				2:34:43
467	MHK	401	357	Hinrich	Rahn	73	LT TuS Aurich-Ost	0:51:41	0:50:45	0:52:16				2:34:43
468	MHK	402	368	Thomas	Eiken	87	Ländlicher Versicherung	0:52:07	0:50:10	0:52:27				2:34:45
469	MHK	403	585	Andre	Woortmann	64	Westoverledingen	0:51:51	0:50:44	0:52:10				2:34:46
470	MHK	404	464	Ansgar	Schulte	73	Weener Plastik AG	0:51:13	0:51:03	0:52:34				2:34:51
471	MHK	405	282	Friedrich	Temme	68	Pewsumer Ossilooper	0:51:28	0:49:45	0:53:39				2:34:53
472	MHK	406	649	Thomas	Schaffrath	66	Nordland Papier	0:52:32	0:49:48	0:52:32				2:34:54
473	MHK	407	1287	Johannes	Ackermann	54	Stielkampferhn	0:51:18	0:49:15	0:54:29				2:35:02
474	MHK	408	426	Stephan	Weers	74	Sparkasse LeerWittmun	0:51:31	0:50:22	0:53:11				2:35:05
475	MHK	409	498	Christian	Vredenburg	76	Leer	0:52:30	0:50:17	0:52:20				2:35:08
476	MHK	410	412	Rainer	Finken	58	Lauftreff SV Ofenerdiek	0:52:30	0:50:07	0:52:40				2:35:17
477	MHK	411	216	Florian	Krohs	78	OFFIS	0:53:02	0:51:21	0:50:53				2:35:17
478	MHK	412	556	Sebastian	Heibült	75	Akkasakka Ostfriesl	0:51:32	0:50:32	0:53:13				2:35:17
479	MHK	413	353	Josef	Baalmann	61	LT TuS Aurich-Ost	0:51:48	0:51:26	0:52:05				2:35:19
480	MJ	67	1336	Jochen	Feeken	90	TV Norden	0:52:30	0:50:43	0:52:07				2:35:20
480	MHK	414	1207	Thomas	Grimm	61	VFFL Berumbur	0:51:04	0:50:10	0:54:05				2:35:20
482	MJ	68	827	Sandro	Kleinen	90	NIGE	0:52:31	0:51:05	0:51:46				2:35:22
483	MHK	415	421	Reiner	Schoon	64	LG Großefehn	0:50:54	0:50:39	0:53:53				2:35:27
484	MHK	416	700	Johann	Harms	57	LT TuS Aurich-Ost	0:51:46	0:50:12	0:53:35				2:35:34
485	MJ	69	701	Okko	Harms	94	Gymnasium Ulricianum /	0:51:45	0:50:13	0:53:35				2:35:34
486	MHK	417	436	Uwe	Heyen	60	LG Großefehn	0:51:38	0:50:50	0:53:06				2:35:35
487	MHK	418	596	Martin	Müller	66	Crocodiles Ihlow	0:52:08	0:51:15	0:52:13				2:35:37
488	MJ	70	1390	Moritz	Dirks	96	Fortuna Logabirum	0:49:55	0:53:05	0:52:37				2:35:38
489	MJ	71	599	Hendrik	Rogge	90	SV Bentstreek	0:51:20	0:50:10	0:54:10				2:35:41
490	MHK	419	98	Günter	Möller	68	Sportschule TAO	0:54:17	0:50:22	0:51:05				2:35:46
491	MHK	420	1081	Andreas	Kerker	66	Heimatblatt	0:51:08	0:51:17	0:53:21				2:35:47
492	MHK	421	356	Hans-Joach	Hoffmann	48	LT TuS Aurich-Ost	0:51:31	0:50:57	0:53:18				2:35:47
492	MHK	421	597	Bernd	Kruse	67	SV Stielkamp	0:52:57	0:50:06	0:52:43				2:35:47
494	MHK	423	1367	Heiner	Saathoff	80	ELV Elektronik AG	0:52:19	0:51:12	0:52:21				2:35:53
495	MHK	424	370	Ingo	Janßen	67	Fun-Loopers	0:51:26	0:51:07	0:53:20				2:35:53

28. Ostfriesland Lauf 2009

OSSILOOP - 2009

12. Mai 2009

Zwischenstand nach 3. Etappe

gedruckt 12.05.2009 22:18:56

Männer

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
496	MJ	72	1165	Lukas	Zager	94	HTG Ihlow	0:52:41	0:48:10	0:55:01				2:35:54
497	MHK	425	1355	Heye	Willems	53	DEVK-Versicherung	0:51:24	0:51:04	0:53:28				2:35:56
498	MHK	426	296	Achim	Beckers	59	Germania Leer	0:52:19	0:50:13	0:53:25				2:35:58
499	MHK	427	354	Volker	Rieken	67	Kurverein Neuharlingers	0:52:48	0:50:42	0:52:27				2:35:59
500	MJ	73	570	Pascal	Immen	90	NIGE	0:53:55	0:49:35	0:52:29				2:36:00
501	MHK	428	779	Ehrenfried	Lüken	64	Ochtersum	0:52:47	0:51:33	0:51:40				2:36:01
502	MHK	429	230	Frank	Ziegler	67	TEAM DEUTSCHE POS	0:51:29	0:50:52	0:53:40				2:36:02
503	MHK	430	408	Christian	Bauch	69	Heimatblatt	0:51:17	0:51:00	0:53:45				2:36:03
504	MHK	431	346	Lars	Wöllenstein	74	obw Emden	0:52:14	0:50:50	0:53:01				2:36:06
505	MHK	432	573	Andreas	Broek	75	Stadt Weener gegen Ge	0:52:44	0:50:41	0:52:42				2:36:08
506	MHK	433	364	Ewald	Kalkwarf	64	Pewsumer Ossilooper	0:52:12	0:50:16	0:53:40				2:36:10
507	MJ	74	654	Marco	Fauerbach	93	Wi sünd Holtriem	0:54:12	0:49:59	0:52:03				2:36:15
508	MHK	434	404	Siegfried	Tannen	56	Wittmund	0:51:38	0:51:30	0:53:14				2:36:23
509	MHK	435	798	Stefan	Ulbrich	86	Bünting Tee	0:53:40	0:49:37	0:53:05				2:36:23
510	MJ	75	524	Jan-Hauke	Rahmann	93	SV Ochtersum	0:54:49	0:48:42	0:52:51				2:36:23
511	MHK	436	143	Christian	Arens	81	TSV Riepe	0:52:47	0:51:10	0:52:28				2:36:25
512	MHK	437	605	Dieter	Leemhuis	87	ELV Elektronik AG	0:51:35	0:50:50	0:53:59				2:36:25
513	MJ	76	1261	Janek	Freudenber	96	Ulricianum Aurich	0:53:31	0:50:07	0:52:49				2:36:28
514	MHK	438	1074	Eckhard	Schröder	60	Heimatblatt	0:52:03	0:50:58	0:53:28				2:36:30
515	MHK	439	1120	Achim	Seidler	73	Nordwest-Blumen Wies	0:51:45	0:50:51	0:53:57				2:36:34
516	MJ	77	1308	Arne	Willms	92	Realschule Esens	0:55:30	0:48:13	0:52:51				2:36:34
517	MHK	440	1124	Fritz	Drost	43	MTV Wittmund	0:52:50	0:50:43	0:53:03				2:36:37
518	MHK	441	402	Thorsten	Gastmann	81	Team ENERCON	0:53:06	0:50:45	0:52:47				2:36:39
519	MHK	442	185	Erwin	Flessner	68	Tus Holtriem	0:54:05	0:51:03	0:51:29				2:36:39
520	MJ	78	584	Jens	Saathoff	93	Werdum	0:51:31	0:51:00	0:54:11				2:36:43
521	MHK	443	1376	Wilhelm	Eujen	68	Strackholt	0:53:17	0:50:52	0:52:34				2:36:44
522	MHK	444	1362	Johann	Grüßing	58	LG Uplengen	0:52:05	0:51:28	0:53:13				2:36:46
523	MHK	445	144	Peter	Osterkamp	68	Pso. GmbH, Wittmund	0:53:03	0:50:30	0:53:15				2:36:49
524	MHK	446	347	Friso	Alberts-Tam	72	Fortuna Wirdum	0:50:50	0:52:15	0:53:45				2:36:51
525	MHK	447	502	Egbert	de Groot	82	Team ENERCON	0:52:41	0:50:30	0:53:40				2:36:51
526	MHK	448	215	Guido	Kammler	65	Polizei Oldenburg	0:52:34	0:49:25	0:54:54				2:36:55
527	MHK	449	287	Hartmut	Penning	51	DRK Ortsverein Holtla	0:53:08	0:51:19	0:52:34				2:37:02
528	MHK	450	520	Helmut	Bruns	51	TuS Eintracht Hinte	0:51:51	0:52:05	0:53:06				2:37:02
529	MHK	451	387	Christian	Heibült	40	SV Holtland	0:51:56	0:51:42	0:53:37				2:37:15
530	MHK	452	836	Detlef	Sebens	75	Weener Plastik AG	0:54:16	0:51:30	0:51:29				2:37:16
531	MHK	453	413	Diedrich	Rogge	66	SV Bentstreek	0:52:05	0:51:14	0:53:57				2:37:17
532	MHK	454	480	Andreas	Schneider	61	Aurich	0:48:47	0:48:22	1:00:08				2:37:19
533	MHK	455	1284	Wichert	Brüsehoff	66	TV Oldersum	0:51:57	0:51:35	0:53:50				2:37:23
534	MHK	456	397	Hartmut	Krzatala	68	Emden	0:52:24	0:51:11	0:53:50				2:37:26
535	MHK	457	1150	Helmut	Kohle	53	TuS Eintracht Hinte	0:52:04	0:52:05	0:53:19				2:37:28
536	MHK	458	433	Andreas	Eichner	64	Polizeiinspektion WHV-F	0:51:08	0:51:49	0:54:31				2:37:29
537	MHK	459	774	Andreas	Klene	76	Team ENERCON	0:54:15	0:50:26	0:52:48				2:37:30
538	MHK	460	1294	Remigius	Altenberg	78	Schwarz-Weiß Oldenbur	0:51:58	0:50:15	0:55:17				2:37:31
539	MHK	461	415	Timo	Ubben	88	ubben-haus Laufteam	0:52:54	0:51:39	0:52:57				2:37:31
540	MHK	462	289	Alfred	Tjarks	59	EWE Wattloopers	0:52:00	0:51:48	0:53:43				2:37:33
541	MHK	463	468	Andreas	Barth	75	Crocodiles Ihlow	0:53:44	0:51:24	0:52:28				2:37:36
542	MHK	464	600	Wilhelm	Müller	50	Emder LG	0:51:51	0:51:03	0:54:41				2:37:37
543	MHK	465	644	Nils	Friedrichs	70	Aurich	0:52:39	0:51:52	0:53:07				2:37:39
544	MHK	466	1327	Hans-Herm	Brink	67	FC Frisia Völlenerkönigs	0:51:06	0:49:45	0:56:53				2:37:45
545	MHK	467	1353	Torsten	Alfers	73	LG Dachsweg Heerens	0:51:07	0:49:45	0:56:52				2:37:45
546	MJ	79	1233	Olaf	Frerichs	94	HRS Westerholt	0:56:43	0:49:26	0:51:44				2:37:54
547	MHK	468	458	Frank	Leeling	68	Emder LG	0:53:01	0:51:00	0:53:52				2:37:55
548	MHK	469	525	Oskar	de Buhr	51	Schule am Patersweg I	0:52:59	0:51:34	0:53:22				2:37:56
548	MHK	469	526	Ludger	Schulze-Ost	68	STV Barßel	0:52:45	0:50:50	0:54:21				2:37:56
550	MHK	471	378	Frank	Zacherl	65	keinen	0:53:16	0:51:13	0:53:31				2:38:01

28. Ostfriesland Lauf 2009

OSSILOOP - 2009

12. Mai 2009

Zwischenstand nach 3. Etappe

gedruckt 12.05.2009 22:18:56

Männer

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
551	MJ	80	527	Nikolai	Vossen	91	NIGE	0:54:23	0:50:15	0:53:26				2:38:05
552	MHK	472	539	Jan	Busch	48	SV Hollland	0:50:56	0:51:00	0:56:09				2:38:06
553	MHK	473	481	Martin	Hagenbruch	58	Norden	0:52:18	0:51:40	0:54:11				2:38:10
554	MHK	474	463	Rolf-Dieter	Vennen	62	EWE-Wattloopers	0:52:54	0:51:24	0:53:53				2:38:13
555	MHK	475	643	Thomas	Bolte	65	EWE Wattloopers	0:53:07	0:51:55	0:53:11				2:38:14
556	MHK	476	447	Dieter	Dirks	65	SV Ochtersum	0:52:21	0:52:10	0:53:46				2:38:18
557	MHK	477	1116	Freerk-H.	Hoek	56	TUS Wieder	0:52:57	0:51:13	0:54:07				2:38:18
558	MHK	478	567	Reinhard	Oltmanns	64	Moormerland	0:53:17	0:51:16	0:53:46				2:38:20
559	MHK	479	606	Friedrich-Ka	Pennig	48	TGG Leer	0:52:21	0:52:20	0:53:38				2:38:20
560	MHK	480	1212	Hans-Wilhel	Sleur	43	Fortuna Logabirum	0:52:23	0:51:32	0:54:28				2:38:23
561	MHK	481	1147	Jürgen	Kleemann	72	VFB Rajen Lauftreff	0:53:56	0:51:42	0:52:45				2:38:24
562	MHK	482	440	Stefan	Buchta	68	Emden	0:52:23	0:51:52	0:54:12				2:38:28
563	MHK	483	393	Rainer	Broß	69	SV Ems Jemgum	0:52:40	0:52:15	0:53:35				2:38:31
564	MHK	484	574	Benno	Renken	66	Stadt Weener gegen Ge	0:53:01	0:51:44	0:53:45				2:38:31
565	MHK	485	583	Christian	Hansen	62	MTV Aurich	0:53:15	0:51:08	0:54:12				2:38:36
566	MHK	486	540	Jörg	Puschke	70	LT TuS Aurich-Ost	0:52:56	0:51:59	0:53:41				2:38:36
567	MHK	487	913	Fred	Lüttich	65	TEAM DEUTSCHE POS	0:52:45	0:51:57	0:53:54				2:38:38
568	MHK	488	1118	Rudi	Schmitz	50	Nordland Papier	0:52:29	0:52:09	0:54:00				2:38:39
569	MHK	489	989	Timo	Waldecker	85	Team Wilts	0:54:23	0:50:57	0:53:21				2:38:41
570	MHK	490	547	Uwe	Bock	61	LT TuS Aurich-Ost	0:52:46	0:51:49	0:54:09				2:38:45
571	MHK	491	769	Andreas	Netthöfel	69	Rettungsdienst Leer	0:53:56	0:51:08	0:53:43				2:38:48
572	MHK	492	724	Bernd	Schindler	68	TV Oldersum	0:53:15	0:51:23	0:54:16				2:38:55
573	MHK	493	350	Günther	Fischer	52	LG Grobfehn	0:52:32	0:52:04	0:54:19				2:38:56
574	MHK	494	453	Kai	Tammen	63	Briese Schifffahrt	0:52:36	0:51:54	0:54:26				2:38:57
575	MHK	495	381	Günther	Schoon	50	Wiesmoor	0:52:53	0:51:53	0:54:11				2:38:59
576	MHK	496	1209	Daniel	Schuurmann	64	LT TuS Aurich-Ost	0:52:00	0:50:55	0:56:04				2:39:01
577	MHK	497	493	Heeschen	Wolfgang	71		0:52:57	0:51:21	0:54:44				2:39:03
578	MHK	498	1117	Günther	Schmidt	59	LG Uplengen	0:53:03	0:51:56	0:54:06				2:39:06
579	MHK	499	429	Jürgen	Otto	64	VFFL Berumbur	0:53:14	0:51:55	0:53:59				2:39:08
580	MJ	81	1394	Tjark	Flugge	96	VfL Germania Leer	0:50:58	0:49:30	0:58:40				2:39:09
581	MHK	500	405	Richard	Wagner	58	Kanalratten LT Team Ih	0:52:26	0:52:22	0:54:20				2:39:09
582	MHK	501	853	Georg	Hesselbroc	63	Nordland Papier	0:52:05	0:50:54	0:56:10				2:39:10
583	MHK	502	1127	Daniel	Fischer	80	Briese Schifffahrt	0:52:59	0:54:39	0:51:34				2:39:14
584	MHK	503	1400	Reenard	Lindena	49	BV Canhusen	0:52:26	0:52:15	0:54:33				2:39:16
585	MJ	82	744	Eike	Vienna	94	HRS Westerholt	0:54:07	0:52:05	0:53:04				2:39:17
586	MHK	504	147	Jens	Lakeberg	63	Lauftreff Tura 07 Westrh:	0:52:13	0:51:36	0:55:30				2:39:20
587	MHK	505	432	Gerald	Kuehn	67	Westerende	0:53:37	0:51:43	0:54:00				2:39:22
588	MHK	506	1096	Jens	Pagel	63	LG Uplengen	0:52:28	0:52:48	0:54:05				2:39:23
589	MHK	507	1103	Sören	Jakobs	88	Crocodiles Ihlow	0:52:48	0:51:24	0:55:17				2:39:29
590	MHK	508	467	Michael	Goldenstein	70	BV Victorbur	0:53:36	0:51:46	0:54:10				2:39:33
591	MHK	509	372	Harald	Hanken	65	Fun-Loopers	0:53:14	0:52:17	0:54:05				2:39:37
592	MHK	510	1114	Ralf	Mühlenbroc	67	Team ENERCON	0:52:04	0:52:35	0:54:59				2:39:40
593	MHK	511	921	Marco	Lotz	76	SV Stern Schwerinsdorf	0:53:09	0:52:32	0:54:00				2:39:41
594	MHK	512	418	Uwe	Lüdtke	65	RVB Aurich/Uplengen	0:53:11	0:51:37	0:54:52				2:39:42
595	MHK	513	288	Thorsten	Feikes	69	EWE Wattloopers	0:53:00	0:52:24	0:54:18				2:39:43
596	MHK	514	486	Mario	Lauterbach	74	KUH'S BEST-Team	0:53:51	0:51:18	0:54:36				2:39:46
597	MHK	515	1272	Wolfgang	Sattler	47	Fortuna Logabirum	0:53:24	0:52:00	0:54:22				2:39:47
598	MHK	516	1364	Folkmar	Sinnen	66	Moormerland	0:53:34	0:52:16	0:53:56				2:39:47
599	MHK	517	1289	Mathias	Moser	80	Team ENERCON	0:54:21	0:51:30	0:53:56				2:39:48
600	MHK	518	473	Peter	Reisige	71	Nordland Papier	0:52:44	0:51:33	0:55:33				2:39:50
601	MHK	519	638	Holger	Schwengels	74	EWE Wattloopers	0:53:39	0:51:54	0:54:19				2:39:52
602	MHK	520	99	Volkmar	Hildebrandt	55	TuS Weene	0:53:54	0:51:46	0:54:13				2:39:55
602	MHK	520	590	Derk	Thiems	71	EWE-Wattloopers	0:53:37	0:51:56	0:54:21				2:39:55
604	MHK	522	496	Axel	Klömpges	61	Auricher Taxen Zentrale	0:53:02	0:52:21	0:54:35				2:40:00
605	MHK	523	376	Helmut	Fischer	64	Störtebeker Loopers TV	0:52:47	0:52:27	0:54:53				2:40:08

