

27. Ostfriesland Lauf 2008

OSSILOOP - 2008

23. Mai 2008

Endstand nach 6. Etappe

gedruckt 23.05.2008 23:00:26

Männer

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
1	MHK	1	1	Stephan	Immega	84	LG Harlingerland	0:36:58	0:36:37	0:37:41	0:44:40	0:41:38	0:38:51	3:56:28
2	MHK	2	3	Achim	Groenhage	68	LG Harlingerland	0:37:10	0:36:56	0:38:10	0:48:09	0:41:40	0:38:54	4:01:01
3	MHK	3	4	Hermann	Fleißner	74	LG Harlingerland	0:37:24	0:37:27	0:38:42	0:48:12	0:41:39	0:39:17	4:02:43
4	MHK	4	219	Jörn	Schmidt	84	Aurich	0:37:42	0:38:01	0:38:29	0:49:15	0:42:25	0:39:53	4:05:47
5	MHK	5	183	Onno	Ringering	68	lhlower Rennschnecken	0:39:11	0:38:37	0:40:11	0:50:09	0:43:34	0:40:46	4:12:30
6	MHK	6	6	Jens	Dirksen	85	VfL Germania Leer	0:38:48	0:38:13	0:40:12	0:50:09	0:43:40	0:41:44	4:12:47
7	MHK	7	221	Albert	Seegers	82	Lauffreff Burhafe	0:39:31	0:38:41	0:40:27	0:50:21	0:43:28	0:41:17	4:13:46
8	MJ	1	1137	Hauke	Kölller	90	TuS Weener	0:39:25	0:38:43	0:40:48	0:50:24	0:43:29	0:41:33	4:14:25
9	MHK	8	41	Roland	Klaue	71	Biersalon Aurich	0:40:06	0:38:39	0:40:53	0:50:39	0:43:38	0:41:07	4:15:03
10	MHK	9	1136	Wolfgang	Becker	70	TuS Esens	0:40:27	0:39:41	0:40:58	0:50:57	0:44:04	0:41:23	4:17:31
11	MJ	2	7	Martin	Buss	92	LG Harlingerland	0:40:27	0:39:34	0:40:56	0:50:41	0:44:32	0:41:37	4:17:48
12	MHK	10	226	Jann Dirk	Poppen	82	TG Wiesmoor	0:40:24	0:39:36	0:41:18	0:51:14	0:44:03	0:41:46	4:18:23
13	MHK	11	16	Gerd	Emken	62	SC Dunum	0:40:48	0:39:52	0:41:45	0:51:26	0:45:08	0:41:39	4:20:40
14	MHK	12	185	Thomas	Braje	67	LG Harlingerland	0:40:45	0:39:53	0:41:50	0:51:27	0:45:08	0:42:21	4:21:27
15	MHK	13	14	Heinz-Diete	Janssen	71	TSV Riepe	0:41:01	0:40:30	0:42:33	0:52:33	0:45:36	0:41:58	4:24:13
16	MHK	14	10	Stefan	de Jonge	76	TuS Weene	0:41:49	0:40:35	0:42:07	0:51:39	0:45:26	0:42:38	4:24:17
17	MHK	15	216	Wilfried	Busker	75	VfR Eintracht Völlen	0:41:35	0:40:40	0:41:43	0:52:39	0:45:14	0:42:43	4:24:37
18	MHK	16	54	Heiko	Süthoff	87	ELV Elektronik AG	0:41:34	0:40:29	0:42:18	0:52:19	0:45:16	0:43:03	4:25:00
19	MHK	17	34	Marko	Wolf	76	KUH'S BEST-Team	0:41:37	0:40:35	0:42:21	0:52:37	0:45:27	0:42:50	4:25:29
20	MHK	18	1161	Dieter	Weinberg	68	LG Harlingerland	0:41:27	0:41:08	0:42:29	0:52:38	0:45:42	0:42:46	4:26:13
21	MJ	3	21	Ingo	Mudder	91	LG Ostfriesland	0:41:38	0:41:12	0:42:20	0:52:30	0:45:52	0:42:40	4:26:14
22	MHK	19	222	Christoph	Schmeddin	63	TuS Weene	0:41:28	0:41:03	0:42:21	0:52:50	0:45:48	0:43:22	4:26:55
23	MHK	20	17	Wolfgang	Trebesch	57	MTV Aurich	0:41:35	0:40:36	0:42:22	0:53:01	0:45:58	0:43:40	4:27:15
24	MJ	4	454	Jan-Hiebo	Busch	91	SV Warsingsfehn	0:42:21	0:41:07	0:42:17	0:52:39	0:45:49	0:43:24	4:27:39
25	MHK	21	48	Manuel	Mix	74	Team Deutsche Post	0:41:58	0:41:03	0:42:34	0:53:08	0:45:54	0:43:13	4:27:52
26	MHK	22	870	Berthold	Tuitjer	69	Emder LG	0:42:11	0:41:13	0:42:47	0:52:41	0:45:59	0:43:03	4:27:57
27	MHK	23	1060	Borchard	Christians	58	LG Ostfriesland	0:41:22	0:40:38	0:42:21	0:53:01	0:46:51	0:43:44	4:27:59
28	MHK	24	27	Jan	Meyerhoff	67	LG Ostfriesland	0:42:32	0:40:57	0:42:59	0:52:59	0:45:45	0:43:13	4:28:28
29	MHK	25	46	Alfred	Pelka	68	Ramsloh	0:42:24	0:41:16	0:42:30	0:53:03	0:45:50	0:43:59	4:29:04
30	MHK	26	9	Christian	Frerichs	86	LT TuS Aurich-Ost	0:42:30	0:41:00	0:42:59	0:53:43	0:45:55	0:43:01	4:29:10
31	MJ	5	42	Stephan	Voskuhl	91	Gymnasium Rhauferd	0:42:29	0:41:52	0:42:30	0:53:19	0:45:58	0:43:20	4:29:30
32	MHK	27	110	Aike	Garlichs	87	Germania Leer	0:42:25	0:41:26	0:43:05	0:53:39	0:46:21	0:43:01	4:30:00
33	MHK	28	427	Uwe	Hüls	63	TV Norden	0:42:14	0:41:27	0:43:16	0:53:51	0:46:04	0:43:57	4:30:53
34	MHK	29	50	Ralf	Geiken	71	Bundespolizei Bunde	0:42:22	0:41:05	0:43:02	0:53:56	0:46:52	0:43:35	4:30:54
35	MHK	30	30	Till	Wagenknecht	68	Emder LG	0:41:56	0:41:54	0:43:16	0:54:00	0:46:38	0:43:48	4:31:35
36	MHK	31	33	Rainer	Millfahrt	65	KUH'S BEST-Team	0:42:21	0:41:43	0:43:38	0:53:26	0:46:23	0:44:04	4:31:37
37	MHK	32	55	Andreas	Hinrichs	64	KUH'S BEST-Team	0:41:43	0:41:02	0:44:08	0:54:51	0:46:07	0:43:45	4:31:38
38	MHK	33	49	Stefan	Schiller	76	Team Deutsche Post	0:42:59	0:41:23	0:43:25	0:54:02	0:46:23	0:43:27	4:31:40
39	MHK	34	28	Frank	Ulferts	68	Polizeistation Moormerla	0:42:18	0:41:22	0:43:03	0:54:19	0:46:31	0:44:18	4:31:54
40	MHK	35	121	Thomas	Oltmanns	74	Holterfehn	0:43:02	0:41:29	0:43:23	0:54:12	0:46:14	0:43:36	4:31:59
41	MHK	36	35	Frank	Schröder	70	Emder LG	0:43:21	0:42:16	0:43:00	0:53:28	0:46:44	0:43:14	4:32:06
42	MHK	37	31	Josef	Laufenberg	65	LT TuS Aurich-Ost	0:42:29	0:42:08	0:42:59	0:53:27	0:46:46	0:44:25	4:32:16
43	MHK	38	57	Michael	Akkermann	70	SV JU 58	0:42:38	0:41:50	0:43:33	0:53:58	0:46:43	0:43:59	4:32:43
44	MHK	39	815	Horst	Burger	66	Sparkasse LeerWittmun	0:42:43	0:42:34	0:43:16	0:54:03	0:46:41	0:43:41	4:33:01
45	MHK	40	1039	Hermann	Leemhuis	78	Spaß mit Sport	0:43:57	0:42:16	0:43:46	0:53:47	0:45:57	0:43:16	4:33:02
46	MHK	41	813	Andre	Blank	77	Sparkasse LeerWittmun	0:42:45	0:42:19	0:43:38	0:53:58	0:46:45	0:43:51	4:33:19
47	MJ	6	839	Dirk	Hanken	92	Schule Uplengen	0:43:30	0:41:08	0:43:30	0:54:12	0:46:35	0:44:24	4:33:22
48	MHK	42	180	Volker	Trebesch	65	Enercon GmbH	0:43:14	0:42:33	0:43:35	0:54:22	0:46:09	0:43:44	4:33:39
49	MHK	43	414	Christoph	Carls	64	TV Norden	0:43:15	0:41:54	0:43:32	0:54:24	0:46:53	0:44:16	4:34:16
50	MHK	44	187	Holger	Alts	64	VfL Berumbur	0:43:08	0:42:15	0:43:54	0:54:29	0:46:59	0:44:32	4:35:19
51	MJ	7	193	Volker	Dänekas	90	LG Uplengen	0:43:39	0:42:05	0:44:04	0:54:11	0:47:08	0:44:22	4:35:31
52	MJ	8	61	Nils	Christians	93	LG Harlingerland	0:42:58	0:42:10	0:44:07	0:54:58	0:46:53	0:44:28	4:35:37
52	MHK	45	252	Siegmund	Krause	59	Rechtsweg	0:44:03	0:42:13	0:43:41	0:54:29	0:46:52	0:44:15	4:35:37
54	MHK	46	58	Lothar	Geisemyer	59	Bünting	0:42:44	0:42:03	0:43:44	0:55:13	0:47:06	0:44:53	4:35:45
55	MHK	47	43	Frank	Schulze-Ost	78	Barßel	0:43:27	0:43:40	0:45:21	0:53:43	0:46:17	0:43:31	4:36:01

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Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
56	MHK	48	188	Heinz	Taute	72	LG Uplengen	0:43:00	0:42:32	0:44:13	0:54:27	0:46:59	0:45:00	4:36:13
57	MHK	49	80	Robert	Oremek	65	ENERCON GmbH	0:43:24	0:42:45	0:44:05	0:54:26	0:46:58	0:44:44	4:36:25
58	MHK	50	225	Karl-Dieter	Goldsweer	68	TuRa 07 Westrauderfe	0:43:41	0:42:44	0:43:45	0:54:34	0:47:25	0:44:26	4:36:37
59	MHK	51	191	Eden	Manfred	59	TuS Eintracht Hinte	0:42:34	0:41:55	0:44:11	0:55:43	0:47:51	0:44:26	4:36:42
60	MHK	52	59	Fred	Hofmann	63	DLRG Weener	0:42:41	0:41:47	0:43:18	0:54:52	0:47:42	0:46:40	4:37:03
61	MHK	53	23	Fred	Ibeling	66	LG-Ostfriesland	0:41:51	0:41:27	0:42:41	0:53:19	0:49:43	0:48:10	4:37:13
62	MHK	54	197	Karl	Baumann	83	Uplengen	0:43:40	0:42:33	0:43:44	0:55:00	0:47:24	0:45:10	4:37:35
63	MHK	55	241	Jürgen	de Buhr	63	SV Wiesmoor	0:43:51	0:42:43	0:44:05	0:54:44	0:47:42	0:45:00	4:38:07
64	MHK	56	11	Reinhard	Ludwig	59	Auricher Taxenzentrale	0:42:41	0:43:28	0:45:08	0:54:39	0:47:21	0:45:00	4:38:20
65	MHK	57	85	Folker	Bohlen	65	Möbel Buss	0:43:20	0:43:19	0:44:21	0:54:34	0:47:35	0:45:31	4:38:42
66	MJ	9	174	Sven	Cornelius	93	Watt'n Looper SV Dornu	0:43:59	0:43:13	0:44:08	0:55:07	0:47:22	0:44:57	4:38:48
67	MHK	58	53	Ralf	Lottmann	71	EWE-Wattloopers	0:44:21	0:43:02	0:44:35	0:55:13	0:47:31	0:44:07	4:38:52
68	MHK	59	1116	Holger	Aden	71	Aurich	0:43:58	0:43:04	0:44:28	0:55:11	0:47:34	0:44:45	4:39:03
69	MHK	60	70	Johannes	Kisch	66	Fr. Christl. Schule Ostfr	0:44:24	0:43:27	0:44:46	0:54:39	0:47:39	0:44:18	4:39:15
70	MHK	61	232	Dietmar	Meyer	69	BBS 1 Aurich	0:44:25	0:42:52	0:44:12	0:55:33	0:47:32	0:45:21	4:39:57
71	MJ	10	1120	Gerrit	Kuhlmann	90	VfL Jheringsfehn	0:44:15	0:43:43	0:44:33	0:56:18	0:47:15	0:43:53	4:39:59
72	MJ	11	488	Christian	Rückbrod	90	TV Norden	0:43:37	0:41:40	0:44:35	0:54:37	0:49:16	0:48:58	4:42:46
73	MHK	62	63	Clemens	Köster	73	LT TuS Aurich-Ost	0:44:02	0:43:36	0:44:55	0:55:33	0:48:33	0:46:15	4:42:57
74	MJ	12	768	Karsten	de Wall	91	Feuerwehr Timmel	0:46:00	0:43:54	0:44:31	0:56:33	0:48:06	0:44:40	4:43:46
75	MHK	63	92	Andreas	Jacobs	72	Polizei Aurich	0:45:30	0:43:51	0:45:21	0:55:48	0:48:20	0:45:11	4:44:04
76	MHK	64	190	Jörg	Heyen	62	Friedeburg	0:45:13	0:45:25	0:45:20	0:55:41	0:48:24	0:44:06	4:44:12
76	MHK	64	39	Harm	Park	53	TuS Weene	0:44:23	0:43:17	0:46:27	0:56:30	0:48:15	0:45:19	4:44:12
78	MHK	66	37	Tobi	Asche	59	SV Wiesede	0:44:02	0:43:51	0:45:14	0:56:32	0:48:37	0:46:00	4:44:19
79	MHK	67	114	Martin	Wilts	72	Laufgemeinschaft Ostfr	0:44:22	0:44:02	0:45:30	0:56:05	0:48:39	0:46:03	4:44:45
80	MHK	68	233	Michael	Weber	72	SV Poseidon Leer	0:46:27	0:44:29	0:45:26	0:56:19	0:47:39	0:45:14	4:45:37
81	MHK	69	64	Uwe	Rotte	60	LT TuS Aurich-Ost	0:44:42	0:43:52	0:46:05	0:56:54	0:48:19	0:45:44	4:45:38
82	MHK	70	279	Helmut	Ubben	80	ubben-haus Laufteam	0:45:32	0:44:19	0:45:43	0:56:48	0:47:55	0:45:29	4:45:49
83	MHK	71	129	Harald	Meyeraan	64	Hinte	0:44:53	0:44:26	0:45:13	0:56:32	0:49:12	0:45:48	4:46:06
84	MHK	72	208	Michael	de Vries	79	VfR Eintracht Völlen	0:45:45	0:44:14	0:45:27	0:56:29	0:48:34	0:46:01	4:46:33
85	MHK	73	81	Karlheinz	Gronewold	67	FT Spetzerfehn	0:44:36	0:43:52	0:45:06	0:57:11	0:49:02	0:46:48	4:46:37
86	MHK	74	32	Frank	Kuhlmann	75	Störtebeker Loopers TV	0:45:26	0:44:31	0:45:34	0:56:32	0:49:06	0:46:40	4:47:51
87	MJ	13	44	André	Behrends	90	Crocodiles Ihlow	0:44:31	0:43:34	0:46:24	0:56:49	0:50:12	0:46:28	4:48:00
88	MHK	75	263	Michael	Habben	75	TUS Weene e. V.	0:45:17	0:44:11	0:45:47	0:57:06	0:49:18	0:46:22	4:48:02
89	MHK	76	322	Hermann	Hallmann	62	Emder LG	0:45:39	0:44:26	0:45:59	0:57:38	0:49:13	0:45:34	4:48:32
90	MJ	14	163	Eike	Heinen	90	SV Sprint Westoverledi	0:45:21	0:44:25	0:46:07	0:56:43	0:49:18	0:47:16	4:49:12
91	MHK	77	112	Reinhard	de Vries	61	Ost-Victorbur	0:44:30	0:44:18	0:46:41	0:57:14	0:49:35	0:47:05	4:49:25
92	MHK	78	139	Wilfried	Sanders	68	Weener-Stapelmoorerh	0:45:43	0:44:22	0:45:29	0:57:49	0:49:26	0:46:46	4:49:38
93	MJ	15	176	Ralf	Wilken	92	Emder LG	0:46:04	0:44:53	0:46:03	0:57:34	0:49:13	0:45:54	4:49:43
94	MHK	79	239	Thomas	Baxmann	66	Emden	0:45:42	0:44:42	0:45:44	0:57:30	0:49:24	0:46:45	4:49:49
94	MHK	79	706	Fredo	Hayungs	67	LT TuS Aurich-Ost	0:46:08	0:44:58	0:45:52	0:56:49	0:49:26	0:46:33	4:49:49
96	MHK	81	1107	Malte	Visser	85	Germania Leer	0:46:13	0:45:21	0:46:21	0:57:34	0:48:31	0:46:10	4:50:13
97	MJ	16	532	Jann	Eyhusen	90	SV Stern Schwerinsdorf	0:47:26	0:45:10	0:45:57	0:56:33	0:48:57	0:46:16	4:50:21
98	MHK	82	105	Jürren	Geiken	61	OBW Emden	0:45:31	0:44:29	0:46:01	0:57:35	0:49:31	0:47:18	4:50:28
99	MJ	17	358	Hauke	Oltmanns	91	Gymnasium Westerst	0:47:40	0:44:14	0:46:45	0:56:27	0:49:41	0:45:41	4:50:31
100	MHK	83	457	Hans-Jürge	Nitz	70	ohne	0:46:49	0:44:51	0:46:19	0:57:01	0:49:03	0:46:53	4:50:57
101	MHK	84	416	Martin	Poguntke	63	TV Norden	0:45:31	0:45:37	0:46:22	0:57:41	0:48:56	0:46:55	4:51:04
102	MHK	85	22	Albrecht	Buss	57	LG TV Bunde	0:44:54	0:43:44	0:46:19	1:00:06	0:49:15	0:47:02	4:51:22
103	MHK	86	849	Horst	Knorr	62	Team Deutsche Post	0:45:42	0:44:46	0:46:27	0:57:33	0:49:49	0:47:15	4:51:34
104	MHK	87	111	Lukas	Dendzik	82	Backemoor/Holte	0:46:57	0:45:25	0:46:53	0:57:18	0:49:06	0:46:07	4:51:49
105	MHK	88	1010	Marco	Meyer	80	Bunde	0:46:17	0:44:08	0:46:35	0:59:14	0:49:36	0:46:30	4:52:22
106	MHK	89	825	Sönke	Biel	85	Sparkasse LeerWittmun	0:46:28	0:45:08	0:46:31	0:57:44	0:50:01	0:46:30	4:52:25
107	MHK	90	69	Martin	Rausch	65	Fortuna Wirdum	0:43:40	0:44:21	0:46:11	0:56:48	0:49:23	0:52:04	4:52:30
108	MHK	91	51	Folkert	Redenius	57	Concordia Ihrhove	0:45:57	0:46:10	0:46:26	0:56:47	0:50:51	0:46:17	4:52:31
109	MHK	92	192	Richard	Bolte	59	LG Uplengen	0:45:46	0:45:25	0:46:43	0:57:44	0:49:54	0:47:21	4:52:56
110	MHK	93	97	Michael	Ewen	76	Störtebeker Loopers TV	0:46:02	0:45:17	0:46:37	0:57:40	0:49:28	0:48:03	4:53:10

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Männer

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110	MHK	93	158	Christian	Lehmann	85	AKTIVA GmbH Wolters	0:46:16	0:44:32	0:45:40	0:57:05	0:52:01	0:47:33	4:53:10
112	MHK	95	1043	Onno	Fleißner	79	Ihlowerfehn	0:46:19	0:44:45	0:46:20	0:57:26	0:50:14	0:48:09	4:53:16
112	MHK	95	401	Andreas	Rühle, Dr.R	62	Lionsclub Uplengen	0:45:46	0:44:29	0:48:11	0:57:51	0:49:28	0:47:28	4:53:16
114	MHK	97	117	Richard	Saathoff	63	TG-Wiesmoor	0:46:07	0:44:40	0:47:29	0:57:57	0:49:58	0:47:11	4:53:24
115	MHK	98	471	Tönjes	Meyer	58	TSV Hesel	0:46:07	0:45:13	0:46:19	0:58:21	0:50:03	0:47:26	4:53:32
116	MHK	99	473	Kurt-Ingo	Dorin	73	Sparkasse Aurich-Nord	0:46:54	0:45:31	0:46:53	0:57:55	0:50:08	0:46:53	4:54:16
117	MJ	18	93	Martin	Meints	91	SV Ochtersum	0:45:59	0:45:48	0:46:15	0:58:39	0:50:35	0:47:06	4:54:24
118	MHK	100	67	Conrad	Büürma	72	TuS Ditzumer-Verlaat	0:45:39	0:45:05	0:48:00	0:58:45	0:50:13	0:46:56	4:54:40
119	MHK	101	106	Trauernicht	Jann	61	Wasserschutzpolizei Em	0:46:39	0:46:02	0:46:58	0:58:40	0:50:30	0:46:20	4:55:11
120	MHK	102	1108	Christian	Meyer	88	Uplengen	0:47:33	0:44:28	0:46:33	0:58:30	0:50:38	0:47:44	4:55:30
121	MHK	103	113	Bernd	Recknagel	67	SG Egels-Popens	0:46:43	0:45:40	0:47:44	0:57:40	0:50:20	0:47:38	4:55:48
122	MHK	104	148	Etienne	Großer	75	ohne	0:47:16	0:45:53	0:46:24	0:58:21	0:50:47	0:47:04	4:55:49
123	MHK	105	296	Edgar	Aggen	66	Feuerwehr Lammertsfel	0:46:57	0:45:43	0:47:33	0:58:23	0:50:00	0:47:48	4:56:27
124	MHK	106	87	Wilhelm	Wilbers	62	SV Ochtersum	0:46:31	0:45:45	0:47:10	0:58:24	0:50:47	0:47:48	4:56:28
125	MHK	107	96	Johann	Aden	69	Möbel Buss	0:46:22	0:45:37	0:47:01	0:59:06	0:50:49	0:47:50	4:56:47
126	MHK	108	244	Oltmann	Ulferts	64	SPAR Brinkum	0:46:21	0:47:05	0:46:33	0:59:22	0:50:07	0:47:21	4:56:51
127	MHK	109	238	Gerold	Oltmanns	56	SC Wiesens	0:46:04	0:46:23	0:47:13	0:58:21	0:51:37	0:47:57	4:57:37
128	MHK	110	195	Andreas	Janßen	67	SV Stikelkamp	0:45:18	0:45:13	0:48:22	0:59:20	0:51:19	0:48:13	4:57:47
129	MHK	111	104	Reiner	de Riese	59	Concordia Ihrhove	0:46:34	0:45:53	0:47:38	0:58:41	0:51:03	0:48:14	4:58:05
130	MHK	112	986	Gerrit	Schuurmann	87	SV Dornum	0:47:37	0:46:48	0:47:19	0:58:14	0:50:40	0:47:33	4:58:13
131	MHK	113	355	Jens	Konopka	72	Wiesmoor	0:48:20	0:45:45	0:47:34	0:58:10	0:50:17	0:48:13	4:58:21
132	MHK	114	123	Harald	de Buhr	62	Polizeiinspektion Leer/Er	0:45:46	0:45:29	0:47:56	0:59:39	0:50:39	0:49:00	4:58:33
133	MHK	115	175	Gerold	Wilken	67	Emder LG	0:46:03	0:45:35	0:47:21	0:59:40	0:51:41	0:48:21	4:58:43
134	MHK	116	361	Oliver	de Vries	87	SV Harsweg	0:47:07	0:46:21	0:47:52	1:00:06	0:49:53	0:47:28	4:58:49
135	MJ	19	125	Marcel	Bruns	90	SV Ochtersum	0:47:51	0:45:47	0:47:02	0:59:04	0:52:00	0:47:11	4:58:57
136	MHK	117	1084	Anton	zu Knyphau	62	Nüttermoor	0:46:49	0:46:00	0:47:01	1:01:21	0:49:51	0:47:54	4:58:59
137	MHK	118	699	Jens	Backhaus	88	NIGE	0:48:23	0:45:56	0:49:02	0:58:29	0:51:10	0:46:42	4:59:44
137	MHK	118	1094	Klaus	Beck	56	Emden	0:47:18	0:46:03	0:47:36	0:59:42	0:50:47	0:48:16	4:59:44
139	MHK	120	820	Gerd	Puse	63	Sparkasse LeerWittmun	0:47:00	0:45:33	0:47:31	0:59:01	0:51:33	0:49:23	5:00:03
140	MHK	121	100	Edgar	Backer	65	LG Ostfriesland	0:48:00	0:46:21	0:47:29	0:59:34	0:50:20	0:48:25	5:00:11
141	MJ	20	200	Jan	Weinberg	95	Ig-harlingerland	0:46:28	0:45:26	0:48:23	1:00:47	0:51:38	0:47:52	5:00:38
142	MHK	122	47	Axel	Hesse	69	Team Deutsche Post	0:47:52	0:46:18	0:46:56	1:00:30	0:51:35	0:47:26	5:00:41
143	MHK	123	154	Frank	Schut	69	Vffl Berumbur	0:46:55	0:46:36	0:48:19	0:59:24	0:51:12	0:48:30	5:00:56
144	MHK	124	234	Thomas	Sanders	75	WFC Bingum	0:47:23	0:45:32	0:48:10	0:59:29	0:51:36	0:48:57	5:01:09
145	MHK	125	143	Holger	Kleene	71	OBW Emden	0:48:00	0:46:42	0:48:16	0:59:36	0:50:46	0:47:55	5:01:17
146	MHK	126	719	Erwin	Fleißner	68	TuS Holtriem	0:48:51	0:46:25	0:48:00	0:59:23	0:50:52	0:47:49	5:01:22
147	MHK	127	854	Onno	Baumann	68	Leinerstift e. V.	0:46:55	0:46:25	0:48:10	0:59:18	0:52:24	0:48:09	5:01:23
148	MHK	128	1040	Helmut	Ludwig	58	LG Ostfriesland	0:46:52	0:45:34	0:48:36	0:59:55	0:51:28	0:49:00	5:01:27
149	MHK	129	149	Fidi	Gerdes	67	LG Ostfriesland	0:47:49	0:46:54	0:48:08	0:59:03	0:51:34	0:48:00	5:01:30
150	MHK	130	95	Bart	Beute	75	ELV Elektronik AG	0:47:04	0:49:19	0:47:54	0:58:23	0:50:18	0:48:34	5:01:34
151	MHK	131	76	Ingo	Beening	70	SV Stikelkamp	0:48:49	0:46:41	0:47:41	0:59:07	0:51:06	0:48:23	5:01:50
152	MHK	132	150	Thomas	Determann	69	LT TuS Aurich-Ost	0:46:37	0:47:40	0:48:40	0:59:44	0:50:52	0:48:28	5:02:04
153	MHK	133	472	Ingo	Haake	69	TaeBo Nord e.V. Moord	0:47:54	0:46:07	0:48:03	0:59:32	0:51:43	0:49:12	5:02:32
154	MHK	134	394	Rolf	Kirschke	65	Enercon GmbH	0:47:53	0:46:29	0:47:46	0:59:09	0:51:52	0:49:22	5:02:33
155	MHK	135	178	Uwe	Geuken	65	Veenhusen	0:48:25	0:46:31	0:48:14	1:00:00	0:52:13	0:47:20	5:02:46
156	MHK	136	785	Thomas	Alberts	81	Stadtwerke Emden	0:47:34	0:46:25	0:48:14	0:58:54	0:52:49	0:48:59	5:02:58
157	MHK	137	1079	Wilfried	Menken	76	Westerende Kirchloog	0:49:04	0:47:41	0:48:36	0:59:21	0:50:30	0:47:51	5:03:05
158	MHK	138	229	Richard	Hartema	68	MTV Ditzum	0:47:39	0:47:32	0:48:28	0:59:50	0:51:09	0:48:46	5:03:26
159	MHK	139	12	Wilko	Willms	73	LG Harlingerland	0:40:32	0:58:26	0:50:06	0:54:59	0:51:39	0:47:56	5:03:41
160	MHK	140	478	Richard	Gastmann	61	Filsum	0:48:30	0:47:29	0:48:35	1:00:25	0:51:08	0:48:04	5:04:13
161	MHK	141	255	Fredy	Hedemann	62	Möbel Buss	0:48:26	0:46:58	0:48:33	1:00:14	0:51:37	0:48:23	5:04:14
162	MHK	142	126	Holger	Aderhold	70	Wi sünd Holtriem	0:47:52	0:47:33	0:48:55	1:00:05	0:52:08	0:48:29	5:05:04
163	MHK	143	1101	Joachim	Nordbrock	72	Moormerland	0:49:05	0:47:24	0:48:25	0:59:59	0:51:37	0:48:46	5:05:19
164	MHK	144	544	Michael	Janowski	66	Eintracht Ihlow	0:48:06	0:46:32	0:48:36	1:00:19	0:52:12	0:49:46	5:05:34
165	MJ	21	382	Steffen	Schwitters	93	KBV Langelde	0:55:59	0:50:26	0:46:23	0:56:34	0:49:18	0:47:03	5:05:43

27. Ostfriesland Lauf 2008

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23. Mai 2008

Endstand nach 6. Etappe

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Männer

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
166	MHK	145	156	Matthias	Beekmann	71	Raiffeisenbank Flachsme	0:47:42	0:47:27	0:49:02	1:00:55	0:52:32	0:48:56	5:06:36
167	MHK	146	245	Holger	Boekhoff-U	75	Kaufhaus Wreesmann	0:50:13	0:47:29	0:48:45	0:59:32	0:52:20	0:48:22	5:06:44
168	MHK	147	481	Meinhard	Harms	50	TSV Riepe	0:48:19	0:46:50	0:48:45	1:00:51	0:52:39	0:49:26	5:06:51
169	MHK	148	486	Claus	Dirksen	56	LG Ostfriesland	0:46:47	0:47:10	0:50:11	1:00:50	0:52:41	0:49:14	5:06:54
170	MHK	149	247	Jann	Schoolman	78	BBS 1 Aurich	0:49:33	0:47:36	0:48:41	1:01:14	0:51:54	0:48:16	5:07:16
171	MHK	150	470	Rolf	Birkoben	52	TSV Riepe	0:49:08	0:47:04	0:49:00	1:00:52	0:52:18	0:49:03	5:07:27
172	MHK	151	760	Frank	Neemann	87	Westoverledingen	0:50:45	0:47:39	0:48:22	1:00:01	0:51:26	0:49:32	5:07:48
173	MHK	152	1088	Thomas	Plesse	66	Warsingsfehn	0:48:43	0:47:54	0:48:44	1:00:46	0:52:18	0:49:23	5:07:51
174	MJ	22	331	Jan	Kau	89	NIGE	0:47:05	0:45:54	0:49:04	0:59:42	0:55:34	0:50:55	5:08:15
175	MHK	153	107	Friedhelm	Baumann	60	TSV Hesel	0:48:18	0:47:41	0:49:37	0:59:54	0:52:48	0:49:58	5:08:17
176	MHK	154	124	Jörg-Hendri	Eilers	57	Moormerland	0:47:36	0:47:49	0:49:43	1:01:08	0:52:27	0:49:43	5:08:30
177	MHK	155	489	Siegfried	Sweers	55	Emder LG	0:49:00	0:47:19	0:49:35	1:00:37	0:52:28	0:49:31	5:08:32
178	MJ	23	952	André	Hölscher	93	H. T.-Gesamtschule Ihl	0:49:29	0:48:45	0:48:54	1:00:54	0:51:05	0:49:34	5:08:44
179	MHK	156	459	Ulrich	Wieggers	50	TuS Eintracht Hinte	0:47:14	0:46:15	0:49:30	1:00:42	0:53:50	0:51:15	5:08:47
180	MHK	157	135	Karl-Heinz	Hartmann	60	Störtebeker Loopers TV	0:47:25	0:46:35	0:50:42	1:01:42	0:53:02	0:49:40	5:09:08
181	MHK	158	202	Uwe	Manssen	70	Westerende-Kirchloog	0:49:19	0:48:19	0:49:38	1:00:51	0:52:21	0:48:51	5:09:22
182	MHK	159	270	Roland	von Kentzi	48	TG Wiesmoor	0:48:31	0:47:37	0:49:49	1:00:33	0:52:56	0:50:02	5:09:29
183	MHK	160	254	Uwe	Ottjes	66	Möbel Buss	0:49:44	0:47:33	0:50:06	1:00:44	0:53:08	0:48:24	5:09:41
184	MHK	161	198	Helmut	Schoone	56	LG Uplengen	0:47:59	0:46:59	0:49:49	1:01:46	0:53:11	0:49:57	5:09:44
185	MHK	162	84	Dietrich	Kleen	72	EWE -Wattloopers	0:48:51	0:49:24	0:49:38	1:00:35	0:52:03	0:49:23	5:09:55
186	MHK	163	189	Frank	Janssen	85	free herut Ardorf	0:48:20	0:48:03	0:49:40	1:00:54	0:52:52	0:50:05	5:09:56
187	MHK	164	258	Gerrit	Müller	61	Möbel Buss	0:49:51	0:47:16	0:49:10	1:00:43	0:52:50	0:50:18	5:10:10
188	MHK	165	179	Gerold	Janssen	66	Wallinghausen	0:47:54	0:47:49	0:50:08	1:01:37	0:53:08	0:49:37	5:10:16
189	MHK	166	1041	Wilhelm	Kruse	66	Bundespolizei Bunde	0:48:32	0:47:34	0:49:16	1:01:04	0:53:36	0:50:12	5:10:17
190	MHK	167	101	Erwin	Janssen	68	SV Blomberg/Neuschoo	0:48:50	0:48:20	0:49:36	1:01:13	0:53:05	0:49:28	5:10:34
191	MHK	168	269	Friedrich	Temme	68	Pewsumer Ossilooper	0:48:09	0:47:39	0:49:15	1:01:15	0:54:28	0:50:00	5:10:48
191	MHK	168	330	Siegfried	Weber	62	Möbel Buss	0:47:58	0:47:29	0:48:49	1:00:52	0:53:54	0:51:43	5:10:48
193	MHK	170	287	Friedhelm	Pristat	72	KUH'S BEST-Team	0:48:13	0:48:07	0:49:25	1:01:56	0:53:28	0:49:44	5:10:55
194	MHK	171	1147	Jens	Fecht	68	Team Möbelhaus de Gr	0:49:34	0:48:13	0:50:24	1:01:10	0:53:08	0:48:39	5:11:10
195	MJ	24	832	Jan	Moellmann	92	SV Holtland	0:49:32	0:49:33	0:49:39	1:01:36	0:51:17	0:49:42	5:11:20
196	MHK	172	509	Heini	Martens	63	Stedesdorf	0:49:36	0:48:55	0:49:41	1:01:20	0:52:40	0:49:27	5:11:41
197	MHK	173	118	Gerriet-Tho	Janßen	70	Tannenhausen	0:49:12	0:48:05	0:49:55	1:00:34	0:53:48	0:50:19	5:11:55
198	MHK	174	173	Heinz	Schultz	49	VfR Heisfelde	0:48:05	0:48:38	0:50:01	1:01:33	0:53:13	0:50:25	5:11:57
199	MHK	175	142	Klaus-Diete	Mertins	56	OBW Emden	0:48:34	0:48:34	0:49:59	1:02:02	0:52:58	0:49:54	5:12:03
200	MHK	176	303	Michael	Ahrendt	70	Watt'n Looper SV Dornu	0:48:19	0:48:10	0:49:53	1:03:07	0:52:51	0:49:41	5:12:04
201	MHK	177	484	Hilmar	Garrelts	72	KBV Reepsholt	0:50:52	0:48:39	0:49:58	1:02:03	0:52:05	0:48:29	5:12:07
202	MHK	178	819	Richard	Schwitters	50	Sparkasse LeerWittmun	0:48:57	0:48:28	0:50:00	1:01:42	0:53:08	0:50:07	5:12:24
203	MJ	25	0	Justus	Bornemann	95	TUS Weener	0:48:39	0:45:23	0:48:25	1:00:47	0:52:16	0:56:53	5:12:25
204	MJ	26	1131	Markus	Lübbers	92	TuS Weener	0:48:37	0:48:13	0:50:59	1:01:01	0:54:02	0:49:35	5:12:30
205	MHK	179	759	Ewald	Meyer	60	VW Emden	0:48:11	0:48:01	0:50:00	1:02:25	0:53:42	0:50:09	5:12:31
206	MHK	180	66	Johann	Keiser	62	TSV Hesel	0:48:44	0:47:51	0:50:29	1:01:52	0:53:17	0:50:21	5:12:37
207	MHK	181	231	Sönke	Bünting	88	LT TuS Aurich-Ost	0:47:24	0:48:01	0:48:54	0:58:42	0:57:11	0:52:34	5:12:49
208	MHK	182	855	Heiner	Janssen	81	ohne	0:48:53	0:48:53	0:51:49	1:00:59	0:52:35	0:49:42	5:12:52
209	MHK	183	265	Michael	Schulz	62	Enercon GmbH	0:49:33	0:47:36	0:49:51	1:01:27	0:53:42	0:50:47	5:12:59
210	MHK	184	409	Anton	Apetz	43	TV Norden	0:48:52	0:47:33	0:49:43	1:01:56	0:54:21	0:50:40	5:13:07
211	MHK	185	159	Manfred	Kramer	62	LG Werder-Ossis	0:48:21	0:49:07	0:49:41	1:01:52	0:53:46	0:50:33	5:13:21
212	MHK	186	272	Timo	Friedrichs	72	ELV Elektronik AG	0:48:50	0:49:05	0:51:02	1:00:20	0:54:04	0:50:01	5:13:24
213	MHK	187	474	Garrelt	Tunder	55	SC Wiesens	0:49:17	0:47:34	0:49:45	1:03:30	0:53:20	0:49:59	5:13:29
214	MHK	188	230	Eric	Bootjer	66	RVB Uplengen	0:49:27	0:48:38	0:50:29	1:01:35	0:52:42	0:50:38	5:13:31
215	MJ	27	950	Rewert	Janssen	90	H. T.-Gesamtschule Ihl	0:50:44	0:49:05	0:50:24	1:01:13	0:52:20	0:49:45	5:13:33
215	MHK	189	469	Stefan	Müller	61	NLWKN Leysiel	0:48:52	0:48:13	0:50:04	1:02:30	0:53:11	0:50:41	5:13:33
217	MHK	190	462	Manuel	Meyer	84	Sparkasse Aurich-Nord	0:50:14	0:49:19	0:49:31	1:01:22	0:53:13	0:50:11	5:13:53
218	MHK	191	494	Peter	Ferdinand	70	RVB Uplengen	0:50:05	0:48:09	0:49:37	1:01:48	0:53:33	0:50:46	5:14:01
219	MJ	28	1038	Maximilian	Corsten	94	Gymnasium Ulricianum /	0:51:20	0:49:06	0:50:18	1:00:23	0:52:27	0:50:34	5:14:10
220	MHK	192	228	Arne	Beitelmann	87	Druckerei Meyer , Auric	0:50:30	0:49:23	0:49:26	1:02:26	0:52:50	0:49:37	5:14:14

27. Ostfriesland Lauf 2008

OSSILOOP - 2008

23. Mai 2008

Endstand nach 6. Etappe

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Männer

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
221	MHK	193	166	Helmut	Meyerhoff	62	LG Ostfriesland	0:48:49	0:48:16	0:49:53	1:01:59	0:53:58	0:51:18	5:14:16
222	MHK	194	345	Dieter	Henkel	70	Pfalzdorf	0:50:01	0:48:57	0:49:39	1:02:03	0:53:48	0:49:48	5:14:19
223	MHK	195	292	Gerd	Romaneefß	63	Postbankcenter Aurich	0:51:11	0:47:40	0:49:56	1:01:41	0:53:35	0:50:19	5:14:25
224	MHK	196	415	Kartsten	Hilger	68	TV Norden	0:50:29	0:49:04	0:50:01	1:01:30	0:53:16	0:50:15	5:14:37
225	MHK	197	237	Gordon	Krull	70	MTV Tria Aurich	0:49:45	0:48:26	0:50:23	1:01:38	0:53:36	0:51:00	5:14:50
226	MHK	198	280	Matthias	Adick	62	Auricher Taxenzentrale	0:49:42	0:48:12	0:50:43	1:01:33	0:53:56	0:51:06	5:15:15
226	MHK	198	455	Simon	Sühwold	71	Leer	0:49:27	0:48:48	0:50:39	1:02:14	0:53:22	0:50:42	5:15:15
228	MHK	200	248	Gerold	Meinen	63	BSC Burhufe	0:48:40	0:48:29	0:50:07	1:02:18	0:53:33	0:52:15	5:15:23
229	MHK	201	569	Theo	Ulrichs	50	Ogenbargen	0:49:15	0:48:44	0:50:49	1:02:06	0:53:59	0:50:37	5:15:33
230	MHK	202	171	Johann	Lammers	63	SV Holtland	0:50:18	0:48:31	0:50:30	1:01:51	0:53:52	0:50:30	5:15:34
231	MHK	203	1017	Lutz	Günsel	69	Druckerei Meyer, Aurich	0:49:58	0:49:07	0:50:27	1:02:19	0:53:24	0:50:26	5:15:43
232	MHK	204	360	Dieter	Schliep	72	Holterfehn	0:51:49	0:49:55	0:50:49	1:01:05	0:52:26	0:49:44	5:15:50
233	MHK	205	119	Peter	Scholle	66	Enercon GmbH	0:49:18	0:49:44	0:49:43	1:02:53	0:53:30	0:50:56	5:16:06
234	MHK	206	145	Dieter	Saathoff	60	TG Wiesmoor	0:49:28	0:48:38	0:50:38	1:02:22	0:53:52	0:51:12	5:16:12
235	MHK	207	1061	Stefan	Stomberg	68	Crocodiles Ihlow	0:52:37	0:50:27	0:49:49	1:00:35	0:52:58	0:49:51	5:16:18
236	MHK	208	618	Alwin	Janssen	70	Peiers	0:50:57	0:49:17	0:50:08	1:02:06	0:53:05	0:50:46	5:16:22
237	MHK	209	284	Jürgen	Süßen	65	A8 Life	0:49:37	0:48:17	0:51:00	1:02:49	0:54:00	0:50:38	5:16:24
238	MHK	210	68	Ludger	Herzog	55	STV Barßel	0:49:13	0:48:43	0:50:00	1:02:28	0:54:42	0:51:24	5:16:33
239	MHK	211	267	Alfred	Freeseaman	67	TV Oldersum	0:49:03	0:48:52	0:50:37	1:01:28	0:55:22	0:51:34	5:16:59
240	MHK	212	495	Torsten	Bleeker	70	Backemoor	0:49:39	0:49:10	0:50:45	1:02:20	0:53:59	0:51:07	5:17:02
241	MHK	213	206	Uwe	Grimm	69	VfL Berumbur	0:49:19	0:48:44	0:50:52	1:03:08	0:54:15	0:51:26	5:17:47
242	MHK	214	1152	Ingo	Pleis	80	BW Filsum	0:49:29	0:48:54	0:51:58	1:02:07	0:55:30	0:49:52	5:17:53
243	MHK	215	1149	Sieberd	Peters	77	Tromxuasnoc	0:49:38	0:49:32	0:51:49	1:03:52	0:53:09	0:49:58	5:17:59
244	MHK	216	757	Berni	Habben	60	Wybelsum	0:49:26	0:48:20	0:51:33	1:02:23	0:54:56	0:51:21	5:18:01
245	MJ	29	955	Patrick	Francovich	93	H. T.-Gesamtschule Ihl	0:51:55	0:48:43	0:48:50	1:06:53	0:50:47	0:51:05	5:18:16
246	MJ	30	769	Nils	Wilken	90	SV Holtland	0:50:32	0:49:54	0:50:51	1:02:58	0:53:53	0:50:24	5:18:35
247	MJ	31	989	Patrik	Janßen	91	HRS Westerholt	0:52:38	0:48:17	0:52:11	1:02:33	0:54:23	0:49:03	5:19:07
248	MHK	217	520	Peter	Streckel	54	TV Norden	0:49:26	0:48:42	0:51:30	1:03:01	0:54:38	0:51:54	5:19:13
249	MHK	218	476	Jörg	Hero	69	TCB Bremen	0:50:57	0:48:45	0:50:45	1:02:44	0:54:27	0:51:35	5:19:15
249	MHK	218	56	Thomas	Stern	70	Leer (Ostfriesland)	0:49:37	0:49:23	0:49:31	1:00:40	0:52:29	0:57:33	5:19:15
251	MHK	220	1083	Rolf	Steinke	67	SV Warsingsfehn	0:50:31	0:49:14	0:51:13	1:03:22	0:54:17	0:50:51	5:19:31
252	MHK	221	317	Jörg	Buhr	63	MTV Wittmund	0:49:54	0:49:23	0:51:03	1:03:01	0:54:50	0:51:20	5:19:33
252	MHK	221	205	Klaus-Diete	Feldmann	55	Tura 07	0:50:17	0:48:34	0:49:51	1:02:34	0:54:08	0:54:06	5:19:33
254	MJ	32	953	Tim	Harms	94	H. T.-Gesamtschule Ihl	0:52:26	0:50:08	0:49:53	1:01:56	0:51:47	0:53:31	5:19:44
255	MHK	223	140	Jens	Middendorf	70	Gymnasium Rhauerdorf	0:50:50	0:49:07	0:50:44	1:04:49	0:53:20	0:51:02	5:19:54
256	MJ	33	951	Andre	Hartmann	92	H. T.-Gesamtschule Ihl	0:56:17	0:50:27	0:47:51	1:03:37	0:50:44	0:51:05	5:20:04
257	MHK	224	392	Markus	Carstens	76	Enercon GmbH	0:51:49	0:49:56	0:49:38	1:02:10	0:53:51	0:52:41	5:20:07
258	MHK	225	552	Manfred	Hellmers	67	Nowebau	0:50:48	0:49:56	0:51:20	1:02:36	0:53:54	0:51:33	5:20:09
259	MJ	34	940	Ralf	Hinrichs	89	NIGE	0:52:22	0:50:25	0:51:07	1:02:09	0:53:52	0:50:29	5:20:26
259	MHK	226	497	Manfred	Meyer	63	LG Papenburg	0:50:09	0:49:20	0:51:11	1:04:20	0:54:18	0:51:06	5:20:26
259	MHK	226	298	Lars	Schepker	80	Enercon GmbH	0:50:11	0:48:37	0:51:39	1:03:33	0:55:42	0:50:42	5:20:26
262	MHK	228	141	Klaus	Thörner	64	OBW Emden	0:49:43	0:49:21	0:51:22	1:02:20	0:54:36	0:53:06	5:20:31
263	MHK	229	209	Johann	Sandersfeld	55	LG Uplengen	0:50:17	0:49:16	0:51:10	1:03:17	0:54:44	0:51:45	5:20:32
264	MHK	230	482	Olaf	Gedes	72	TSV Riepe	0:51:10	0:50:17	0:51:45	1:02:36	0:54:08	0:50:55	5:20:54
265	MJ	35	789	Steven	Nowacki	91	Jugendhilfestelle Nortm	0:54:39	0:50:30	0:48:12	1:02:10	0:53:23	0:51:57	5:20:55
266	MHK	231	164	Tino	Geißler	77	Physical- Fitness	0:51:06	0:51:55	0:51:16	1:03:35	0:53:29	0:49:35	5:20:59
267	MHK	232	323	Thomas	Safera	73	LT Middels	0:50:01	0:49:43	0:50:51	1:03:55	0:54:56	0:51:37	5:21:05
268	MHK	233	387	Christoph	Böke	57	SV Concordia Neermoo	0:50:24	0:49:09	0:51:12	1:04:00	0:54:18	0:52:04	5:21:10
268	MHK	233	450	Elmar	Tapper	79	LT TuS Aurich-Ost	0:50:48	0:48:47	0:50:59	1:03:20	0:55:17	0:51:56	5:21:10
270	MHK	235	346	Herbert	Buscher	66	OV Breinermoor	0:52:28	0:48:48	0:51:14	1:02:43	0:54:21	0:51:35	5:21:11
271	MHK	236	86	Johannes	Pruin	62	LT Viktoria Flachsmeer	0:51:04	0:49:30	0:51:30	1:03:17	0:54:33	0:51:29	5:21:25
272	MHK	237	872	Hermann	Nagel	56	Concordia Neermoor	0:50:29	0:49:09	0:51:12	1:04:00	0:54:35	0:52:04	5:21:31
273	MHK	238	882	Tim	Schlichter	87	Hartmann Reederei	0:53:39	0:48:48	0:51:01	1:03:45	0:53:58	0:50:23	5:21:36
274	MHK	239	480	Jakobus	Wirringa	57	Oldenburg	0:49:40	0:49:07	0:51:09	1:03:53	0:55:28	0:52:23	5:21:42
275	MHK	240	652	Fritz	Backhaus	62	LG Harlingerland	0:51:00	0:49:56	0:51:00	1:03:14	0:54:46	0:51:47	5:21:44