28. Ostfriesland Lauf 2009

OSSILOOP - 2009

12. Mai 2009

Zwischenstand nach 3. Etappe

gedruckt 12.05.2009 22:18:56

Männer

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
606	MHK	524	284	Eibo	Eiben	43	LT Schafhauser Wald	0:56:08	0:50:23	0:53:38				2:40:09
607	MHK	525	157	Udo	Reimers	71	Bünting Tee	0:53:35	0:52:57	0:53:36				2:40:10
608	MHK	526	392	Heinz	Brink	53	Teutonia Stapelmoor	0:52:31	0:52:07	0:55:33				2:40:11
609	MHK	527	500	Helmut	Cramer	60	Stadtwerke Norden	0:54:05	0:52:12	0:54:01				2:40:19
610	MHK	528	1194	Jörn	Sievers	65	Sportschule TAO	0:54:14	0:51:52	0:54:15				2:40:22
611	MHK	529	834	Jörg	Daro	62	EWE Wattloopers	0:52:54	0:53:05	0:54:25				2:40:25
612	MJ	83	511	Helge	Kellner	90	Gymnasium Rhauderfe	1:01:19	0:54:41	0:44:34				2:40:34
613	MHK	530	1263	Andreas	Voßkuhl	75	Viktoria Flachsmeer	0:54:31	0:53:01	0:53:02				2:40:34
614	MHK	531	132	Hans	Kuper	54	Lauffreunde Emsland	0:50:14	0:48:19	1:02:01				2:40:35
615	MHK	532	325	Tim	Schlichter	87	Hartmann Group	0:53:08	0:52:52	0:54:36				2:40:37
616	MHK	533	1221	Johannes	Best	57	Aurich-Plaggenburg	0:53:23	0:51:44	0:55:30				2:40:38
617	MHK	534	1045	Adolf	Meyer	58	TV Norden	0:53:37	0:52:57	0:54:13				2:40:48
618	MHK	535	452	Jürgen	Junker	71	Moormerland	0:53:38	0:52:57	0:54:13				2:40:48
619	MHK	536	1321	Detlef	Folkerts	61	Großefehn	0:54:08	0:52:18	0:54:23				2:40:50
620	MJ	84	1217	Martin	Tannen	90	Team ENERCON	0:54:00	0:51:56	0:54:56				2:40:54
621	MHK	537	301	Fokke	Baumann	50	Stadtwerke Norden	0:54:40	0:52:11	0:54:01				2:40:54
622	MHK	538	333	Michael	Daniel	59	Emder LG	1:00:39	0:49:22	0:50:53				2:40:55
623	MHK	539	518	Thomas	Meyer zu B	70	Heimatblatt	0:53:32	0:52:07	0:55:16				2:40:55
624	MHK	540	729	Ingo	Grenseman	89	Großheide	0:54:06	0:52:26	0:54:22				2:40:56
625	MHK	541	1033	Holger	Janßen	68	SV Brinkum	0:54:34	0:52:05	0:54:19				2:40:59
626	MJ	85	1249	Malte	Holl	93	Pohhausen	0:52:34	0:50:54	0:57:39				2:41:07
627	MHK	542	446	Enno	Klinkenborg	49	TV Norden	0:53:22	0:52:57	0:54:49				2:41:09
628	MHK	543	730	Axel	Möhlmann	80	Team ENERCON	0:54:57	0:51:34	0:54:40				2:41:12
629	MHK	544	1107	Erhard	Wagener	72	de Heizungsloopers	0:54:11	0:53:10	0:53:51				2:41:13
630	MHK	545	559	Bernd	Janssen	65	Emder LG	0:53:36	0:51:52	0:55:48				2:41:17
631	MHK	546	1130	Johann	Goudschaal	64	Christuskirchengemeind	0:53:31	0:52:41	0:55:06				2:41:20
632	MJ	86	1236	Keno	Ackmann	92	Gymnasium Ulricianum /	0:53:15	0:52:32	0:55:33				2:41:21
633	MHK	547	934	Jörg	Klüber	70	ENOVA Marketing+Ver	0:56:09	0:53:07	0:52:07				2:41:24
634	MHK	548	299	Matthias	Frikke	79	Fortuna Logabirum	0:55:51	0:51:56	0:53:37				2:41:26
635	MHK	549	425	Werner	Vehnekamp	58	Team Möbel Buss	0:54:06	0:53:23	0:54:01				2:41:31
636	MJ	87	303	Jann	Basse	97	Gymnasium Ulricianum /	0:55:45	0:50:56	0:54:49				2:41:31
637	MHK	550	557	Wilfried	Foorden	64	TG Wiesmoor	0:54:37	0:51:50	0:55:03				2:41:32
638	MHK	551	877	Enno	Fänders	66	Leinerstift e.V.	0:55:39	0:51:39	0:54:14				2:41:33
639	MHK	552	682	Harald	Trauernicht	69	praxisfuernaturheilkunde	0:53:18	0:52:46	0:55:29				2:41:34
640	MHK	553	460	Bernd	Schmidtke	59	Wi sünd Holtriem	0:53:11	0:52:56	0:55:28				2:41:36
641	MHK	554	925	Jan-Hendrik	Deitenbach	76	Leer	0:54:58	0:51:58	0:54:41				2:41:38
642	MHK	555	543	Peter	Anscheit	65	Rettungsdienst Leer	0:54:51	0:52:53	0:53:53				2:41:38
642	MHK	555	388	Thomas	Weingart	62	LG Ostfriesland	0:54:46	0:52:15	0:54:35				2:41:38
644	MJ	88	1265	Jonas	Buja	92	SV Holtland	0:53:54	0:51:14	0:56:30				2:41:38
645	MHK	557	721	Jan	Klaaßen	71	Nordland Papier	0:54:38	0:52:13	0:54:51				2:41:43
646	MHK	558	546	Heinz-Fried	Schüler	56	MTV Wittmund	0:53:35	0:52:46	0:55:27				2:41:49
647	MHK	559	861	Friedhelm	Hillers	63	Leer	0:53:13	0:53:36	0:55:13				2:42:03
648	MHK	560	417	Dean-Conn	Möller	89	Team Möbel Buss	0:54:06	0:51:44	0:56:12				2:42:03
649	MHK	561	548	Günter	Janssen	43	MTV Aurich Tria	0:54:13	0:53:03	0:54:48				2:42:05
650	MHK	562	1330	Dieter	Heyen	67	Ochtersum	0:55:55	0:52:38	0:53:37				2:42:10
651	MHK	563	725	Detlef	Meyer	59	FC Oldersum	0:53:37	0:52:54	0:55:42				2:42:14
652	MHK	564	1061	Menno	Schmidt	64	Weener Plastik AG	0:52:08	0:54:08	0:55:59				2:42:16
653	MHK	565	672	Frank	Rüthemann	61	Bünting Tee	0:53:12	0:53:10	0:55:54				2:42:17
654	MHK	566	442	Rainer	Müller	42	TV Friedeburg	0:53:55	0:53:08	0:55:17				2:42:21
655	MJ	89	670	Lukas	Kumke	90	Heide-Apotheke Weener	0:54:16	0:53:16	0:54:52				2:42:24
656	MHK	567	129	Michael	Hook	66	Watt'n Looper SV Dornu	0:54:55	0:52:49	0:54:39				2:42:24
657	MHK	568	1036	Gabriel	Fabbi	68	Team Möbel Buss	0:54:39	0:53:13	0:54:31				2:42:24
658	MJ	90	660	Jann-Jeffre	Aukes	92	LG Großefehn	0:56:17	0:53:31	0:52:45				2:42:34
659	MHK	569	1132	Michael	Glinkowski	69	JVA Emden	0:54:46	0:53:01	0:54:47				2:42:35
660	MHK	570	552	Jens	Hüttinga	68	Wymeer	0:53:54	0:53:13	0:55:28				2:42:35

28. Ostfriesland Lauf 2009

OSSILOOP - 2009

12. Mai 2009

Zwischenstand nach 3. Etappe

gedruckt 12.05.2009 22:18:56

Männer

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
661	MHK	571	1206	Siegfried	Waczakows	56	Team ENERCON	0:54:30	0:53:37	0:54:30				2:42:38
662	MJ	91	1393	Heiko	Freese	90	Ochtersum	0:54:18	0:53:17	0:55:05				2:42:41
663	MJ	92	830	Sebastian	Niggemeier	90	NIGE	0:56:04	0:51:48	0:54:48				2:42:41
664	MHK	572	1155	Sven	Bergmann	83	SV Georgsheil	0:54:39	0:52:43	0:55:19				2:42:42
665	MHK	573	359	Torsten	Welling	64	MTV Wittmund	0:54:31	0:52:42	0:55:29				2:42:43
666	MHK	574	1387	Olaf	Schatt	67		0:52:15	0:49:50	1:00:40				2:42:46
667	MHK	575	1144	Rudolf	Buse	67	Moormerland	0:54:23	0:53:31	0:55:00				2:42:55
668	MHK	576	260	Stefan	Müller	61	Schleuse Leysiel	0:50:19	0:54:42	0:57:52				2:42:55
669	MHK	577	569	Rolf	Popp	59	Emden	0:55:01	0:52:39	0:55:15				2:42:56
670	MHK	578	291	Andreas	Dirks	64	Störtebeker Loopers TV	0:53:45	0:53:11	0:56:02				2:42:59
671	MHK	579	1058	Achim	Gerdas	52	Lions-Club Uplengen	0:54:56	0:53:03	0:55:00				2:43:00
672	MHK	580	625	Jens	Iken	69	Blerum	0:55:06	0:52:47	0:55:05				2:43:00
673	MHK	581	911	Hartmut	Decker	62	TEAM DEUTSCHE POS	0:54:56	0:52:44	0:55:19				2:43:00
674	MHK	582	652	Reinhold	Daniels	57	LT TuS Aurich-Ost	0:54:27	0:52:39	0:55:55				2:43:02
675	MHK	583	1069	Rudi	Brasch	61	Angeln-Ostfriesland.de	0:54:57	0:52:28	0:55:40				2:43:06
676	MHK	584	312	Gerhard	Janssen	62	JVA Emden	0:54:45	0:52:20	0:56:04				2:43:09
677	MHK	585	1136	Arend	Duis	57	Lions Club Uplengen	0:54:57	0:52:28	0:55:48				2:43:13
678	MHK	586	1173	Frank	Gerdas	82	Ostgroßefehn	0:55:30	0:52:58	0:54:47				2:43:15
679	MHK	587	251	Michael	Ahrendt	70	Watt'n Looper SV Dornu	0:47:40	0:46:00	1:09:41				2:43:22
680	MHK	588	609	Helmut	Ruh	51	TC Wittmund	0:53:55	0:53:46	0:55:48				2:43:30
681	MHK	589	471	Lothar	Geiken	61	Nordland Papier	0:54:55	0:52:58	0:55:36				2:43:31
682	MHK	590	478	Frank	Fengkohl	60	Fortuna Wirdum	0:54:49	0:53:24	0:55:16				2:43:31
683	MHK	591	485	Michael	Runden	61	DEKRA	0:55:12	0:52:47	0:55:36				2:43:35
684	MHK	592	537	Joachim	Ludwigs	69		0:54:38	0:54:00	0:54:59				2:43:38
685	MHK	593	275	Wilfried	Willms	61	KBV Langefeld	0:55:28	0:52:25	0:55:45				2:43:39
686	MHK	594	461	Tim	Pretl	78	Wi sünd Holtriem	0:54:32	0:52:51	0:56:17				2:43:41
687	MHK	595	22	Günter	Jakobs	68	Wi sünd Holtriem	0:54:32	0:52:51	0:56:17				2:43:42
688	MHK	596	969	Wolfgang	Behrens	69	ELV Elektronik AG	0:54:59	0:54:09	0:54:33				2:43:42
689	MHK	597	1225	Arno	Goudschaal	80	Weener Plastik AG	0:56:16	0:53:12	0:54:15				2:43:44
690	MHK	598	125	Johann	Lammers	63	SV Holtland	1:04:59	0:48:05	0:50:41				2:43:46
691	MHK	599	534	Armin	Beening	67	Backemoor	0:55:49	0:53:01	0:54:56				2:43:47
692	MHK	600	1348	Claus	Becker	49	Leer	0:54:39	0:53:28	0:55:42				2:43:50
693	MHK	601	407	Frank	Großmann	74	RVB Aurich/Uplengen	0:55:19	0:52:31	0:56:00				2:43:51
694	MHK	602	445	Michael	Sommer	82	Emder LG	0:55:31	0:52:55	0:55:25				2:43:52
695	MHK	603	1352	Manuel	Saathoff	80	Westersander	0:57:47	0:52:00	0:54:06				2:43:53
696	MHK	604	653	Frerich	Dreesch-Ro	68	TuRa 07 Westrhauderfe	0:55:04	0:53:42	0:55:10				2:43:57
697	MHK	605	340	Peter	Wittenburg	49	obw Emden	0:54:20	0:53:14	0:56:22				2:43:57
698	MHK	606	389	Gregor	Gründeman	79	Emden	0:57:00	0:52:20	0:54:38				2:43:58
699	MJ	93	768	Keno	Janßen	90	NIGE	0:56:59	0:52:20	0:54:40				2:44:00
700	MHK	607	1038	Wolfgang	König	54	NIGE	0:53:15	0:52:17	0:58:35				2:44:07
701	MHK	608	533	Lars	Logemann	75	BZN, Aurich	0:54:26	0:54:01	0:55:40				2:44:08
702	MHK	609	640	Harald	Eilts	64	EWE Wattloopers	0:54:20	0:54:09	0:55:41				2:44:12
703	MHK	610	777	Rainer	Hoek	78	SuS Steenfelde	0:54:52	0:53:08	0:56:12				2:44:13
704	MHK	611	743	Martin	Janssen	51	TuS Sandhorst/Polizei A	0:54:49	0:53:47	0:55:38				2:44:14
705	MHK	612	892	Henry	Kock	84	Reederei Buss	0:53:57	0:54:04	0:56:13				2:44:15
706	MHK	613	495	Matthijs	van Rossu	62	Westoverledingen	0:53:54	0:53:12	0:57:12				2:44:20
707	MHK	614	1223	Wulf	Graef	48	Rhauderfehn	0:54:16	0:53:30	0:56:44				2:44:30
708	MHK	615	1191	Heinz-Diete	Seeberg	62	Südbrookmerland	0:53:58	0:53:31	0:57:02				2:44:32
709	MHK	616	553	Hans-Günthe	Bruhnen	54	BSG Voba Jever	0:54:45	0:53:32	0:56:16				2:44:34
710	MHK	617	1125	Gerhard	Oltmanns	64	EC Hollen	0:55:14	0:53:58	0:55:28				2:44:41
711	MHK	618	1370	Martin	Groenhage	46	Emden	0:55:10	0:53:55	0:55:47				2:44:53
712	MHK	619	360	Harald	Budde	58	TG Wiesmoor	0:54:33	0:54:34	0:55:45				2:44:53
713	MHK	620	175	Holger	Kleene	71	obw Emden	0:52:37	0:48:04	1:04:13				2:44:55
714	MHK	621	519	Hinrich	Uphoff	50	TC Aurich-West	0:55:31	0:53:00	0:56:34				2:45:07
715	MHK	622	1062	Bodo	Brouwer	71	DPI AG	0:54:11	0:54:41	0:56:14				2:45:07

28. Ostfriesland Lauf 2009

OSSILOOP - 2009

12. Mai 2009

Zwischenstand nach 3. Etappe

gedruckt 12.05.2009 22:18:56

Männer

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
716	MHK	623	484	Holger	Steinmetz	70	Emder LG	0:54:34	0:54:12	0:56:21				2:45:09
717	MHK	624	541	Jakobus	Willms	40	LT TuS Aurich-Ost	0:54:17	0:54:03	0:56:48				2:45:09
718	MHK	625	512	Detlef	Wallenstein	73	Borromäus-Hospital	0:55:18	0:54:34	0:55:16				2:45:09
719	MHK	626	554	Alexander	Klein	69	HRS Westerholt	0:55:14	0:54:02	0:55:56				2:45:14
720	MHK	627	550	Rainer	Rulfs	60	SV Eintracht Ihlow e.V.	0:54:33	0:54:25	0:56:20				2:45:19
721	MJ	94	1305	Hendrik	Harling	93	Realschule Esens	0:55:20	0:51:10	0:58:51				2:45:22
722	MHK	628	1203	Jörg	Schmeding	66	Druckerei Meyer, Aurich	0:50:06	1:04:30	0:50:46				2:45:22
723	MHK	629	571	Rudolf	Puls	58	Fun-Loopers	0:55:30	0:53:57	0:55:58				2:45:26
724	MHK	630	532	Hermann	Hildebrand	59	Polizei Aurich	0:56:32	0:54:36	0:54:21				2:45:30
725	MHK	631	608	Uwe	Schwarz	63	Fun-Loopers	0:55:39	0:53:55	0:55:57				2:45:32
726	MHK	632	577	Stefan	Behrends	71	Nücke	0:54:52	0:54:01	0:56:42				2:45:35
727	MHK	633	1230	Robert	Neumann	82	4./ObjSRgt Lw	0:56:25	0:53:00	0:56:10				2:45:36
728	MJ	95	918	Dustin	Brandt	93	Gymnasium Rhauferde	0:56:55	0:54:19	0:54:23				2:45:37
729	MHK	634	884	Thomas	Feldhoff	68	Leer	0:55:28	0:54:13	0:55:56				2:45:38
730	MHK	635	1208	Werner	Stahnke	56	Finanzamt Aurich	0:55:11	0:54:04	0:56:24				2:45:39
731	MHK	636	1091	Udo	Fleßner	67	MTV Aurich	0:54:24	0:54:23	0:56:52				2:45:40
732	MHK	637	1366	Tim	Morherr	85	Bünting Tee	0:52:12	0:56:18	0:57:12				2:45:43
733	MJ	96	1354	Martin	Post	92	Großefehn	0:56:50	0:53:58	0:54:54				2:45:43
734	MHK	638	1063	Karl-Heinz	Nowinski	67	Team ENERCON	0:55:07	0:54:12	0:56:28				2:45:47
735	MHK	639	455	Matthias	Rudolph	69	MTV Jever	0:56:19	0:54:32	0:54:57				2:45:49
736	MHK	640	1160	Lars	Schönnema	75	BBC Chartering	0:55:50	0:54:06	0:55:56				2:45:53
737	MHK	641	684	Michael	Gorzawski	61	TV Norden	0:54:57	0:54:18	0:56:40				2:45:56
738	MHK	642	371	Ewald	Schröder	64	LT TuS Aurich-Ost	0:55:03	0:53:31	0:57:23				2:45:58
739	MHK	643	1109	Jörg	Heine	65	Zeitungsgruppe Ostfrie	0:55:24	0:53:42	0:56:52				2:45:58
740	MHK	644	544	Volker	Rasner	60	MTV Wittmund	0:54:54	0:53:40	0:57:26				2:46:02
741	MHK	645	580	Sascha	Stolorz	77	Oldenburg	0:56:15	0:53:07	0:56:43				2:46:05
742	MHK	646	610	Norbert	Block	77	BW Ramsloh	0:56:01	0:53:03	0:57:02				2:46:06
743	MHK	647	1186	Frank	Nissen	61	Aurich	0:48:31	0:57:48	1:00:07				2:46:28
744	MHK	648	665	Christian	Wowrek	55	TEAM DEUTSCHE POS	0:55:49	0:54:20	0:56:18				2:46:28
745	MHK	649	616	Henning	Hülshof	65	TuRa 07 Westrhauferde	0:55:57	0:53:50	0:56:44				2:46:32
746	MHK	650	1246	Dietmar	Sich	69	VfB Münkeboe	0:55:57	0:53:17	0:57:21				2:46:36
747	MHK	651	483	Manfred	Schulz	57	TuRa 07 Westrhauferde	0:56:22	0:54:58	0:55:17				2:46:38
748	MHK	652	489	Wilfried	Wilken	50	Holtland	0:55:13	0:54:17	0:57:07				2:46:38
749	MHK	653	1227	Temmo	Dreesmann	61	VG Veenhusen/Warsin	0:54:30	0:53:35	0:58:37				2:46:43
750	MHK	654	1171	Uwe	Baumgart	86	Raiffeisenbank eG, Moor	0:55:35	0:53:41	0:57:26				2:46:43
751	MHK	655	555	Gerhold	Wilken	54	Sparkasse LeerWittmun	0:55:22	0:53:16	0:58:05				2:46:43
752	MHK	656	854	Heinz-Herm	Hoppe	67	Nordland Papier	0:55:30	0:55:28	0:55:45				2:46:44
753	MHK	657	874	Werner	Borchert	62	Filsum	0:57:39	0:53:06	0:56:00				2:46:46
754	MHK	658	466	Oswald	Tinnemeyer	52	LT TuRa 07 Westrhauferde	0:56:35	0:53:55	0:56:25				2:46:56
755	MHK	659	1154	Gerhard	Rother	75	Raiffeisenbank eG, Moor	0:56:06	0:55:15	0:55:47				2:47:08
756	MHK	660	881	Günter	Kroes	62	Leer	0:56:59	0:54:13	0:56:16				2:47:29
757	MHK	661	896	Jens	Müller	77	Hartmann Group	0:56:39	0:54:01	0:56:57				2:47:38
758	MHK	662	924	Uwe	Rahmann	80	Hartmann Group	0:59:26	0:53:47	0:54:24				2:47:38
759	MHK	663	707	Helmut	Falkenberg	65	TV Norden	0:55:37	0:54:20	0:57:47				2:47:45
760	MHK	664	517	Stephan	Dänekas	70	Schnapsidee	0:55:38	0:54:39	0:57:27				2:47:46
761	MHK	665	705	Bernhard	Herten	59	Neufirrel	0:55:47	0:54:40	0:57:21				2:47:48
762	MHK	666	666	Erik	Janssen	71	TEAM DEUTSCHE POS	0:56:19	0:54:14	0:57:15				2:47:49
763	MHK	667	1319	Stephan	Watermeyer	62	Leer	0:58:08	0:53:58	0:55:43				2:47:50
764	MHK	668	562	Heiko	Fröhlich	46	SCC Berlin	0:55:45	0:55:13	0:57:05				2:48:04
765	MHK	669	531	Herbert	Kanthak	61	obw Emden	0:57:06	0:53:37	0:57:21				2:48:06
766	MHK	670	1110	Steffen	Gerbers	86	Raiffeisenbank eG, Moor	0:56:43	0:53:46	0:57:41				2:48:12
767	MJ	97	358	Jann	Janssen	93	Sportpark Tannenhouse	0:54:08	0:53:48	1:00:15				2:48:12
768	MHK	671	628	Torsten	Blank	77	-Selverde-	0:56:30	0:54:57	0:56:46				2:48:14
769	MHK	672	1235	Christiano	Vollbrecht	87	Löwenzahn	0:57:07	0:55:18	0:56:10				2:48:36
770	MJ	98	623	Kjell	Wollmann	94	Gymnasium Ulricianum /	0:56:01	0:55:00	0:57:41				2:48:43