27. Ostfriesland Lauf 2008

OSSILOOP - 2008

23. Mai 2008

Endstand nach 6. Etappe

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Männer

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
276	MHK	241	169	Matthias	Welzel	70	VFL Jheringsfehn	0:50:19	0:49:23	0:51:41	1:03:43	0:55:11	0:51:36	5:21:55
277	MHK	242	708	Bernd	de Vries	66	ohne	0:53:46	0:49:38	0:50:33	1:03:27	0:53:41	0:50:58	5:22:05
277	MHK	242	153	Christian	Merl	57	Papenburg	0:50:40	0:48:17	0:51:40	1:04:24	0:55:02	0:51:59	5:22:05
279	MHK	244	115	Detlef	Stanke	54	Westerstede	0:49:56	0:49:24	0:51:13	1:03:10	0:56:22	0:52:50	5:22:58
280	MHK	245	283	Axel	Bunjes	60	Gymnasium Rhaudef	0:50:52	0:50:03	0:51:28	1:03:13	0:55:46	0:51:49	5:23:14
281	MHK	246	120	Gerhold	Freese	64	Osthauderfehn	0:51:13	0:49:33	0:51:47	1:03:14	0:55:34	0:52:00	5:23:23
282	MHK	247	165	Hans-Jürge	Gippert	44	TG Wiesmoor	0:50:32	0:49:10	0:51:58	1:04:32	0:54:53	0:52:18	5:23:25
283	MHK	248	109	Gerold	Janssen	65	Wi sünd Holtriem	0:50:31	0:50:57	0:51:39	1:03:19	0:55:24	0:51:45	5:23:37
284	MJ	36	1103	Bruno	Tobias	93	MTV Wittmund	0:56:54	0:49:22	0:51:30	1:02:06	0:53:26	0:50:24	5:23:43
285	MHK	249	379	Michael	Gerd	77	ENERCON GmbH	0:51:34	0:49:55	0:52:11	1:03:28	0:54:34	0:52:00	5:23:45
286	MHK	250	774	Rolf	Ubber	74	Feuerwehr Sandhorst	0:51:05	0:51:05	0:51:38	1:03:49	0:54:36	0:51:32	5:23:49
287	MHK	251	755	Manfred	Möhlmann	64	SC Wiesens	0:50:02	0:50:09	0:51:45	1:03:42	0:55:12	0:52:57	5:23:50
288	MHK	252	316	Wilhelm	Badberg	44	TG Wiesmoor	0:50:29	0:50:43	0:51:30	1:03:55	0:54:47	0:52:30	5:23:56
289	MJ	37	236	Tjark	Rulfs	90	SV Eintracht Ihlow e.V.	0:52:02	0:50:11	0:50:54	1:05:01	0:55:03	0:50:45	5:23:59
290	MHK	253	563	Alexander	Barkhoff	66	Emder LG	0:51:50	0:49:18	0:51:23	1:05:04	0:54:59	0:51:28	5:24:04
291	MHK	254	424	Mathias	Freese	68	TV Norden	0:49:52	0:48:24	0:50:54	1:02:48	0:54:13	0:57:52	5:24:06
292	MHK	255	348	Andreas	Blaurock	68	OBW Emden	0:50:38	0:50:16	0:51:24	1:03:56	0:55:09	0:52:42	5:24:08
293	MHK	256	856	Jc	Coordes	69	ENERCON	0:51:14	0:50:03	0:51:42	1:03:51	0:55:34	0:51:44	5:24:10
294	MHK	257	167	Hans-Herm	Joachim	50	Team Erdinger Alkohol	0:50:46	0:49:52	0:52:31	1:03:17	0:54:56	0:52:52	5:24:17
295	MHK	258	327	Jens	Kirchhoff	80	Enercon GmbH	0:51:28	0:49:55	0:51:12	1:04:42	0:55:13	0:51:49	5:24:21
296	MHK	259	315	Michael	Daniel	59	Emder Kanu Club	0:50:39	0:50:17	0:51:26	1:05:29	0:54:52	0:51:35	5:24:22
297	MHK	260	90	Daniel	Radekopp	87	VfL Berumbur	0:50:02	0:50:51	0:50:45	1:04:59	0:54:21	0:53:23	5:24:23
298	MJ	38	199	Hendrik	Bents	94	H. T.-Gesamtschule Ihl	0:52:15	0:50:35	0:52:17	1:03:57	0:55:05	0:50:21	5:24:32
299	MHK	261	526	Holger	Wempen	75	Westerstede	0:51:18	0:48:06	0:49:47	1:01:33	1:03:58	0:50:00	5:24:44
300	MHK	262	332	Jens	Berghaus	59	LT TuS Aurich-Ost	0:50:32	0:49:39	0:51:56	1:04:01	0:54:58	0:53:40	5:24:48
301	MHK	263	498	Eckhard	Schröder	60	Emder Zeitung	0:51:08	0:50:56	0:51:50	1:03:38	0:55:18	0:52:02	5:24:54
302	MHK	264	264	Heinz-Diete	Seeberg	62	Südbrookmerland	0:52:35	0:49:53	0:51:32	1:03:31	0:55:32	0:52:05	5:25:11
303	MHK	265	425	Jörg	Saathoff	72	KUH'S BEST-Team	0:51:41	0:49:38	0:52:24	1:04:50	0:54:54	0:51:48	5:25:17
304	MHK	266	131	Markus	Gastmann	77	LT TuS Aurich-Ost	0:52:10	0:50:14	0:52:02	1:04:14	0:54:22	0:52:15	5:25:20
305	MHK	267	762	Jörg	Schmeding	66	Druckerei Meyer, Aurich	0:51:13	0:50:07	0:53:20	1:03:50	0:55:44	0:51:04	5:25:21
306	MHK	268	363	Gerhard	Christoffers	55	wiesens	0:50:08	0:50:35	0:51:32	1:04:20	0:55:53	0:53:07	5:25:38
307	MHK	269	168	Günter	Müller	67	-	0:51:02	0:50:21	0:52:42	1:03:29	0:56:05	0:52:00	5:25:41
308	MHK	270	137	Matthias	Aeilts	68	FeG Hesel	0:52:13	0:50:48	0:51:46	1:04:02	0:55:03	0:51:58	5:25:52
308	MHK	270	771	Detlef	Penske	65	BBS 1 Aurich	0:51:48	0:50:15	0:51:04	1:04:33	0:55:49	0:52:20	5:25:52
310	MHK	272	204	Hermann	Boekhoff	61	Lauffreß Bentstreek	0:50:46	0:51:16	0:52:18	1:04:28	0:54:56	0:52:10	5:25:57
311	MHK	273	306	Achim	Beckers	59	Germania Leer	0:51:38	0:50:02	0:52:51	1:04:11	0:54:57	0:52:17	5:25:59
312	MHK	274	293	Thomas	Heinzmann	73	Papenburg	0:51:31	0:49:49	0:51:52	1:03:54	0:56:18	0:52:35	5:26:01
313	MHK	275	170	Ralf	Hartog	66	SV Eintracht Nüttermoor	0:50:27	0:49:29	0:51:51	1:05:16	0:55:06	0:54:13	5:26:25
314	MHK	276	155	Frank	Ziegler	67	Team Deutsche Post	0:51:32	0:50:38	0:51:58	1:03:48	0:56:03	0:52:33	5:26:35
315	MHK	277	718	Frank	Duhlies	60	Tauchclub Beluga Auri	0:51:56	0:50:48	0:51:49	1:04:41	0:55:13	0:52:12	5:26:41
316	MJ	39	1153	Michael	Pleis	91	BW Filsum	0:50:27	0:51:51	0:57:09	1:02:18	0:54:13	0:50:56	5:26:56
317	MJ	40	356	Wilko	Herten	92	ohne	0:50:35	0:50:50	0:52:29	1:04:11	0:56:01	0:52:52	5:27:00
318	MHK	278	1118	Ralf	Sweers	63	Emder LG	0:50:22	0:49:13	0:50:44	1:05:06	0:58:08	0:53:36	5:27:13
319	MHK	279	1059	Helmut	Reiter	64	Simonswolde	0:52:39	0:50:18	0:52:23	1:04:14	0:55:53	0:51:48	5:27:19
320	MHK	280	365	Ingo	Janßen	67	Fun-Loopers	0:50:59	0:50:00	0:52:06	1:04:34	0:56:30	0:53:12	5:27:24
321	MHK	281	136	Heinrich	Winter	57	LT TuS Aurich-Ost	0:53:25	0:50:01	0:52:46	1:04:11	0:55:00	0:52:05	5:27:31
322	MHK	282	281	Tom	Bohmfalk	57	KSV Baltrum	0:51:46	0:50:20	0:52:00	1:05:20	0:56:13	0:52:09	5:27:50
323	MHK	283	490	Reenard	Lindena	49	BV Canhusen	0:50:27	0:50:12	0:52:06	1:04:37	0:57:16	0:53:23	5:28:03
324	MJ	41	388	Jannik	Pleis	94	Moorloopers	0:50:58	0:49:41	0:54:39	1:05:28	0:55:42	0:51:46	5:28:16
325	MHK	284	65	Frank	Schaller	61	LT TuS Aurich-Ost	0:54:07	0:51:45	0:51:39	1:04:17	0:54:54	0:52:04	5:28:49
326	MHK	285	548	Christian	Lüpkes	76	CVJM Neermoor	0:52:29	0:52:03	0:52:21	1:06:06	0:54:54	0:51:02	5:28:58
327	MHK	286	559	André	Boomgaard	77	Moormerland	0:53:09	0:51:08	0:52:55	1:04:20	0:55:37	0:51:50	5:29:01
328	MHK	287	711	Hartmut	Schmidt	62	tbd radsport-team	0:52:13	0:50:39	0:52:41	1:04:21	0:55:57	0:53:17	5:29:12
329	MHK	288	349	Peter	Wittenburg	49	OBW Emden	0:50:41	0:50:58	0:52:51	1:05:04	0:56:22	0:53:15	5:29:13
330	MJ	42	383	Marvin	Eilers	93	KBV Langefeld	0:55:59	0:52:02	0:51:29	1:03:44	0:54:52	0:51:15	5:29:23

27. Ostfriesland Lauf 2008

OSSILOOP - 2008

23. Mai 2008

Endstand nach 6. Etappe

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Männer

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
331	MJ	43	491	Ralph	Bootjer	90	NIGE	0:51:21	0:56:36	0:50:49	1:03:39	0:56:11	0:50:52	5:29:30
332	MHK	289	389	Gregor	Pleis	65	Moorloopers	0:52:13	0:51:18	0:52:20	1:05:32	0:55:45	0:52:37	5:29:48
333	MJ	44	545	Okko	Denker	92	VfL Jheringsfehn	0:54:21	0:50:38	0:52:10	1:03:57	0:55:53	0:52:54	5:29:54
334	MHK	290	300	Alfred	Doden	58	SV Ochtersum	0:51:57	0:51:14	0:53:29	1:04:35	0:55:20	0:53:22	5:30:01
335	MHK	291	458	Dieter	Janssen	55	ohne	0:50:20	0:50:36	0:53:03	1:05:55	0:57:29	0:52:40	5:30:04
336	MHK	292	274	Volker	Lowin	55	BBS 1 Aurich	0:50:55	0:51:11	0:52:31	1:05:37	0:56:30	0:53:29	5:30:16
336	MJ	45	794	Thomas	Lüken	92	HRS Westerholt	0:54:02	0:50:17	0:52:26	1:04:53	0:56:14	0:52:23	5:30:16
338	MHK	293	529	Mark	Goldenstein	81	Onno Behrends Tee	0:52:59	0:52:40	0:52:26	1:04:27	0:56:11	0:51:31	5:30:18
339	MHK	294	1142	Carsten	Kreienbrock	68	*Leer	0:51:21	0:51:58	0:52:06	1:05:51	0:56:31	0:52:36	5:30:25
340	MJ	46	1078	Stephan	Penning	91	Crocodiles Ihlow	0:52:33	0:50:21	0:52:15	1:06:17	0:56:35	0:52:22	5:30:26
341	MHK	295	344	Theo	Goldswear	53	LauffreiwVfB Rajen	0:51:42	0:51:04	0:52:40	1:05:48	0:56:14	0:52:56	5:30:27
342	MHK	296	766	Friso	Alberts-Tam	72	Fortuna Wirdum	0:52:37	0:51:08	0:52:06	1:05:09	0:57:48	0:52:05	5:30:56
343	MHK	297	770	Sieghard	Eger	68	Ihlow	0:51:51	0:51:08	0:52:51	1:04:26	0:56:18	0:54:23	5:30:59
344	MHK	298	289	Jürgen	Drosten	60	Fortuna 70 Wirdum	0:51:37	0:51:45	0:52:46	1:04:51	0:56:39	0:53:26	5:31:07
344	MHK	298	172	Wessel	Gehlker	56	Loga	0:51:09	0:51:24	0:53:02	1:05:15	0:56:33	0:53:41	5:31:07
346	MHK	300	868	Günther	Fischer	52	LG Großefehn	0:53:41	0:50:49	0:52:58	1:04:03	0:56:49	0:52:49	5:31:11
347	MJ	47	256	Hauke	Hedemann	92	Möbel Buss	0:52:17	0:49:47	0:50:30	1:05:39	0:54:47	0:58:13	5:31:15
348	MHK	301	1042	Thorsten	Frieden	70	Burhufe	0:52:00	0:51:24	0:52:43	1:05:18	0:56:15	0:53:34	5:31:17
349	MHK	302	108	Michael	Dannecker	70	Emder LG	0:50:48	0:50:39	0:53:07	1:04:45	0:57:09	0:55:07	5:31:37
350	MJ	48	561	Amko	Groeneveld	91	Gymnasium Rhaderf	0:51:27	0:50:10	0:51:17	1:05:12	1:03:39	0:50:01	5:31:49
351	MHK	303	516	Horst	Schneider	55	Kein	0:53:35	0:52:11	0:53:06	1:05:03	0:55:42	0:52:25	5:32:04
352	MHK	304	103	Volkmar	Hildebrandt	55	TuS Weene	0:52:15	0:51:22	0:52:44	1:05:45	0:56:59	0:52:58	5:32:06
353	MHK	305	467	Oskar	de Buhr	51	ohne	0:52:34	0:51:21	0:53:29	1:04:30	0:56:50	0:53:23	5:32:10
354	MHK	306	212	Wilfried	Harms	64	Enercon GmbH	0:52:10	0:51:46	0:55:48	1:04:03	0:55:55	0:52:37	5:32:21
354	MHK	306	251	Josef	Wolbers	66	Deutsche Rentenversic	0:53:01	0:52:42	0:53:14	1:04:44	0:56:19	0:52:18	5:32:21
356	MHK	308	288	Volker	Feldkamp	60	Schule am Deich	0:52:52	0:51:10	0:52:59	1:04:41	0:56:15	0:54:22	5:32:22
357	MJ	49	1075	Hendrik	Holl	95	Potshausen	0:58:18	0:53:17	0:53:07	1:03:08	0:53:10	0:51:36	5:32:38
358	MHK	309	421	Jochen	Nanninga	64	TV Norden	0:52:53	0:49:13	0:52:43	1:05:17	0:55:59	0:56:38	5:32:45
359	MHK	310	341	Ralf	Winkelman	65	Störtebeker Loopers TV	0:53:00	0:51:45	0:52:47	1:05:25	0:56:26	0:53:24	5:32:49
360	MHK	311	767	Bernhard	Block	56	Barßel	0:52:13	0:51:05	0:53:45	1:05:36	0:57:37	0:52:40	5:32:57
361	MHK	312	333	Josef	Baalman	61	LT TuS Aurich-Ost	0:52:59	0:50:55	0:52:57	1:05:57	0:56:25	0:53:45	5:33:01
362	MHK	313	452	Johann	Müller	63	LG Uplengen	0:52:10	0:52:01	0:52:42	1:06:28	0:56:36	0:53:08	5:33:07
363	MJ	50	939	Eike	Wiemken	90	NIGE	0:54:55	0:56:36	0:50:48	1:02:04	0:53:40	0:55:16	5:33:21
364	MHK	314	286	Jost	van Züren	87	BBS 1 Emden	0:53:45	0:52:31	0:53:07	1:04:50	0:57:42	0:51:30	5:33:28
365	MHK	315	134	Andreas	Dirks	64	Störtebeker Loopers TV	0:53:03	0:52:34	0:53:32	1:05:25	0:56:11	0:52:47	5:33:34
366	MHK	316	817	Erhard	Watermann	59	Sparkasse LeerWittmun	0:51:52	0:51:11	0:53:29	1:06:18	0:56:38	0:54:25	5:33:55
367	MJ	51	514	Malte	Brummer	91	Gymnasium Rhaderf	0:51:41	0:49:22	0:50:46	1:02:55	1:04:27	0:54:48	5:34:01
368	MHK	317	875	Stefan	Schild	64	Hartmann Reederei	0:53:22	0:52:49	0:52:43	1:05:53	0:56:49	0:52:24	5:34:03
369	MJ	52	152	Hauke	Kunst	89	TSG Westerstede	0:53:01	0:51:58	0:54:19	1:06:06	0:56:20	0:52:23	5:34:09
370	MHK	318	276	Helmut	Tjards	64	LT TuS Aurich-Ost	0:53:37	0:51:49	0:50:12	1:06:15	0:57:18	0:55:02	5:34:15
371	MJ	53	442	Dean-Conn	Möller	89	Möbel Buss	0:52:50	0:51:53	0:53:51	1:07:24	0:55:17	0:53:00	5:34:17
372	MHK	319	461	Helmut	Bruns	55	TuS Eintracht Hinte	0:52:10	0:51:55	0:54:21	1:06:19	0:56:44	0:52:50	5:34:22
373	MHK	320	570	Michael	Gronewold	77	Abken Bau Utlarp	0:53:40	0:51:17	0:52:38	1:05:20	0:56:17	0:55:09	5:34:24
374	MHK	321	613	Harald	Schmidt	69	Wi sünd Holtriem	0:55:18	0:51:52	0:52:39	1:05:21	0:56:11	0:53:04	5:34:28
375	MHK	322	325	Uwe	Welzel	65	VfL Jheringsfehn	0:53:29	0:51:29	0:53:59	1:05:21	0:56:42	0:53:35	5:34:38
376	MHK	323	991	Uwe	Lüdtke	65	RVB Uplengen	0:53:45	0:50:52	0:52:44	1:05:23	0:59:04	0:52:50	5:34:41
377	MHK	324	707	Everwien	Lohmeyer	58	SV Frisia Beinkum	0:52:33	0:52:02	0:53:01	1:06:16	0:57:06	0:53:57	5:34:58
378	MHK	325	610	Heinz	Rinderhage	60	EBAC	0:53:31	0:51:48	0:53:22	1:07:07	0:56:04	0:53:17	5:35:13
379	MHK	326	372	Fabian	Kettwig	88	Großefehn	0:53:40	0:52:22	0:52:57	1:06:07	0:57:02	0:53:03	5:35:14
379	MHK	326	132	Berthold	Strömer	56	LT TuS Aurich-Ost	0:52:24	0:51:21	0:53:40	1:06:41	0:57:26	0:53:40	5:35:14
381	MHK	328	268	Kersten	Kiesè	64	TuS Esens	0:52:10	0:51:28	0:53:40	1:05:59	0:57:01	0:54:56	5:35:15
382	MHK	329	160	Friedhelm	Janssen	66	KBV Langefeld	0:52:54	0:51:43	0:54:55	1:05:21	0:57:06	0:53:30	5:35:30
383	MHK	330	822	Wilhelm	Rieken	62	Sparkasse LeerWittmun	0:52:27	0:51:40	0:53:37	1:06:49	0:56:41	0:54:17	5:35:34
384	MHK	331	1087	Andrej	Veenhuis	85	SV Concordia Ihrhove	0:49:51	0:48:48	1:04:55	1:04:43	0:54:15	0:53:05	5:35:40
385	MHK	332	307	Frank	König	64	Emden	0:53:33	0:53:05	0:53:43	1:05:48	0:56:05	0:53:26	5:35:43