28. Ostfriesland Lauf 2009

OSSILOOP - 2009

12. Mai 2009

Zwischenstand nach 3. Etappe

gedruckt 12.05.2009 22:18:56

Männer

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
771	MHK	673	1219	Gerd	Peeken	73	Tus-Esens	0:56:08	0:54:59	0:57:37				2:48:45
772	MHK	674	720	Dietmar	Rudnick	65	Onno Crämer Handelsg	0:55:44	0:55:03	0:57:58				2:48:46
773	MHK	675	456	Andreas	Heckhoff	64	Borromäus-Hospital Lee	0:56:33	0:55:15	0:57:01				2:48:50
774	MHK	676	563	Heinrich	Willems	59	Berumbur	0:57:15	0:55:29	0:56:07				2:48:52
775	MHK	677	1344	Jann	Holthuis	64	Kautex-Textron-Leer	0:57:00	0:55:09	0:56:44				2:48:54
776	MHK	678	1112	Berni	Habben	60	Wybelsum	0:53:54	0:57:05	0:57:55				2:48:55
777	MHK	679	704	Axel	van der Ber	73	Moormerland	0:56:33	0:55:17	0:57:13				2:49:04
778	MHK	680	416	Helmut	Tjards	64	LT TuS Aurich-Ost	0:58:40	0:54:23	0:56:07				2:49:11
779	MHK	681	1211	Albert	Mulder	77	4./ObjSRgt Lw	1:00:12	0:54:00	0:55:01				2:49:13
780	MHK	682	602	Enno	Wolckenha	38	TC GW Leer	0:57:21	0:54:25	0:57:31				2:49:18
781	MHK	683	373	Holger	Heyrmann	70	Eden, Jans, Fischer Par	0:57:05	0:55:30	0:56:45				2:49:21
782	MHK	684	362	Andre	Gehrke	66	Privat	0:56:38	0:55:26	0:57:15				2:49:21
783	MHK	685	391	Thomas	Schmitz	80	LP KT	0:52:22	1:02:50	0:54:20				2:49:33
784	MHK	686	482	Stefan	Trännapp	71	VfL Berumbur	0:56:40	0:55:53	0:56:59				2:49:33
785	MHK	687	820	Manfred	Doejen	73	Wasserschutzpolizei Em	0:57:10	0:54:59	0:57:32				2:49:41
786	MHK	688	919	Ralf	Pollmann	54	Wittmund	0:58:16	0:54:48	0:56:43				2:49:47
787	MJ	99	1151	Eike	Sieberns	90	Neuharlingersiel	0:57:52	0:54:17	0:57:38				2:49:48
788	MHK	689	375	Wilfried	Rosendahl	68	Störtebeker Loopers TV	0:57:44	0:54:58	0:57:05				2:49:48
789	MHK	690	12	Stefan	Schewiola	66	LT TuS Aurich-Ost	0:56:38	0:55:14	0:58:04				2:49:57
790	MHK	691	699	Helmut	Buß	68	Raiffeisenbank Wieseder	0:56:47	0:54:54	0:58:16				2:49:59
791	MHK	692	862	Torsten	Träger	72	Rettungsdienst Leer	0:56:30	0:56:20	0:57:13				2:50:05
792	MHK	693	1129	Georg Ihno	Baumann	61	WT Loppersum	0:57:09	0:54:50	0:58:07				2:50:07
793	MHK	694	1106	Werner	Schröter	43	Hockey-Club	0:56:26	0:55:23	0:58:19				2:50:08
794	MHK	695	685	Swen	Kleinau	67	Reederei Buss	0:56:24	0:54:21	0:59:24				2:50:10
795	MJ	100	1134	Julian	Edzards	92	Lauftreff Schafhauser W:	1:02:42	0:54:01	0:53:34				2:50:18
796	MHK	696	908	Burkhard	Rösingh	73	Team ENERCON	0:58:04	0:55:45	0:56:35				2:50:25
797	MHK	697	692	Hermann	Wilts	46	TV Norden	0:56:24	0:55:47	0:58:13				2:50:26
798	MHK	698	650	Karl-Heinz	Steenken	74	Nordland Papier	0:58:24	0:55:19	0:56:46				2:50:30
799	MHK	699	586	Jürgen	Dreessen	71	Westerende-Holzloog	0:56:34	0:56:17	0:57:46				2:50:37
800	MHK	700	564	Ingo	Schoon	80	Aurich	0:50:28	1:09:50	0:50:19				2:50:37
801	MHK	701	1100	Fred	Kuhlmann	60	Heimatblatt	0:57:59	0:55:19	0:57:27				2:50:46
802	MHK	702	680	Ingo	Poppen	82	LT TuS Aurich-Ost	0:58:26	0:56:23	0:55:57				2:50:47
803	MHK	703	514	Hans-Günthe	Schoneboo	66	Emder LG	0:55:19	0:57:06	0:58:21				2:50:48
804	MHK	704	764	Jan	Richter	75	Team ENERCON	0:55:31	0:54:18	1:01:04				2:50:54
805	MHK	705	508	Joachim	Scherf	64	TEAM DEUTSCHE POS	0:56:22	0:54:37	0:59:55				2:50:55
806	MHK	706	687	Hermann	Schmidt	55	Stern Völlenerfehn	0:57:06	0:54:48	0:59:04				2:50:59
807	MJ	101	1309	Hauke	Antons	94	Realschule Esens	0:58:25	0:53:11	0:59:26				2:51:02
808	MHK	707	982	Eelko	Siefken	83	Aurich	0:58:19	0:54:49	0:57:56				2:51:06
809	MHK	708	1216	Hartmut	Garten	50	TuS Glarum	0:56:26	0:55:58	0:58:47				2:51:12
810	MHK	709	873	Uwe	Schöning	71	Polizei Leer	0:58:43	0:55:17	0:57:12				2:51:13
811	MJ	102	298	Simon	Gather	90	Emden	0:58:41	0:53:45	0:58:46				2:51:13
812	MHK	710	1104	Heiner	Steenhoff	60	TSV Germania Holterf	0:57:26	0:55:40	0:58:08				2:51:15
813	MHK	711	601	Cornelius	Berning	63	Leinerstift e.V.	0:57:00	0:55:31	0:58:49				2:51:21
814	MHK	712	655	Peter	Janßen	77	SV Frisia Brinkum	0:57:23	0:55:37	0:58:22				2:51:23
815	MHK	713	1039	Paul	Lindemann	39	TV Norden	0:56:33	0:56:14	0:58:38				2:51:26
816	MHK	714	545	Karl	Tjardes	44	MTV Wittmund	0:57:34	0:55:34	0:58:19				2:51:27
817	MHK	715	1047	Jan Gerd	Jelden	55	TV Norden	0:56:37	0:55:56	0:58:56				2:51:29
818	MJ	103	588	Oliver	Alberts	95	Gymnasium Ulricianum /	0:58:09	0:55:46	0:57:46				2:51:42
819	MHK	716	487	Wilfried	Franzen	45	Teutonia Stapelmoor	0:56:33	0:55:59	0:59:10				2:51:43
820	MHK	717	1231	Thomas	Diener	63	LG -Großefehn	0:59:10	0:54:45	0:57:51				2:51:47
821	MHK	718	619	Detlef	Densow	65	LT TuS Aurich-Ost	0:56:40	0:55:55	0:59:12				2:51:49
822	MHK	719	778	Bernd	de Vries	70	T.B Twixlum Alte Herren	0:58:52	0:56:11	0:56:50				2:51:54
823	MHK	720	928	Michael	Gerdes	72	Großefehn	0:58:56	0:55:15	0:57:42				2:51:54
824	MHK	721	677	Jens	Suntken	65	VfB Münkeboe	0:58:05	0:54:48	0:59:02				2:51:56
825	MHK	722	915	Walter	Broer	53	Aurich	0:56:33	0:56:40	0:58:43				2:51:57

28. Ostfriesland Lauf 2009

OSSILOOP - 2009

12. Mai 2009

Zwischenstand nach 3. Etappe

gedruckt 12.05.2009 22:18:56

Männer

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
826	MHK	723	620	Manfred	Wollermann	42	MTV Wittmund	0:57:34	0:56:02	0:58:21				2:51:58
827	MHK	724	1346	Hans-Herm	Müller	44	SV Stikelkamp	0:57:48	0:56:18	0:57:51				2:51:58
828	MHK	725	618	Eckhard	Neumann	53	LG Großefehn	0:58:01	0:54:59	0:59:04				2:52:05
829	MHK	726	741	Siegfried	Janßen	53	Südbrookmerland	0:56:31	0:56:04	0:59:32				2:52:08
830	MHK	727	634	Albert	Hobbie	51	Hobbyläufer	0:56:55	0:56:49	0:58:30				2:52:15
831	MHK	728	632	Detlef	Abrahams	61	Hobbyläufer	0:56:56	0:56:50	0:58:30				2:52:17
832	MHK	729	538	Andreas	Günther	70	Wasserschutzpolizei Em	0:58:53	0:55:09	0:58:16				2:52:19
833	MHK	730	582	Gerd	Siebels	53	Fortuna Logabirum	0:57:41	0:55:54	0:58:50				2:52:26
834	MHK	731	617	Uwe	Feldmann	67	Vfll Berumbur	0:56:42	0:56:16	0:59:31				2:52:30
835	MHK	732	860	Heinz	Janssen	54	Nordland Papier	0:58:09	0:56:42	0:57:43				2:52:36
836	MHK	733	794	Jan-Dieter	Wessels	64	Nordland Papier	0:59:39	0:55:38	0:57:19				2:52:37
837	MHK	734	683	Rolf	Schneider	62	SC Ihrhove 07	0:58:26	0:56:23	0:57:47				2:52:37
838	MHK	735	1349	Everwien	Lohmeyer	58	SV Frisia Beinkum	0:57:49	0:56:04	0:58:45				2:52:40
839	MHK	736	1325	Ewald	Mühlenbroc	63	Druckerei Meyer, Aurich	1:01:03	0:55:04	0:56:33				2:52:41
840	MHK	737	691	Helmut	Ackmann	54	LT TuS Aurich-Ost	0:57:00	0:56:22	0:59:19				2:52:41
841	MHK	738	763	Holger	Baller	71	privat	0:58:58	0:56:00	0:57:43				2:52:42
842	MHK	739	613	Martin	Köster	50	obw Emden	0:57:11	0:54:35	1:01:03				2:52:49
843	MHK	740	832	Jens	Mintken	79	KBV Stedesdorf	0:57:36	0:55:59	0:59:17				2:52:53
844	MHK	741	603	Thomas	Janßen	81	RVB Aurich/Uplengen	0:57:25	0:56:19	0:59:13				2:52:58
845	MHK	742	856	Wubbo	Nanninga	66	Nordland Papier	0:58:33	0:55:05	0:59:25				2:53:05
846	MHK	743	1137	Jörg	Janssen	67	LG Ostfriesland	0:57:43	0:56:21	0:59:06				2:53:11
847	MHK	744	745	Karl-Heinz	Schmidt	57	TV Norden	0:57:17	0:56:45	0:59:11				2:53:15
848	MHK	745	1368	Thomas	Schmidt	63	MTV Aurich	0:57:34	0:56:25	0:59:18				2:53:18
849	MHK	746	589	Peter	Nippen	76	Fortuna 1895 Düsseldorf	0:57:52	0:56:50	0:58:42				2:53:26
850	MHK	747	490	Manfred	Anneken	61	Polizei Oldenburg	0:55:18	0:55:00	1:03:08				2:53:26
851	MHK	748	1192	Georg	Buß	58	Moormerland	0:58:22	0:56:09	0:58:57				2:53:28
852	MHK	749	111	Werner	Narr	49	Loga	0:57:22	0:57:48	0:58:21				2:53:32
853	MHK	750	718	Uwe	Tschorr	62	EWE Wattloopers	0:57:35	0:57:04	0:58:53				2:53:32
854	MHK	751	661	Alois	Albers	57	Zeitungsgruppe Ostfrie	0:57:22	0:57:21	0:58:51				2:53:35
855	MHK	752	1213	Mark	Großmann	79	Druckerei Meyer, Aurich	0:58:02	0:56:45	0:58:47				2:53:36
856	MHK	753	1269	Martin	Krömer	64	Nordland Papier	1:00:38	0:56:21	0:56:46				2:53:47
857	MHK	754	719	Heinrich	Kleen	59	Onno Crämer Handelge	0:57:51	0:56:38	0:59:20				2:53:50
858	MHK	755	611	Horst	Wienrank	60	Watt'n Looper SV Dornu	0:57:22	0:56:08	1:00:27				2:53:58
859	MHK	756	776	Stefan	Ruhr	76	Feuerwehr Suurhusen	0:59:19	0:56:56	0:57:44				2:54:00
860	MHK	757	739	Gerd	Busboom	68	ELV Elektronik AG	0:58:59	0:56:46	0:58:16				2:54:01
861	MJ	104	688	Marvin	Winkler	92	Leinerstift e.V.	0:57:35	0:58:04	0:58:22				2:54:02
862	MHK	758	581	Albert	Conring	47	SV Nortmoor	0:56:46	0:57:15	1:00:00				2:54:02
863	MHK	759	1267	Richard	Niemann	61	Westoverledingen	0:57:26	0:57:12	0:59:25				2:54:03
864	MHK	760	565	Dietrich	Steinke	41	SV Concordia Neermoor	0:57:48	0:56:32	0:59:45				2:54:06
865	MHK	761	1174	Dirk	Damm	64	FA Wybelsum	1:01:56	0:56:05	0:56:09				2:54:12
866	MHK	762	594	Holger	Janssen	63	Tus Esens	0:59:37	0:55:57	0:58:37				2:54:12
867	MHK	763	1175	Ulrich	Eggers	66	Emden	1:01:57	0:56:05	0:56:09				2:54:13
868	MHK	764	1018	Heiko	Hempfen	70	Team ENERCON	1:00:05	0:56:20	0:57:47				2:54:13
869	MHK	765	1259	Martin	Wildemann	60	WfbM-Aurich-Wittmund C	1:00:37	0:55:39	0:58:03				2:54:20
870	MHK	766	1121	Heiko	Adams	72	Team ENERCON	0:58:58	0:56:17	0:59:10				2:54:25
871	MHK	767	1162	Hans	Rosema	63	Nordland Papier	0:59:59	0:56:53	0:57:35				2:54:28
872	MHK	768	615	Friedhard	Cramer	52	Emder LG	0:56:40	0:57:05	1:00:45				2:54:32
873	MJ	105	612	Philipp	Eisenhauer	92	Wi sünd Holtriem/SV Oct	0:59:07	0:53:23	1:02:03				2:54:33
874	MHK	769	636	Harald	Schäfer	56	EWE Wattloopers	0:57:59	0:56:57	0:59:50				2:54:47
875	MHK	770	748	Willi	Schulte	41	Barßel	0:57:42	0:57:25	0:59:40				2:54:47
876	MHK	771	781	Haralt	Theilken	59	T G Wiesmoor	0:59:02	0:56:03	0:59:53				2:54:59
877	MHK	772	374	Werner	Müller	62	EWE Wattloopers	0:58:04	0:56:48	1:00:12				2:55:04
878	MHK	773	935	Dirk	Warnecke	69	ENOVA Marketing+Ver	1:06:07	1:00:21	0:48:40				2:55:09
879	MJ	106	1166	Daniel	Franovich	97	HTG Ihlow	0:56:46	0:56:41	1:01:41				2:55:09
880	MHK	774	505	Klaus	Heilmann	70	Seefahrtsschule Leer	0:57:54	0:58:04	0:59:14				2:55:14

28. Ostfriesland Lauf 2009

OSSILOOP - 2009

12. Mai 2009

Zwischenstand nach 3. Etappe

gedruckt 12.05.2009 22:18:56

Männer

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
881	MHK	775	624	Jan	Meinders	64	Wittmund	0:58:25	0:57:22	0:59:34				2:55:23
882	MJ	107	454	Daniel	Brinkmann	91	SV Dornum	0:59:44	0:55:53	0:59:46				2:55:24
883	MHK	776	727	Heinz	de Buhr	59	Lions Club Uplengen	0:56:52	0:58:52	0:59:53				2:55:38
884	MHK	777	765	Heinz-Gerh	Füllenbach	49	Polizei Uplengen	0:56:22	0:58:50	1:00:33				2:55:46
885	MHK	778	681	Gerd	Janssen	53	Sandhorst	0:58:25	0:58:01	0:59:22				2:55:49
886	MHK	779	1220	Marco	Grüger	74	Moormerland	1:02:15	0:55:37	0:57:59				2:55:52
887	MHK	780	808	Derk	Burghardt	68	Team Möbel Buss	0:58:03	0:57:00	1:00:48				2:55:52
888	MHK	781	1316	Marcus	Hippen	76	VGH-Versicherung	0:59:32	0:57:46	0:58:36				2:55:55
889	MHK	782	757	Helge	Böttcher	89	NIGE	0:57:54	0:57:27	1:00:36				2:55:58
890	MHK	783	810	Manfred	Palma	60	TUS Leerhafe	0:58:24	0:57:30	1:00:03				2:55:58
891	MHK	784	1177	Harald	Grüter	60	Heilpraxis Grüter	0:59:16	0:57:12	0:59:32				2:56:01
892	MHK	785	703	Günther	Schmidt	56	Wiede-Wiede Günnie	0:56:40	0:56:45	1:02:39				2:56:05
893	MHK	786	702	Helmut	Höft	59	LT TuS Aurich-Ost	0:57:24	0:59:20	0:59:32				2:56:17
894	MHK	787	749	Erhard	Meyer	62	Sparkasse LeerWittmun	1:00:20	0:54:14	1:01:50				2:56:25
895	MHK	788	713	Manfred	Böde	62	Emder LG	0:58:03	0:57:46	1:00:44				2:56:35
896	MHK	789	714	Gerhard	Lingner	49	TuRa 07 Westrhauderfe	0:58:59	0:57:56	0:59:45				2:56:41
897	MJ	108	1102	David	Boekhoff	91	VfB Rajen	0:59:12	0:56:59	1:00:33				2:56:45
898	MHK	790	1242	Jörg	Zimmerman	63	Autohaus Südema Gmb	0:59:52	0:55:50	1:01:03				2:56:46
899	MHK	791	712	Hans-Jürge	Hedemann	63	Team AURICHER EIER	1:01:23	0:56:51	0:58:46				2:57:01
900	MHK	792	663	Thomas	Müller	83	TEAM DEUTSCHE POS	0:58:04	0:58:42	1:00:16				2:57:03
901	MHK	793	1135	Holger	Poppen	72	de Heizungsloopers	0:55:54	0:57:00	1:04:13				2:57:08
902	MHK	794	752	Boris	Bergmann	71	JVA Emden	1:00:03	0:56:39	1:00:33				2:57:15
903	MHK	795	1326	Dietmar	Sädtler	59	KBV Altharlingersiel	1:00:03	0:57:42	0:59:40				2:57:26
904	MHK	796	837	Werner	Ludewigs	57	Weener Plastik AG	1:01:12	0:56:11	1:00:11				2:57:35
905	MHK	797	838	Ingolf	Steinhagen	78	Weener Plastik AG	1:01:29	0:55:36	1:00:30				2:57:37
906	MHK	798	933	Helmuth A.	Brümmer	57	ENOVA Marketing+Ver	1:02:35	0:56:30	0:58:37				2:57:42
907	MHK	799	1357	Jörg	Engelbarts	63	Druckerei Meyer, Aurich	1:00:00	0:56:49	1:00:55				2:57:46
908	MJ	109	811	Jonas	Schürmann	95	SV Warsingsfehn	0:56:00	1:00:48	1:00:57				2:57:46
909	MHK	800	945	Stefan	Hauschild	70	Rettungsdienst Leer	0:58:37	0:58:07	1:01:06				2:57:51
910	MHK	801	783	Frank	Fischer	72	Reederei Buss	0:58:46	1:00:45	0:58:22				2:57:54
911	MHK	802	1382	Stefan	Adelmund	84	Aurich	0:58:20	0:58:06	1:01:50				2:58:17
912	MHK	803	793	Günther	Fritz	59	Spielmannszug Marx	0:59:49	0:57:36	1:00:52				2:58:18
913	MHK	804	1049	Enno	Nannen	47	TV Norden	0:59:11	0:57:46	1:01:25				2:58:23
914	MHK	805	840	Ingo	Malchus	72	Weener Plastik AG	1:00:34	0:57:16	1:00:34				2:58:25
915	MHK	806	767	Hermann	Jänen	54	Nordland Papier	0:58:25	0:56:52	1:03:12				2:58:30
916	MHK	807	716	Geiken	Gerd	60	LOOP DOCH SÜLMST	0:59:30	0:58:10	1:00:49				2:58:30
917	MHK	808	1345	Heinz-Jürge	Neddermey	42	LG Veenhusen	1:00:00	0:57:47	1:00:44				2:58:32
918	MHK	809	698	Marc	Hohmann	77	Leinerstift e.V.	0:59:44	0:58:32	1:00:16				2:58:33
919	MHK	810	1226	Günter	Zierleyn	51	Leer	1:00:53	0:56:58	1:00:41				2:58:33
920	MHK	811	831	Alwin	Groen	65	Westoverledingen	1:00:14	0:57:21	1:00:59				2:58:35
921	MHK	812	817	Günther	Kloster	54	Leer	0:59:48	0:58:29	1:00:17				2:58:36
922	MHK	813	912	Dietmar	Schultz	65	TEAM DEUTSCHE POS	1:00:43	0:56:37	1:01:16				2:58:37
923	MHK	814	878	Thorsten	Dettmer	65	Leinerstift e.V.	1:00:21	0:57:41	1:00:41				2:58:43
924	MHK	815	1339	Gerrit	Kruse	62	Polizei Leer	0:59:49	0:57:59	1:00:58				2:58:47
925	MHK	816	736	Jens	Sick	65	JVA Emden	0:59:25	0:58:08	1:01:15				2:58:49
926	MHK	817	1318	Wilhelm	Mammen	56	BBS 1 Aurich	1:00:19	0:57:50	1:00:40				2:58:50
927	MHK	818	690	Ralf	Akkermann	68	TV Oldersum	0:59:29	0:59:40	0:59:52				2:59:01
928	MHK	819	595	Gerrit	Hoppmann	63	LG Ihrhove	1:00:11	0:57:34	1:01:18				2:59:04
929	MHK	820	722	Eike	Gau	77	VGH Arends	1:00:53	0:57:04	1:01:14				2:59:12
930	MHK	821	598	Thomas	Hollweg	84	Papenburg	0:59:33	0:58:46	1:00:53				2:59:13
931	MHK	822	513	Julian	Cremer	87	Team LIMIT	0:58:46	1:01:06	0:59:22				2:59:15
932	MHK	823	1142	Rüdiger	Weißsohn	56	JVA Emden	0:58:28	0:59:05	1:01:52				2:59:25
933	MHK	824	558	Sascha	Paul	81	Team ENERCON	1:00:28	0:57:43	1:01:24				2:59:36
934	MHK	825	1254	Michael	Schlump	65	Saterland	1:02:20	0:57:21	1:00:08				2:59:50
935	MHK	826	633	Wolfgang	Wöhrle	44	MTV Wittmund	1:00:08	0:58:37	1:01:07				2:59:53

28. Ostfriesland Lauf 2009

OSSILOOP - 2009

12. Mai 2009

Zwischenstand nach 3. Etappe

gedruckt 12.05.2009 22:18:56

Männer

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
936	MHK	827	1065	Jens-Peter	Wolters	60	AKTIVA GmbH Wolters &	1:02:39	0:58:25	0:58:51				2:59:56
937	MHK	828	560	Frank	Lüken	68	Leer	1:00:01	0:58:01	1:01:59				3:00:02
938	MHK	829	1218	Daniel	Pöhl	79	4./ObjSRgt Lw	1:00:11	0:56:48	1:03:13				3:00:13
939	MHK	830	1286	Faruk	Sahbaz	63	Sparkasse Aurich-Nord	1:00:47	0:57:55	1:01:45				3:00:28
940	MHK	831	788	Gero	Hirsch	68	Raiffeisenbank Wieseder	1:00:23	0:58:58	1:01:12				3:00:35
941	MJ	110	607	Jan	Schmidt	92	Wi sünd Holtriem/SV Oct	1:01:17	0:57:09	1:02:10				3:00:37
942	MHK	832	813	Claus	Röstel	59	LT TuS Aurich-Ost	1:00:48	0:58:32	1:01:31				3:00:52
943	MHK	833	1229	Harald	Post	65	Nortmoor	1:01:19	0:58:41	1:00:59				3:01:00
944	MHK	834	1224	Klaus	Nikolie	48	VFFL Berumbur	0:58:09	1:01:07	1:01:44				3:01:01
945	MHK	835	806	Heino	Heynen	64	Strücklingen	1:02:20	0:57:55	1:00:46				3:01:02
946	MHK	836	475	Ulrich	Linser	54	MTV Wittmund	1:01:34	0:58:26	1:01:03				3:01:04
947	MHK	837	561	Herbert	Buss	59	Neukamperfehn	1:05:03	0:56:33	0:59:35				3:01:11
948	MHK	838	642	Johann	Tjaden	52	Störtebeker Loopers TV	0:59:05	0:59:41	1:02:24				3:01:12
949	MHK	839	1176	Robin	Paschant	70	Team ENERCON	1:02:12	0:59:14	1:00:02				3:01:28
950	MHK	840	1156	Ewald	Ennen	61	AOK Niedersachsen	1:01:35	0:59:03	1:00:51				3:01:29
951	MHK	841	732	Jürgen	Harbers	68	WSC Rhauferfehn	1:01:20	0:59:02	1:01:10				3:01:33
952	MHK	842	802	Jan	Zellmer	75	ENOVA Marketing+Ver	1:00:20	0:57:38	1:03:34				3:01:33
953	MHK	843	717	Johann	Heinks	50	Neu-Wiegboldsbur	1:01:35	0:59:02	1:00:55				3:01:33
954	MHK	844	923	Ralf	Koch	70	RuB GmbH	1:02:04	0:58:26	1:01:05				3:01:35
955	MJ	111	917	Jonas	Dreesch-Ro	92	Gymnasium Rhauferfe	1:01:18	0:58:26	1:01:52				3:01:37
956	MHK	845	738	Martin	Schiemann-	55	LT TuS Aurich-Ost	1:00:22	0:58:54	1:02:32				3:01:50
957	MHK	846	756	Helmut	Loers	52	DAK Oldenburg	1:01:13	0:59:02	1:01:40				3:01:56
958	MHK	847	668	Jörg	Seybold	49	Frisia Loga	0:59:45	0:59:43	1:02:33				3:02:02
959	MHK	848	1140	Ingo	Tränapp	70	Peiers	1:02:57	0:58:46	1:00:34				3:02:18
960	MHK	849	1145	Eike	Saathoff	89	de Heizungsloopers	0:58:36	0:59:43	1:04:03				3:02:22
961	MHK	850	943	Thomas	Junker	65	Emder LG	1:00:52	1:00:09	1:01:50				3:02:53
962	MHK	851	1258	Hauko	Wenninga	50	Leer	0:59:57	1:01:25	1:01:33				3:02:55
963	MHK	852	1293	Werner	Meyer	71	Wiesmoor	1:01:24	1:00:36	1:01:00				3:03:01
964	MHK	853	869	Giovanni	Pasca	73	KUH'S BEST-Team	1:02:53	0:58:38	1:01:32				3:03:05
965	MHK	854	733	Joachim	Piela	51	IGS Aurich-West	1:00:28	1:00:15	1:02:22				3:03:06
966	MHK	855	578	Habbo	Freudenber	66	lhlowerfehn	1:00:57	1:00:14	1:02:03				3:03:14
967	MHK	856	1168	Harmannus	Hilbrands	58	de Heizungsloopers	1:00:02	0:59:42	1:03:31				3:03:16
968	MHK	857	1010	Roof	Buß	67	www.A22-Nie.de	1:03:36	0:58:56	1:00:45				3:03:18
969	MHK	858	847	Johann	Hippen	67	Aurich	1:00:55	0:59:33	1:02:49				3:03:18
970	MHK	859	909	Gerald	Koch	62	Baptisten Firrel	1:02:42	0:58:41	1:01:56				3:03:20
971	MHK	860	696	Hinrich	Thedinga	55	LT TuS Aurich-Ost	1:01:26	1:00:16	1:01:42				3:03:24
972	M	1	1397	Stefan	Störmer	68		1:01:52	0:58:42	1:02:56				3:03:31
973	MHK	861	804	Karl	Poppen	47	TG Wiesmoor	1:01:31	1:01:09	1:00:57				3:03:38
974	MHK	862	974	Martin	Meyer	81	Leer	1:06:52	1:03:19	0:53:34				3:03:45
975	MHK	863	907	Arthur	Engelbrecht	51	Schützenspielmannszug	1:01:45	1:00:04	1:01:59				3:03:49
976	MHK	864	693	Eilert	Juilfs	45	LG GroBefehn	1:02:56	0:59:09	1:01:46				3:03:53
977	MHK	865	626	Marcel	Ebbelaar	63	TSV Holtrop	1:04:13	1:00:39	0:59:06				3:03:59
978	MHK	866	1139	Stefan	Wirdemann	72	Emder LG	1:00:47	1:02:11	1:00:59				3:03:59
979	MHK	867	622	Thomas	Schön	65	Leer	1:01:52	0:59:57	1:02:12				3:04:02
980	MHK	868	986	Gerd	Wilken	60	Team Wilts	1:01:08	0:59:14	1:03:46				3:04:09
981	MHK	869	664	Günter	Fitzner	48	TEAM DEUTSCHE POS	1:01:14	1:00:19	1:02:36				3:04:11
982	MHK	870	875	Ernst	Loesing	66	VHS Laufen	1:02:44	0:59:58	1:01:40				3:04:22
983	MHK	871	772	Günther	Heykes	67	VfB Germania Wiesmoo	1:03:42	1:00:53	0:59:47				3:04:23
984	MHK	872	771	Gerd	Jans	64	Eden, Jans, Fischer Par	1:02:16	1:00:01	1:02:07				3:04:25
985	MHK	873	1007	Tjarko	Grünefeld	61	Nortmoor	1:03:04	0:59:51	1:01:36				3:04:31
986	MHK	874	1163	Leo	Berling	58	Nordland Papier	1:02:45	0:59:22	1:02:30				3:04:38
987	MHK	875	880	Hans-Dieter	Erdwiens	57	RuB GmbH	1:03:40	0:59:19	1:01:38				3:04:38
988	MHK	876	980	Hartmut	Voget	60	Schnapsidee	1:04:56	0:59:33	1:00:10				3:04:40
989	MHK	877	587	Thomas	Zacher	64	Emden	1:00:15	0:58:40	1:05:46				3:04:41
990	MHK	878	773	Werner	Böwe	44	Emder LG	1:01:47	1:00:43	1:02:23				3:04:54

28. Ostfriesland Lauf 2009

OSSILOOP - 2009

12. Mai 2009

Zwischenstand nach 3. Etappe

gedruckt 12.05.2009 22:18:56

Männer

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
991	MHK	879	686	Horst	Franke	58	SV Ochtersum	1:04:38	0:58:30	1:01:46				3:04:55
992	MHK	880	1123	Dennis	Rodenbäck	84	Esens	1:04:03	0:59:12	1:02:05				3:05:21
993	MHK	881	872	Björn	Nauschutt	73	Ostfriesische Volksbank	1:02:52	1:00:36	1:01:59				3:05:28
994	MHK	882	833	Christoph	Göhler	39	Aurich	1:01:18	1:01:24	1:02:48				3:05:31
995	MHK	883	676	Heinz	Hoyer	43	Norden	1:02:14	1:00:35	1:02:43				3:05:33
996	MHK	884	1146	Henning	Libner	52	SV Grobfehn	1:01:47	1:00:24	1:03:27				3:05:40
997	MHK	885	747	Dieter	August	60	SuS Timmel	1:01:22	0:59:28	1:04:49				3:05:41
998	MHK	886	816	Stephan	Schulz	83	Moormerland	1:01:33	1:00:48	1:03:36				3:05:58
999	MHK	887	946	Jörg	Baumann	74	BSG Hinte	1:03:51	0:59:23	1:02:47				3:06:02
1.000	MHK	888	1003	Jörg	Cornelius	70	Sparkasse LeerWittmun	1:01:59	1:01:51	1:02:12				3:06:03
1.001	MHK	889	759	Richard	Schieritz	50	obw Emden	1:02:36	1:00:23	1:03:04				3:06:04
1.002	MHK	890	887	Hermann	Oltmanns	64	Sparkasse LeerWittmun	1:01:46	1:01:22	1:02:56				3:06:04
1.003	MHK	891	294	Eike	Willms	89	Sparkasse LeerWittmun	1:04:07	1:01:03	1:01:03				3:06:13
1.004	MHK	892	805	Alfred	Trännapp	41	TV Norden	1:02:57	1:00:34	1:02:44				3:06:17
1.005	MHK	893	839	Helmut	Swart	64	Weener Plastik AG	1:01:24	0:59:58	1:04:56				3:06:20
1.006	MHK	894	1064	Hans	Grenseman	52	Großheide	1:02:29	1:01:49	1:02:04				3:06:22
1.007	MHK	895	927	Bernhard	Mäcken	66	Grobfehn	1:02:24	0:59:25	1:04:46				3:06:37
1.008	MJ	112	1152	Kilian	Tuschling	94	Gymnasium Ulricianum /	1:02:22	0:59:05	1:05:18				3:06:46
1.009	MHK	896	651	Erich	Saathoff	46	LT TuS Aurich-Ost	1:01:31	1:00:55	1:04:34				3:07:01
1.010	MHK	897	728	Hermann	Reiter	65	SV Stikelkamp	1:00:35	1:01:43	1:04:46				3:07:04
1.011	MHK	898	1238	Manfred	Gedes	59	Lauftreff Middels	1:02:03	1:01:15	1:04:03				3:07:22
1.012	MHK	899	197	Norbert	Freitag	48	LT TuS Aurich-Ost	1:01:33	1:01:32	1:04:20				3:07:26
1.013	MHK	900	796	Egon	Freeseaman	66	Bünting Tee	1:03:10	1:00:41	1:03:40				3:07:31
1.014	MHK	901	695	Focko	Janssen	49	IGS Aurich-West	1:02:02	1:00:18	1:05:30				3:07:51
1.015	MHK	902	1000	Karl-Dieter	Haken	51	HAKA	1:01:35	1:01:40	1:04:35				3:07:51
1.016	MHK	903	960	Jochen	Hinderks	80	Aurich	1:02:54	1:00:38	1:04:39				3:08:13
1.017	MHK	904	731	Reinhard	Wodak	50	TV Leer	1:03:22	1:02:38	1:02:31				3:08:32
1.018	MHK	905	1386	Wiard	Meyer	62	Sv Potshausen	1:02:43	1:00:52	1:04:58				3:08:34
1.019	MHK	906	976	Anton	Gruben	42	SV Potshausen	1:02:43	1:00:52	1:04:58				3:08:34
1.020	MHK	907	952	Dennis	Haken	78	HAKA	1:03:36	1:01:30	1:03:33				3:08:41
1.021	MHK	908	1273	Eric	Leuchters	64	Leer	1:04:08	1:02:39	1:02:01				3:08:49
1.022	MHK	909	1040	Jann	Heyen	41	TV Norden	1:01:12	1:02:20	1:05:18				3:08:51
1.023	MHK	910	428	Andreas	Kohl	75	TV Norden	1:00:14	0:59:59	1:08:55				3:09:09
1.024	MHK	911	882	Meinhard	Bunjes	52	Ruderverein Barßel	1:03:49	1:01:59	1:03:46				3:09:35
1.025	MHK	912	740	Olaf	Sweers	68	SV Wittmund	1:01:33	1:03:56	1:04:06				3:09:37
1.026	MJ	113	1232	Steffen	Reiners	96	Gymnasium Ulricianum /	1:05:03	1:00:01	1:04:36				3:09:41
1.027	MHK	913	1228	Bernhard	Reiners	68	TUS Victorbur	1:05:03	1:00:01	1:04:36				3:09:41
1.028	MHK	914	1356	Markus-Hin	Brouwer	75	VFB Rajen	1:06:23	1:00:33	1:02:49				3:09:46
1.029	MHK	915	823	Gebhard	Gayken	81	GFI Treuhand GmbH	1:04:51	1:03:33	1:01:24				3:09:49
1.030	MJ	114	792	Tung	Do	92	Gymnasium Ulricianum /	1:09:50	0:57:59	1:02:05				3:09:54
1.031	MHK	916	689	Axel	Schewiola	38	TV Norden	1:02:17	1:02:22	1:05:20				3:09:59
1.032	MJ	115	1243	Daniel	Busse	98	de Heizungsloopers	1:06:16	0:59:49	1:03:54				3:10:00
1.033	MHK	917	751	Heinz	Oelscher	54	LT Spaß mit Sport	1:03:16	1:01:07	1:05:55				3:10:19
1.034	MHK	918	942	André	Ley	67	Polizei Aurich	1:03:30	1:03:24	1:03:25				3:10:20
1.035	MHK	919	639	Johann	Marks	58	EWE Wattloopers	1:03:33	1:01:46	1:05:06				3:10:25
1.036	MHK	920	963	Oliver	Gruis	77	Nordland Papier	1:09:05	1:00:12	1:01:10				3:10:28
1.037	MHK	921	930	Arno	Hamel	64	VfB Rajen	1:03:31	1:02:13	1:04:45				3:10:30
1.038	MHK	922	983	Jan	Mueller	68	VfB Rajen	1:03:23	1:02:32	1:04:47				3:10:43
1.039	MHK	923	1340	Timo	Buss	74	Reederei Buss	1:07:31	1:04:51	0:58:22				3:10:44
1.040	MHK	924	679	Roland	Mammen	60	SV Ochtersum	1:02:55	1:03:40	1:04:11				3:10:48
1.041	MHK	925	941	Frank	Wagenhaus	72	Team Wilts	1:05:19	1:01:00	1:04:40				3:11:00
1.042	MHK	926	988	Christian	Pruin	81	Team Wilts	1:05:11	1:01:08	1:04:41				3:11:00
1.043	MJ	116	1371	Robert	Schmidt	93	LT TuS Aurich	1:02:16	0:57:26	1:11:38				3:11:21
1.044	MHK	927	815	Richard	Lücht	57		1:04:13	1:02:36	1:04:43				3:11:33
1.045	MHK	928	1105	Rainer	Wiechmann	58	Germania Leer	1:06:12	0:57:24	1:08:04				3:11:41

28. Ostfriesland Lauf 2009

OSSILOOP - 2009

12. Mai 2009

Zwischenstand nach 3. Etappe

gedruckt 12.05.2009 22:18:56

Männer

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
1.046	MHK	929	1043	Peter	Reimund	54	TV Norden	1:03:54	1:02:06	1:05:47				3:11:48
1.047	MHK	930	1270	Harald	Ramaker	63	SV Warsingsfehn	1:02:31	1:04:06	1:05:13				3:11:50
1.048	MHK	931	1385	Benjamin	Nobel	86	*Leer	1:06:16	1:01:03	1:04:35				3:11:56
1.049	MHK	932	637	Ottmar	Dirksen	62	EWE Wattloopers	1:05:23	1:01:36	1:04:58				3:11:57
1.050	MHK	933	949	Helmut	Schneider	62	BV Vorwärts Plaggenbur	1:08:56	0:51:35	1:11:34				3:12:06
1.051	MJ	117	819	Bernd	Dirks	96	Wi sünd Holtriem	1:03:33	1:00:55	1:07:45				3:12:15
1.052	MJ	118	1251	Sven	Wagne	93	HRS Moormerland	1:07:47	1:01:23	1:03:20				3:12:31
1.053	MHK	934	1277	Wolfgang	Girts	52	LT TuS Aurich-Ost	1:04:10	1:03:08	1:05:16				3:12:35
1.054	MHK	935	950	Uwe	Remmers	59	Crocodiles Ihlow	1:07:32	1:00:48	1:04:16				3:12:37
1.055	MHK	936	970	Sebastiao	Engracia Me	73	Emder LG	1:04:34	1:03:29	1:05:02				3:13:06
1.056	MHK	937	807	Jochen	Klunder	67	LOOP DOCH SÜLMST	1:04:34	1:02:59	1:05:41				3:13:15
1.057	MHK	938	394	Ralf	Hollwege	62	VfL Berumbur	1:04:03	1:03:35	1:05:40				3:13:20
1.058	MHK	939	257	Johann	Keiser	62	TSV Hesel	1:05:43	1:02:40	1:05:01				3:13:25
1.059	MHK	940	965	Wilhelm	Robin	63	Nordland Papier	1:10:09	1:02:54	1:00:31				3:13:35
1.060	MHK	941	635	Karl	Habben	48	EWE Wattloopers	1:03:02	1:03:31	1:07:16				3:13:50
1.061	MHK	942	809	Wolfgang	Heilemann	57	Team Erdinger Alkohol	1:05:41	1:04:13	1:04:03				3:13:57
1.062	MHK	943	883	Andre	Kaiser	67	Leer	1:04:44	1:03:35	1:05:39				3:13:58
1.063	MHK	944	898	Jan	Lüdeling	70	Hartmann Group	1:05:10	1:03:17	1:05:41				3:14:09
1.064	MHK	945	947	Heiko	Heyen	57	LG Grobfehn	1:03:33	1:04:18	1:07:00				3:14:52
1.065	MHK	946	662	Michael	Jacob	54	Leer	1:06:38	1:03:48	1:04:29				3:14:55
1.066	MHK	947	280	Heinrich	Janssen	34	MTV Aurich Tria	1:04:45	1:04:45	1:05:35				3:15:06
1.067	MJ	119	1313	Marco	Schäfer	92	BBS 1 Aurich	1:09:58	1:02:54	1:02:27				3:15:20
1.068	MHK	948	803	Ralf	Brinschwitz	67	LT TuS Aurich-Ost	1:09:14	1:02:44	1:03:32				3:15:31
1.069	MHK	949	706	Wilhelm	Bolhuis	43	TV Norden	1:05:33	1:04:21	1:05:41				3:15:37
1.070	MHK	950	755	Michael	Sanders	75	Moormerland	1:09:01	1:03:44	1:02:56				3:15:42
1.071	MHK	951	968	Klaus	Weichers	69	VfR eintracht Völlen	1:07:02	1:02:51	1:05:52				3:15:45
1.072	MHK	952	870	Andre	Mennenga	61	Emder Lg	1:05:35	1:04:02	1:06:16				3:15:54
1.073	MJ	120	1307	Andre	Tattje	93	Realschule Esens	1:08:27	1:01:31	1:06:02				3:16:01
1.074	MHK	953	1282	Helge	Drost	74	Wittmund	1:07:39	1:04:08	1:04:16				3:16:03
1.075	MHK	954	754	Hinrich	Mohlmann	53	LT TuS Aurich-Ost	1:05:45	1:04:45	1:05:49				3:16:20
1.076	MHK	955	799	Duke	Berends	52	Gemeinschaft u. EC Fi	1:06:42	1:03:40	1:05:57				3:16:20
1.077	MHK	956	1041	Werner	Ihlow	45	TV Norden	1:05:32	1:03:45	1:07:32				3:16:50
1.078	MJ	121	868	Jannes	Janssen	95	HRS Westerholt	1:08:29	1:03:08	1:05:40				3:17:17
1.079	MHK	957	1172	Ewald	Schröder	48	Lauffreff Tura 07	1:05:55	1:04:05	1:07:17				3:17:18
1.080	MHK	958	477	Gerrit	Janßen	75	Ihlow / Westerende-K.	1:03:59	1:04:29	1:08:49				3:17:18
1.081	MHK	959	579	Holger	Becker	74	vereinslos!	1:06:59	1:02:48	1:07:46				3:17:35
1.082	MHK	960	966	Harald	Gröning	70	Emder LG	1:06:23	1:05:07	1:06:16				3:17:46
1.083	MHK	961	939	Norbert	Bakker	64	Team Wilts	1:08:44	1:03:33	1:05:38				3:17:55
1.084	MHK	962	1322	Wolfgang	Hagena	65	Druckerei Meyer, Aurich	1:04:55	1:08:04	1:04:56				3:17:55
1.085	MHK	963	818	Wolfgang	Schmidtke	53	Loga	1:04:03	1:07:34	1:06:50				3:18:28
1.086	MHK	964	955	Gerd	Claassen	45	LG Ostfriesland	1:06:05	1:04:19	1:08:15				3:18:40
1.087	MHK	965	944	Manfred	Middelborg	49	Bünting Tee	1:05:35	1:04:33	1:09:02				3:19:12
1.088	MHK	966	951	Henri	Hüls	68	obw Emden	1:06:16	1:05:26	1:08:01				3:19:44
1.089	MHK	967	958	Erdwin	Brinkmann	61	Sparkasse Aurich-Nord	1:05:47	1:04:43	1:09:35				3:20:07
1.090	MHK	968	795	Thomas	Tamling	77	Friesoythe	1:07:25	1:05:15	1:07:50				3:20:31
1.091	MHK	969	800	Feeko	Heinrichsdo	56	obw Emden	0:59:08	1:16:42	1:04:48				3:20:39
1.092	MHK	970	814	Hermann	Tannen	61	MTV Wittmund	1:08:24	1:04:27	1:07:48				3:20:40
1.093	MHK	971	953	Burghardt	Zirpins	57	obw Emden	1:07:54	1:05:29	1:07:35				3:20:59
1.094	MHK	972	994	Henning	Brandt	77	Ostfriesische Volksbank	1:05:15	1:05:45	1:10:06				3:21:07
1.095	MHK	973	975	Heinrich	Doyen	59	TG Wiesmoor	1:07:04	1:05:16	1:08:59				3:21:20
1.096	MHK	974	863	Joachim	Busker	55	Kok-Reisen	1:08:07	1:07:18	1:06:12				3:21:38
1.097	MHK	975	900	Berend	Schutte	79	Hartmann Group	1:08:12	1:08:05	1:05:36				3:21:54
1.098	MHK	976	822	Martin	Erb	62	obw Emden	1:08:49	1:04:19	1:09:06				3:22:16
1.099	MHK	977	1016	Dieter	Erdmann	49	SuS Berumerfehn	1:12:53	1:04:17	1:05:16				3:22:27
1.100	MHK	978	1006	Gert-R.	Poppen	59	EDEKA	1:11:11	1:02:59	1:08:20				3:22:31