27. Ostfriesland Lauf 2008

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23. Mai 2008

Endstand nach 6. Etappe

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Männer

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
386	MHK	333	273	Ralf	Mühlenbroc	67	Enercon GmbH	0:52:30	0:51:08	0:53:32	1:06:59	0:57:42	0:54:13	5:36:07
387	MJ	54	506	Gerd Jelto	Severiens	93	Freie Christliche Schule	0:55:09	0:53:11	0:50:49	1:04:44	0:56:31	0:55:49	5:36:15
388	MHK	334	362	Bernd	Frieden	68	LT TuS Aurich-Ost	0:53:07	0:52:17	0:53:21	1:06:09	0:56:58	0:54:24	5:36:17
389	MHK	335	765	Manfred	Erfkamp	59	Ruder-Club Leer	0:53:30	0:52:06	0:53:13	1:06:21	0:56:52	0:54:14	5:36:18
390	MHK	336	371	Horst	Willems	69	SV JU 58	0:52:25	0:51:34	0:53:25	1:06:55	0:58:20	0:53:39	5:36:21
391	MHK	337	990	Erhard	Wagener	72	de Heizungsloopers	0:56:14	0:53:43	0:52:35	1:06:21	0:55:12	0:52:26	5:36:33
392	MHK	338	324	Johann	Doden	59	BSV Kickers Emden	0:53:22	0:52:12	0:53:30	1:06:58	0:57:04	0:53:42	5:36:51
393	MHK	339	502	Heiko	Ackmann	66	LG Ostfriesland	0:53:49	0:51:48	0:53:15	1:07:13	0:57:00	0:53:53	5:37:00
394	MHK	340	385	Stefan	Voogd	74	Polizei Leer	0:54:12	0:51:19	0:55:32	1:06:04	0:56:54	0:53:05	5:37:09
395	MHK	341	527	Carsten	Strasser	68	ohne	0:54:11	0:52:28	0:53:53	1:06:31	0:56:28	0:53:37	5:37:10
396	MHK	342	102	H.-d.	Penning	62	Fortuna Logabirum	0:57:54	0:50:35	0:52:54	1:05:36	0:56:56	0:53:17	5:37:14
397	MHK	343	836	Frank	Boelmann	83	ohne	0:55:42	0:53:03	0:55:04	1:04:56	0:56:50	0:51:42	5:37:18
398	MHK	344	1139	Philipp	Olthoff	66	Volleyball Emden	0:54:34	0:52:59	0:54:02	1:06:13	0:56:29	0:53:14	5:37:34
399	MHK	345	319	Heinz	Ruppert	44	Watt'n Looper SV Dornu	0:52:20	0:52:14	0:53:19	1:06:51	0:57:34	0:55:23	5:37:44
400	MHK	346	1105	Manfred	Lüger	64	Wasserfreunde Völlen-	0:53:02	0:53:17	0:54:31	1:06:36	0:56:29	0:53:52	5:37:49
401	MHK	347	1012	Stephan	Weers	74	Sparkasse LeerWittmun	0:53:28	0:52:44	0:54:33	1:07:13	0:56:37	0:53:30	5:38:07
402	MHK	348	380	Klaus	Zimmerman	65	Fortuna Logabirum	0:54:02	0:51:09	0:53:20	1:06:46	0:58:29	0:54:22	5:38:09
403	MHK	349	329	Werner	Vehnekamp	58	Möbel Buss	0:52:54	0:52:09	0:54:31	1:06:55	0:57:46	0:53:53	5:38:11
404	MHK	350	808	Timo	Ubben	88	ubben-haus Laufteam	0:55:42	0:51:59	0:54:01	1:06:06	0:57:22	0:53:05	5:38:18
405	MHK	351	151	Hans-Peter	Bohlen	66	TG Wiesmoor	0:54:00	0:51:45	0:53:57	1:06:36	0:57:03	0:55:15	5:38:38
406	MHK	352	754	Eibo	Eiben	43	LT Schafhauserwlad	0:55:07	0:51:32	0:53:55	1:06:50	0:57:29	0:53:45	5:38:40
406	MJ	55	227	Jan	Wattjes	93	Holtland	0:53:27	0:51:51	0:54:28	1:05:19	0:58:08	0:55:25	5:38:40
408	MHK	353	393	Holger	Schulte	75	Polizei Leer	0:55:11	0:52:13	0:55:26	1:06:07	0:56:44	0:53:05	5:38:47
409	MHK	354	138	Detlef	Folkerts	61	Großefehn	0:54:27	0:53:36	0:53:58	1:06:18	0:57:02	0:53:36	5:39:01
410	MHK	355	350	Lars	Urban	66	OBW Emden	0:58:38	0:52:06	0:52:56	1:06:30	0:56:29	0:52:21	5:39:04
411	MHK	356	735	Bodo	Fischer	70	Aurich	0:52:30	0:50:41	0:52:35	1:08:49	0:58:16	0:56:18	5:39:12
412	MHK	357	761	Reinhard	Oltmanns	64	Moormerland	0:54:48	0:52:27	0:54:37	1:07:43	0:57:33	0:52:10	5:39:19
413	MHK	358	908	Uwe	Voskamp	70	ELV Elektronik AG	0:57:01	0:52:27	0:52:46	1:07:57	0:56:27	0:52:49	5:39:28
414	MHK	359	862	Friedrich	Folkerts	65	FFw Hollen	0:53:41	0:52:34	0:54:20	1:06:55	0:57:23	0:54:35	5:39:30
415	MHK	360	374	Jürgen	Otto	64	VFFL Berumbur	0:53:18	0:53:43	0:54:02	1:07:08	0:57:24	0:54:07	5:39:44
416	MHK	361	806	Andreas	Kohl	75	TV Norden	0:53:58	0:52:29	0:54:37	1:07:34	0:56:57	0:54:09	5:39:46
417	MHK	362	422	Joachim	Neugebaue	58	TV Norden	0:53:29	0:52:18	0:54:35	1:07:36	0:57:11	0:54:38	5:39:49
418	MHK	363	895	Dietmar	Kluin	62	Leinerstift e.V.	0:54:27	0:52:34	0:53:50	1:08:14	0:57:19	0:53:28	5:39:55
419	MHK	364	594	Hinrich	Rahn	73	LT TuS Aurich-Ost	0:54:35	0:52:36	0:53:52	1:07:54	0:57:19	0:53:38	5:39:56
420	MHK	365	1099	Bernhard	Kleymann	64	Backemoor	0:53:24	0:52:21	0:54:38	1:06:38	0:57:55	0:55:01	5:39:59
421	MHK	366	417	Richard	Kölber	66	TV Norden	0:53:26	0:52:37	0:54:02	1:07:42	0:58:09	0:54:05	5:40:04
422	MJ	56	1128	Torben	Teepe	93	TGG Leer	0:55:40	0:53:21	0:53:56	1:06:45	0:55:51	0:54:34	5:40:08
423	MJ	57	727	Jan-Peer	Benstrup	91	Esens	0:55:40	0:52:25	0:53:41	1:07:14	0:58:15	0:53:05	5:40:22
423	MHK	367	944	Florian	Meer	78	TuS Derendorf	0:52:52	0:52:43	0:53:23	1:06:47	1:00:09	0:54:25	5:40:22
425	MHK	368	367	Gerald	Kuehn	67	Westerende	0:55:05	0:52:55	0:54:23	1:06:09	0:57:22	0:54:32	5:40:28
426	MHK	369	297	Weert-Peter	Prikker	59	SV Holtland	0:53:42	0:53:00	0:53:58	1:07:08	0:58:30	0:54:08	5:40:29
427	MHK	370	530	Klaus	Fröhling	72	Ihlow	0:53:32	0:52:13	0:53:19	1:09:37	0:57:55	0:53:57	5:40:35
428	MHK	371	340	Andreas	Eichner	64	Polizeiinspektion WHV/F	0:53:27	0:53:06	0:53:12	1:07:32	0:59:03	0:54:19	5:40:41
429	MHK	372	763	Heinz	Bakker	56	Backemoor	0:52:19	0:51:29	0:55:37	1:08:01	0:58:20	0:55:01	5:40:49
430	MHK	373	1165	Detert	Hinrichs	72	LT Schafhauser Wald	0:55:28	0:52:56	0:54:16	1:06:00	0:57:34	0:54:32	5:40:50
431	MHK	374	75	Uwe	Görtzen	65	Emder LG	0:54:54	0:52:39	0:54:19	1:07:07	0:56:36	0:55:13	5:40:51
432	MHK	375	1047	Lars	Stafforst	67	SV Wittmund	0:54:10	0:52:28	0:54:39	1:07:34	0:57:50	0:54:11	5:40:54
433	MHK	376	508	Guenter	Schoon	50	Wiesmoor	0:54:53	0:53:43	0:54:04	1:06:52	0:57:05	0:54:27	5:41:07
434	MHK	377	783	Manfred	Cordes	60	Wiesmoor	0:55:02	0:52:28	0:53:51	1:07:50	0:57:29	0:54:27	5:41:09
435	MHK	378	259	Andreas	Hinrichs	85	Möbel Buss	0:57:36	0:54:35	0:53:12	1:07:21	0:55:53	0:52:47	5:41:25
436	MHK	379	705	Focko	Penon	71	Gymnasium Ulricianum /	0:53:36	0:51:56	0:57:57	1:07:13	0:57:07	0:53:34	5:41:26
437	MHK	380	693	Dirk	Ulferts	74	Onno Behrends Tee	0:56:31	0:53:32	0:54:11	1:07:13	0:57:18	0:52:45	5:41:33
438	MHK	381	1046	Thomas	Grimm	61	VFFL Berumbur	0:53:23	0:52:15	0:57:11	1:06:49	0:57:52	0:54:05	5:41:36
439	MHK	382	519	Wolfgang	Koenig	54	NIGE	0:54:30	0:51:47	0:54:52	1:07:48	0:57:35	0:55:03	5:41:37
440	MHK	383	447	Hans-Joach	Hoffmann	48	LT TuS Aurich-Ost	0:53:51	0:52:36	0:54:50	1:07:17	0:58:21	0:54:40	5:41:38

27. Ostfriesland Lauf 2008

OSSILOOP - 2008

23. Mai 2008

Endstand nach 6. Etappe

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Männer

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
441	MHK	384	351	Uwe	Heyen	60	LG Großefehn	0:53:26	0:52:41	0:53:58	1:07:40	0:58:24	0:55:28	5:41:40
442	MJ	58	628	Timo	Janßen	90	NIGE	0:53:33	0:52:59	0:55:48	1:07:21	0:58:43	0:53:30	5:41:56
443	MHK	385	453	Jens	Pagel	63	LG Uplengen	0:53:38	0:52:43	0:54:05	1:07:35	0:58:41	0:55:17	5:42:01
444	MHK	386	779	Achim	Seidler	73	Nordwest-Blumen Wies	0:53:58	0:52:35	0:54:25	1:07:10	0:58:18	0:55:33	5:42:02
445	MHK	387	420	Alfred	Scheepker	54	TV Norden	1:00:35	0:52:32	0:53:28	1:05:45	0:56:52	0:52:54	5:42:08
446	MHK	388	565	Torsten	Gensicke	67	Wiesmoor	0:53:31	0:53:34	0:53:53	1:08:48	0:58:13	0:54:08	5:42:09
447	MJ	59	1125	Jens	Willers	90	SV Warsingsfehn	0:56:37	0:54:02	0:55:11	1:07:26	0:56:21	0:52:36	5:42:15
448	MHK	389	301	Stefan	Bikker	77	Crocodiles	0:56:40	0:55:21	0:53:24	1:05:38	0:57:52	0:53:27	5:42:23
449	MHK	390	1126	Thomas	Willers	65	SV Warsingsfehn	0:56:39	0:54:07	0:55:11	1:07:26	0:56:22	0:52:37	5:42:24
450	MHK	391	285	Stefan	Buchta	68	Emden	0:55:11	0:53:33	0:54:28	1:07:45	0:58:00	0:53:26	5:42:25
451	MHK	392	320	Martin	Thoben	70	ELV Elektronik AG	0:53:33	0:52:52	0:54:57	1:08:39	0:58:52	0:53:36	5:42:31
452	MHK	393	1112	Rob	van Goor	62	Uplengen	0:55:17	0:50:25	0:55:06	1:06:11	0:55:28	1:00:03	5:42:32
453	MJ	60	397	Heiko	Freese	90	SV Ochtersum	0:51:34	0:50:15	0:54:52	1:02:55	1:08:50	0:54:05	5:42:34
454	MHK	394	277	Lothar	Meyerhoff	61	Störtebeker Loopers TV	0:53:00	0:52:59	0:55:10	1:07:57	0:59:01	0:54:26	5:42:36
455	MHK	395	753	Volker	Rieken	67	Werdum	0:54:26	0:52:43	0:53:53	1:09:19	0:57:43	0:54:29	5:42:37
456	MHK	396	203	Diedrich	Rogge	66	lauffreff Bentstreek	0:52:52	0:54:29	0:54:26	1:08:39	0:58:05	0:54:08	5:42:42
457	MHK	397	386	Andreas	Heckhoff	64	VfL Germania Leer	1:02:06	0:50:33	0:53:51	1:05:39	0:57:56	0:52:54	5:43:04
458	MHK	398	629	Alfred	Tjarks	59	EWE Wattloopers	0:55:02	0:53:06	0:54:34	1:06:51	0:58:35	0:55:02	5:43:12
459	MHK	399	477	Matthias	Bergmann	66	SV Georgsheil	0:49:14	0:48:19	0:50:02	1:18:56	0:53:29	1:03:20	5:43:22
460	MHK	400	116	Michael	Hoppe	64	Hartmann Reederei	0:53:38	0:52:51	0:55:54	1:07:52	0:58:39	0:54:28	5:43:24
461	MHK	401	162	Alfred	Scholz	53	Emder LG	0:53:40	0:52:28	0:55:00	1:07:49	0:59:47	0:54:39	5:43:25
462	MHK	402	518	Jan	Heinemeier	67	Aurich	0:53:56	0:53:17	0:54:19	1:08:16	0:58:05	0:55:35	5:43:31
463	MHK	403	1113	Helmut	Bratz	53	Crocodiles Ihlow	0:54:00	0:54:50	0:55:13	1:07:24	0:57:40	0:54:29	5:43:37
464	MHK	404	615	Drees	Janssen	62	LG Ostfriesland	0:54:16	0:53:56	0:55:03	1:07:42	0:58:17	0:54:23	5:43:40
465	MJ	61	249	Jan	Heinks	92	HRS Westerholt	0:54:01	1:00:11	0:55:31	1:04:51	0:56:48	0:52:23	5:43:48
466	MHK	405	837	Rainer	Müller	42	TV Friedeburg	0:53:59	0:53:05	0:54:35	1:07:51	0:58:12	0:56:07	5:43:52
467	MHK	406	1151	Wolfgang	Heeschen	71	*Südbrookmerland	0:57:18	0:54:57	0:53:43	1:07:18	0:56:53	0:53:51	5:44:02
468	MHK	407	260	Harald	Hanken	65	Fun-Loopers	0:53:05	0:54:29	0:53:53	1:07:27	0:57:56	0:57:20	5:44:12
469	MHK	408	313	Bernd	Schmidtke	59	Wi sünd Holtriem	0:54:30	0:51:40	0:55:50	1:07:29	0:57:26	0:57:28	5:44:25
470	MHK	409	517	Otto	Lüpkes	58	LT TuS Aurich-Ost	0:54:27	0:53:22	0:55:35	1:07:37	0:58:51	0:54:38	5:44:32
471	MHK	410	902	Wolfgang	Friedrich	63	Leinerstift e.V.	0:54:27	0:52:34	0:54:57	1:08:14	0:59:01	0:55:20	5:44:34
472	MHK	411	1104	Robert	König	76	Gymnasium Westerst	0:53:43	0:53:22	0:54:05	1:08:02	0:59:21	0:56:01	5:44:35
473	MHK	412	428	Andreas	Löloff	57	TV Norden	0:48:12	1:02:47	1:09:49	1:00:19	0:53:30	0:50:02	5:44:41
474	MHK	413	1082	Hans-Jürge	Krems	59	BR Ostfr. Küste	0:51:34	0:51:33	0:52:05	1:05:08	1:11:38	0:52:44	5:44:44
475	MHK	414	1024	Henning	Grest	79	Sparkasse LeerWittmun	0:57:35	0:53:53	0:53:53	1:06:47	0:57:14	0:55:24	5:44:48
476	MHK	415	36	Matthias	Imhoff	59	MTV Aurich	0:49:18	0:47:58	0:49:46	1:02:04	1:11:24	1:04:24	5:44:55
477	MHK	416	1095	Manfred	Gerdas	64	Ockenhausen	0:56:35	0:53:23	0:56:32	1:06:41	0:57:56	0:53:54	5:45:03
478	MHK	417	271	Dieter	Janßen	66	LG Glave Gruppe	0:57:50	0:53:35	0:55:57	1:06:46	0:57:00	0:54:04	5:45:15
479	MHK	418	504	Heiko	Freese	63	KUH'S BEST-Team	0:57:20	0:52:23	0:53:58	1:07:43	0:57:59	0:55:51	5:45:17
480	MHK	419	1163	Christian	Lütten	73	Emden	0:54:40	0:59:16	0:53:20	1:07:04	0:56:59	0:54:10	5:45:32
481	MHK	420	535	Fred	Lüttich	65	Team Deutsche Post	0:55:54	0:53:13	0:54:28	1:08:10	0:58:28	0:55:22	5:45:39
482	MHK	421	636	Michael	Brand	63	KUH'S BEST-Team	0:56:34	0:54:51	0:55:43	1:07:09	0:57:48	0:53:36	5:45:42
482	MHK	421	538	Kai	Tammen	63	Fortuna Veenhusen	0:54:18	0:54:31	0:54:46	1:08:14	0:58:31	0:55:20	5:45:42
484	MHK	423	261	Michael	Sommer	82	Emder LG	0:55:22	0:55:07	0:55:56	1:06:45	0:58:26	0:54:17	5:45:57
485	MHK	424	78	Holger	de Vries	70	Pewsumer Ossiloopers	0:55:57	0:53:27	0:55:41	1:08:15	0:57:40	0:55:09	5:46:10
486	MJ	62	778	Thorsten	Leiner	89	Nordwest-Blumen Wies	0:55:01	0:54:57	0:54:31	1:09:38	0:57:24	0:54:38	5:46:11
487	MHK	425	1086	Hans-Bernd	Billker	75	Nüttermoor	0:53:39	0:54:13	0:54:51	1:09:28	0:58:37	0:55:25	5:46:15
488	MHK	426	429	Enno	Klinkenberg	49	TV Norden	0:53:35	0:52:36	0:56:20	1:08:38	0:58:57	0:56:09	5:46:17
489	MHK	427	464	Johann	Grüßing	58	LG Uplengen	0:54:58	0:54:42	0:54:57	1:07:32	0:58:30	0:55:40	5:46:21
489	MHK	427	309	Jörg	Mau	58	Polizei Aurich	0:54:31	0:54:34	0:55:02	1:07:50	0:58:22	0:56:00	5:46:21
491	MHK	429	299	Thorsten	Gastmann	81	ENERCON GmbH	0:56:19	0:53:42	0:55:23	1:06:53	0:57:40	0:56:23	5:46:22
492	MHK	430	547	Kai	Denker	65	VfL Jheringsfehn	0:54:03	0:57:17	0:53:59	1:07:56	0:57:27	0:55:40	5:46:25
493	MHK	431	368	Georg	Jürrens	52	Krummhörn	0:54:52	0:52:59	0:55:29	1:08:35	0:58:59	0:55:30	5:46:26
494	MHK	432	575	Dieter	Dirks	65	SV Ochtersum	0:54:21	0:55:17	0:54:44	1:07:50	0:58:44	0:55:34	5:46:32
495	MHK	433	400	Coob	Buß	61	SV Eintracht Ihlow	0:56:06	0:54:54	0:54:57	1:09:50	0:56:47	0:53:59	5:46:34