28. Ostfriesland Lauf 2009

OSSILOOP - 2009

12. Mai 2009

Zwischenstand nach 3. Etappe

gedruckt 12.05.2009 22:18:56

Männer

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
1.101	MHK	979	1138	Timo	Langheinric	83	de Heizungsloopers	1:06:26	1:06:23	1:10:28				3:23:18
1.102	MHK	980	1169	Rainer	Busse	71	de Heizungsloopers	1:06:26	1:06:23	1:10:29				3:23:19
1.103	MHK	981	864	Michael	Rühling	71	Aurich	1:08:44	1:08:44	1:07:03				3:24:32
1.104	MHK	982	999	Thorsten	Huismann	85	obw Emden	1:09:46	1:11:26	1:04:04				3:25:17
1.105	MHK	983	1002	Harm	Diddens	70	Leer	1:07:40	1:09:05	1:08:55				3:25:41
1.106	MJ	122	1298	Keno	Groß	97	KGS GroBefehn	1:07:49	1:11:58	1:06:07				3:25:55
1.106	MHK	984	938	Jürgen	Wedeken	58	Team Wilts	1:09:43	1:06:00	1:10:11				3:25:55
1.108	MHK	985	916	Heinz	Prange	61	terre des hommes	1:09:35	1:06:22	1:10:19				3:26:17
1.109	MHK	986	985	Hans	Dreyer	71	Team Wilts	1:06:58	1:03:53	1:15:38				3:26:29
1.110	MHK	987	758	Markus	Herden	77	Schortens	1:12:25	1:06:15	1:07:50				3:26:31
1.111	MHK	988	753	Erich	Pruin	64	VfL Germania Leer	1:11:45	1:06:18	1:08:29				3:26:32
1.112	MHK	989	1035	Kai	Kruse	84	Team Möbel Buss	1:08:30	1:08:33	1:09:38				3:26:41
1.113	MHK	990	984	Schweitzer	Felix	59	Leer	1:15:52	1:05:39	1:05:13				3:26:45
1.114	MHK	991	987	Christian	Lay	88	Team Wilts	1:11:10	1:07:32	1:08:19				3:27:01
1.115	MHK	992	995	Gerold	Huismann	76	obw Emden	1:10:54	1:06:14	1:10:03				3:27:12
1.116	MHK	993	948	Peter	Niens	49	DEKRA	1:10:55	1:06:16	1:10:01				3:27:13
1.117	MHK	994	972	Jens	Hinrichs	69	Stadtwerke Norden	1:09:24	1:07:54	1:09:57				3:27:16
1.118	MHK	995	979	Willi	Tammen	59	Westoverledingen	1:09:40	1:07:13	1:10:32				3:27:26
1.119	MHK	996	890	Manfred	Dirks	61	Stadtwerke Norden	1:09:22	1:08:24	1:09:50				3:27:37
1.120	MHK	997	785	Harald	Bruns	88	Hartmann Group	1:12:05	1:05:51	1:09:47				3:27:44
1.121	MJ	123	871	Yannik	Ihmels	91	HRS Westerholt	1:11:38	1:03:57	1:12:23				3:27:59
1.122	MHK	998	926	Erich	Harmeier-M	60	obw Emden	1:08:50	1:08:50	1:10:23				3:28:04
1.123	MHK	999	1253	Roland	Peters	51	SV Strücklingen	1:11:57	1:07:03	1:09:04				3:28:05
1.124	MHK	1.000	1158	Günther	Siemens	74	BBC Chartering	1:14:42	1:04:43	1:08:49				3:28:14
1.125	MHK	1.001	451	Tole	Krull	58	KBV Langefeld	1:09:24	1:08:26	1:10:48				3:28:38
1.126	MHK	1.002	1011	Johann	Freese	39	LT Schafhauserwald	1:09:24	1:08:27	1:10:50				3:28:43
1.127	MHK	1.003	1009	Bodo	von Preyss	39	Pro Senis	1:09:44	1:09:03	1:10:10				3:28:57
1.128	MHK	1.004	1020	Frank	Niehuisen	70	AOK	1:13:29	1:07:06	1:09:50				3:30:26
1.129	MHK	1.005	1015	Uwe	Rethschulte	70	obw Emden	1:12:43	1:09:03	1:09:15				3:31:01
1.130	MHK	1.006	1358	Detlef	Hermann	48	Flachsmeer	1:10:50	1:09:05	1:11:24				3:31:20
1.131	MHK	1.007	993	Ralf	Siemens	64	Hartmann Group	1:11:02	1:07:14	1:13:04				3:31:21
1.132	MHK	1.008	762	Andreas	Meinen	54	Team Möbel Buss	1:09:39	1:09:39	1:12:48				3:32:06
1.133	MHK	1.009	846	Johann	Bartels	71	Milchlabor Weser Ems e	1:14:25	1:07:20	1:10:24				3:32:10
1.134	MJ	124	1013	Jannik	Schindler	97	VfL Jheringsfehn	1:14:57	1:08:05	1:09:30				3:32:32
1.135	MHK	1.010	821	Uwe	Weber	55	VHS-Laufen	1:14:45	1:08:53	1:09:08				3:32:46
1.136	MHK	1.011	1274	Horst Dieter	Wulf	39	Sparkasse Leer Wittmun	1:12:06	1:09:17	1:11:47				3:33:11
1.137	MHK	1.012	978	Walter	Behrens	37	GroBefehn	1:13:18	1:08:29	1:12:20				3:34:08
1.138	MHK	1.013	891	Hans-Jürge	Peters	49	Polizei	1:15:01	1:08:46	1:11:18				3:35:07
1.139	MHK	1.014	1048	Lemmy	Cüsters	39	TV Norden	1:11:29	1:10:06	1:13:47				3:35:23
1.140	MHK	1.015	784	Christian	Meyering	83	Reederei Buss	1:11:06	1:12:03	1:12:14				3:35:24
1.141	MHK	1.016	893	Nils	Eggert	77	Reederei Buss	1:11:40	1:12:03	1:12:15				3:35:59
1.142	MHK	1.017	962	Johnny	Visser	53	SV Norderney	1:12:21	1:09:42	1:15:07				3:37:11
1.143	MHK	1.018	1260	Stefan	Burlager	84	MTV Ditzum	1:15:08	1:10:38	1:11:41				3:37:29
1.144	MHK	1.019	1111	Günther	Saathoff	46	TSV Hesel	1:11:04	1:10:33	1:15:53				3:37:31
1.144	MJ	125	760	Heiner	Steffens	91	NIGE	1:15:13	1:09:10	1:13:06				3:37:31
1.146	MJ	126	1320	Bastian	Folkerts	93	GroBefehn	1:14:45	1:10:27	1:13:10				3:38:24
1.147	MHK	1.020	957	Wilfried	Gieseler	61	LT TuS Aurich-Ost	1:12:45	1:11:55	1:15:12				3:39:53
1.148	MHK	1.021	1008	Sören	Schmalwas	64	SV Nortmoor	1:14:11	1:11:47	1:13:57				3:39:56
1.149	MHK	1.022	990	Manfred	Diener	49	LG GroBefehn	1:12:02	1:12:43	1:15:21				3:40:07
1.150	MHK	1.023	991	Horst	Moosler	37	VfL Germania Leer	1:16:02	1:12:27	1:12:24				3:40:55
1.151	MHK	1.024	1017	Karl	Davids	50	SuS Berumerfehn	1:12:53	1:13:42	1:14:36				3:41:12
1.152	MHK	1.025	859	Gerahrd	Weinberg	66	Nordland Papier	1:14:52	1:11:40	1:14:46				3:41:19
1.153	MHK	1.026	789	Hans	Tjarks	56	Aurich	1:13:15	1:15:54	1:13:19				3:42:28
1.154	MHK	1.027	1255	Klaas	Niemeyer-S	71	VHS Kurs	1:15:23	1:11:52	1:16:30				3:43:46
1.155	MHK	1.028	996	Volker	Rudolph	54	IGS Aurich-West	1:14:48	1:13:07	1:16:37				3:44:33

28. Ostfriesland Lauf 2009

OSSILOOP - 2009

12. Mai 2009

Zwischenstand nach 3. Etappe

gedruckt 12.05.2009 22:18:56

Männer

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
1.156	MJ	127	1297	Matthias	Reese	90	NIGE	1:16:39	1:10:57	1:17:35				3:45:13
1.157	MHK	1.029	845	Michael	Ringelberg	68	Strackholt	1:16:03	1:14:33	1:15:31				3:46:07
1.158	MHK	1.030	1372	Alexander	Wiebel	59	Aurich	1:15:56	1:13:40	1:17:18				3:46:55
1.159	MHK	1.031	889	Andreas	Arends	66	Aurich	1:14:12	1:15:54	1:16:53				3:47:00
1.160	MHK	1.032	723	Günther	Rühling	44	Wilhelmshaven	1:19:41	1:13:03	1:15:03				3:47:48
1.161	MHK	1.033	992	Martin	Schürmann	60	Poseidon Leer	1:19:21	1:14:29	1:16:55				3:50:45
1.162	MHK	1.034	901	Ingo	Rabenberg	76	Hartmann Group	1:18:04	1:14:27	1:19:17				3:51:48
1.163	MHK	1.035	956	Arnold	Schwegma	62	www.urologie-leer.de	1:18:53	1:14:21	1:23:23				3:56:38
1.164	MHK	1.036	977	Theodor	Niehof	52	Bünting Tee	1:24:26	1:16:08	1:16:37				3:57:11
1.165	MHK	1.037	998	Jens	Saueressig	82	obw Emden	1:24:24	1:12:01	1:25:53				4:02:18
1.166	MHK	1.038	973	Gerrit	Faber	54	Hartmann Group	1:21:18	1:19:52	1:27:16				4:08:27

28. Ostfriesland Lauf 2009

OSSILOOP - 2009

12. Mai 2009

Zwischenstand nach 3. Etappe

gedruckt 12.05.2009 22:18:56

Frauen

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
1	WHK	1	3	Eva	Brinkmann	64	VfL Germania Leer	0:40:11	0:40:57	0:41:40				2:02:49
2	WHK	2	1	Sonja	Hoogestraat	76	LG Harlingerland	0:42:29	0:43:02	0:46:19				2:11:51
3	WHK	3	651	Christina	Günsel	70	Druckerei Meyer, Aurich	0:44:50	0:42:39	0:45:02				2:12:32
4	WHK	4	479	Petra	Romberg	70	MTV Aurich Triathlon	0:45:08	0:45:00	0:45:56				2:16:05
5	WHK	5	9	Frauke	Bronn	89	VfL Germania Leer	0:45:19	0:45:20	0:47:10				2:17:49
6	WHK	6	46	Nicole	Hübscher	77	Plümers Gaststätte	0:47:27	0:45:12	0:46:49				2:19:29
7	WHK	7	5	Susanne	Hellmers	66	TV Norden	0:45:58	0:46:01	0:48:19				2:20:19
8	WHK	8	23	Gunda	Barsuhn	67	EWE Wattloopers	0:47:00	0:46:00	0:48:25				2:21:26
9	WHK	9	11	Astrid	Lübber	71	Team Möbel Buss	0:46:45	0:46:36	0:48:29				2:21:51
10	WHK	10	4	Karin	Graf	69	Watt'n Loopers SV Dorn	0:47:15	0:46:55	0:49:54				2:24:05
11	WHK	11	478	Katharina	Hubert	82	Emder LG	0:47:59	0:47:33	0:49:16				2:24:49
12	WHK	12	483	Mareike	Brahms	81	BBC Chartering	0:47:22	0:48:02	0:50:02				2:25:28
13	WJ	1	21	Janna	Fangmann	90	Aurich	0:48:20	0:47:53	0:49:49				2:26:03
14	WHK	13	7	Heike	Jünke	66	LG Uplengen	0:48:29	0:48:25	0:50:36				2:27:32
15	WHK	14	15	Gesa	Freudenber	82	Ihlowerfehn	0:48:39	0:48:14	0:50:38				2:27:32
16	WHK	15	39	Katrin	Schilz	71	Lauftreff Schafhauser Wz	0:49:47	0:48:13	0:50:10				2:28:11
17	WHK	16	14	Herma	Janßen-Fre	64	LT Schafhauser Wald	0:49:03	0:48:46	0:50:25				2:28:15
18	WHK	17	13	Jannette	Neemann	67	LT TuS Aurich-Ost	0:49:02	0:48:50	0:50:51				2:28:43
19	WHK	18	31	Andrea	Rückbrod	64	Großheide	0:49:28	0:48:35	0:51:32				2:29:36
20	WHK	19	44	Insa	Neumann	83	Briese Schifffahrt	0:50:00	0:48:59	0:50:44				2:29:43
21	WHK	20	33	Ingrid	Folkerts	66	FTC Hollen	0:49:13	0:49:07	0:51:24				2:29:45
22	WHK	21	28	Bettina	Pilney	62	LT SV Ems Jemgum	0:49:31	0:49:16	0:51:12				2:30:00
23	WHK	22	16	Melanie	Meints	76	Polizei Oldenburg	0:48:54	0:50:37	0:50:45				2:30:17
24	WHK	23	41	Silvia	Buscher	75	SV Borussia Leer	0:50:34	0:48:39	0:51:24				2:30:38
25	WHK	24	600	Dagmar	Gumbrecht-	57	Aurich	0:49:55	0:49:43	0:51:57				2:31:36
26	WHK	25	17	Elfriede	Glanzer	61	Wi sünd Holtriem	0:50:21	0:49:23	0:52:36				2:32:21
27	WHK	26	38	Linda	Böhme	82	obw Emden	0:51:11	0:50:15	0:51:58				2:33:25
28	WHK	27	30	Renate	Barkhoff	78	Polizei Oldenburg	0:50:58	0:49:28	0:53:13				2:33:39
29	WJ	2	20	Mareike	Bruhnken	92	LG Harlingerland	0:50:44	0:49:51	0:53:05				2:33:42
30	WHK	28	42	Elisabeth	Heien	58	Tus Esens	0:50:40	0:50:21	0:52:44				2:33:46
31	WHK	29	69	Claudia	Saathoff	70	LT TuS Aurich-Ost	0:50:40	0:50:22	0:53:28				2:34:31
32	WHK	30	465	Iris	Marschall	66	TV Norden	0:50:53	0:50:28	0:53:11				2:34:32
33	WHK	31	24	Nicole	Benkendorf	80	LT TuS Aurich-Ost	0:52:17	0:50:49	0:52:21				2:35:28
34	WHK	32	80	Gitta	Peters	62	Potshausen	0:51:49	0:50:46	0:53:03				2:35:38
35	WHK	33	18	Imke	Brückmann	75	Raiffeisenbank eG Moorr	0:52:04	0:50:54	0:52:56				2:35:54
36	WHK	34	598	Monika	Foorden	68	LG GroBefehn	0:53:17	0:50:36	0:52:43				2:36:36
37	WHK	35	48	Brigitte	Langens	59	Privat	0:52:35	0:50:44	0:53:48				2:37:07
38	WHK	36	47	Ulla	Gralfs	65	Wittmund	0:52:37	0:51:08	0:53:31				2:37:17
39	WHK	37	26	Anja	Goos	72	Emder LG	0:50:55	0:51:11	0:55:17				2:37:24
40	WHK	38	481	Heidrun	Keiser	57	LG Uplengen	0:51:56	0:51:43	0:53:45				2:37:25
41	WJ	3	37	Ilka	Janssen	92	LG Ostfriesland	0:51:42	0:51:11	0:54:33				2:37:27
42	WHK	39	35	Roswitha	Schön	69	Leer	0:52:22	0:52:13	0:53:46				2:38:22
43	WHK	40	72	Janina	Borchert	87	Landjugend Filsum	0:52:58	0:51:22	0:54:24				2:38:45
44	WJ	4	32	Aylin	Schmidt	94	Gymnasium Ulricianum /	0:53:02	0:51:35	0:54:12				2:38:50
45	WHK	41	25	Antke	Watzema	68	Westoverledingen	0:53:13	0:52:32	0:53:07				2:38:52
46	WHK	42	104	Eva	Post	73	TSV Riepe	0:52:48	0:51:59	0:54:08				2:38:57
47	WHK	43	99	Gudrun	Reismann	60	TV Norden	0:52:35	0:52:23	0:54:08				2:39:07
48	WHK	44	91	Miriam	Busch	71	obw Emden	0:52:38	0:52:24	0:54:37				2:39:40
49	WHK	45	63	Karin	Schmidt	60	LT TuS Aurich-Ost	0:51:57	0:52:26	0:55:29				2:39:53
50	WHK	46	190	Anne	Trauernicht	69	GroBefehn	0:53:25	0:52:53	0:54:25				2:40:44
51	WHK	47	49	Imke	Janssen	76	LT TuS Aurich-Ost	0:53:12	0:52:04	0:55:29				2:40:47
52	WHK	48	68	Werena	Broers	79	VfR Eintracht Völlen	0:54:06	0:52:30	0:54:18				2:40:54
53	WHK	49	485	Anke	Schrader	61	Pestalozzischeule Weene	0:53:10	0:52:29	0:55:18				2:40:59
54	WHK	50	70	Claudia	Behnke	74	Schwimmverein Wiesmo	0:53:33	0:53:08	0:54:30				2:41:12
55	WJ	5	594	Saskia	Bakker	92	LG Deichschleicher Ost	0:52:43	0:52:37	0:55:52				2:41:13