27. Ostfriesland Lauf 2008

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23. Mai 2008

Endstand nach 6. Etappe

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Männer

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
496	MHK	434	607	August	Jeron	56	LT TuS Aurich-Ost	0:55:40	0:55:20	0:53:11	1:09:42	0:57:51	0:54:49	5:46:36
497	MHK	435	411	Bonno	Sjuts	51	TV Norden	0:54:25	0:52:51	0:55:54	1:08:47	0:59:02	0:55:46	5:46:46
498	MHK	436	777	Lars	Poelmeyer	83	Nordwest-Blumen Wies	0:54:23	0:53:57	0:54:35	1:10:08	0:59:46	0:54:33	5:47:25
498	MJ	63	889	Nikolai	Vossen	91	NIGE	0:56:06	0:55:14	0:54:56	1:08:04	0:59:10	0:53:53	5:47:25
500	MHK	437	964	Christian	Klapproth	85	Raiffeisenbank eG Moon	0:59:16	0:54:03	0:54:19	1:07:48	0:58:12	0:53:51	5:47:31
501	MHK	438	352	Rolf	Meyer	69	LG Großefehn	0:56:18	0:54:47	0:54:34	1:06:51	0:58:35	0:56:58	5:48:07
502	MHK	439	943	Wilhelm	Martens	57	Stapelmoor	0:54:22	0:54:28	0:55:59	1:10:14	0:58:50	0:54:27	5:48:22
503	MHK	440	433	Jörg	Daro	62	EWE-Wattloopers	0:56:14	0:54:07	0:56:03	1:05:56	0:59:56	0:56:06	5:48:24
504	MHK	441	684	Herbert	Kanthak	61	OBW Emden	0:58:16	0:54:52	0:55:10	1:09:28	0:57:28	0:53:19	5:48:35
505	MHK	442	523	Rolf	Bauer	68	TuS Ditzumerverlaat	0:56:50	0:54:33	0:55:14	1:09:05	0:57:51	0:55:01	5:48:36
506	MHK	443	649	Jakobus	Hofmann	54	TuS Holthusen	0:57:23	0:54:40	0:56:13	1:08:18	0:57:58	0:54:03	5:48:39
507	MHK	444	326	Hermann	Hildebrand	59	Polizei Aurich	0:54:00	0:54:30	0:53:44	1:06:56	0:58:15	1:01:16	5:48:42
508	MHK	445	443	Berthold	Lübben	62	LT TuS Aurich-Ost	0:56:26	0:54:50	0:56:52	1:08:36	0:57:59	0:54:00	5:48:45
509	MHK	446	357	Richard	Wagner	58	Kanalratten LT Team I	0:55:57	0:53:59	0:55:38	1:08:34	0:59:15	0:55:34	5:48:59
510	MHK	447	984	Hubert	Richter	60	HRS Westerholt	0:57:09	0:55:42	0:56:00	1:07:40	0:57:41	0:54:47	5:49:01
511	MHK	448	336	Axel	Klömpges	61	Auricher Taxen Zentrale	0:58:54	0:54:05	0:54:45	1:07:02	0:58:46	0:55:40	5:49:15
512	MHK	449	130	Wichert	Brüsehoff	66	TV Oldersum	0:54:12	1:03:11	0:53:29	1:07:29	0:56:28	0:54:26	5:49:16
513	MHK	450	947	Lars	Logemann	75	BZN, Aurich	0:57:22	0:55:35	0:54:29	1:08:09	0:57:32	0:56:21	5:49:30
514	MJ	64	487	Jochen	Feeken	90	TV Norden	0:55:34	0:53:41	0:56:50	1:10:57	0:58:32	0:54:08	5:49:44
515	MHK	451	574	Hartmut	Penning	51	DRK Ortsverein Holtla	0:57:03	0:54:17	0:54:56	1:08:01	0:59:24	0:56:04	5:49:46
516	MHK	452	475	Sven	Eckhoff	79	HRS Westerholt	0:56:03	0:55:26	0:56:13	1:07:51	0:57:42	0:56:41	5:50:00
517	MHK	453	788	Mark	Großmann	79	Druckerei Meyer, Aurich	0:56:31	0:53:53	0:54:56	1:10:53	0:59:02	0:54:43	5:50:01
518	MHK	454	426	Ralf	Hellmers	65	TV Norden	0:48:39	0:58:51	0:55:41	1:07:17	1:01:40	0:58:04	5:50:15
519	MHK	455	715	Aike	Schoon	88	ohne	0:57:07	0:55:14	0:54:47	1:09:58	0:58:25	0:54:44	5:50:18
520	MJ	65	310	Marco	Fauerbach	93	Wi sünd Holtriem	0:58:00	0:53:54	0:55:51	1:08:47	0:58:25	0:55:23	5:50:24
521	MHK	456	1085	Werner	Stienen	53	Druckerei Meyer	0:54:51	0:53:45	0:56:48	1:09:57	0:59:20	0:56:15	5:50:57
522	MHK	457	312	Tim	Pretl	78	Wi sünd Holtriem	0:54:32	0:53:36	0:55:50	1:08:55	1:00:08	0:57:58	5:51:02
523	MHK	458	403	Heinz	Rohden	63	Wi sünd Holtriem	0:56:27	0:54:13	0:56:41	1:08:24	0:59:20	0:55:59	5:51:06
524	MHK	459	663	Tido	de Vries	87	ELV Elektronik AG	0:58:28	0:57:38	0:54:38	1:07:59	0:57:46	0:54:36	5:51:08
525	MHK	460	1068	Johannes	Best	57	Aurich	0:56:00	0:55:05	0:55:53	1:10:44	0:59:06	0:54:55	5:51:46
526	MHK	461	378	Joachim	Ludwigs	69	ohne	0:57:05	0:55:05	0:55:15	1:09:04	0:59:23	0:55:55	5:51:50
527	MHK	462	554	Thorsten	Thielke	76	LT TuS Aurich-Ost	0:55:38	0:53:22	0:55:40	1:10:23	1:00:08	0:56:42	5:51:55
528	MHK	463	207	Fritz	Drost	43	MTV Wittmund	0:54:35	0:52:11	0:57:36	1:10:10	1:00:31	0:56:51	5:51:57
529	MHK	464	479	Peter	Krzewina	71	kein	0:57:06	0:53:59	0:56:20	1:10:19	0:59:20	0:54:53	5:51:59
530	MHK	465	1127	Johann	Behrends	44	*Walle	0:55:44	0:54:42	0:54:56	1:09:16	1:01:26	0:55:56	5:52:02
531	MHK	466	681	Andreas	Günther	70	Wasserschutzpolizei Em	0:58:54	0:50:40	0:54:47	1:08:06	1:01:05	0:58:31	5:52:06
532	MHK	467	960	Hinrich	Sparringa	69	ohne	1:00:43	0:57:19	0:56:19	1:08:05	0:56:26	0:53:15	5:52:09
533	MHK	468	240	Ulrich	Kavelmann	55	obw emden	0:56:21	0:54:15	0:57:57	1:09:24	0:58:51	0:55:33	5:52:24
534	MHK	469	342	Andre	Gehrke	66	Privat	0:56:52	0:55:37	0:55:40	1:08:03	0:59:55	0:56:39	5:52:50
535	MJ	66	967	Eike	Müller	89	Aurich	1:08:15	0:50:48	1:01:29	1:06:18	0:54:57	0:51:02	5:52:51
536	MHK	470	709	Jan	Busch	48	SV Holtland	0:56:08	0:55:34	0:55:33	1:08:06	1:01:10	0:56:27	5:52:59
537	MHK	471	335	Klaus	Klooster	75	Störtebeker Loopers TV	0:57:15	0:55:32	0:56:17	1:08:41	1:00:05	0:55:18	5:53:09
538	MHK	472	1098	Reinhard	Canenbley	64	Dethmers & Co.	0:56:04	0:54:38	0:58:00	1:10:22	0:59:07	0:55:26	5:53:40
539	MJ	67	602	Martin	Tannen	90	MTV Wittmund	0:59:15	0:55:13	0:54:16	1:08:05	1:00:30	0:56:33	5:53:54
540	MHK	473	597	Jörg	Puschke	70	LT TuS Aurich-Ost	0:59:53	0:55:25	0:55:29	1:09:14	0:59:18	0:54:44	5:54:05
541	MHK	474	369	Michael	Goldenstein	70	BV Victorbur	0:56:38	0:55:13	0:55:59	1:10:38	0:59:47	0:55:54	5:54:11
542	MHK	475	581	Torsten	Welling	64	MTV Wittmund	0:57:49	0:56:44	0:56:23	1:08:02	1:00:01	0:55:11	5:54:12
542	MHK	475	446	Jakobus	Willms	40	LT TuS Aurich-Ost	0:56:05	0:54:25	0:56:24	1:10:07	1:00:32	0:56:38	5:54:12
544	MHK	477	377	Ingo	Bruns	75	Möbel Buss	0:55:11	0:55:09	0:57:14	1:08:35	1:02:44	0:55:19	5:54:14
545	MJ	68	838	Jan-Gerd	Rademache	89	Möbel Buss	0:55:48	0:53:07	0:56:12	1:09:45	1:01:07	0:58:14	5:54:15
546	MHK	478	98	Klaus	Freese	69	LT TuS Aurich-Ost	0:58:15	0:55:31	0:57:32	1:09:03	0:58:19	0:55:45	5:54:28
546	MHK	478	846	Werner	Möhlmann	64	CVJM Neermoor	0:56:19	0:56:05	0:56:56	1:08:46	0:59:36	0:56:44	5:54:28
548	MHK	480	1014	Christian	Bauch	69	Emder Zeitung	0:57:36	0:56:34	0:57:11	1:09:25	0:58:35	0:55:15	5:54:38
549	MHK	481	505	Harm	Severiens	56	Bundeswehr Weener	0:56:27	0:54:32	0:56:02	1:10:07	0:59:58	0:57:33	5:54:42
550	MHK	482	758	Mario	Reiners	81	Druckerei Meyer, Aurich	0:55:09	0:57:15	0:53:21	1:10:54	0:59:02	0:59:24	5:55:06

27. Ostfriesland Lauf 2008

OSSILOOP - 2008

23. Mai 2008

Endstand nach 6. Etappe

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Männer

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
551	MHK	483	680	Volker	Rasner	60	MTV Wittmund	0:57:54	0:56:02	0:56:29	1:10:29	0:58:39	0:56:02	5:55:37
552	MJ	69	925	Felix	Paulus	94	aurich	0:59:59	0:55:40	0:56:22	1:09:40	0:59:30	0:54:25	5:55:39
553	MHK	484	71	Claus Peter	Paulus	63	aurich	0:59:59	0:55:40	0:56:23	1:09:40	0:59:30	0:54:26	5:55:41
554	MHK	485	717	Detlef	Wallenstein	73	Borromäus-Hospital	0:58:46	0:56:33	0:56:44	1:09:06	0:59:21	0:55:13	5:55:45
555	MHK	486	52	Helmut	Mäcken	78	Großefehn	1:00:56	0:56:37	0:56:32	1:09:26	0:57:52	0:54:26	5:55:52
556	MHK	487	630	Carsten	Oehmke	73	Rhauderfehn	0:57:25	0:54:35	0:57:29	1:10:18	1:00:11	0:55:57	5:55:58
557	MHK	488	79	Karl	Tjardes	44	MTV Wittmund	0:55:30	0:54:36	0:55:47	1:10:16	1:02:57	0:56:51	5:55:59
558	MHK	489	302	Stephan	Meierholz	65	Esens	0:56:53	0:55:53	0:56:30	1:10:09	1:00:25	0:56:17	5:56:10
559	MHK	490	381	Heinz-Fried	Schüler	56	Mtv Wittmund	0:54:48	0:54:19	1:01:54	1:09:07	0:59:24	0:56:41	5:56:16
560	MHK	491	786	Hinrich	Uphoff	50	TC Aurich-West	0:57:07	0:55:21	0:57:07	1:10:40	0:59:46	0:56:14	5:56:17
561	MHK	492	1106	Folkmar	Sinnen	66	Siebels-Baustoffcenter N	0:55:00	0:54:43	0:57:14	1:10:30	1:00:38	0:58:18	5:56:25
562	MHK	493	667	Uwe	Bock	61	LT TuS Aurich-Ost	0:56:40	0:55:46	0:56:01	1:11:53	0:59:57	0:56:14	5:56:34
563	MHK	494	537	Dirk	Borcherding	60	MTV Wittmund	0:53:24	0:52:33	0:54:41	1:06:39	1:06:19	1:03:01	5:56:39
564	MHK	495	1144	Henning	Mammes	81	SV Neu-Rehde	0:57:49	0:53:11	0:56:15	1:13:19	1:01:19	0:54:51	5:56:46
565	MHK	496	620	Nils	Friedrichs	70	Aurich	0:56:48	0:54:44	0:57:32	1:10:59	0:59:49	0:56:53	5:56:49
566	MHK	497	338	Günter	Janssen	43	MTV Aurich Tria	0:56:09	0:55:08	0:56:11	1:11:34	1:00:25	0:57:21	5:56:50
567	MHK	498	528	Heiner	Steenhoff	60	TSV Germania Holterf	0:54:24	0:52:25	0:56:45	1:15:45	1:02:46	0:54:47	5:56:54
568	MHK	499	82	Hartmut	Tunder	61	MTV Aurich Tria	1:00:26	0:57:14	0:55:28	1:10:03	0:58:45	0:55:00	5:56:57
569	MHK	500	781	Sven	Meyering	74	Frisia Loga 3	1:00:44	0:55:01	0:56:45	1:09:18	0:59:35	0:55:43	5:57:08
569	MHK	500	250	Rainer	Rufs	60	SV Eintracht Ihlow e.V.	0:54:51	0:56:14	0:58:02	1:09:51	1:00:54	0:57:12	5:57:08
571	MHK	502	531	Bodo F.L.	Brouwer	71	DPI AG	0:56:12	0:55:44	0:57:31	1:11:08	1:00:24	0:56:26	5:57:27
572	MJ	70	398	Steffen	Janßen	91	SV Ochtersum	0:54:05	0:52:13	1:02:27	1:15:29	0:59:46	0:53:27	5:57:29
573	MJ	71	712	Jens	Freese	89	ohne	0:57:10	0:55:16	0:54:47	1:10:03	0:58:31	1:01:41	5:57:30
574	MHK	503	914	Tobias	Ahlers	80	Hartmann Reederei	1:00:33	0:55:54	0:56:22	1:09:22	0:59:07	0:56:10	5:57:31
574	MHK	503	1212	Stefan	Schewiola	66	LT TuS Aurich-Ost	0:55:51	0:54:08	0:56:56	1:10:01	1:02:27	0:58:05	5:57:31
576	MHK	505	294	Jochen	Albers	69	Team Deutsche Post	0:55:34	0:55:24	0:57:45	1:11:05	1:00:06	0:57:39	5:57:35
577	MHK	506	621	Hinrich	Röben	56	LT TuS Aurich-Ost	0:56:28	0:55:36	0:56:35	1:10:44	1:01:00	0:57:25	5:57:50
578	MHK	507	993	Jens	Hüttinga	68	Wymeer	0:56:40	0:56:26	0:57:05	1:10:43	1:00:54	0:56:08	5:57:59
579	MHK	508	730	Günter	Meyer	65	EWE-Wattloopers	0:56:50	0:55:08	0:57:10	1:11:59	0:59:56	0:57:01	5:58:07
580	MHK	509	959	Günter	Wiegmann	60	ZGO	0:54:53	0:58:03	0:59:47	1:08:50	1:00:29	0:56:03	5:58:08
581	MHK	510	1058	Heinz-Geor	Motz	62	LT TuS Aurich-Ost	0:56:27	0:54:31	0:56:58	1:12:17	1:00:41	0:57:13	5:58:10
582	MHK	511	784	Hans-Günthe	Bruhnen	54	BSG Voba Jever	0:56:38	0:55:13	0:57:03	1:11:54	0:59:53	0:57:27	5:58:11
583	MHK	512	242	Michael	Hook	66	Watt'n Loopers	0:56:15	0:55:25	0:59:00	1:10:45	0:59:34	0:57:11	5:58:13
584	MHK	513	812	Gerhold	Wilken	54	Sparkasse LeerWittmun	0:57:09	0:56:48	0:57:52	1:10:08	1:00:21	0:56:02	5:58:23
585	MHK	514	780	Alexander	Klein	69	HRS Westerholt	0:58:03	0:56:08	0:57:01	1:10:47	0:59:42	0:56:42	5:58:25
586	MHK	515	513	Sebastian	Heibült	75	Uplengen	0:56:52	0:55:29	0:58:03	1:11:04	0:59:38	0:57:30	5:58:38
587	MHK	516	798	Christian	Heibült	40	SV Holtland	0:56:48	0:55:31	0:58:04	1:11:05	0:59:37	0:57:30	5:58:39
588	MHK	517	637	Johann	Reiners	59	Lionsclub Uplengen	0:57:05	0:56:46	0:57:27	1:10:59	1:00:04	0:56:17	5:58:41
589	MHK	518	1122	Martin	Groenhagen	46	Emden	0:59:50	0:55:15	0:56:29	1:10:47	1:00:20	0:56:02	5:58:45
590	MHK	519	1141	Gerold	Brinkmann	65	Polizei Leer	0:56:56	0:57:05	0:57:48	1:11:30	0:59:18	0:56:16	5:58:55
591	MHK	520	818	Jan-Uwe	Barth	79	Sparkasse LeerWittmun	0:57:30	0:54:03	0:56:00	1:12:09	1:02:22	0:57:12	5:59:18
592	MHK	521	445	Rainer	Ebel	62	LT TuS Aurich-Ost	0:56:05	0:56:34	0:57:54	1:10:08	1:00:50	0:57:46	5:59:19
593	MHK	522	423	Uwe	Marschall	58	TV Norden	0:57:17	0:54:54	0:56:40	1:10:45	1:01:41	0:58:04	5:59:24
594	MJ	72	1143	Steffen	Busemann	91	Gymnasium Rhauderf	0:58:58	0:55:25	0:56:16	1:09:05	1:02:18	0:57:23	5:59:27
595	MHK	523	604	Stefan	Trännapp	71	VffL Berumbur	0:56:23	0:55:55	0:57:47	1:10:36	1:01:51	0:56:56	5:59:31
596	MHK	524	829	Martin	Baldus	64	Hartmann Reederei	0:57:49	0:55:43	0:56:15	1:15:35	0:59:17	0:55:09	5:59:49
597	MHK	525	1001	Thorsten	Schoon	80	KBV Loot'n loopen Mul	0:56:56	0:56:18	0:56:28	1:12:05	1:01:51	0:56:13	5:59:53
598	MHK	526	435	Rolf-Dieter	Vennen	62	EWE-Wattloopers	0:56:36	0:55:46	0:57:46	1:11:33	1:00:43	0:57:29	5:59:55
599	MHK	527	1138	Horst-Dieter	Ahrenholtz	65	LT Moormerland	0:57:54	0:55:20	0:57:45	1:11:53	1:00:35	0:56:48	6:00:18
600	MHK	528	1164	Steffen	Fuchs	61	Sparkasse Aurich-Nord	0:59:07	0:58:42	0:54:59	1:12:03	0:59:54	0:55:44	6:00:30
601	MHK	529	451	Georg Ihno	Baumann	61	WT Loppersum	0:58:38	0:56:39	0:57:52	1:10:07	1:00:35	0:57:18	6:01:11
602	MHK	530	449	Uwe	Holst	59	LT TuS Aurich-Ost	0:59:54	0:56:25	0:57:28	1:10:34	1:00:29	0:56:20	6:01:13
603	MHK	531	536	Dieter	Bakker	58	Ruderverein Leer	0:58:45	0:57:50	0:58:39	1:10:47	0:59:39	0:55:33	6:01:16
604	MHK	532	337	Bernd	Schindler	68	TV Oldersum	0:55:08	0:56:03	0:57:30	1:13:41	1:00:52	0:58:10	6:01:27
605	MHK	533	869	Wilhelm	Müller	50	Emder LG	0:57:15	0:55:52	0:57:42	1:12:23	1:01:03	0:57:13	6:01:31

27. Ostfriesland Lauf 2008

OSSILOOP - 2008

23. Mai 2008

Endstand nach 6. Etappe

gedruckt 23.05.2008 23:00:26

Männer

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
606	MJ	73	625	Aiko	Stellamann	93	Gymnasium Rhaderf	0:58:57	0:55:25	0:57:10	1:10:23	1:02:15	0:57:22	6:01:33
607	MJ	74	611	Helge	Kellner	90	Gymnasium Rhaderf	0:58:57	0:55:23	0:57:10	1:10:24	1:02:15	0:57:22	6:01:34
608	MHK	534	1132	Heiko	Schuster	68	*Leer	0:58:12	0:57:08	0:57:17	1:11:51	0:59:56	0:57:12	6:01:38
609	MJ	75	1102	Jan-Michael	Heimann	93	MTV Wittmund	0:57:59	0:55:37	0:56:49	1:11:13	1:03:28	0:56:42	6:01:50
610	MHK	535	898	Cornelius	Berning	63	Leinerstift e.V.	1:00:35	0:55:45	0:56:49	1:12:16	0:59:40	0:56:50	6:01:58
611	MHK	536	890	Enno	Wolckenha	38	TC GW Leer	0:58:54	0:55:18	0:56:38	1:12:27	1:01:43	0:57:14	6:02:16
612	MHK	537	800	Holger	Tammen	69	Therapiehaus Tannenha	0:59:22	0:56:25	0:57:48	1:10:57	1:00:23	0:57:25	6:02:22
613	MHK	538	702	Herbert	Buss	59	Neukamperfehn	0:57:09	0:56:35	0:57:23	1:11:57	1:01:50	0:57:39	6:02:35
614	MHK	539	511	Heinz	Schmidt	63	Hartmann Reederei	0:59:56	0:57:15	0:57:19	1:11:39	1:00:01	0:56:32	6:02:45
615	MHK	540	585	Gerd	Trauernicht	58	LG Glave Gruppe	0:57:40	0:56:22	0:57:57	1:12:53	1:00:41	0:57:17	6:02:52
616	MHK	541	1096	Dirk	Beening	64	Vermessungsbüro Been	0:58:18	0:56:12	0:58:05	1:11:21	1:01:18	0:57:46	6:03:02
617	MHK	542	998	Thomas	Janßen	81	RVB Uplengen	0:57:13	0:55:11	0:58:07	1:11:29	1:03:02	0:58:00	6:03:04
618	MHK	543	887	Holger	Steinmetz	70	Emder LG	0:57:17	0:56:16	0:58:11	1:12:34	1:02:08	0:56:48	6:03:16
619	MHK	544	639	Harald	Eilts	64	EWE-Wattloopers	0:57:25	0:58:03	0:58:05	1:13:04	1:00:31	0:56:08	6:03:18
620	MHK	545	376	Renko	Buhr	88	Strackholt	1:01:01	0:55:17	0:58:17	1:10:57	1:01:33	0:56:21	6:03:27
621	MHK	546	933	Albert	Folkers	65	SV Wallinghausen	1:00:25	0:55:58	0:56:45	1:11:33	1:01:16	0:57:29	6:03:29
622	MHK	547	100	Werner	Narr	49	Loga	0:57:51	0:56:17	0:56:38	1:12:27	1:02:49	0:57:30	6:03:34
623	MHK	548	499	Fred	Kuhlmann	60	Emder Zeitung	0:57:37	0:57:31	0:58:06	1:10:42	1:01:16	0:58:25	6:03:39
623	MHK	548	391	Holger	Stumm	71	Simonswolde	0:56:02	0:56:34	0:57:13	1:12:37	1:02:11	0:59:00	6:03:39
625	MHK	550	623	Frank	Habben	70	VfB Münkeboe	1:00:47	0:55:18	0:57:31	1:12:22	1:00:33	0:57:08	6:03:42
626	MJ	76	534	Martin	Krisch	90	TSG / GYM Westersted	1:16:45	0:50:46	0:51:07	1:05:15	1:07:24	0:52:23	6:03:43
627	MHK	551	543	Frank	Gerdes	72	LT Middels	0:57:27	0:55:55	0:57:49	1:12:36	1:01:31	0:58:27	6:03:46
627	MHK	551	373	Fred	Hoppen	63	Watt'n Looper SV Dornu	0:58:49	0:55:45	0:58:16	1:13:11	1:01:10	0:56:32	6:03:46
629	MHK	553	1009	Wladislav	Lasunov	83	de Heizungsloopers	1:03:13	0:55:17	0:57:07	1:10:50	0:59:57	0:57:33	6:03:58
630	MHK	554	642	Dieter	Leemhuis	87	ELV Elektronik AG	1:01:00	0:57:18	0:57:33	1:14:34	0:59:48	0:54:03	6:04:19
631	MHK	555	339	Friedrich-Ka	Pennig	48	Teletta-Groß-Gymnasiu	0:58:32	0:56:23	0:58:05	1:13:25	1:01:45	0:56:12	6:04:24
632	MHK	556	89	Stefan	Nelz	68	Larisca	0:59:40	0:57:24	0:59:17	1:11:09	0:59:54	0:56:59	6:04:27
633	MJ	77	588	Jan	Schmidt	92	Wi sünd Holtriem	1:00:59	0:57:05	0:57:59	1:12:02	0:59:22	0:57:15	6:04:46
634	MHK	557	592	Stefan	Behrends	71	ohne	0:56:44	0:56:59	1:00:07	1:11:36	1:02:01	0:57:22	6:04:51
635	MHK	558	599	Andreas	Kruse	58	LT TuS Aurich-Ost	0:59:08	0:57:16	0:58:44	1:11:35	1:00:55	0:57:35	6:05:15
636	MHK	559	657	Uwe	Schwarz	63	Fun-Loopers	0:58:39	0:57:04	0:57:00	1:14:05	1:01:31	0:57:26	6:05:47
637	MHK	560	579	Manfred	Pollmann	45	TG-Wiesmoor	0:57:13	0:56:31	0:58:05	1:13:13	1:02:10	0:58:35	6:05:50
638	MHK	561	492	Jörg	Fleißner	60	Jugendhilfestelle Nortm	0:53:40	0:51:37	0:53:54	1:15:50	1:05:41	1:05:14	6:05:58
639	MHK	562	724	Hermann	Bertus	55	ohne	0:57:18	0:56:58	0:58:32	1:12:52	1:02:12	0:58:06	6:06:01
640	MHK	563	399	Franke	Ingo	85	SV Ochtersum	0:57:26	0:55:43	0:57:38	1:12:20	1:04:50	0:58:06	6:06:04
641	MJ	78	1071	Kevin	Kohoutek	92	Aurich	0:57:06	1:00:26	0:59:58	1:13:50	1:00:03	0:54:56	6:06:22
642	MHK	564	1160	Lübbe	Bünting	55	*Aurich	0:58:26	0:57:38	1:00:18	1:12:19	1:00:50	0:56:57	6:06:31
643	MHK	565	1006	Norbert	Block	77	BW Ramsloh	0:58:32	0:55:26	0:58:11	1:13:50	1:02:34	0:58:10	6:06:46
644	MHK	566	580	Wolfgang	Wöhrle	44	MTV Wittmund	0:57:55	0:56:48	0:58:28	1:11:17	1:03:59	0:58:27	6:06:56
645	MHK	567	701	Johann	Goudschaal	64	FTC Hollen	0:59:04	0:57:00	0:58:24	1:12:37	1:01:33	0:58:20	6:07:00
646	MHK	568	655	Horst	Wienrank	60	Watt'n Looper SV Dornu	0:59:07	0:57:26	0:58:05	1:11:43	1:02:03	0:58:39	6:07:06
647	MHK	569	776	Manfred	Anneken	61	Polizei Oldenburg	0:58:48	0:56:33	0:58:58	1:13:13	1:01:43	0:57:51	6:07:08
648	MJ	79	587	Philipp	Eisenhauer	92	Wi sünd Holtriem	1:05:05	0:58:35	0:57:59	1:12:02	0:59:21	0:54:15	6:07:18
649	MHK	570	439	Holger	Schwengels	74	EWE-Wattloopers	1:01:48	0:58:05	0:58:11	1:12:23	1:01:11	0:56:01	6:07:41
650	MHK	571	685	Martin	Köster	50	OBW Emden	0:59:02	0:57:08	0:58:35	1:13:03	1:02:23	0:58:24	6:08:37
651	MHK	572	295	Detlef	Meyer	59	FC Oldersum	0:59:38	0:57:35	0:58:32	1:14:40	1:01:15	0:56:56	6:08:38
652	MHK	573	402	Karl-Heinz	Nowinski	67	Enercon GmbH	0:58:18	0:57:22	0:58:20	1:13:33	1:02:38	0:58:37	6:08:49
653	MHK	574	720	Thomas	Rosemi	67	Aurich	0:56:57	0:57:11	1:04:33	1:11:43	1:01:11	0:57:24	6:09:02
654	MHK	575	700	Friedhard	Cramer	52	Emder LG	0:57:59	0:56:32	0:58:39	1:13:09	1:02:04	1:01:00	6:09:25
655	MHK	576	721	Wolfgang	Sattler	47	SV Eintracht Nüttermoor	0:54:26	0:52:29	0:54:54	1:15:49	1:10:03	1:01:44	6:09:27
656	MHK	577	465	Henning	Hülshof	65	Tura 07 Westrhaderfeh	0:59:29	0:57:20	0:58:57	1:13:28	1:01:49	0:58:40	6:09:45
657	MHK	578	215	Günter	Schulte	65	Lauffreff Bentstreek	1:00:48	0:56:56	0:59:20	1:13:23	1:01:52	0:57:31	6:09:52
658	MHK	579	321	Uwe	Feldmann	67	Vffl Berumbur	0:58:17	0:57:56	0:59:24	1:12:22	1:02:48	0:59:15	6:10:05
659	MHK	580	647	Rudolf	Puls	58	Fun-Loopers	0:59:00	0:59:54	0:58:06	1:13:35	1:02:01	0:57:28	6:10:06
659	MHK	580	627	Dietrich	Steinke	41	SV Concordia Neermoo	0:57:43	0:56:07	0:58:33	1:12:52	1:04:41	1:00:07	6:10:06