28. Ostfriesland Lauf 2009

OSSILOOP - 2009

12. Mai 2009

Zwischenstand nach 3. Etappe

gedruckt 12.05.2009 22:18:56

Frauen

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
56	WHK	51	45	Ina	Weber	85	Studio Larisca	0:54:05	0:52:11	0:54:56				2:41:14
57	WJ	6	184	Lisa	Speckmann	90	mtv aurich	0:54:18	0:52:19	0:54:36				2:41:14
58	WJ	7	74	Anke	Hanssen	91	SC-Wiesens	0:53:00	0:51:13	0:57:02				2:41:16
59	WHK	52	589	Marga	Tuijter	56	Freie Lunge Bentstreek	0:54:01	0:52:21	0:54:57				2:41:20
60	WHK	53	334	Amke	Boelsen	61	Leer	0:53:26	0:53:01	0:54:59				2:41:27
61	WHK	54	98	Michaela	Tammen	77	Borromäus Hospital	0:54:12	0:52:34	0:54:59				2:41:45
62	WHK	55	327	Lena	Speckmann	89	Aurich	0:55:13	0:52:34	0:54:02				2:41:50
63	WHK	56	22	Hilde	Steinke	45	SV Concordia Neermoor	0:50:20	0:53:31	0:58:14				2:42:06
64	WHK	57	567	Trijntje	Falkena	82	Druckerei Meyer, Aurich	0:54:07	0:53:01	0:54:59				2:42:08
65	WHK	58	575	Gaby	Hommers	62	LT SV Ems Jemgum	0:54:07	0:52:21	0:55:59				2:42:27
66	WHK	59	486	Karen	Kurp	71	DPI AG Leer	0:54:19	0:52:13	0:56:11				2:42:43
67	WHK	60	623	Andrea	Ziemann	62	TSV Hesel	0:55:31	0:53:14	0:54:08				2:42:55
68	WHK	61	62	Johanna	Wolken	84	TG Wiesmoor	0:54:01	0:53:36	0:55:19				2:42:56
69	WHK	62	92	Sandra	Lübbers	87	Eden, Jans, Fischer Par	0:54:08	0:53:00	0:56:06				2:43:15
70	WHK	63	71	Kerstin	Schmidt	65	Milchlabor Weser Ems e	0:54:26	0:53:36	0:55:19				2:43:22
71	WHK	64	64	Claudia	Hafen	80	Emden	0:54:29	0:53:26	0:55:34				2:43:31
72	WHK	65	603	Christina	Stoye-Grün	54	Trainingszentrum Emsstr	0:55:12	0:52:52	0:55:39				2:43:44
73	WJ	8	90	Maja	Dirks	93	Fortuna Logabirum	0:53:27	0:53:48	0:56:30				2:43:46
74	WHK	66	60	Hiltrud	Ptthast	72	HC Moormerland	0:53:52	0:53:54	0:56:02				2:43:48
75	WHK	67	59	Brigitte	Diekmann	60	SV Holtland	0:54:35	0:53:34	0:55:56				2:44:05
76	WHK	68	81	Britta	Canenbley	68	Dethmers & Co.	0:54:22	0:53:11	0:57:16				2:44:49
77	WHK	69	296	Andrea	Kurrelvink	72	Hartmann Group	0:55:34	0:53:48	0:55:30				2:44:53
78	WHK	70	61	Adda	Janssen	66	Wallinghausen	0:53:42	0:54:13	0:57:04				2:44:59
79	WHK	71	130	Ilona	Wien	72	Sparkasse Aurich-Nord	0:54:50	0:54:04	0:56:06				2:45:01
80	WHK	72	57	Anke	Huisman	74	Team ENERCON	0:54:14	0:53:09	0:57:41				2:45:06
80	WHK	72	524	Petra	Wist-Hamel	69	VfB Rajen	0:54:23	0:54:40	0:56:02				2:45:06
82	WHK	74	58	Irene	Wagner	66	Emder LG	0:54:09	0:53:35	0:57:26				2:45:11
83	WHK	75	141	Romana	Apostel	71	Pro Senis	0:55:43	0:53:54	0:55:40				2:45:18
84	WHK	76	487	Antje	Meyer	56	LG Uplengen	0:53:46	0:55:00	0:56:32				2:45:19
85	WHK	77	271	Regina	Gerken	65	Fortuna Wirdum	0:54:50	0:53:24	0:57:22				2:45:37
86	WHK	78	52	Engeline	Janssen	64	LG Ostfriesland	0:54:49	0:54:16	0:56:35				2:45:40
87	WJ	9	583	Ines	Patzwald	93	Realschule Esens	0:57:00	0:52:02	0:56:41				2:45:44
88	WHK	79	531	Petra	Müller	64	Realschule Aurich	0:55:02	0:54:41	0:56:15				2:45:58
89	WHK	80	232	Katrin	Grever	76	Papenburg	0:55:35	0:53:55	0:56:37				2:46:09
90	WHK	81	65	Gabi	Sünkel	72	Emder LG	0:53:58	0:55:58	0:56:17				2:46:14
91	WHK	82	67	Sabine	Mansholt	71	VfB Uplengen	0:54:57	0:54:11	0:57:09				2:46:18
92	WHK	83	83	Angelika	Janßen	63	LT Schafhauser Wald	0:55:27	0:53:59	0:57:05				2:46:31
93	WJ	10	507	Anke	Hölscher	93	HTG Ihlow	0:54:53	0:54:44	0:56:54				2:46:32
94	WHK	84	95	Monika	Loers	75	TG Wiesmoor	0:55:11	0:54:01	0:57:26				2:46:38
95	WHK	85	466	Gisela	Fisser	65	TV Norden	0:55:11	0:54:08	0:57:40				2:46:59
96	WHK	86	88	Petra	Boekhoff	67	SV Bentstreek Freie Lun	0:56:37	0:54:14	0:56:07				2:46:59
97	WHK	87	472	Lydia	Schmidt	63	SV Holtland	0:55:41	0:54:03	0:57:17				2:47:02
98	WHK	88	488	Karin	Böke-Aden	59	TuS Eintracht Hinte	0:55:11	0:55:18	0:57:01				2:47:31
99	WHK	89	107	Karen	Löhn	63	Neermoor	0:56:08	0:54:13	0:57:11				2:47:33
100	WHK	90	158	Sabine	Fecht	66	Neukamperfehn	0:55:57	0:54:15	0:57:21				2:47:34
101	WHK	91	604	Anja	Wachtendor	71	Westersander	0:57:57	0:52:59	0:56:46				2:47:43
102	WHK	92	66	Monika	Friesenborg	69	Emder LG	0:54:57	0:55:26	0:57:20				2:47:44
103	WHK	93	317	Meike	Flügge	66	VfL Germania Leer	0:55:22	0:55:47	0:56:43				2:47:54
104	WHK	94	50	Magret	Kloster	56	Fortuna Logabirum	0:54:58	0:55:12	0:57:48				2:47:59
105	WHK	95	619	Karin	Ulferts	70	Aurich-Haxtum	0:56:24	0:54:52	0:56:42				2:48:00
106	WHK	96	471	Nadja	Bondarenko	86	ELV Elektronik AG	0:56:17	0:53:59	0:57:48				2:48:06
107	WHK	97	97	Marion	Geiken	66	LT TuS Aurich-Ost	0:55:56	0:54:24	0:57:52				2:48:12
108	WHK	98	649	Wiebke	Lohmeyer	86	SV Frisia Brinkum	0:57:36	0:53:44	0:56:57				2:48:18
109	WHK	99	124	Rita	Stoyke	69	Elisabethfehn	0:55:24	0:55:38	0:57:24				2:48:26
110	WHK	100	121	Doris	Hüser	64	Moormerland	0:56:57	0:54:33	0:57:00				2:48:30

28. Ostfriesland Lauf 2009

OSSILOOP - 2009

12. Mai 2009

Zwischenstand nach 3. Etappe

gedruckt 12.05.2009 22:18:56

Frauen

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
111	WHK	101	522	Carla	Tapia	80	Team ENERCON	0:56:42	0:54:47	0:57:06				2:48:37
112	WHK	102	230	Anja	Wilken	70	Uplengen	0:56:33	0:55:15	0:57:01				2:48:50
113	WHK	103	77	Karin	Meints	62	LG GroBefehn	0:56:01	0:54:47	0:58:04				2:48:52
114	WHK	104	128	Angela	Schmidt	61	obw Emden	0:56:11	0:56:27	0:56:22				2:49:01
115	WHK	105	137	Frauke	Becker-de B	66	Emden	0:56:52	0:54:51	0:57:25				2:49:09
115	WHK	105	328	Bärbel	Terviel	57	VfB Uplengen	0:56:54	0:54:39	0:57:35				2:49:09
117	WHK	107	82	Gisela	Haida	48	Lauftreff Schafhauser Wz	0:56:27	0:55:19	0:58:06				2:49:52
118	WHK	108	643	Martina	Dreyer	64	TuS Weener	0:56:22	0:55:15	0:58:30				2:50:09
119	WHK	109	76	Adrienne	Downey	83	Team ENERCON	0:55:07	0:54:38	1:00:25				2:50:10
120	WHK	110	204	Herta	de Buhr	60	Neukamperfeh	0:56:48	0:55:25	0:58:20				2:50:34
121	WHK	111	193	Kristina	Pospisil	71	Aurich	0:58:04	0:55:45	0:56:45				2:50:35
122	WHK	112	153	Kerstin	Alexy	71	VfB Uplengen	0:57:05	0:55:35	0:57:54				2:50:35
123	WHK	113	484	Martina	Schomerus-	78	Raiffeisenbank eG, Moor	0:57:05	0:55:46	0:57:52				2:50:44
124	WHK	114	55	Edith	Freudenber	68	Ihlowerfeh	0:56:46	0:55:42	0:58:18				2:50:47
125	WHK	115	131	Marion	Hüls	66	TV Norden	0:57:54	0:55:45	0:57:21				2:51:01
126	WHK	116	108	Sandra	Buß	82	Wasserschutzpolizei Em	0:57:17	0:55:01	0:59:08				2:51:27
127	WHK	117	529	Elke	Fleßner	64	HTG Ihlow	0:56:45	0:56:21	0:58:31				2:51:38
128	WHK	118	29	Anja	de Witte	75	Norden	0:55:57	0:56:02	0:59:46				2:51:46
129	WHK	119	564	Martina	Janssen	64	UEK Aurich	0:57:24	0:56:14	0:58:12				2:51:51
130	WHK	120	93	Sabine	Maciejewski	67	Aurich	0:56:33	0:55:57	0:59:33				2:52:03
131	WHK	121	146	Anja	Gronewold	77	Team AURICHER EIER	0:56:55	0:56:31	0:58:49				2:52:16
132	WHK	122	160	Angelika	Kühl-Giese	67	Emden	0:58:29	0:56:35	0:57:31				2:52:35
133	WJ	11	273	Tamara	König	93	HRS Westerholt	0:58:55	0:55:13	0:58:25				2:52:35
134	WJ	12	577	Rena	Hinrichs	94	KGS GroBefehn	0:58:33	0:56:30	0:57:33				2:52:37
135	WHK	123	78	Frieda	Brinkmann	60	Fortuna Logabirum	0:57:38	0:56:11	0:58:57				2:52:48
136	WHK	124	156	Ulrike	Füllgrabe	51	LT TuS Aurich-Ost	0:57:50	0:56:21	0:58:37				2:52:49
137	WHK	125	183	Linda	Broers	75	Rettungsdienst Leer	0:56:58	0:56:35	0:59:19				2:52:52
138	WHK	126	118	Kerstin	Oltrop	77	Heide-Apotheke Weener	0:57:20	0:56:36	0:59:01				2:52:58
139	WHK	127	126	Uschi	Klimaschka-	57	MTV Aurich	0:57:42	0:56:54	0:58:28				2:53:05
140	WHK	128	530	Marianne	Loeschen	60	Holtrop	0:57:33	0:57:15	0:58:42				2:53:30
141	WHK	129	489	Ria	Nitschke	63	Froschläufer	0:57:00	0:56:47	0:59:43				2:53:32
142	WHK	130	148	Annelene	Eisenhauer	55	LT Schafhauser Wald	0:57:57	0:56:14	0:59:42				2:53:55
143	WHK	131	169	Gunda	Heyen	67	LT TuS Aurich-Ost	0:58:17	0:56:45	0:59:28				2:54:31
144	WJ	13	576	Inga	Fischer	94	KGS GroBefehn	0:58:55	0:56:36	0:59:05				2:54:37
145	WJ	14	105	Deike	de Riese	90	Lauftreff Ihrhove	0:58:46	0:56:20	0:59:47				2:54:54
146	WHK	132	535	Britta	Seeberg	63	Südbrookmerland	0:57:51	0:57:48	0:59:31				2:55:11
147	WHK	133	117	Birgit	Keck	67	LG Ostfriesland	0:58:30	0:57:14	0:59:29				2:55:14
148	WHK	134	103	Mira	Hinrichs	81	LT TuS Aurich-Ost	0:58:40	0:57:00	1:00:09				2:55:50
149	WHK	135	201	Meike	Efkes	77	Bünting Tee	0:58:40	0:57:09	1:00:00				2:55:50
150	WHK	136	528	Elke	Janssen	73	Lauftreff Spaß mit Sport	1:00:27	0:57:01	0:58:23				2:55:53
151	WHK	137	464	Thea Agena	Schoon	62	LG GroBefehn	0:57:52	0:57:20	1:00:42				2:55:55
152	WHK	138	210	Petra	Palma	65	TUS Leerhufe	0:58:24	0:57:31	1:00:03				2:55:59
153	WHK	139	501	Frauke	Aden	71	LG -GroBefehn	0:58:52	0:56:27	1:00:46				2:56:06
153	WHK	139	500	Melanie	Aden	72	LG -GroBefehn	0:58:52	0:56:27	1:00:46				2:56:06
155	WHK	141	599	Imke	Junker	87	Leer	1:02:15	0:55:45	0:58:05				2:56:07
156	WHK	142	165	Marike	Heislitz	83	Roadrunner-Sport.de	0:59:03	0:56:24	1:00:41				2:56:09
157	WHK	143	56	Anja	Janssen	68	SV Stikelkamp	0:59:26	0:56:59	0:59:50				2:56:16
158	WHK	144	129	Marion	Unger	70	LT TuS Aurich-Ost	0:59:52	0:56:37	0:59:49				2:56:19
159	WHK	145	136	Hanna	Ottersberg	73	Team Möbel Buss	0:58:36	0:57:14	1:00:31				2:56:22
160	WHK	146	154	Insa	Schipper	68	Leer	0:57:38	0:57:07	1:01:40				2:56:26
161	WJ	15	135	Tessa	Behrends	90	Ulricianum Aurich	0:58:18	0:56:51	1:01:21				2:56:30
162	WHK	147	255	Ilona	Tuve	68	Milchlabor Weser Ems e	0:59:54	0:57:44	0:58:55				2:56:34
163	WHK	148	168	Gerlind	Mengers	67	TuRa 07 Westrhauderfe	0:58:56	0:57:55	0:59:45				2:56:37
164	WHK	149	532	Cordula	Schmid	75	Realschule Aurich	0:58:16	0:56:55	1:01:34				2:56:46
165	WJ	16	591	Antje	Mühlenbroc	96	Druckerei Meyer, Aurich	1:01:02	0:56:42	0:59:05				2:56:50

28. Ostfriesland Lauf 2009

OSSILOOP - 2009

12. Mai 2009

Zwischenstand nach 3. Etappe

gedruckt 12.05.2009 22:18:56

Frauen

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
166	WHK	150	144	Elke	Osterhagen	76	Holt husen	1:01:38	0:56:48	0:58:48				2:57:14
167	WHK	151	177	Petra	Tammen	75	Briese Schifffahrt	1:00:41	0:57:36	0:59:01				2:57:19
168	WHK	152	490	Edith	Akkermann	53	Concordia Ihrhove	0:58:37	0:57:36	1:01:18				2:57:32
169	WHK	153	132	Edith	Lienemann	63	Kanalratten Ihlow	0:58:25	0:58:37	1:00:32				2:57:35
170	WJ	17	235	Wiebke	Nannen	93	SV WUW	1:00:04	0:56:42	1:00:49				2:57:36
171	WHK	154	331	Anke	Mannel	66	ENOVA Marketing+Ver	1:02:34	0:56:30	0:58:35				2:57:40
172	WHK	155	114	Annika	Wegkamp	83	Nordland Papier	1:00:26	0:57:30	0:59:59				2:57:56
173	WHK	156	286	Ingrid	Meyer	72	AOK Aurich	1:00:29	0:57:01	1:00:40				2:58:11
174	WHK	157	462	Christa	Janßen	43	SV Frisia Brinkum	1:00:21	0:58:03	0:59:47				2:58:12
175	WHK	158	122	Heike	Lüb ben	68	Kanalratten LT Team I	0:59:08	0:58:14	1:00:50				2:58:13
176	WHK	159	234	Theda	Nannen	58	AOK	1:00:27	0:57:02	1:00:47				2:58:17
177	WHK	160	496	Dora	Rabenberg	52	LG TV Bunde	0:59:02	0:58:42	1:00:34				2:58:19
178	WHK	161	182	Britta	Hülshof	69	TuRa 07 Westrhauderfe	0:58:56	0:58:44	1:00:56				2:58:37
179	WHK	162	94	Roswitha	Klaaßen	58	IHK Emden	0:59:16	0:58:17	1:01:10				2:58:44
180	WHK	163	278	Annelie	Bremer-Bus	60	TURA 07 Westrhauder	0:59:07	0:58:42	1:00:56				2:58:45
181	WHK	164	295	Svea	Malinowski	89	Hartmann Group	1:00:28	0:57:11	1:01:06				2:58:46
182	WJ	18	476	Simone	Bramer	96	KGS Grossrfehn	1:04:26	0:57:14	0:57:13				2:58:54
183	WHK	165	166	Heidi	Sollermann	53	TuRa 07 Westrhauderfe	0:59:07	0:58:42	1:01:03				2:58:54
184	WHK	166	415	Birte	Schott	71	Sport Peters Wittmund	0:59:44	0:58:36	1:00:34				2:58:55
185	WHK	167	147	Heidi	Hinrichs	67	KBV Reepsholt	1:00:27	0:57:30	1:00:59				2:58:57
186	WHK	168	171	Venke	Becker	67	LT BSC Burhufe	0:59:30	0:57:39	1:01:54				2:59:04
187	WHK	169	27	Kathrin	Evers	89	KBV Langefeld	1:00:07	0:56:39	1:02:17				2:59:04
188	WHK	170	159	Giesela	Schulz	77	AKTIVA GmbH Wolters &	1:00:43	0:57:33	1:00:51				2:59:07
189	WHK	171	498	Andrea	Wübbenhor	73	LT BSC Burhufe	0:59:47	0:58:33	1:00:49				2:59:11
190	WHK	172	34	Mareke	Janßen	65	KBV Langefeld	0:58:39	0:58:36	1:01:55				2:59:11
191	WHK	173	134	Simone	Daniel	62	Emder Kanu Club	1:00:38	0:57:54	1:00:43				2:59:17
191	WHK	173	252	Elke	Necknig	75	Milchlabor Weser Ems e	1:01:02	0:58:05	1:00:08				2:59:17
193	WHK	175	622	Rita	Bruns	63	TSV Hesel	1:00:01	0:58:26	1:00:55				2:59:23
194	WHK	176	199	Maria	Siepert	56	MTV Wittmund	0:59:44	0:58:43	1:00:59				2:59:27
195	WHK	177	40	Susanne	Jacobs	79	EWE Wattloopers	1:00:00	0:58:20	1:01:10				2:59:31
196	WHK	178	506	Margaretha	Welz	63	Lingen	1:02:14	0:57:55	0:59:34				2:59:43
197	WHK	179	497	Helga	Boden	50	Wi sünd Holtriem	0:59:26	0:59:32	1:00:51				2:59:50
198	WHK	180	140	Christa	Claaßen	60	Sandhorst	0:59:50	0:59:05	1:01:08				3:00:05
199	WHK	181	203	Mareike	Ahlers	85	Leer	0:59:36	0:59:58	1:00:39				3:00:15
200	WJ	19	570	Elena	Buß	97	KGS GroBefehn	1:02:21	0:59:00	0:58:53				3:00:16
201	WHK	182	266	Traute	Hommers	63	LT TuS Aurich-Ost	1:02:21	0:57:48	1:00:07				3:00:17
202	WHK	183	206	Sandra	Mudder	64	LG Ostfriesland	1:00:21	0:58:36	1:01:26				3:00:24
203	WHK	184	101	Sabine	Kula	78	Team Möbel Buss	0:59:10	0:59:29	1:01:53				3:00:33
204	WJ	20	510	Eske	Hilbrands	96	de Heizungsloopers	0:58:30	0:58:41	1:03:20				3:00:33
205	WHK	185	618	Brigitte	Baumann	63	Loppersum	1:00:40	0:58:42	1:01:13				3:00:36
206	WHK	186	533	Birgit	Pruin	67	Leer	1:01:09	0:58:40	1:00:49				3:00:39
207	WHK	187	142	Gunda	Schwegma	61	www.urologie-leer.de	1:01:50	0:57:13	1:01:36				3:00:39
208	WHK	188	617	Hanne	Meyer	59	Ihlow/Simonswolde	0:59:30	0:58:50	1:02:21				3:00:41
209	WJ	21	563	Swea	Eden	91	Westerholt	0:59:35	0:57:50	1:03:17				3:00:42
210	WHK	189	53	Helga	Schmidt	65	EWE-Wattloopers	1:01:16	0:59:14	1:00:12				3:00:43
211	WHK	190	374	Renate	Ukena	55	Emder LG	1:00:46	0:58:10	1:01:59				3:00:55
212	WHK	191	110	Daniela	Förster-Rie	67	EWE Wattloopers	1:00:46	0:58:18	1:01:54				3:00:59
213	WHK	192	113	Silvia	Vosberg	65	Fortuna Logabirum	0:59:33	0:57:52	1:03:36				3:01:01
214	WHK	193	611	Imke	Grüßing	70		0:59:42	0:59:34	1:02:10				3:01:27
215	WHK	194	116	Ute	Struß	86	SV Nortmoor	1:00:39	0:59:18	1:01:51				3:01:50
216	WHK	195	198	Carola	Best	76	Sportschule TAO Aurich	1:02:49	0:58:06	1:00:59				3:01:55
217	WHK	196	157	Tina	Sluiter	84	Emden	1:01:03	0:58:48	1:02:12				3:02:04
218	WHK	197	593	Anke	Mühlenbroc	68	Druckerei Meyer, Aurich	1:00:24	0:59:22	1:02:19				3:02:05
219	WHK	198	608	Gunda	Koch	77	LT Spaß mit Sport	0:59:36	1:01:21	1:01:12				3:02:09
220	WHK	199	127	Elisabeth	Bohlen	61	Victorbur	1:00:43	0:59:51	1:01:35				3:02:10

28. Ostfriesland Lauf 2009

OSSILOOP - 2009

12. Mai 2009

Zwischenstand nach 3. Etappe

gedruckt 12.05.2009 22:18:56

Frauen

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
221	WHK	200	559	Lena	Bonar	88	WfbM-Aurich-Wittmund C	1:02:20	1:00:59	0:59:04				3:02:24
222	WJ	22	450	Ann-Christi	Tjaden	93	Emder LG	0:59:35	0:56:06	1:06:53				3:02:34
223	WHK	201	149	Manuela	Jacobs	61	Emder LG	1:02:03	0:58:55	1:01:53				3:02:51
224	WHK	202	277	Engeline	Robbe	71	MTV Ditzum	1:01:03	0:58:22	1:03:31				3:02:57
225	WHK	203	461	Gertje	Kessler	52	Emder LG	1:02:03	0:58:59	1:01:56				3:03:00
226	WHK	204	310	Ontja	Ebbers	70	Baptisten Firrel	1:02:42	0:58:40	1:01:56				3:03:19
227	WHK	205	202	Traute	Voß	67	Kanalratten Ihlow	1:01:25	1:00:11	1:01:49				3:03:26
228	WJ	23	509	Fenna	Hilbrands	92	de Heizungsloopers	1:00:26	0:59:28	1:03:31				3:03:26
229	WHK	206	309	Rita	Kramer	79	Barßel	1:01:17	0:59:33	1:02:38				3:03:29
230	WHK	207	644	Maren	Saul	87	Leer	1:02:55	0:58:09	1:02:29				3:03:34
231	WHK	208	561	Wilma	Harken-Röß	65	WfbM-Aurich-Wittmund C	1:01:58	0:59:31	1:02:12				3:03:41
232	WHK	209	89	Margret	Budnick	54	TSV Jahn Carolinensiel	1:00:36	0:59:46	1:03:19				3:03:42
233	WHK	210	470	Giesela	Heynen	62	Strücklingen	1:02:22	0:58:39	1:02:43				3:03:45
234	WHK	211	519	Nele	Bakker	70	Emder LG	1:01:06	1:00:15	1:02:26				3:03:48
235	WHK	212	164	Inga	Pleis	81	Polizei Leer	1:01:34	0:59:45	1:02:31				3:03:51
236	WHK	213	139	Ulrike	Schürmann	62	Germania Leer	1:01:08	1:00:36	1:02:33				3:04:18
237	WHK	214	188	Insa	Köster	74	FT Spetzerfehn	1:03:43	1:00:53	0:59:47				3:04:23
238	WHK	215	495	Marta	Hepp	58	Kanalratten	1:01:25	1:00:11	1:02:50				3:04:27
239	WHK	216	102	Melanie	Beutter	75	Polizei Leer	1:02:34	1:00:01	1:01:53				3:04:29
240	WHK	217	362	Janneke	Peters	77	Nortmoor	1:03:03	0:59:50	1:01:36				3:04:31
241	WHK	218	318	Geda	Gruben	49	SV Potshausen	1:01:00	1:00:15	1:03:16				3:04:32
242	WHK	219	572	Sylvia	Cordes	63	Wiesmoor	1:01:17	1:01:00	1:02:15				3:04:33
243	WHK	220	200	Claudia	Brandau	63	Leer	1:00:45	1:00:36	1:03:11				3:04:34
244	WHK	221	192	Sabrina	Veldkamp	81	Pro Senis	1:01:16	1:00:30	1:03:17				3:05:03
245	WHK	222	212	Birgit	Olbrich	57	Leinerstift e.V.	1:01:40	1:00:00	1:03:24				3:05:05
246	WHK	223	253	Else	Pruin	56	Milchlabor Weser Ems e	1:01:08	1:00:34	1:03:24				3:05:07
247	WHK	224	284	Rosemarie	Gerdas	60	Pro Senis	1:01:13	1:00:38	1:03:18				3:05:09
248	WHK	225	285	Sonja	Bruns	64	Pro Senis	1:01:16	1:00:38	1:03:19				3:05:14
249	WHK	226	544	Sylvia	Bülte	71	Leer	1:03:03	0:59:41	1:02:30				3:05:16
250	WJ	24	348	Melanie	Cornelius	90	NIGE	1:02:33	1:00:12	1:02:33				3:05:19
251	WHK	227	527	Tomke	Barfknecht	85	Kurverein Esens7 Bense	1:02:36	1:00:01	1:02:43				3:05:20
252	WHK	228	525	Martina	Klasen	58	Leer	1:00:35	1:02:15	1:02:30				3:05:21
253	WHK	229	290	Silke	Neumann	81	Ostfriesische Volksbank	1:02:52	1:00:38	1:01:58				3:05:29
254	WHK	230	323	Daniela	Schilling	77	RVB Aurich/Uplengen	1:01:31	0:59:13	1:04:49				3:05:34
255	WHK	231	87	Marie	Ubben	58	EDEKA Laufteam	1:03:02	1:00:41	1:01:58				3:05:42
256	WHK	232	540	Britta	Matzk	83	KGS Hage	1:03:17	1:00:49	1:01:45				3:05:51
257	WJ	25	275	Sabine	Meiners	95	HRS Westerholt	1:02:04	0:59:12	1:04:40				3:05:57
258	WJ	26	274	Tasmin	König	95	HRS Westerholt	1:02:04	0:59:12	1:04:40				3:05:57
259	WHK	233	174	Uda	Rieken	67	BV Vorwärts Plaggenbur	1:00:05	1:03:38	1:02:15				3:05:59
260	WHK	234	620	Rena	Warsmann	63	LG OSTFRIESAND	1:01:54	0:59:22	1:04:44				3:06:00
261	WHK	235	175	Ingrid	Kuper	56	Lauffreunde Emsland	1:02:13	1:01:45	1:02:05				3:06:03
262	WHK	236	133	Sonja	Kehmeier	76	Team ENERCON	1:02:59	1:00:31	1:02:46				3:06:17
263	WHK	237	292	Kathrin	de Vries	75	Ruderverein Emden	1:01:03	1:00:37	1:04:49				3:06:29
264	WHK	238	225	Janina	Feldiek	85	GFI Treuhand GmbH	0:58:46	0:55:46	1:12:00				3:06:33
265	WHK	239	189	Martina	Follrichs	75	Eden, Jans, Fischer Par	1:02:15	1:00:51	1:03:30				3:06:36
266	WJ	27	571	Leska	Schmidt	97	KGS GroBefehn	1:04:26	1:01:05	1:01:27				3:06:59
267	WHK	240	111	Gesa	Hagedorn	77	EWE Wattloopers	1:01:48	1:01:07	1:04:05				3:07:01
268	WHK	241	307	Beate	Reiter	66	SV Stikelkamp	1:00:35	1:01:43	1:04:47				3:07:05
269	WHK	242	211	Monika	Rohden	66	Wi sünd Holtriem SV Oct	1:01:57	1:01:26	1:03:50				3:07:14
270	WHK	243	187	Manu	Kappernage	72	Veenhusen	1:01:58	1:01:49	1:03:30				3:07:18
271	WHK	244	389	Regina	Klenzendorf	65	Leer	1:03:04	1:01:39	1:02:36				3:07:20
272	WHK	245	624	Kristin	Leesch	79	OVB	1:02:54	1:02:25	1:02:01				3:07:21
273	WHK	246	109	Angelika	Picksak	63	TSV Riepe	1:02:01	1:01:27	1:03:53				3:07:22
274	WHK	247	219	Michaela	Flessner	69	SV Blomberg	1:02:01	1:01:27	1:03:56				3:07:25
275	WHK	248	178	Theda	Freitag	51	LT TuS Aurich-Ost	1:01:33	1:01:33	1:04:19				3:07:26

28. Ostfriesland Lauf 2009

OSSILOOP - 2009

12. Mai 2009

Zwischenstand nach 3. Etappe

gedruckt 12.05.2009 22:18:56

Frauen

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
276	WHK	249	299	Ina	Erdmann	78	Hartmann Group	1:04:24	1:00:00	1:03:07				3:07:31
277	WJ	28	51	Bianca	Oltmanns	91	IGS Aurich-West	1:04:09	1:00:51	1:02:39				3:07:40
278	WHK	250	223	Susanne	Janßen-Hak	66	SV Nortmoor	1:01:36	1:01:47	1:04:18				3:07:42
279	WHK	251	259	Gaby	Mennen	72	LOOP DOCH SÜLMST	1:04:14	1:00:18	1:03:15				3:07:48
280	WHK	252	539	Katrin	Meinders	67	Stadt Weener	1:00:23	1:00:58	1:06:32				3:07:53
281	WHK	253	265	Anja	Musiol	73	Emder LG	1:03:50	1:01:08	1:02:55				3:07:54
282	WHK	254	311	Agnes	Wilken	70	Baptisten Firrel	1:02:42	1:01:46	1:03:31				3:08:01
283	WHK	255	560	Ingrid	Janssen	68	WfbM-Aurich-Wittmund C	1:04:08	1:01:47	1:02:18				3:08:14
284	WHK	256	173	Andrea	Hinderks	81	VfB Münkeboe	1:01:56	1:00:41	1:05:38				3:08:16
285	WHK	257	347	Birgit	Müller	66	Emder LG	1:03:40	1:00:50	1:03:45				3:08:17
286	WHK	258	163	Andrea	Scheffler	66	LT TuS Aurich-Ost	1:02:28	1:02:04	1:03:44				3:08:18
287	WHK	259	423	Petra	Baumgarten	70	HS-Aurich	1:02:41	1:02:16	1:03:32				3:08:30
288	WHK	260	213	Andrea	Weinstock	80	LT TuS Aurich-Ost	1:02:48	1:01:46	1:04:05				3:08:40
289	WHK	261	508	Ingrid	Hilbrands	59	de Heizungsloopers	1:03:25	1:02:02	1:03:30				3:08:57
290	WJ	29	340	Deike	Hofmann	91	Holthusen	1:01:36	1:01:39	1:05:46				3:09:02
291	WJ	30	641	Kohl	Marie-There	97	TV Norden	1:00:14	0:59:58	1:08:56				3:09:08
292	WHK	262	289	Tomke	Frikke	80	BSV Bingum	1:05:32	1:01:35	1:02:03				3:09:11
293	WHK	263	350	Petra	Conrads	70	Emder LG	1:03:12	1:01:08	1:04:50				3:09:11
294	WHK	264	220	Karin	Buschmeier	71	Leer	1:02:56	1:01:57	1:04:24				3:09:17
295	WHK	265	551	Ingrid	Mennebäck	62	SC 13 Eichen Wiesens	1:04:11	1:01:52	1:03:23				3:09:26
296	WJ	31	552	Saskia	Bohlken	94	HRS Moormerland	1:06:26	1:01:06	1:02:01				3:09:35
297	WHK	266	162	Doris	Rieken	61	LT TuS Aurich-Ost	1:02:28	1:02:15	1:04:53				3:09:36
298	WJ	32	557	Mareike	Hemberger	90	Alexander-von-Humboldt	1:04:15	1:00:34	1:04:49				3:09:39
299	WHK	267	343	Helga	Sluiter	63	Nordgeorgsfehn	1:02:18	1:01:56	1:05:26				3:09:41
300	WHK	268	513	Andrea	Teske-Volk	79	Holtland	1:03:26	1:01:37	1:04:53				3:09:57
301	WHK	269	338	Susan	Schädler	59	Leer	1:02:39	1:02:53	1:04:35				3:10:09
302	WHK	270	294	Sonja	Becker	67	Reederei Buss	1:02:40	1:02:27	1:05:03				3:10:11
303	WHK	271	115	Christina	Swalve	76	DLRG Weener	1:03:54	1:02:07	1:04:10				3:10:12
304	WHK	272	216	Gisela	Mohlmann	69	VfB Uplengen	1:03:24	1:01:44	1:05:04				3:10:13
305	WHK	273	378	Andrea	Sordon	59	Fortuna Logabirum	1:03:32	1:01:44	1:05:06				3:10:23
306	WHK	274	79	Frauke	Tillmann	83	HRS Moormerland	1:06:46	1:01:27	1:02:10				3:10:24
307	WHK	275	176	Ingrid	Kaluza	59	LG Grobefehn	1:03:52	1:01:58	1:04:39				3:10:30
308	WHK	276	375	Andrea	Sonderman	81	KUH'S BEST-Team	1:02:56	1:02:54	1:04:56				3:10:47
309	WHK	277	207	Margret	Schoon	63	TG Wiesmoor	1:03:19	1:01:53	1:05:36				3:10:49
310	WHK	278	368	Sandra	Hoffmann	79	Team ENERCON	1:03:35	1:02:34	1:04:54				3:11:04
311	WHK	279	436	Andrea	Mintken	82	TAO-Schule Aurich	1:04:42	1:02:05	1:04:27				3:11:15
312	WHK	280	650	Gunda	Nippen	77	DRK Leer	1:03:42	1:02:38	1:04:59				3:11:20
313	WJ	33	387	Sarah	Kaletsch	93	Gymnasuim Ulricianum f	1:03:06	1:02:43	1:05:31				3:11:21
314	WHK	281	616	Wilma	Groenhagen	46	Emden	1:03:26	1:03:02	1:04:57				3:11:26
315	WHK	282	152	Dagmar	Schön	64	LT TuS Aurich-Ost	1:09:14	1:00:35	1:01:37				3:11:27
316	WHK	283	422	Katja	Schrage	70	Schrage Conveying Sys	1:05:16	1:01:47	1:04:46				3:11:50
317	WHK	284	264	Anneke	Hinrichs	87	OLB Ostfriesland	1:05:49	1:02:24	1:03:45				3:11:58
318	WHK	285	181	Petra	Helmerichs	69	Fun-Loopers	1:03:59	1:02:08	1:05:56				3:12:04
319	WHK	286	205	Elke	Meiners	50	TuRa 07 Westrhauderfe	1:04:13	1:02:21	1:05:30				3:12:05
320	WHK	287	521	Richada	Theermann	62	Raiffeisenbank eG, Moor	1:04:06	1:02:47	1:05:25				3:12:20
321	WHK	288	208	Maike	Zimmerman	80	VfB Rajen	1:03:21	1:02:46	1:06:19				3:12:28
322	WHK	289	352	Bärbel	Neugebaue	65	TV Norden	1:07:30	1:00:46	1:04:15				3:12:32
323	WHK	290	346	Edda	Buß	53	Pewsumer Ossilooers	1:04:00	1:02:33	1:05:58				3:12:32
324	WHK	291	270	Elke	Dirksen	66	Aurich	1:04:10	1:03:08	1:05:25				3:12:44
325	WJ	34	369	Jennifer	Vonhöne	90	NIGE	1:03:23	1:04:54	1:04:27				3:12:46
326	WHK	292	371	Birgit	Krefter	72	Team Möbel Buss	1:03:52	1:03:23	1:05:47				3:13:03
327	WHK	293	441	Susanne	Brink	69	FC Frisia Völlenerkönigsl	1:05:42	1:02:39	1:05:01				3:13:23
328	WHK	294	268	Tanja	Pauw	86	Hollen	1:04:48	1:03:32	1:05:03				3:13:25
329	WHK	295	267	Anja	Bünting	67	Hollen	1:04:50	1:03:33	1:05:03				3:13:27
330	WHK	296	386	Martina	Plaisier	82	SV Strücklingen	1:06:51	1:03:19	1:03:20				3:13:31

28. Ostfriesland Lauf 2009

OSSILOOP - 2009

12. Mai 2009

Zwischenstand nach 3. Etappe

gedruckt 12.05.2009 22:18:56

Frauen

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
331	WHK	297	191	Birgit	Tergast	75	BSV Bingum	1:06:00	1:05:31	1:02:05				3:13:36
332	WHK	298	214	Theresia	Jansen	71	ELV Elektronik AG	1:04:41	1:03:47	1:05:11				3:13:40
333	WHK	299	297	Sonja	Einhaus	70	Hartmann Group	1:03:37	1:03:55	1:06:10				3:13:43
334	WHK	300	549	Gerda	Möhlmann	65	SC Wiesens	1:04:25	1:03:01	1:06:24				3:13:51
335	WHK	301	269	Karin	Fellensiek	66	BV Plaggenburg	1:04:10	1:03:14	1:06:27				3:13:52
336	WHK	302	339	Helga	Middelborg	52	LT SV Ems Jemgum	1:04:07	1:04:11	1:06:12				3:14:31
337	WHK	303	100	Anja	Hedemann	64	Team Möbel Buss	1:04:38	1:03:03	1:06:56				3:14:38
338	WHK	304	172	Helga	Buss	62	Neukamperfehn	1:05:03	1:03:03	1:07:15				3:15:23
339	WHK	305	505	Almuth	Eden	65	BSC Burhufe	1:02:24	1:03:27	1:09:52				3:15:44
340	WHK	306	536	Karin	Wiese	80	Team ENERCON	1:05:20	1:03:19	1:07:07				3:15:47
341	WJ	35	221	Martina	Abbas	90	TGG Leer	1:06:08	1:03:46	1:06:18				3:16:13
342	WHK	307	322	Christina	Schmitz	84	Milchlabor Weser Ems e	1:04:17	1:03:40	1:08:18				3:16:16
343	WHK	308	452	Käthe	Voß	54	Emder LG	1:02:50	1:03:12	1:10:14				3:16:17
344	WHK	309	474	Alide	Wendeling	57	IHK Emden	1:04:30	1:03:19	1:08:34				3:16:23
345	WHK	310	647	Andrea	Hafner	74	Leer	1:05:48	1:04:16	1:06:32				3:16:37
346	WHK	311	565	Margret	Kahmann	58	Laufgemeinschaft Ostfr	1:03:49	1:05:18	1:07:31				3:16:40
347	WHK	312	546	Gisela	Heddinga	57	LT TuS Aurich-Ost	1:04:11	1:03:54	1:08:41				3:16:48
348	WHK	313	499	Christine	Ehmen	78	Andree Buß Orthopädie	1:07:07	1:03:41	1:05:59				3:16:48
349	WHK	314	180	Angelika	Janßen-Har	59	Stadt Weener gegen Geu	1:04:46	1:04:32	1:07:39				3:16:58
350	WHK	315	410	Gitta	Seifert	67	Lauftreff Middels	1:05:02	1:04:21	1:07:51				3:17:14
351	WHK	316	580	Kerstin	Haskamp	76	TuRa 07 Westrhauderfe	1:05:55	1:04:05	1:07:18				3:17:18
352	WJ	36	420	Annika	Janssen	90	RuB GmbH	1:06:24	1:05:32	1:05:27				3:17:24
353	WHK	317	381	Hanna	Sanwald	62	Fehntjer Lauftreff	1:05:12	1:04:40	1:07:32				3:17:25
354	WHK	318	316	Meta	Samuels	64	Sportschule TAO Aurich	1:07:35	1:04:04	1:05:55				3:17:34
355	WHK	319	493	Regina	Zeiler	57	Südbrookmerland	1:06:38	1:01:51	1:09:05				3:17:35
356	WHK	320	601	Angelika	Schmidt	61	Hesel	1:05:41	1:05:23	1:06:32				3:17:37
357	WHK	321	397	Martina	Bakker	65	Die Vier	1:08:41	1:03:32	1:05:30				3:17:44
358	WHK	322	359	Andrea	Foorden	65	Team ENERCON	1:04:55	1:04:48	1:08:05				3:17:48
359	WHK	323	262	Sigrid	Kok	63	Kok-Reisen	1:08:07	1:03:31	1:06:13				3:17:52
360	WHK	324	467	Herta	Meyer	49	TV Norden	1:05:46	1:04:12	1:07:55				3:17:54
361	WHK	325	468	Christa	Spinneker	48	TV Norden	1:05:46	1:04:12	1:07:56				3:17:55
362	WHK	326	196	Marene	Leßmann	78	Hartmann Group	1:05:54	1:05:09	1:06:57				3:18:02
363	WHK	327	194	Insa	Ideus	66	TSV Holtrop	1:04:23	1:04:50	1:08:56				3:18:09
364	WHK	328	555	Annette	Stanke	58	SC Wiesens	1:05:48	1:04:55	1:07:27				3:18:12
365	WHK	329	613	Henni	Severiens	54	Fortuna Logabirum	1:06:37	1:04:33	1:07:01				3:18:12
366	WHK	330	512	Heike	Baumann	76	Raiffeisenbank eG, Moor	1:05:24	1:03:32	1:09:19				3:18:15
367	WHK	331	179	Heidi	Meyer	70	EWE Wattloopers	1:07:51	1:04:56	1:05:28				3:18:16
368	WHK	332	170	Petra	Engelhardt	76	Team ENERCON	1:05:38	1:05:30	1:07:10				3:18:19
369	WHK	333	341	Hedwig	Steinbömer	58	LT TuS Aurich-Ost	1:05:20	1:04:20	1:08:41				3:18:23
370	WHK	334	494	Silvia	Geiken	71	BV Victorbur	1:05:26	1:05:08	1:08:03				3:18:38
371	WJ	37	229	Lina	Heckhoff	90	Gymnasium Westerste	1:08:20	1:05:11	1:05:10				3:18:42
372	WHK	335	588	Stefanie	Koch	80	EWE Wattloopers	1:07:52	1:05:41	1:05:14				3:18:48
373	WHK	336	215	Jutta	Christoffers	61	TG Wiesmoor	1:08:38	1:04:13	1:06:14				3:19:06
374	WHK	337	586	Hannelore	Immega	53	LG Harlingerland	1:06:44	1:05:01	1:07:21				3:19:07
375	WHK	338	218	Marion	Boé	47	Esens	1:06:45	1:05:01	1:07:21				3:19:09
376	WHK	339	569	Wilma	Haseborg	61	SV Dornum	1:05:41	1:03:46	1:09:42				3:19:10
377	WHK	340	547	Kathrin	Mayr	83	4./ObjSRgt Lw	1:07:05	1:04:33	1:07:34				3:19:13
378	WHK	341	155	Insa	Bock	64	DLRG Esens	1:08:06	1:04:11	1:07:00				3:19:18
379	WHK	342	336	Anke	Fahnster	89	Team Möbel Buss	1:06:14	1:05:13	1:08:17				3:19:45
380	WHK	343	621	Birgit	Lüürsen	68	Weener	1:08:45	1:04:03	1:07:12				3:20:01
381	WHK	344	344	Valentina	Ott	73	LT TuS Aurich-Ost	1:06:44	1:04:07	1:09:14				3:20:06
382	WHK	345	143	Heike	Kleen	77	Team Möbel Buss	1:06:37	1:05:13	1:08:17				3:20:08
383	WHK	346	453	Manuela	Tjaden	64	Emder LG	1:07:14	1:04:32	1:08:34				3:20:21
384	WJ	38	579	Anna	Harms	97	KGS GroBefehn	1:08:19	1:02:59	1:09:03				3:20:22
385	WHK	347	626	Anna	Schröder	89		1:07:30	1:05:35	1:07:22				3:20:28