27. Ostfriesland Lauf 2008

OSSILOOP - 2008

23. Mai 2008

Endstand nach 6. Etappe

gedruckt 23.05.2008 23:00:26

Männer

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
661	MHK	582	653	Karl-Heinz	Wittwer	58	Schützencorps Emden	0:59:49	0:58:12	1:00:06	1:13:30	1:00:35	0:57:52	6:10:07
662	MHK	583	617	Eckhard	Neumann	53	LG Großefehn	0:57:45	0:56:43	0:58:24	1:11:32	1:05:20	1:00:29	6:10:16
663	MHK	584	722	Heiko	Eilts	71	Leerhufe	1:00:01	0:57:13	0:59:11	1:13:52	1:01:55	0:58:12	6:10:27
664	MHK	585	546	Gerhard	Lingner	49	TuRa 07 Westrauderfe	0:58:17	0:58:34	0:58:20	1:13:29	1:03:16	0:58:35	6:10:32
665	MHK	586	431	Gerold	Janssen	53	TV Norden	0:57:35	0:58:24	0:58:53	1:13:22	1:03:27	0:58:51	6:10:34
666	MHK	587	1154	Thomas	Schmidt	63	MTV Aurich	0:59:17	0:58:15	0:59:54	1:12:42	1:02:15	0:58:20	6:10:44
667	MHK	588	390	Manfred	Wollermann	42	MTV Wittmund	0:58:28	0:57:17	0:59:53	1:12:50	1:02:50	0:59:30	6:10:50
668	MHK	589	732	Eimo	Habben	58	ohne	0:58:40	0:56:41	0:57:54	1:13:14	1:06:00	0:58:28	6:11:00
669	MHK	590	430	Reiner	Heinks	61	TV Norden	0:57:51	0:57:44	1:02:25	1:14:24	1:01:29	0:57:07	6:11:02
670	MHK	591	586	Manfred	Eisenhauer	66	Wi sünd Holtriem	1:05:06	0:58:51	0:57:33	1:12:25	0:59:35	0:57:35	6:11:08
671	MHK	592	1064	Thomas	Schön	65	Leer	1:02:02	0:57:14	0:57:59	1:12:30	1:04:20	0:57:24	6:11:31
672	MJ	80	749	Kjell	Wollmann	94	Gymnasium Ulricianum /	1:02:10	0:59:26	0:59:24	1:10:24	1:02:55	0:57:18	6:11:40
673	MHK	593	1076	Nanno	Janssen	67	Leer	1:00:59	0:59:32	0:59:35	1:12:58	1:01:38	0:57:49	6:12:34
674	MJ	81	728	Steffen	Post	92	Esens	1:06:39	0:56:21	1:01:10	1:16:49	0:58:21	0:53:36	6:12:58
675	MHK	594	1097	Wilhelm	Kloppenbor	65	TuS Detern	1:01:37	0:57:43	0:59:45	1:12:51	1:02:39	0:58:45	6:13:23
676	MHK	595	734	Jens	Iken	69	KBV Blersum	0:58:06	0:57:55	1:00:02	1:15:46	1:02:35	0:59:08	6:13:34
677	MHK	596	515	Jan	Meinders	64	Wittmund	0:59:48	0:57:31	0:59:33	1:14:04	1:03:52	0:58:45	6:13:35
678	MHK	597	524	Peter	Reisige	71	ohne	0:59:04	0:58:41	0:59:52	1:13:45	1:01:52	1:00:21	6:13:37
679	MHK	598	661	Jürgen	Dreessen	71	Westerende-Holzloog	0:58:39	0:58:39	0:58:50	1:14:18	1:03:46	0:59:33	6:13:48
680	MHK	599	1055	Habbo	Freudenber	66	lhlowerfehn	0:59:00	0:57:48	0:59:55	1:14:36	1:03:27	0:59:07	6:13:54
681	MHK	600	673	Michael	Holdt	74	Leer	0:59:36	0:56:34	0:59:26	1:15:57	1:01:43	1:00:58	6:14:15
682	MHK	601	600	Gerd	Franken	63	LT TuS Aurich-Ost	0:59:41	0:58:05	0:58:59	1:14:56	1:02:47	0:59:50	6:14:21
683	MHK	602	1148	Holger	Janßen	68	SV Brinkum	1:01:53	0:58:44	1:01:02	1:12:30	1:02:15	0:58:03	6:14:30
684	MHK	603	214	Karl-Heinz	Gahl	54	Lauffreff Bentstreek	0:58:34	0:58:35	1:00:12	1:14:09	1:03:57	0:59:03	6:14:32
685	MHK	604	1052	Walter	Broer	53	G + S Hausservice, Grof	1:01:59	0:58:36	1:00:00	1:13:47	1:01:39	0:59:17	6:15:20
686	MHK	605	736	Bernhard	Poelmann	60	BSC-Burhufe	1:01:46	0:59:43	0:59:38	1:13:30	1:02:30	0:58:50	6:15:59
686	MHK	605	848	Joachim	Scherf	64	Team Deutsche Post	0:59:14	0:58:21	1:00:06	1:13:43	1:03:23	1:01:09	6:15:59
688	MHK	607	1092	Wiard	Meyer	62	Potshausen	0:59:26	0:58:11	1:00:12	1:15:46	1:02:52	0:59:40	6:16:09
689	MHK	608	1021	Berend	Janssen	44	LT TuS Aurich-Ost	0:59:29	0:58:40	1:00:10	1:13:48	1:04:17	0:59:45	6:16:11
690	MHK	609	726	Gerd	Janssen	53	Sandhorst	0:59:13	0:57:57	0:59:43	1:13:57	1:04:43	1:00:38	6:16:12
691	MHK	610	542	Tole	Krull	58	KBV Langefeld	0:58:10	0:57:21	1:01:30	1:12:39	1:03:28	1:03:09	6:16:20
692	MHK	611	463	Hans-Günthe	Schoneboo	66	Emder LG	0:59:19	0:58:07	0:58:06	1:12:52	1:06:13	1:01:48	6:16:27
693	MHK	612	691	Albert	Conring	47	TUS Detern	0:59:26	0:58:22	0:59:29	1:14:10	1:05:39	0:59:27	6:16:35
694	MHK	613	725	Dietmar	Rudnick	65	Onno Crämer Handelsg	0:59:31	0:58:53	0:59:25	1:16:06	1:03:20	0:59:19	6:16:36
695	MHK	614	648	Harald	Trauernicht	69	praxisfuernaturheikunde	1:01:07	0:58:25	1:00:29	1:13:36	1:04:08	0:58:54	6:16:41
696	MHK	615	353	Franz	Bruners	52	MTV-Wittmund	0:57:23	0:59:01	0:59:15	1:18:34	1:02:46	0:59:44	6:16:44
697	MHK	616	847	Rolf	Schneider	62	SC Ihrhove 07	1:00:54	1:00:36	1:00:26	1:12:23	1:03:00	0:59:32	6:16:53
698	MHK	617	582	Enno	Müller	62	Bremen	0:59:13	0:59:14	0:59:57	1:14:55	1:04:04	0:59:38	6:17:04
699	MHK	618	413	Michael	Gorzawski	61	TV Norden	0:58:23	0:57:59	1:00:54	1:14:56	1:04:46	1:00:08	6:17:07
700	MHK	619	668	Hans-Joach	Gedes	52	Lions-Club Uplengen	1:02:13	0:58:13	1:03:19	1:13:08	1:02:58	0:57:22	6:17:16
701	MHK	620	638	Harald	Schäfer	56	EWE-Wattloopers	0:58:47	0:58:46	1:00:18	1:15:15	1:03:36	1:00:34	6:17:18
702	MHK	621	896	Thomas	Schoone	88	Leinerstift e.V.	1:01:29	0:59:38	1:00:19	1:15:10	1:02:36	0:58:23	6:17:37
703	MHK	622	662	Reemt	Geiken	71	ENERCON	0:59:23	1:00:04	1:00:07	1:13:35	1:04:14	1:00:22	6:17:48
704	MHK	623	1155	Swen	Kleinau	-1	*Leer	1:00:05	0:59:37	1:02:50	1:14:40	1:03:41	0:57:00	6:17:55
705	MHK	624	679	Gerrit	Hoppmann	63	LG Ihrhove	0:59:49	0:58:39	1:01:20	1:13:42	1:04:14	1:00:11	6:17:57
706	MHK	625	713	Holger	Meyer	87	ohne	0:57:49	0:55:16	0:55:06	1:18:46	0:58:33	1:12:37	6:18:10
707	MHK	626	831	Hartwig	Frühling	64	LHV	0:57:59	0:57:36	1:00:45	1:15:10	1:06:51	0:59:59	6:18:22
707	MHK	626	841	Jan	Zellmer	75	ENOVA Energieanlagen	1:00:11	0:59:17	0:59:02	1:15:15	1:04:26	1:00:08	6:18:22
709	MHK	628	624	Günther	Fritz	59	Spielmanszug Marx	1:02:31	0:58:09	1:00:15	1:14:00	1:03:25	1:00:01	6:18:23
710	MHK	629	550	Horst	Franke	58	SV Ochtersum	0:58:14	0:57:19	0:59:42	1:14:04	1:08:52	1:00:22	6:18:35
711	MJ	82	988	Konstantin	Awlasenok	90	HRS Westerholt	1:00:52	1:00:18	1:00:52	1:13:25	1:04:55	0:58:38	6:19:03
712	MHK	630	677	Hermann	Schmidt	55	FC Stern Völlenerfehn	1:00:11	0:56:32	1:01:26	1:15:47	1:05:20	0:59:53	6:19:11
713	MHK	631	512	Jens	Müller	77	Hartmann Reederei	1:04:58	1:00:22	1:02:43	1:13:05	1:01:06	0:56:59	6:19:14
713	MJ	83	900	Marvin	Winkler	92	Leinerstift e.V.	1:00:33	0:58:28	1:08:53	1:12:11	1:01:27	0:57:38	6:19:14
715	MHK	632	670	Werner	Schroeter	45	Hockey-Club Moormerla	1:01:07	0:59:46	1:01:29	1:13:25	1:03:16	1:00:14	6:19:20

27. Ostfriesland Lauf 2008

OSSILOOP - 2008

23. Mai 2008

Endstand nach 6. Etappe

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Männer

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
716	MHK	633	404	Axel	Schewiola	38	TV Norden	1:00:01	0:58:12	1:00:29	1:13:39	1:05:10	1:01:51	6:19:24
717	MHK	634	619	Ralf	Akkermann	68	TV Oldersum	0:59:22	0:59:35	1:00:45	1:16:56	1:03:51	0:59:14	6:19:45
718	MHK	635	503	Gerd	Siebels	53	Fortuna Logabirum	1:00:34	0:58:36	0:59:55	1:14:16	1:05:16	1:01:07	6:19:47
719	MHK	636	660	Ralf	Flessner	71	Abken Bau Uтары	0:59:30	0:57:04	1:00:01	1:13:24	1:07:49	1:01:57	6:19:48
720	MHK	637	1050	Markus	Ripken	81	FFK Hage	1:00:32	1:00:36	1:00:14	1:16:56	1:02:43	0:59:10	6:20:13
721	MHK	638	556	Helmur	Ackmann	54	LT TuS Aurich-Ost	0:59:23	0:57:49	1:00:03	1:14:55	1:07:26	1:00:53	6:20:31
722	MHK	639	408	Herrmann	Wilts	46	TV Norden	0:58:28	0:58:36	1:01:32	1:15:46	1:06:11	1:00:19	6:20:54
723	MHK	640	1138	Klaus	Nikolic	48	VfL Berumbur	1:00:30	0:59:16	0:59:14	1:15:56	1:04:28	1:01:29	6:20:55
724	MHK	641	1117	Bernhard	Reiners	68	TuS Victorbur	1:00:05	0:59:50	1:00:07	1:16:00	1:04:26	1:00:48	6:21:19
724	MHK	641	696	Werner	Reiners	68	Südbrookmerland	1:00:06	0:59:50	1:00:07	1:15:59	1:04:27	1:00:47	6:21:19
726	MHK	643	525	Eilert	Juifs	45	LG Großefehn	0:59:56	0:58:30	1:00:05	1:15:33	1:06:24	1:01:00	6:21:30
727	MHK	644	938	Jörg	Zimmerman	69	ENERCON	1:00:01	0:59:55	1:02:00	1:16:13	1:04:27	0:59:07	6:21:46
728	MHK	645	741	Focko	Janssen	49	IGS Aurich-West	0:59:48	0:57:34	0:59:46	1:15:53	1:05:58	1:03:01	6:22:03
729	MHK	646	596	Hinrich	Thedinga	55	LT TuS Aurich-Ost	1:00:38	1:00:00	1:01:17	1:14:59	1:04:14	1:01:12	6:22:22
730	MHK	647	743	Hartmut	Duis	68	DUIS IMMOBILIEN	0:59:58	1:01:59	0:59:24	1:15:57	1:04:16	1:00:57	6:22:33
731	MHK	648	444	Frank	Leeling	68	BUSSE Techn.Großh. E	1:01:57	1:02:22	1:00:41	1:15:16	1:02:29	1:00:10	6:22:59
732	MHK	649	903	Marc	Hohmann	77	Leinerstift e.V.	1:02:39	1:00:33	1:00:31	1:15:16	1:05:00	0:59:55	6:23:57
733	MHK	650	746	Detlef	Puelscher	66	ohne	1:00:05	0:59:35	1:01:59	1:15:38	1:05:10	1:01:36	6:24:05
734	MHK	651	949	Arthur	Engelbrecht	51	Schützenspielmannszug	1:02:00	0:59:34	1:01:16	1:15:54	1:04:24	1:00:56	6:24:06
734	MHK	651	598	Wolfgang	Girts	52	LT TuS Aurich-Ost	1:02:01	1:00:23	1:01:53	1:15:52	1:04:29	0:59:26	6:24:06
736	MHK	653	676	Heinz	Buss	49	MTV Wittmund	1:00:01	0:58:04	1:01:29	1:17:49	1:05:34	1:01:11	6:24:10
737	MHK	654	650	Johann	Tjaden	52	Störtebeker Loopers TV	0:58:45	0:57:57	1:03:11	1:15:16	1:06:11	1:02:48	6:24:11
738	MHK	655	1091	Wilfried	Franzen	45	SV Teutonia Stapelmoo	1:00:03	0:58:49	1:01:02	1:16:04	1:05:42	1:02:41	6:24:23
739	MHK	656	686	Ralf	Brants	69	BUSSE Techn.Großh. E	1:02:45	0:59:53	1:01:56	1:14:37	1:06:37	0:58:39	6:24:29
740	MHK	657	911	Günter	Zierleyn	51	Leer	1:01:11	0:59:42	1:01:18	1:14:39	1:05:16	1:02:28	6:24:36
741	MHK	658	1004	Karl	Poppen	47	TG Wiesmoor	1:00:15	0:59:12	1:00:37	1:16:25	1:06:42	1:01:26	6:24:38
742	MHK	659	375	Rainer	Broszeit	79	SV Holtland	0:59:47	0:59:35	1:02:36	1:16:04	1:06:36	1:00:31	6:25:12
743	MJ	84	729	Marlon	Schneider	92	Esens	1:06:39	0:56:21	1:01:10	1:16:49	1:04:56	0:59:30	6:25:26
744	MHK	660	694	Helmur	Buß	68	Raiffeisenbank Wieseder	1:04:20	0:59:38	1:01:30	1:16:00	1:04:39	0:59:33	6:25:42
745	MHK	661	1093	Temmo	Dreesmann	61	VG VeWa	0:56:51	0:55:08	0:57:53	1:35:55	1:01:53	0:58:11	6:25:52
746	MHK	662	571	Günther	Schmidt	56	SV Holtland	0:58:02	1:00:32	1:01:09	1:19:28	1:04:01	1:02:47	6:26:00
747	MHK	663	966	Johann	Harms	57	LT TUS Aurich-Ost	1:01:09	0:59:45	1:01:53	1:18:13	1:05:39	0:59:20	6:26:01
747	MHK	663	612	Helmur	Höft	59	LT TuS Aurich-Ost	1:00:01	0:59:41	1:02:45	1:17:20	1:05:02	1:01:09	6:26:01
749	MJ	85	972	Okko	Harms	94	Gymnasium Ulricianum /	1:01:09	0:59:45	1:01:54	1:18:13	1:05:39	0:59:20	6:26:03
749	MHK	665	704	Jans Uwe	Kock	67	Schwerinsdorf	1:00:22	1:00:46	1:01:50	1:16:28	1:04:22	1:02:12	6:26:03
751	MHK	666	797	Joachim	Piela	51	IGS Aurich-West	1:01:16	0:57:52	1:01:45	1:18:18	1:03:59	1:02:54	6:26:05
752	MHK	667	922	Enno	Tergast	69	BSV Bingham	1:03:00	1:00:20	1:01:43	1:15:41	1:04:09	1:01:29	6:26:26
753	MHK	668	1019	Axel	van der Ber	73	VHS Laufen	1:03:04	1:00:46	1:01:13	1:15:42	1:04:09	1:01:29	6:26:27
754	MHK	669	742	Heinrich	Kleen	59	Onno Crämer Handelge	1:01:08	1:01:03	0:59:54	1:16:26	1:05:17	1:02:46	6:26:37
755	MHK	670	622	Bernhard	Herten	59	ohne	1:01:22	1:01:23	1:02:08	1:16:33	1:04:25	1:01:05	6:26:58
756	MHK	671	640	Karl	Habben	48	EWE-Wattloopers	0:59:58	0:59:10	1:02:19	1:17:18	1:06:52	1:01:29	6:27:09
757	MHK	672	1048	Peter	Sollermann	54	Pewsumer Ossiloopers	1:02:33	1:00:33	1:01:38	1:15:22	1:05:56	1:01:19	6:27:23
758	MHK	673	590	Marco	Emken	75	Nowebau	1:02:24	1:02:17	1:02:02	1:15:37	1:04:18	1:00:45	6:27:25
759	MHK	674	1158	Thomas	Zacher	64	*Emden	0:59:48	1:01:45	1:04:16	1:16:09	1:05:08	1:00:28	6:27:35
760	MHK	675	985	Gert	Heiermann	52	Emden	1:02:21	0:59:33	1:01:28	1:17:59	1:05:43	1:00:38	6:27:44
761	MHK	676	406	Wilhelm	Bolhuis	43	TV Norden	0:59:15	0:59:16	1:01:41	1:19:55	1:05:42	1:01:54	6:27:46
762	MHK	677	1016	Harald	Meyer	55	Südbrookmerland	1:00:59	1:00:59	1:01:36	1:17:22	1:05:52	1:00:58	6:27:48
763	MHK	678	432	Helmur	Falkenberg	65	TV Norden	1:01:16	1:00:37	1:01:54	1:17:06	1:05:14	1:01:52	6:28:02
764	MHK	679	906	Hans-Henni	Gerhard	74	ELV Elektronik AG	1:03:13	0:59:26	1:01:17	1:19:01	1:05:00	1:00:38	6:28:36
765	MHK	680	683	Volker	Jöchner-va	63	OBW Emden	1:02:28	1:01:21	1:02:14	1:15:14	1:05:36	1:01:41	6:28:37
766	MHK	681	811	Florian	Schiller	85	Blinden+Altenheim Log	1:02:35	0:58:33	1:04:05	1:17:20	1:05:07	1:00:56	6:28:38
767	MHK	682	992	Frank	Saathoff	72	VFB Münkeboe	1:03:44	0:59:40	1:00:31	1:16:50	1:04:27	1:04:10	6:29:24
768	MHK	683	737	Jan-Gerd	Jelden	55	Hage	1:01:49	1:00:14	1:01:46	1:16:48	1:06:07	1:02:44	6:29:29
769	MHK	684	616	Heinrich	van Lengen	40	LG Großefehn	1:01:53	1:00:10	1:03:00	1:16:49	1:05:46	1:01:50	6:29:31
770	MHK	685	654	Dietmar	Schultz	65	Team Deutsche Post	1:01:36	1:01:22	1:03:07	1:15:31	1:05:38	1:02:47	6:30:04