28. Ostfriesland Lauf 2009

OSSILOOP - 2009

12. Mai 2009

Zwischenstand nach 3. Etappe

gedruckt 12.05.2009 22:18:56

Frauen

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
386	WHK	348	287	Ina	Doden	72	SV-Arle	1:07:24	1:05:08	1:08:27				3:20:59
387	WHK	349	150	Helke	Stürenburg-	61	EWE Wattloopers	1:05:30	1:05:42	1:09:48				3:21:01
388	WHK	350	473	Wilma	Denker	66	Ostfriesische Volksbank	1:06:27	1:05:13	1:09:31				3:21:11
389	WHK	351	276	Elke	Coordes-W	64	Emder LG	1:08:57	1:05:49	1:06:31				3:21:18
390	WHK	352	492	Annemarie	Saathoff	51	TuS Esens	1:06:38	1:06:11	1:08:34				3:21:24
391	WHK	353	491	Elisabeth	Eisenhauer	49	TuS Esens	1:06:38	1:06:11	1:08:34				3:21:24
392	WJ	39	553	Anna-Lena	Ubben	95	HRS Moormerland	1:09:41	1:04:17	1:07:27				3:21:26
393	WHK	354	408	Barbara	Leeling	65	Emder LG	1:09:41	1:03:31	1:08:18				3:21:31
394	WHK	355	197	Danja	Bruns	81	Hartmann Group	1:04:59	1:07:33	1:08:59				3:21:32
395	WHK	356	384	Claudia	Kuper	72	Hartmann Group	1:06:23	1:05:34	1:10:06				3:22:04
396	WHK	357	238	Anja	de Buhr-Har	65	Fun-Loopers	1:07:12	1:05:36	1:09:25				3:22:14
397	WHK	358	233	Johanne	Dieken-Wall	66	LG Ostfriesland	1:08:32	1:06:14	1:07:35				3:22:23
398	WJ	40	85	Nina	Peckmann	93	Gymnasium Ulricianum /	1:05:34	1:04:55	1:12:08				3:22:38
399	WHK	359	258	Jutta	Hardy	65	TG Wiesmoor	1:08:06	1:06:04	1:08:47				3:22:58
400	WHK	360	383	Ilka	Hartmann	71	Hartmann Group	1:08:58	1:06:15	1:07:52				3:23:06
401	WHK	361	195	Claudia	Korpilla	66	Zeitungsgruppe Ostfrie	1:07:38	1:06:52	1:08:52				3:23:23
402	WHK	362	357	Felicitas	John	76	AKTIVA GmbH Wolters &	1:09:15	1:06:30	1:08:16				3:24:01
403	WJ	41	541	Anna	Pleis	93	Blau-Weiß-Filsum	1:02:00	1:09:48	1:12:20				3:24:09
404	WJ	42	652	Inka	Freerks	93	Blau-Weiß-Filsum	1:01:59	1:09:49	1:12:20				3:24:09
405	WHK	363	421	Andrea	Fangmann	83	RuB GmbH	1:09:52	1:06:01	1:08:16				3:24:10
406	WHK	364	627	Jutta	Redenius	61	LGO	1:08:52	1:06:57	1:08:38				3:24:28
407	WHK	365	628	Karin	Gastmann	63	LGO	1:08:52	1:06:58	1:08:38				3:24:30
408	WHK	366	517	Antje	Feige	62	LG -Großefehn	1:08:07	1:05:25	1:11:02				3:24:35
409	WJ	43	437	Marieke	Beier	90	NIGE	1:09:23	1:06:19	1:08:58				3:24:41
410	WHK	367	353	Susanne	Hiltmann	56	LT TuS Aurich-Ost	1:07:12	1:08:34	1:09:14				3:25:01
411	WHK	368	550	Sabine	Göbel	62	Pro-Senis	1:08:50	1:06:28	1:09:48				3:25:07
412	WHK	369	281	Anne	Dirks	62	TG Wiesmoor	1:12:52	1:03:42	1:08:32				3:25:07
413	WHK	370	538	Adele	Fitzner	49	LT TuS Aurich-Ost	1:07:15	1:06:43	1:11:11				3:25:10
414	WHK	371	337	Anne	Honefeld	71	Moormerland	1:09:32	1:06:46	1:09:00				3:25:19
415	WHK	372	261	Bettina	Oberfeuer	74	Leer	1:11:02	1:06:31	1:07:57				3:25:31
416	WHK	373	380	Insa	Kompaan	59	Pro Senis	1:08:47	1:07:05	1:09:42				3:25:35
417	WHK	374	417	Silvia	Hieronimus	79	VHS-Laufen	1:11:02	1:06:32	1:08:01				3:25:36
418	WHK	375	315	Susanne	Tunder	67	Sportschule TAO Aurich	1:07:56	1:07:29	1:10:28				3:25:53
419	WHK	376	355	Ulrike	Richter	59	MTV Wittmund	1:08:58	1:06:40	1:10:16				3:25:55
420	WHK	377	534	Christiane	Dahlweg	80	Heinrich - Middendorf - S	1:07:24	1:08:20	1:10:30				3:26:16
421	WHK	378	370	Heike	Lombeck	68	Team Möbel Buss	1:07:41	1:09:08	1:09:33				3:26:23
422	WHK	379	596	Dorothee	Schäfer-Hor	50	Westoverledingen	1:10:59	1:07:12	1:08:13				3:26:25
423	WJ	44	612	Lisa	Tunder	91	Großefehn	1:14:29	1:05:03	1:07:24				3:26:58
424	WHK	380	537	Marlies	Kromminga	76	Holtland	1:11:06	1:06:48	1:09:09				3:27:05
425	WHK	381	445	Erika	Meyer	70	Bingum	1:09:16	1:08:40	1:09:13				3:27:10
426	WHK	382	379	Britta	Dietzel	67	Emden	1:07:53	1:07:28	1:12:17				3:27:39
427	WHK	383	426	Susanne	Finger	75	Leer	1:09:58	1:07:13	1:10:32				3:27:43
428	WHK	384	279	Inge	Böwe	45	Emder LG	1:08:35	1:08:49	1:10:34				3:27:58
429	WHK	385	438	Heidi	Gau	74	VGH Arends	1:08:25	1:08:11	1:11:36				3:28:13
430	WHK	386	566	Ute	Heuer	61	emder laufgemeinschaft	1:10:19	1:08:26	1:09:34				3:28:20
431	WHK	387	545	Hiltrud	Spekker-Ed	58	LT Spaß mit Sport	1:09:33	1:08:15	1:10:32				3:28:21
432	WHK	388	645	Lilo	Ehler	48	LT Spaß mit Sport	1:09:33	1:08:15	1:10:32				3:28:21
433	WHK	389	407	Haike	Heuer	66	Emder Laufgemeinscha	1:10:19	1:08:26	1:09:36				3:28:22
434	WHK	390	376	Petra	de Wall	72	Team ENERCON	1:08:53	1:06:55	1:12:54				3:28:43
435	WHK	391	388	Dunja	Ottjes	86	RVB Aurich/Uplengen	1:09:53	1:06:40	1:12:15				3:28:49
436	WHK	392	413	Frauke	Giebelhaus	74	Pro Senis	1:09:43	1:08:58	1:10:09				3:28:51
437	WHK	393	240	Jana	Voße	89	Team Beck`s nicht alk	1:09:16	1:06:02	1:13:43				3:29:02
438	WJ	45	86	Fenja	Zeidler	94	Gymnasium Ulricianum /	1:09:34	1:07:29	1:12:17				3:29:21
439	WHK	394	272	Petra	Weerts	70	IHK Emden	1:10:13	1:08:37	1:10:30				3:29:21
440	WHK	395	515	Veronika	Malzahn	50	TC Wittmund	1:10:04	1:07:45	1:11:52				3:29:42

28. Ostfriesland Lauf 2009

OSSILOOP - 2009

12. Mai 2009

Zwischenstand nach 3. Etappe

gedruckt 12.05.2009 22:18:56

Frauen

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
441	WHK	396	358	Helga	Potzler	49	MTV-Wittmund	1:10:05	1:07:45	1:11:52				3:29:43
442	WHK	397	167	Margit	Klinkenborg	52	TV Norden	1:11:05	1:08:13	1:10:25				3:29:44
443	WHK	398	392	Birgit	Weber	58	Heimatblatt	1:10:30	1:09:08	1:10:34				3:30:13
444	WHK	399	393	Martina	Ennen	81	AOK	1:13:29	1:07:06	1:09:49				3:30:25
445	WHK	400	542	Gisela	Lindemann	50	TuRa 07 Westrhauderfe	1:09:50	1:08:23	1:12:12				3:30:26
446	WHK	401	185	Annchen	Post	43	Weener	1:08:30	1:08:15	1:13:43				3:30:29
447	WJ	46	578	Wiebke	Martens	97	KGS GroBefehn	1:13:51	1:05:38	1:11:28				3:30:57
448	WHK	402	516	Tanja	Fischer	81	Reepsholt	1:14:07	1:08:42	1:08:08				3:30:58
449	WHK	403	367	Rita	Höland	50	TuRa 07 Westrhauderfe	1:09:50	1:08:35	1:12:38				3:31:04
450	WHK	404	595	Elke	Petersen	56	Westoverledingen	1:10:59	1:09:09	1:11:25				3:31:34
451	WHK	405	414	Claudia	Freese	67	DPI AG	1:09:21	1:08:08	1:14:20				3:31:50
452	WHK	406	428	Anja	Renken	68	Nortmoor	1:10:56	1:09:50	1:11:09				3:31:57
453	WHK	407	226	Liuba	Bekker	87	GFI Treuhand GmbH	1:23:03	1:03:33	1:05:23				3:32:00
454	WHK	408	120	Karina	Woortmann	78	LP KT	1:10:15	1:09:35	1:12:19				3:32:09
455	WHK	409	411	Insa	Meinen	55	Team Möbel Buss	1:09:39	1:09:39	1:12:51				3:32:10
456	WHK	410	333	Stefanie	Schlegel	78	Rhauserfehn	1:11:12	1:09:50	1:11:09				3:32:12
457	WHK	411	224	Petra	Simon	69	obw Emden	1:12:29	1:06:56	1:13:26				3:32:51
458	WJ	47	609	Helke	Strüfing	95	Gymnasium Ulricianum f	1:13:24	1:07:28	1:12:14				3:33:07
459	WHK	412	312	Anja	Theilken	63	TEAM DEUTSCHE POS	1:12:57	1:07:17	1:13:09				3:33:24
460	WHK	413	151	Käthe	König	36	Emder LG	1:10:46	1:10:04	1:12:48				3:33:39
461	WHK	414	342	Astrid	Nophut	64	TV Friedeburg	1:10:15	1:11:50	1:12:02				3:34:09
462	WJ	48	582	Kerstin	Ballmann	92	Realschule Esens	1:09:47	1:10:14	1:14:12				3:34:14
463	WHK	415	439	Marion	Davids	62	Emder Laufgemeinscha	1:12:24	1:09:03	1:12:57				3:34:25
464	WHK	416	282	Tina	Cramer	88	IHK	1:14:25	1:10:42	1:09:19				3:34:27
465	WHK	417	435	Petra	Freese	69	Emder-LG	1:12:26	1:09:03	1:12:57				3:34:27
466	WHK	418	251	Mathilde	Georgs	64	keinen	1:13:30	1:09:05	1:11:59				3:34:34
467	WJ	49	363	Janna	Antons	90	NIGE	1:10:23	1:10:14	1:14:12				3:34:50
468	WHK	419	514	Karin	Schröder	59	SV GroBefehn	1:15:25	1:09:56	1:10:26				3:35:48
469	WHK	420	648	Petra	Lengsfeld	76	Logabirum	1:12:38	1:10:02	1:13:33				3:36:14
470	WHK	421	394	Insa	Broß-Ansch	72	Fortuna Logabirum	1:12:41	1:10:02	1:13:34				3:36:18
471	WHK	422	412	Edith	Cornelius	82	OLB Ostfriesland	1:14:32	1:10:05	1:11:49				3:36:27
472	WHK	423	406	Sabine	Ulferts	67	Team Wilts	1:13:54	1:11:48	1:10:57				3:36:40
473	WHK	424	372	Greta	Rennings	76	Nordland Papier	1:12:18	1:11:41	1:12:43				3:36:43
474	WHK	425	646	Marita	Broß	78	Moormerland	1:12:39	1:10:02	1:14:04				3:36:46
475	WHK	426	416	Helga	Christians	50	EWE Wattloopers	1:10:13	1:12:18	1:14:30				3:37:02
476	WHK	427	451	Lisai	Groenewold	81	Aurich	1:15:20	1:09:50	1:12:18				3:37:29
477	WHK	428	562	Anna	Penning	87	MTV Ditzum	1:15:09	1:10:39	1:11:41				3:37:29
478	WHK	429	523	Rieke	Frerichs	48	LG GroBefehn	1:13:56	1:11:38	1:11:56				3:37:31
479	WHK	430	431	Kerstin	van Hese	67	Papenburg	1:12:23	1:10:40	1:15:07				3:38:12
480	WHK	431	283	Marieanne	Petersen	54	Moormerland	1:15:51	1:09:41	1:12:47				3:38:20
481	WHK	432	432	Sabine	Kröger	69	SV Nortmoor	1:12:41	1:11:47	1:13:56				3:38:25
482	WHK	433	361	Karin	Petersitzke	59	LT Ihrhove	1:12:33	1:11:06	1:14:53				3:38:34
483	WHK	434	236	Elke	Hedemann	62	Fun-Loopers	1:12:18	1:09:41	1:16:38				3:38:38
484	WHK	435	314	Elke	Hespe	60	Sportschule TAO Aurich	1:12:13	1:12:10	1:14:35				3:38:59
485	WHK	436	556	Anja	Tiefriinger	68	Leer	1:14:11	1:11:49	1:13:54				3:39:54
486	WHK	437	373	Verena	Wegmann	82	Nordland Papier	1:12:58	1:12:16	1:14:47				3:40:02
487	WHK	438	614	Britta	Bartels	74	Brückenfehn	1:14:25	1:11:22	1:14:17				3:40:04
488	WJ	50	610	Sarah	Lüdtke	90	NIGE	1:12:00	1:11:00	1:17:12				3:40:13
489	WJ	51	449	Alke	Eggers	90	NIGE	1:12:02	1:11:01	1:17:13				3:40:17
490	WJ	52	615	Bianca	Ottersberg	91	GroBefehn	1:15:24	1:10:48	1:14:05				3:40:18
491	WHK	439	222	Marion	Kumler	65	Polizei Aurich	1:16:01	1:10:24	1:14:04				3:40:29
492	WHK	440	360	Sigrid	von Goldam	75	TSV Riepe	1:16:01	1:10:24	1:14:04				3:40:31
493	WHK	441	354	Meike	Bohlen	83	AKTIVA GmbH Wolters &	1:13:37	1:11:11	1:15:43				3:40:32
494	WHK	442	475	Barbara	Strüfing	64	Aurich	1:13:52	1:08:14	1:19:02				3:41:09
495	WHK	443	400	Marlis	Willms	60	Zahnarztpraxis Dunkel	1:16:14	1:12:07	1:13:31				3:41:52

28. Ostfriesland Lauf 2009

OSSILOOP - 2009

12. Mai 2009

Zwischenstand nach 3. Etappe

gedruckt 12.05.2009 22:18:56

Frauen

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
496	WHK	444	502	Astrid	Fimmen	75	BBC Chartering	1:15:19	1:10:46	1:15:48				3:41:54
497	WHK	445	548	Marianne	Dreesch	62	Blomberg	1:14:35	1:11:18	1:16:09				3:42:02
498	WJ	53	518	Christiane	Dreesch	90	NIGE	1:14:35	1:11:18	1:16:10				3:42:03
499	WHK	446	433	Karin	Meyer	55	Moormerland	1:14:42	1:14:48	1:13:04				3:42:36
500	WHK	447	606	Helga	Meyer	63	SV Potshausen	1:14:19	1:11:52	1:16:26				3:42:37
501	WHK	448	385	Anke	Pothhoff	75	Hartmann Group	1:15:14	1:13:49	1:14:06				3:43:10
502	WHK	449	434	Hauke-Kata	Welp	78	SV Eintracht Nüttermoor	1:17:40	1:12:09	1:13:37				3:43:26
503	WJ	54	429	Jana	Leuchtman	90	Zahnarztpraxis Dunkel	1:16:14	1:13:42	1:13:31				3:43:29
504	WHK	450	558	Petra	Niemeyer	69	VHS Kurs	1:15:22	1:11:52	1:16:31				3:43:46
505	WHK	451	291	Sonja	Strasser	71	Firrel	1:14:47	1:13:50	1:15:24				3:44:03
506	WHK	452	425	Gaby	Janssen	79	Saterland-Ramsloh	1:15:27	1:14:19	1:14:48				3:44:35
507	WHK	453	320	Petra	Tamling	77	Friesoythe	1:15:28	1:14:19	1:14:47				3:44:36
508	WHK	454	293	Marion	Bokelmann	60	VHS-Laufen	1:15:01	1:11:26	1:18:47				3:45:15
509	WHK	455	469	Susanne	Winkler	48	TV Norden	1:14:02	1:14:26	1:16:46				3:45:15
510	WJ	55	280	Jana	Geuken	94	SV Warsingsfehn	1:14:48	1:13:34	1:17:53				3:46:16
511	WHK	456	409	Esther	Gembruch	60		1:18:36	1:12:16	1:15:30				3:46:22
512	WHK	457	298	Ines	Eberlei	88	Hartmann Group	1:26:17	1:08:27	1:12:21				3:47:07
513	WHK	458	401	Corinna	Schild	64	VHS-Laufen	1:15:54	1:12:37	1:18:46				3:47:19
514	WHK	459	257	Monika	Heyken	65	Weight- watchers	1:16:55	1:13:27	1:17:37				3:48:01
515	WHK	460	263	Tomma	Teyen	55	TuS Weener	1:18:14	1:13:42	1:16:18				3:48:16
516	WHK	461	446	Tanja	de Haan	75	Emder LG	1:15:42	1:14:47	1:18:51				3:49:22
517	WHK	462	520	Elke	Memenga	72	Südbrookmerland 1	1:18:19	1:14:30	1:17:29				3:50:20
518	WHK	463	503	Kathrin	Rosendahl	83	BBC Chartering	1:16:14	1:16:58	1:18:14				3:51:27
519	WHK	464	382	Christel	Werkmeiste	52	VHS-Laufen	1:17:46	1:11:58	1:21:57				3:51:41
520	WHK	465	430	Marei	Dunkel, Dr	52	Zahnarztpraxis Dunkel	1:16:59	1:16:30	1:19:55				3:53:24
521	WHK	466	602	Heide	Löhdefink	46	Leer	1:16:58	1:16:30	1:19:56				3:53:25
522	WHK	467	419	Anke	Garrelts	79	Therapiehuus Tannenhai	1:20:54	1:17:15	1:15:58				3:54:08
523	WHK	468	448	Johanne	Buse	60	Moormerland	1:16:53	1:14:48	1:23:23				3:55:05
524	WHK	469	217	Beate	Müller	65	Team ENERCON	1:19:10	1:16:18	1:20:22				3:55:51
525	WHK	470	605	Hiltrud	Schellenber	69	LG Grobefehn	1:18:43	1:17:15	1:19:54				3:55:53
526	WHK	471	366	Sandra	Kruse	77	Team Möbel Buss	1:19:41	1:17:14	1:19:54				3:56:50
527	WHK	472	321	Hiltrud	Stöhr	60	SC Ihrhove 07	1:19:37	1:17:07	1:21:42				3:58:28
528	WHK	473	247	Gerda	Frey	56	Milchlabor Weser Ems e	1:21:05	1:17:16	1:22:16				4:00:38
529	WHK	474	248	Gisela	Groenhoff	55	Milchlabor Weser Ems e	1:21:05	1:17:22	1:22:16				4:00:43
530	WHK	475	405	Susanne	Dreyer	72	Team Wilts	1:23:18	1:16:06	1:22:49				4:02:14
531	WHK	476	227	Silke	Furch	75	GFI Treuhand GmbH	1:23:03	1:15:53	1:24:14				4:03:10
532	WJ	56	365	Frauke	Janssen	90	NIGE	1:23:53	1:19:09	1:25:38				4:08:40
533	WHK	477	568	Inga	Nanninga	76	Wilts Team	1:23:42	1:17:46	1:27:26				4:08:55
534	WHK	478	335	Petra	Müller	65	Team Wilts	1:23:42	1:21:05	1:27:22				4:12:10
535	WHK	479	447	Margret	Störk-Müller	67	obw Emden	1:30:27	1:31:07	1:31:19				4:32:55
536	WHK	480	256	Christine	Wilhelm	61	Milchlabor Weser Ems e	1:30:41	1:29:09	1:38:03				4:37:55
537	WHK	481	250	Gisela	Lemke	64	Milchlabor Weser Ems e	1:31:39	1:33:12	1:37:38				4:42:30
538	WHK	482	246	Johanne	de Vries	45	Milchlabor Weser Ems e	1:31:40	1:33:12	1:37:38				4:42:31
539	WHK	483	244	Antje	Feldiek	71	Stadt Weener gegen Gev	1:35:00	1:31:13	1:42:10				4:48:25
540	WHK	484	590	Insa	Kruizenga	79	Weener	1:35:02	1:31:37	1:42:12				4:48:52
541	WHK	485	444	Maike	Fremy	55	obw Emden	1:41:08	1:38:12	1:47:35				5:06:56