27. Ostfriesland Lauf 2008

OSSILOOP - 2008

23. Mai 2008

Endstand nach 6. Etappe

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Männer

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
771	MHK	686	796	Peter	Völker	55	LT TuS Aurich-Ost	1:02:27	1:00:35	1:02:22	1:15:53	1:06:26	1:02:22	6:30:08
772	MHK	687	553	Martin	Schiemann-	55	LT TuS Aurich-Ost	1:00:00	0:59:36	1:03:19	1:17:47	1:06:31	1:02:56	6:30:11
773	MJ	86	835	Mirco	Lind	93	Gymnasium Rhaderf	1:00:22	1:02:51	0:59:55	1:20:50	1:04:19	1:02:24	6:30:44
774	MHK	688	1100	Rüdiger	Weißsohn	56	JVA Emden	1:01:05	0:53:34	1:04:08	1:19:57	1:08:31	1:03:30	6:30:46
775	MJ	87	948	Daniel	Brinkmann	91	Dornum	1:01:45	1:04:48	1:00:10	1:15:54	1:05:27	1:02:58	6:31:05
776	MHK	689	644	Gerd	Busboom	68	ELV Elektronik AG	1:04:37	1:01:51	1:01:58	1:17:57	1:04:39	1:00:07	6:31:13
777	MHK	690	635	Olaf	Sweers	68	SV Wittmund	1:02:43	1:00:47	1:03:55	1:17:29	1:04:48	1:01:38	6:31:23
778	MHK	691	669	Sebastian	Warnke	79	Laufftreff Middels	1:02:37	1:00:39	1:01:40	1:17:42	1:06:26	1:02:22	6:31:28
779	MHK	692	764	Georg	Buß	58	Broekzetelerfehn	1:01:09	1:01:55	1:04:41	1:18:18	1:04:55	1:00:38	6:31:39
780	MHK	693	857	Thomas	Weingart	62	LG Ostfriesland	1:03:13	0:58:59	1:00:45	1:19:27	1:09:02	1:00:14	6:31:43
781	MHK	694	790	Siegfried	Janßen	53	Südbrookmerland	0:59:11	0:58:42	1:02:00	1:15:08	1:04:32	1:12:21	6:31:58
781	MHK	694	246	Gerold	Müller	53	Sparkasse Aurich-Nord	0:59:11	0:58:42	1:02:01	1:15:08	1:04:32	1:12:21	6:31:58
783	MHK	696	1133	Derk	Thiems	71	*Leer	1:07:17	1:00:48	1:03:07	1:16:10	1:06:06	0:58:39	6:32:09
784	MHK	697	863	Heino	Penning	67	Westoverledingen	1:02:21	1:01:23	1:02:07	1:18:51	1:05:50	1:01:36	6:32:10
785	MJ	88	751	Tim	Patzelt	93	Gymnasium Ulricianum /	1:02:10	1:04:26	1:03:07	1:14:43	1:06:42	1:01:12	6:32:21
786	MHK	698	1080	Martin	Janssen	51	TuS Sandhorst/Polizei A	1:04:14	1:02:13	1:02:36	1:16:38	1:06:28	1:00:20	6:32:32
787	MHK	699	1072	Steffen	Kroon	86	de Heizungsloopers	1:05:06	0:56:12	1:00:39	1:21:37	1:05:47	1:03:48	6:33:11
788	MHK	700	861	Gerd	Geiken	60	FFF Berumerfehn	1:03:36	1:01:22	1:01:44	1:19:45	1:05:36	1:01:17	6:33:23
789	MHK	701	1073	Timo	Langheinric	83	de Heizungsloopers	1:03:14	0:57:59	1:01:32	1:21:38	1:05:42	1:03:47	6:33:54
790	MHK	702	1115	Jörg	Janssen	67	LG Ostfriesland	1:03:48	1:02:44	1:03:23	1:16:10	1:06:29	1:01:21	6:33:58
791	MHK	703	566	Erik	Janssen	71	Team Deutsche Post	1:04:54	0:59:55	1:02:02	1:20:23	1:05:37	1:01:10	6:34:04
792	MJ	89	1005	Eike	Vienna	94	HRS Westerholt	1:03:33	1:05:40	1:02:40	1:13:56	1:09:34	0:59:12	6:34:38
793	MHK	704	1026	Dirk	Diederich	68	Nordwest-Blumen Wies	1:01:07	1:00:39	1:02:34	1:19:32	1:06:12	1:04:47	6:34:54
794	MHK	705	1110	Henning	Libner	52	SV Großefehn	1:03:38	1:02:00	1:02:44	1:18:17	1:06:38	1:02:03	6:35:21
795	MHK	706	334	Ewald	Schröder	64	LT TuS Aurich-Ost	1:01:19	1:00:05	1:08:13	1:17:44	1:05:13	1:03:23	6:35:59
796	MHK	707	851	Christian	Wowrek	55	Team Deutsche Post	1:01:17	0:59:55	1:02:11	1:20:23	1:08:57	1:03:24	6:36:08
797	MHK	708	801	Sascha	Paul	81	Enercon GmbH	1:07:30	1:05:08	1:02:19	1:16:28	1:04:26	1:00:20	6:36:14
798	MHK	709	419	Karl-Heinz	Schmidt	57	TV Norden	1:02:50	1:01:21	1:01:51	1:18:36	1:07:34	1:04:13	6:36:29
799	MHK	710	844	Karl-Dieter	Haken	51	HAKA	1:04:34	1:01:26	1:03:36	1:18:07	1:05:44	1:03:03	6:36:32
800	MHK	711	682	Rieke	Frerichs	48	LG Großefehn	1:03:00	1:02:12	1:04:24	1:18:54	1:06:08	1:02:00	6:36:39
801	MHK	712	551	Gert	Mansholt	63	Nowebau	1:04:06	1:00:45	1:02:43	1:18:54	1:06:21	1:03:54	6:36:45
802	MHK	713	1030	Ewald	Ennen	61	AOK Niedersachsen	1:03:00	1:02:10	1:03:28	1:19:53	1:06:03	1:02:10	6:36:47
803	MHK	714	1018	Jürgen	Kleemann	72	LT VfB Rajen	1:03:07	1:03:22	1:05:50	1:18:41	1:06:15	0:59:55	6:37:12
804	MHK	715	971	Johann	Heinks	50	Neu-Wiegboldsbur	1:03:03	1:02:12	1:03:31	1:19:54	1:06:13	1:02:36	6:37:31
805	MHK	716	658	Hillrich	Röttmann	61	Enercon GmbH	1:02:56	1:02:49	1:03:42	1:18:22	1:06:53	1:02:48	6:37:32
806	MJ	90	1145	Tilo	Kuiper	92	SV Holtland	1:02:10	1:00:24	1:02:38	1:18:06	1:10:05	1:04:16	6:37:42
807	MHK	717	983	Heiko	Gerbers	70	Ant Moor lang Eversmee	1:04:12	1:02:27	1:04:16	1:19:10	1:07:37	1:02:36	6:40:22
808	MHK	718	1002	Manfred	Gedes	59	Laufftreff Middels	1:04:14	1:01:59	1:03:28	1:19:07	1:07:21	1:04:15	6:40:28
809	MHK	719	1140	Dieter	August	60		1:04:16	1:02:45	1:03:43	1:19:58	1:07:01	1:02:43	6:40:29
810	MHK	720	678	Helmuth	Watermann	55	FC Stern Völlenerfehn	1:04:07	1:02:40	1:04:51	1:17:56	1:07:48	1:03:04	6:40:30
811	MHK	721	804	Michael	Schilz	67	Laufftreff Schafhauser W	1:04:41	1:01:03	1:02:46	1:21:58	1:07:42	1:02:27	6:40:39
812	MHK	722	995	Willi	Schulte	41	Barßel	1:04:16	1:00:56	1:03:24	1:19:03	1:09:06	1:04:12	6:40:59
813	MHK	723	567	Günter	Fitzner	48	Team Deutsche Post	1:01:31	1:00:33	1:03:01	1:18:12	1:13:36	1:04:12	6:41:07
814	MHK	724	816	Erhard	Meyer	62	Sparkasse LeerWittmun	1:02:39	1:01:39	1:04:21	1:20:22	1:08:57	1:03:12	6:41:12
815	MHK	725	799	Harald	Ramaker	63	SV Warsingsfehn	1:03:24	1:01:41	1:04:12	1:20:21	1:08:34	1:03:47	6:42:01
816	MHK	726	916	Oliver	Klosterman	71	NWK Sanderbusch	1:04:01	1:03:29	1:05:15	1:19:03	1:06:56	1:03:22	6:42:09
817	MHK	727	923	Johann	Willers	61	Wasserschutzpolizei Em	1:06:05	1:01:14	1:05:45	1:18:01	1:07:53	1:03:22	6:42:23
818	MJ	91	739	Jann Bruno	Janssen	93	Aurich	1:04:58	1:01:52	1:08:27	1:19:05	1:06:40	1:01:56	6:42:59
819	MJ	92	954	Rene\	Wulzen	92	H. T.-Gesamtschule Ihl	1:06:20	1:03:08	1:00:26	1:21:01	1:10:25	1:01:44	6:43:06
820	MHK	728	999	Tim	Strömer	87	OBW Emden	1:00:28	1:09:06	1:07:38	1:24:54	1:03:49	0:57:34	6:43:32
821	MHK	729	407	Alfred	Tränapp	41	TV Norden	1:04:36	1:02:46	1:03:57	1:21:00	1:08:26	1:03:02	6:43:49
822	MHK	730	866	Gero	Hirsch	68	Raiffeisenbank Wieseder	1:04:20	1:04:58	1:04:14	1:19:08	1:07:22	1:04:05	6:44:10
823	MHK	731	792	Harmannus	Hilbrands	58	de Heizungsloopers	1:05:13	1:00:09	1:04:57	1:22:17	1:07:31	1:04:18	6:44:28
824	MHK	732	1150	Heino	Heynen	64		1:04:02	1:04:01	1:06:51	1:20:31	1:07:30	1:02:41	6:45:39
825	MHK	733	968	Frank	Pohlentz	57	MTV Aurich	1:06:29	1:02:26	1:02:56	1:20:35	1:06:31	1:06:46	6:45:44

27. Ostfriesland Lauf 2008

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23. Mai 2008

Endstand nach 6. Etappe

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Männer

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
826	MHK	734	860	Jochen	Klunder	67	Ostgroßefehn	1:05:51	1:04:39	1:04:50	1:19:23	1:07:46	1:03:37	6:46:09
827	MHK	735	867	Christoph	Göhler	39	Aurich	1:02:59	1:02:09	1:03:34	1:21:27	1:09:27	1:07:01	6:46:40
828	MHK	736	910	Derk	Burghardt	68	Möbel Buss	1:08:10	1:03:29	1:03:55	1:21:42	1:06:57	1:02:27	6:46:42
829	MHK	737	522	Wolfgang	Heilemann	57	Team Erdinger Alkohol	1:07:11	1:03:56	1:05:22	1:20:14	1:07:08	1:03:03	6:46:57
830	MHK	738	803	Mike	Bents	68	Pub a la Pub	1:04:57	1:03:23	1:05:14	1:20:07	1:08:12	1:05:16	6:47:10
831	MHK	739	1066	Hans-Joach	Platte	53	Wiesmoor	1:04:53	1:02:36	1:04:51	1:19:57	1:09:04	1:06:03	6:47:27
832	MHK	740	850	Hartmut	Decker	62	Team Deutsche Post	1:03:50	1:02:31	1:04:17	1:21:38	1:09:42	1:06:04	6:48:05
833	MHK	741	937	Torsten	Harms	81	Stadtverwaltung Leer	1:10:11	1:08:10	1:03:35	1:18:33	1:06:20	1:01:15	6:48:06
834	MHK	742	262	Manfred	Palma	60	TUS Leerhufe-Hovel	1:05:27	1:04:16	1:05:24	1:20:55	1:08:13	1:04:03	6:48:20
835	MHK	743	608	Christian	Kuhlmann	66	Auricher Taxenzentrale	1:05:22	1:04:37	1:05:12	1:21:10	1:09:17	1:03:41	6:49:21
836	MHK	744	1008	Rainer	Busse	71	de Heizungsloopers	1:05:29	1:02:57	1:06:53	1:20:04	1:08:39	1:05:27	6:49:31
837	MHK	745	223	Heinz	Hoyer	43	Norden	1:08:50	1:04:06	1:03:55	1:22:40	1:07:12	1:02:59	6:49:44
838	MJ	93	541	Jonas	Schürmann	95	SV Warsingsfehn	1:02:53	1:10:18	0:56:35	1:18:57	1:15:31	1:05:30	6:49:46
839	MHK	746	1045	Bernhard	Mäcken	66	Großefehn	1:08:01	1:03:34	1:04:06	1:17:51	1:09:27	1:07:00	6:50:02
840	MHK	747	962	Michael	de Vries	72	Raiffeisenbank eG Moon	1:05:09	1:03:20	1:05:11	1:21:23	1:09:59	1:05:06	6:50:10
841	MHK	748	595	Uwe	Benthien	45	LT TuS Aurich-Ost	1:11:23	1:07:18	1:10:38	1:24:03	1:08:02	0:48:49	6:50:15
842	MHK	749	1023	Holger	Poppen	72	de Heizungsloopers	1:05:08	1:02:41	1:04:03	1:22:23	1:09:59	1:05:59	6:50:16
843	MHK	750	1011	Heinz	Behrens	57	DEKRA AUR	1:04:55	1:03:25	1:08:39	1:19:50	1:08:15	1:05:50	6:50:56
843	MHK	750	665	Ludwig	Hinrichs	59	Möbel Buss	1:08:20	1:03:35	1:04:23	1:22:35	1:08:42	1:03:19	6:50:56
845	MJ	94	396	Marvin	Lübben	89	SV Ochtersum	1:06:32	1:03:15	1:09:10	1:22:05	1:08:04	1:02:06	6:51:14
846	MHK	752	997	Heinz-Artur	Schnau	59	RVB Uplengen	1:04:43	1:05:37	1:07:45	1:21:09	1:07:54	1:04:40	6:51:52
847	MHK	753	697	Wolfgang	Dannecker	73	Emder LG	1:05:28	1:04:26	1:05:27	1:19:41	1:10:08	1:06:47	6:51:59
848	MHK	754	974	Rabie	Yassine	87	obw emden	1:07:49	1:03:56	1:08:51	1:21:26	1:07:07	1:03:14	6:52:25
849	MHK	755	723	Gerd	Peeken	73	Tus-Esens	1:03:23	1:05:16	1:04:31	1:22:36	1:11:33	1:05:27	6:52:49
850	MHK	756	1121	Rainer	Smidt	79	Stadt Leer	1:07:42	1:04:13	1:06:08	1:20:54	1:07:43	1:06:45	6:53:27
851	MHK	757	688	Claus	Röstel	59	LT TuS Aurich-Ost	1:05:10	1:03:41	1:06:13	1:21:00	1:11:50	1:05:45	6:53:41
852	MHK	758	858	Holger	Gluth	70	Leer	1:06:00	1:04:01	1:06:07	1:21:28	1:09:56	1:06:38	6:54:12
853	MHK	759	656	Hermann	Tannen	61	MTV Wittmund	1:03:31	1:03:34	1:04:37	1:22:18	1:11:00	1:09:12	6:54:15
854	MHK	760	695	Richard	Lücht	57	Emden	1:06:27	1:03:58	1:05:21	1:21:46	1:11:28	1:05:44	6:54:47
855	MHK	761	1123	Torsten	Träger	72	*Leer	1:07:55	1:05:00	1:06:24	1:22:34	1:08:31	1:04:39	6:55:06
856	MHK	762	1119	Eike	Saathoff	84	de Heizungsloopers	1:06:41	1:04:20	1:05:09	1:22:23	1:08:15	1:08:20	6:55:12
857	MHK	763	646	Johann	Beekmann	64	Nowebau	1:05:48	1:04:16	1:06:08	1:20:18	1:11:18	1:07:57	6:55:47
858	MHK	764	904	Anton	Gruben	42	SV Potshausen	1:03:41	1:07:11	1:09:03	1:22:27	1:09:23	1:05:52	6:57:40
859	MHK	765	692	Walter	Jelden	59	Blau-Weiß Filsum	1:04:58	1:03:14	1:05:27	1:22:26	1:12:05	1:09:43	6:57:54
860	MHK	766	521	Manfred	Middelborg	49	SV Ems Jemgum	1:06:19	1:05:45	0:59:31	1:25:07	1:12:02	1:09:13	6:57:58
861	MHK	767	809	Johann	Wolterink	42	Fortuna 70 Wirdum	1:04:09	1:06:10	1:06:00	1:20:39	1:13:28	1:07:34	6:58:02
862	MHK	768	859	Norbert	Bakker	64	Germania Leer	1:05:50	1:03:57	1:04:34	1:21:49	1:14:15	1:09:08	6:59:35
863	MHK	769	945	Werner	Böwe	44	Emden	1:06:18	1:05:04	1:06:49	1:23:15	1:11:00	1:08:09	7:00:37
864	MHK	770	893	Stefan	Hauschild	70	Weener	1:09:56	1:05:07	1:06:54	1:21:26	1:10:45	1:06:44	7:00:53
865	MHK	771	1062	Gerd	Bohlen	54	TuRa 07 Westrauderfe	1:07:04	1:04:33	1:07:45	1:23:41	1:11:43	1:06:23	7:01:11
866	MHK	772	290	Jens	Blume	68	Kirche Mittegroßefehn / 1	1:07:33	1:05:08	1:07:51	1:20:29	1:13:03	1:08:51	7:02:58
867	MHK	773	807	Frank	Jesch	66	Großefehn	1:09:29	1:04:20	1:08:45	1:22:57	1:12:14	1:06:06	7:03:52
868	MHK	774	687	Heiko	Heyen	57	LG Großefehn	1:06:39	1:07:29	1:07:36	1:23:36	1:10:30	1:09:09	7:05:00
869	MHK	775	591	Peter	Niens	49	Holtland	1:07:57	1:07:39	1:08:27	1:22:49	1:12:29	1:06:31	7:05:54
870	MHK	776	1033	Hans	Tjarks	56	looney loopers	1:09:59	1:08:47	1:08:26	1:22:59	1:09:39	1:06:08	7:06:00
871	MJ	95	942	Niklas	Kirchhoff	90	NIGE	1:06:42	1:05:43	1:08:30	1:26:54	1:13:29	1:05:38	7:06:58
872	MHK	777	698	Klaus	Schütterle	50	Großefehn	1:07:59	1:06:44	1:07:45	1:23:43	1:12:18	1:08:55	7:07:27
873	MHK	778	927	Wolfgang	Schmidtke	53	Loga	1:03:11	1:05:52	1:04:52	1:30:16	1:11:12	1:13:03	7:08:28
874	MHK	779	795	Arno	Hamel	64	LT VfB Rajen	1:05:26	1:05:02	1:05:50	1:25:19	1:16:11	1:10:52	7:08:42
875	MHK	780	930	Helmut	Schneider	62	BV Vorwärts Plaggenbu	1:08:18	1:05:48	1:07:56	1:24:21	1:13:16	1:09:16	7:08:57
876	MHK	781	572	Uwe	Remmers	59	Crocodiles Ihlow	1:12:23	0:57:15	1:13:04	1:24:57	1:12:20	1:09:06	7:09:05
877	MHK	782	672	Alfred	Eilers	57	Moormerland	1:07:04	1:07:11	1:08:47	1:23:59	1:12:55	1:09:07	7:09:06
878	MHK	783	840	Henri	Hüls	68	OBW Emden	1:10:45	1:06:07	1:07:28	1:23:30	1:13:13	1:08:47	7:09:52
879	MHK	784	1032	Werner	Deecken	51	looney loopers	1:11:36	1:08:51	1:08:32	1:22:57	1:10:38	1:07:16	7:09:53
880	MHK	785	883	Jan	Lüdeling	70	Hartmann Reederei	1:15:02	1:05:58	1:04:40	1:22:27	1:18:29	1:03:52	7:10:31

27. Ostfriesland Lauf 2008

OSSILOOP - 2008

23. Mai 2008

Endstand nach 6. Etappe

gedruckt 23.05.2008 23:00:26

Männer

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
881	MJ	96	1035	Christoph	Meenzen	89	BV Vorwärts Plaggenbu	1:10:12	1:07:41	1:11:40	1:25:22	1:12:04	1:05:45	7:12:47
882	MHK	786	703	Gert	Poppen	59	Aurich	1:09:29	1:05:36	1:05:41	1:29:56	1:14:34	1:10:17	7:15:36
883	MHK	787	845	Dennis	Haken	78	Weener	1:10:03	1:06:55	1:09:42	1:25:20	1:13:37	1:10:11	7:15:51
884	MHK	788	899	Manfred	Müller	55	Leinerstift e.V.	1:06:51	1:05:30	1:09:14	1:27:37	1:18:44	1:09:22	7:17:20
885	MHK	789	894	Ludwig	Neeland	62	Leinerstift e.V.	1:06:52	1:05:29	1:09:16	1:27:38	1:18:44	1:09:24	7:17:26
886	MHK	790	1003	Jan	Müller	68	LT VfB Rajen	1:08:16	1:06:02	1:08:21	1:27:21	1:17:42	1:10:27	7:18:11
887	MHK	791	1063	Hans-Jürge	Peters	49	Polizei	1:09:18	1:07:42	1:10:09	1:26:00	1:15:01	1:10:28	7:18:41
888	MHK	792	1037	Andreas	Arends	66	looney loopers	1:11:38	1:10:08	1:09:29	1:26:05	1:12:18	1:09:11	7:18:50
889	MHK	793	468	Frank	Zacherl	65	keinen	1:10:53	1:05:35	1:10:39	1:26:50	1:13:30	1:12:19	7:19:48
890	MJ	97	1065	Mirco	Janssen	94	NaBa Spezial	1:10:52	1:05:37	1:10:39	1:26:50	1:13:30	1:12:19	7:19:49
891	MHK	794	975	Heinz	Prange	61	ohne	1:10:11	1:08:09	1:10:27	1:27:38	1:16:02	1:09:28	7:21:57
892	MHK	795	956	Burghardt	Zirpins	57	OBW Emden	1:09:03	1:07:47	1:09:35	1:27:57	1:16:41	1:11:33	7:22:37
893	MHK	796	918	Joachim	Schulz	44	Wiesmoor	1:09:59	1:07:37	1:10:20	1:28:00	1:16:02	1:10:43	7:22:43
894	MHK	797	440	Michael	Jarcke	55	Möbel Buss	1:14:17	1:09:10	1:11:41	1:25:55	1:14:22	1:07:51	7:23:19
895	MHK	798	634	Jochen	Harms	81	SV Ochtersum	1:09:24	1:09:52	1:11:05	1:24:48	1:16:02	1:12:26	7:23:39
896	MJ	98	1036	Johann	Meints	89	Laftreff Ochtersum	1:12:20	1:20:29	1:09:27	1:22:36	1:11:12	1:09:37	7:25:43
897	MHK	799	716	Gerd	Claassen	45	LG Ostfriesland	1:17:36	1:09:00	1:10:21	1:25:38	1:13:52	1:09:47	7:26:17
898	MHK	800	810	Arnold	Schwegma	62	www.urologie-leer.de	1:12:51	1:09:11	1:09:28	1:28:06	1:17:13	1:11:02	7:27:53
899	MHK	801	748	Johann	Freese	39	LT Schafhauserwald	1:10:36	1:09:32	1:11:04	1:30:53	1:15:31	1:11:32	7:29:11
900	MHK	802	802	Johann	Rath	63	ELV Elektronik AG	1:12:27	1:11:18	1:11:21	1:27:43	1:15:37	1:11:03	7:29:31
901	MHK	803	1028	Heinz	Oelscher	54	BSG DAK Hamburg	1:12:45	1:09:35	1:14:02	1:27:45	1:13:37	1:11:49	7:29:35
902	MHK	804	689	Wilfried	Gieseler	61	LT TuS Aurich-Ost	1:15:01	1:11:58	1:08:56	1:27:38	1:15:09	1:11:45	7:30:30
903	MHK	805	1025	Thomas	Weichers	64	Sparkasse LeerWittmun	1:12:00	1:11:34	1:13:08	1:28:52	1:15:21	1:10:07	7:31:04
904	MHK	806	1111	Günther	Saathoff	46	TSV Hesel	1:10:54	1:08:58	1:12:57	1:29:52	1:17:49	1:12:54	7:33:26
905	MHK	807	824	Horst-Dieter	Wulf	39	Sparkasse LeerWittmun	1:12:00	1:09:35	1:14:56	1:30:53	1:15:25	1:10:59	7:33:49
906	MHK	808	932	Manfred	Diener	49	LG Großefehn	1:14:01	1:12:24	1:12:30	1:29:09	1:16:11	1:11:31	7:35:48
907	MHK	809	919	Horst	Moosler	37	VfL Germania Leer	1:14:42	1:12:32	1:12:15	1:28:28	1:15:50	1:13:46	7:37:35
908	MHK	810	929	Johannes	Janssen	57	Pewsumer Ossilooper	1:12:50	1:10:46	1:14:11	1:31:36	1:17:05	1:11:13	7:37:44
909	MHK	811	865	Martin	Schürmann	60	Poseidon Leer	1:13:58	1:11:27	1:13:48	1:33:24	1:15:42	1:09:30	7:37:52
910	MHK	812	881	Ralf	Siemens	64	Hartmann Reederei	1:15:16	1:09:15	1:13:35	1:29:46	1:16:59	1:13:32	7:38:26
911	MHK	813	1015	Henning	Brandt	77	Ostfriesische Volksbank	1:10:35	1:08:28	1:08:34	1:29:45	1:32:44	1:09:17	7:39:25
912	MHK	814	1034	Michael	Hofeditz	57	looney loopers	1:14:20	1:12:25	1:13:28	1:29:47	1:17:42	1:12:12	7:39:56
913	MHK	815	973	Bernhard	Büscher	54	Plaggenburg	1:14:40	1:13:29	1:12:33	1:30:12	1:20:15	1:14:08	7:45:20
914	MHK	816	874	Georg	Welter	68	Hartmann Reederei	1:15:23	0:55:32	1:25:34	1:24:27	1:15:37	1:31:20	7:47:54
915	MJ	99	1146	Jannik	Schindler	97	IGS Aurich	1:25:21	1:12:09	1:13:23	1:30:43	1:17:28	1:10:34	7:49:40
916	MHK	817	1069	Alexander	Wiebel	59	loonley loopers	1:13:40	1:13:46	1:15:34	1:33:38	1:20:19	1:14:54	7:51:53
917	MHK	818	924	Gerold	Huisman	76	OBW Emden	1:17:36	1:11:56	1:15:37	1:33:16	1:22:47	1:17:46	7:59:00
918	MHK	819	1134	Volker	Rudolph	54	IGS Aurich-West	1:19:48	1:16:19	1:16:42	1:34:04	1:19:14	1:14:54	8:01:02
919	MHK	820	1044	Jens	Friesenborg	63	Leer	1:18:24	1:15:32	1:18:39	1:33:11	1:23:05	1:16:20	8:05:13
920	MHK	821	833	Frank	Schuldt	77	ohne	1:17:40	1:16:00	1:16:50	1:35:34	1:22:24	1:20:48	8:09:18
921	MHK	822	1162	Jürgen	Saathoff	31	Lauftreff Jheringsfehn	1:15:52	1:14:54	1:19:12	1:37:46	1:23:44	1:19:23	8:10:54
922	MHK	823	969	Sören	Schmalwas	64	SV Nortmoor	1:16:12	1:19:22	1:16:49	1:37:50	1:22:40	1:18:49	8:11:44
923	MHK	824	593	Bodo	von Preyss	39	Blinden-Altenheim Pro S	1:20:19	1:21:11	1:21:54	1:38:55	1:26:11	1:21:37	8:30:10
924	MHK	825	921	Peter	Lubenow	40	Anzeiger für Harlingerla	1:25:10	1:23:16	1:22:45	1:45:17	1:27:27	1:22:27	8:46:25

27. Ostfriesland Lauf 2008

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23. Mai 2008

Endstand nach 6. Etappe

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Frauen

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
1	WHK	1	1	Sonja	Hoogestraa	76	Emder LG	0:43:52	0:43:22	0:44:49	0:55:32	0:49:03	0:45:30	4:42:10
2	WJ	1	479	Liza	Brinkmann	90	Praxis Dr. Brinkmann	0:45:56	0:43:15	0:44:48	0:54:40	0:49:04	0:45:30	4:43:15
3	WHK	2	478	Eva	Brinkmann	64	Praxis Dr. Brinkmann	0:47:45	0:45:20	0:46:46	0:57:53	0:50:10	0:47:20	4:55:17
4	WHK	3	6	Karin	Graf	69	Watt'n Loopers SV Dorn	0:47:33	0:46:37	0:48:16	0:59:15	0:52:39	0:49:46	5:04:08
5	WHK	4	61	Susanne	Hellmers	66	TV Norden	0:48:53	0:47:29	0:49:31	1:00:58	0:52:45	0:49:39	5:09:16
6	WHK	5	30	Marion	Bakker	62	Emder LG	0:49:56	0:49:03	0:49:16	1:00:28	0:52:15	0:49:17	5:10:17
7	WHK	6	7	Heike	Jünke	66	LG Uplengen	0:49:14	0:47:38	0:49:45	1:01:59	0:53:22	0:50:00	5:12:01
8	WHK	7	10	Maggy	Kannegieße	72	Sparkasse LeerWittmun	0:49:03	0:47:53	0:49:44	1:01:04	0:54:44	0:50:35	5:13:05
9	WJ	2	16	Frauke	Bronn	89	VfL Germania Leer	0:48:43	0:48:07	0:49:29	1:02:06	0:53:58	0:51:23	5:13:48
10	WHK	8	34	Kim	Lenz	81	Emder LG	0:49:08	0:48:04	0:50:22	1:00:28	0:55:13	0:50:52	5:14:10
11	WHK	9	4	Astrid	Lübben	71	Möbel Buss	0:48:37	0:48:28	0:50:05	1:02:21	0:54:22	0:51:12	5:15:06
12	WHK	10	458	Christina	Günsel	70	Druckerei Meyer, Aurich	0:50:29	0:49:22	0:49:27	1:02:31	0:53:24	0:50:26	5:15:42
13	WHK	11	31	Anja	Dekker	71	LT TuS Aurich-Ost	0:50:31	0:49:04	0:50:54	1:02:04	0:54:04	0:52:09	5:18:49
14	WHK	12	18	Jannette	Neemann	67	LT TuS Aurich-Ost	0:50:52	0:49:07	0:51:36	1:03:51	0:54:40	0:51:46	5:21:55
15	WHK	13	36	Herma	Janssen-Fr	64	Lauffreff Schafhauser W	0:50:39	0:49:21	0:51:42	1:03:50	0:56:12	0:52:03	5:23:49
16	WHK	14	466	Gesa	Freudenber	82	Ihlowerfehn	0:49:16	0:48:08	0:58:52	1:02:56	0:54:49	0:51:13	5:25:16
17	WHK	15	410	Melanie	Meints	76	Polizei Oldenburg	0:52:13	0:50:39	0:52:10	1:05:31	0:56:18	0:53:37	5:30:30
18	WHK	16	404	Elfriede	Glanzer	61	Wi sünd Holtriem	0:51:59	0:51:05	0:53:04	1:05:32	0:56:31	0:53:14	5:31:27
19	WHK	17	394	Imke	Brückmann	75	Raiffeisenbank eG Moon	0:52:01	0:50:50	0:53:52	1:05:54	0:56:49	0:53:07	5:32:35
19	WHK	17	489	Jasmin	Middeke	88	Fortuna Logabirum	0:53:43	0:51:43	0:52:51	1:04:55	0:56:34	0:52:47	5:32:35
21	WJ	3	407	Mareike	Bruhnken	92	MTV Jever	0:53:09	0:52:17	0:53:41	1:04:57	0:56:17	0:53:27	5:33:51
22	WHK	19	350	Heide	Meier	71	Fortuna Wirdum	0:55:56	0:51:45	0:52:24	1:04:58	0:56:26	0:53:52	5:35:24
23	WHK	20	52	Ingrid	Folkerts	66	FTC Hollen	0:53:21	0:51:41	0:54:02	1:05:39	0:57:24	0:53:53	5:36:03
24	WHK	21	37	Bettina	Pilney	62	SV Ems Jemgum	0:52:52	0:52:29	0:54:07	1:06:25	0:57:20	0:54:44	5:37:59
25	WHK	22	70	Maria	Büscher	60	LT TuS Aurich-Ost	0:53:28	0:52:24	0:53:28	1:06:17	0:58:33	0:54:45	5:38:58
26	WHK	23	20	Elisabeth	Heien	58	Tus Esens	0:53:21	0:52:00	0:54:03	1:06:17	0:58:05	0:55:10	5:38:59
27	WHK	24	44	Anke	Schrader	61	Pestalozzischule Weene	0:53:37	0:52:52	0:54:06	1:06:28	0:57:22	0:54:44	5:39:11
28	WHK	25	32	Imke	Janssen	76	LT TuS Aurich-Ost	0:54:12	0:52:54	0:54:12	1:06:38	0:56:53	0:54:43	5:39:34
29	WHK	26	63	Christina	Gerken	69	TV Norden	0:53:27	0:51:58	0:53:55	1:06:48	0:58:26	0:55:28	5:40:04
30	WHK	27	102	Stefanie	Wolf	85	KUH'S BEST-Team	0:53:41	0:52:01	0:54:42	1:07:05	0:57:55	0:55:50	5:41:17
31	WHK	28	17	Hilde	Steinke	45	SV Concordia Neermoo	0:53:37	0:54:33	0:55:49	1:07:14	0:57:13	0:53:43	5:42:10
32	WHK	29	33	Anja	Goos	72	Emder LG	0:53:19	0:52:40	0:55:21	1:08:23	0:58:28	0:54:20	5:42:34
33	WJ	4	505	Sara	Schwill	90	Germania Leer	0:53:31	0:51:11	0:55:50	1:09:00	0:58:38	0:55:00	5:43:12
34	WHK	30	19	Heidrun	Keiser	57	LG Uplengen	0:54:13	0:53:08	0:54:58	1:07:50	0:58:27	0:55:32	5:44:11
35	WHK	31	342	Marga	Tuitjer	56	Lauffreff Bentstreek	0:54:21	0:53:38	0:54:28	1:09:17	0:58:18	0:54:09	5:44:15
36	WHK	32	42	Silke	Klüver	63	Emder LG	0:54:52	0:54:35	0:55:11	1:07:13	0:59:07	0:55:23	5:46:24
37	WHK	33	207	Ina	Weber	85	Studio Larisca	0:56:46	0:55:00	0:57:13	1:07:22	0:57:20	0:53:57	5:47:40
38	WHK	34	85	Angela	Gerdas	62	IGS Waldschule Egels	0:54:46	0:53:37	0:55:06	1:08:12	1:00:04	0:56:00	5:47:47
39	WHK	35	110	Tanja	Heilemann	72	Praxis Heilemann	0:54:31	0:53:29	0:55:00	1:09:08	0:59:20	0:56:39	5:48:10
40	WHK	36	47	Monika	Henseler	68	Aurich	0:54:31	0:53:30	0:55:00	1:09:08	0:59:21	0:56:39	5:48:12
41	WJ	5	280	Lisa	Duken	90	NIGE	0:57:17	0:54:10	0:54:09	1:07:46	0:59:26	0:56:38	5:49:27
42	WHK	37	228	Sabine	Fecht	66	ohne	0:54:59	0:55:01	0:54:21	1:09:04	0:59:03	0:58:28	5:50:58
43	WHK	38	323	Claudia	Hafen	80	Emden	0:55:12	0:53:08	0:54:30	1:08:41	0:58:45	1:01:36	5:51:54
44	WHK	39	120	Gabi	Sünkel	72	Emder LG	0:56:16	0:54:47	0:55:59	1:09:51	0:59:35	0:56:20	5:52:51
45	WJ	6	106	Ilka	Janssen	92	LG Ostfriesland	0:54:49	0:54:04	0:55:23	1:09:46	1:01:54	0:56:56	5:52:54
46	WHK	40	346	Insa	Neumann	83	TV Bunde	0:54:32	0:53:56	0:56:36	1:10:03	1:00:08	0:58:03	5:53:20
47	WHK	41	95	Andrea	Benthien	68	LT TuS Aurich-Ost	0:56:54	0:55:15	0:56:13	1:09:53	0:59:14	0:56:14	5:53:45
48	WHK	42	39	Monika	Friesenborg	69	Emder LG	0:56:28	0:55:53	0:55:15	1:09:41	1:00:29	0:56:37	5:54:25
49	WHK	43	94	Sabine	Mansholt	71	ohne	0:55:24	0:54:59	0:56:55	1:11:19	0:59:37	0:56:17	5:54:35
50	WHK	44	49	Inge	Schoon	66	TG Wiesmoor	0:55:56	0:55:06	0:57:37	1:09:26	0:59:57	0:56:57	5:55:00
51	WHK	45	119	Daniela	Ploch	77	Wi sünd Holtriem	0:57:50	0:55:21	0:56:24	1:10:36	0:59:12	0:55:42	5:55:07
52	WHK	46	411	Alma	Tunder	57	SC Wiesens	0:53:50	0:54:14	0:56:24	1:10:46	1:02:14	0:57:52	5:55:22
53	WHK	47	349	Edith	Freudenber	68	Ihlow	0:55:32	0:54:24	0:56:21	1:10:50	1:01:46	0:56:56	5:55:51
54	WHK	48	96	Karin	Voss	61	LT TuS Aurich-Ost	0:56:54	0:55:48	0:56:47	1:10:29	0:59:43	0:56:11	5:55:56
55	WHK	49	68	Heike	Lüpkes	63	LT TuS Aurich-Ost	0:55:36	0:55:52	0:56:43	1:10:05	1:00:47	0:57:24	5:56:27

27. Ostfriesland Lauf 2008

OSSILOOP - 2008

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Frauen

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
56	WHK	50	360	Werena	Broers	79	VfR Eintracht Völlen	0:57:08	0:55:42	0:57:38	1:09:36	1:00:10	0:56:12	5:56:29
57	WHK	51	420	Brigitte	Diekmann	60	SV Holtland	0:57:05	0:55:03	0:57:09	1:10:19	1:00:12	0:56:46	5:56:36
58	WHK	52	88	Claudia	Saathoff	70	LT TuS Aurich-Ost	0:57:07	0:55:36	0:56:34	1:10:02	1:00:21	0:56:53	5:56:37
59	WHK	53	422	Cordula	Schmid	75	Realschule Aurich	0:57:01	0:56:57	0:56:36	1:10:20	0:59:50	0:56:00	5:56:47
60	WHK	54	506	Trijntje	Falkena	82	Crocodiles Ihlow	1:00:28	0:57:14	0:55:27	1:10:01	0:58:45	0:54:59	5:56:55
61	WHK	55	137	Sylvia	Welzel	72	VfL Jheringsfehn	0:56:35	0:55:19	0:57:28	1:09:48	1:00:29	0:57:16	5:56:58
62	WHK	56	107	Adda	Janssen	66	Wallinghausen	0:57:33	0:56:38	0:56:10	1:09:28	1:00:38	0:56:32	5:57:01
63	WHK	57	281	Elke	Osterhagen	76	Tauchgemeinschaft Pap	0:57:24	0:55:29	0:56:13	1:11:12	1:00:45	0:56:12	5:57:18
64	WHK	58	46	Engeline	Janssen	64	LG Ostfriesland	0:56:18	0:56:04	0:56:52	1:10:40	1:00:06	0:57:20	5:57:22
65	WHK	59	123	Claudia	Behnke	74	SV Wiesmoor	0:56:45	0:55:52	0:56:17	1:10:24	1:01:03	0:57:50	5:58:13
65	WHK	59	354	Carola	Röpkes	68	Ihlowerfehn	0:56:49	0:55:55	0:56:58	1:10:59	1:00:24	0:57:04	5:58:13
67	WJ	7	45	Kathrin	Evers	89	KBV Langefeld	0:57:23	0:56:27	0:58:26	1:10:25	0:59:59	0:55:40	5:58:22
68	WHK	61	74	Irene	Wagner	66	Emder LG	0:55:43	0:55:37	0:57:01	1:10:57	1:01:29	0:58:03	5:58:53
69	WHK	62	40	Maike	Lettau	64	Watt'n Looper SV Dornu	0:56:58	0:56:56	0:58:20	1:10:15	1:00:19	0:56:29	5:59:20
70	WHK	63	59	Christiane	Stanzel	68	TV Norden	0:57:17	0:54:54	0:56:40	1:10:46	1:01:41	0:58:04	5:59:24
71	WHK	64	172	Karen	Löhn	63	ohne	0:57:51	0:49:07	0:59:12	1:12:35	1:02:34	0:58:16	5:59:37
72	WHK	65	75	Kerstin	Schmidt	65	Hartmann Reederei	0:56:06	0:56:32	0:57:19	1:11:19	1:01:13	0:57:09	5:59:42
73	WHK	66	125	Janina	Borchert	87	R. u.F. Filsum	0:57:02	0:55:50	0:58:23	1:10:18	1:01:46	0:57:29	6:00:50
74	WJ	8	134	Lina	Heckhoff	90	VfL Germania Leer	0:58:07	0:56:55	0:59:20	1:10:51	1:00:01	0:55:40	6:00:57
75	WHK	67	71	Meike	Weerts-Dui	76	SV Holtland	0:57:29	0:56:03	0:57:17	1:11:52	1:01:10	0:57:21	6:01:15
76	WHK	68	365	Martina	Janssen	64	LT TuS Aurich-Ost	0:57:59	0:56:18	0:57:01	1:12:19	1:01:07	0:56:40	6:01:27
77	WJ	9	43	Anne	Herzog	89	STV Barßel	0:56:31	0:55:59	0:57:22	1:10:38	1:01:59	0:59:15	6:01:46
78	WHK	69	510	Gunda	Koch	77	Laufgruppe Spaß mit Sp	0:57:26	0:55:48	0:58:54	1:10:44	1:02:20	0:57:21	6:02:35
79	WHK	70	163	Miriam	Busch	71	OBW Emden	0:59:33	0:55:08	0:57:35	1:10:55	1:01:55	0:57:54	6:03:04
80	WHK	71	468	Amke	Boelsen	61	Leer	1:01:22	0:56:20	0:58:21	1:10:39	1:00:07	0:56:50	6:03:42
81	WHK	72	499	Sandra	Lübbers	87	Ländl. Versicherung	0:59:03	0:55:52	0:57:10	1:12:27	1:01:10	0:58:21	6:04:06
82	WHK	73	126	Sabine	Maciejewski	67	Aurich	0:58:45	0:56:56	0:57:21	1:11:56	1:02:27	0:56:52	6:04:20
83	WHK	74	344	Petra	Boekhoff	67	Laufftreff Bentstreek	0:57:26	0:56:25	0:57:28	1:12:16	1:02:05	0:58:42	6:04:25
84	WHK	75	91	Roswitha	Klaaßen	58	Pewsumer Ossiloopers	0:58:44	0:56:10	0:58:16	1:12:01	1:01:28	0:58:10	6:04:52
85	WHK	76	161	Sandra	Buß	82	Wasserschutzpolizei Em	1:01:11	0:56:34	0:57:43	1:10:56	1:01:06	0:58:30	6:06:02
86	WHK	77	87	Gunda	Ihnen	64	LT TuS Aurich-Ost	0:58:05	0:57:13	0:57:54	1:12:08	1:02:35	0:58:23	6:06:20
87	WJ	10	441	Lisa	Speckmann	91	MTV Aurich	1:00:06	0:56:20	0:58:10	1:12:16	1:02:27	0:58:02	6:07:23
88	WHK	78	356	Antje	Meyer	56	LG Uplengen	0:57:32	0:56:31	0:58:21	1:12:50	1:03:07	0:59:02	6:07:25
89	WHK	79	81	Marion	Geiken	66	LT TuS Aurich-Ost	0:57:50	0:56:57	0:58:52	1:13:21	1:02:26	0:57:59	6:07:29
90	WJ	11	470	Griet-Mara	Onken	90	VfL Germania Leer	0:57:16	0:56:05	0:58:38	1:11:47	1:05:34	0:58:19	6:07:41
91	WHK	80	355	Elke	Schulte	65	Oldenburg	0:56:55	0:56:45	0:59:04	1:12:48	1:03:25	0:59:12	6:08:13
92	WHK	81	77	Lydia	Schmidt	63	Holtland	0:57:10	0:56:53	0:58:53	1:13:24	1:02:59	0:59:02	6:08:23
93	WHK	82	408	Marita	Meyer	66	LG Papenburg	0:58:52	0:55:54	0:58:38	1:13:03	1:02:58	0:59:24	6:08:50
94	WJ	12	384	Wiebke	Pupkes	93	H. T.-Gesamtschule Ihl	0:56:26	0:58:10	0:58:10	1:15:29	1:01:31	0:59:25	6:09:12
95	WHK	83	66	Christina	Redmers	88	LT TuS Aurich-Ost	0:59:08	0:57:18	1:01:37	1:14:42	1:05:50	0:50:39	6:09:16
96	WHK	84	432	Alice	Smidt	82	Tammingaburg	0:59:58	0:59:07	0:58:02	1:11:28	1:01:45	0:59:07	6:09:30
97	WHK	85	86	Karin	Meints	62	LG Großefehn	0:56:58	0:56:58	0:57:44	1:13:47	1:04:02	1:00:03	6:09:35
98	WHK	86	155	Michaela	Tammen	77	ohne	1:02:07	0:57:02	0:57:09	1:11:51	1:03:29	0:58:02	6:09:42
99	WHK	87	51	Mareke	Janßen	65	KBV Langefeld	0:56:57	0:56:30	0:59:18	1:12:43	1:03:49	1:00:35	6:09:55
100	WHK	88	103	Martina	Stecher	64	MTV Wittmund	1:00:55	0:58:44	0:58:52	1:12:38	1:01:22	0:58:04	6:10:36
101	WHK	89	82	Gaby	Harms	70	KUH'S BEST-Team	0:57:01	0:57:50	0:59:08	1:12:55	1:03:06	1:00:40	6:10:44
102	WHK	90	405	Petra	Wist-Hamel	69	LT VfB Rajen	0:56:01	0:55:46	0:57:10	1:18:42	1:06:15	0:58:13	6:12:08
103	WHK	91	284	Margret	Kloster	56	Leer	0:59:29	0:57:30	0:59:37	1:12:46	1:03:49	0:59:03	6:12:17
104	WJ	13	169	Janna	Buhr	94	MTV Wittmund	0:59:27	0:56:43	0:59:19	1:13:17	1:03:40	0:59:55	6:12:23
105	WHK	92	56	Gudrun	Reismann	60	TV Norden	0:59:00	0:58:31	0:59:11	1:14:14	1:03:11	0:58:50	6:12:59
106	WJ	14	366	Dorothea	Heldt	92	MTV Wittmund	0:59:27	0:56:47	0:59:32	1:13:23	1:03:53	1:00:05	6:13:09
107	WHK	93	180	Irmhild	Meyer	54	TURA 07 Westrhauder	0:59:39	0:58:44	0:59:39	1:12:57	1:03:11	0:59:05	6:13:19
108	WHK	94	316	Anja	Hedemann	64	Möbel Buss	1:00:13	0:57:15	0:58:49	1:14:36	1:02:56	0:59:30	6:13:23
109	WHK	95	278	Sabine	Kula	78	Möbel Buss	1:00:13	0:57:15	0:58:49	1:14:59	1:02:57	0:59:29	6:13:44
110	WHK	96	378	Marion	Janssen	67	Allianz Rüländer	1:05:15	1:00:01	1:04:34	1:07:06	0:58:39	0:58:22	6:13:59

27. Ostfriesland Lauf 2008

OSSILOOP - 2008

23. Mai 2008

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Frauen

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
111	WHK	97	105	Feka	Gronewold	67	ohne	0:59:27	0:58:51	0:59:33	1:13:16	1:03:00	1:00:09	6:14:18
112	WHK	98	99	Mira	Hinrichs	81	LT TuS Aurich-Ost	0:57:36	0:56:46	0:59:27	1:15:27	1:05:07	1:00:03	6:14:28
113	WHK	99	108	Anne	Weyers	70	Emder LG	0:59:25	0:58:11	0:59:14	1:13:20	1:04:34	1:00:59	6:15:46
114	WHK	100	50	Silvia	Vosberg	65	Fortuna Logabirum	0:59:13	0:58:41	0:59:30	1:13:51	1:04:18	1:00:27	6:16:03
115	WHK	101	149	Ingrid	Nessen	71	LT TuS Aurich-Ost	1:00:46	0:58:36	0:59:40	1:14:14	1:03:30	1:00:02	6:16:49
116	WHK	102	518	Elke	Bornemann	64	*Weener	1:00:00	0:58:20	1:00:21	1:14:23	1:04:55	0:59:13	6:17:14
117	WHK	103	90	Herma	Braams	56	Utgast	0:59:04	0:58:10	1:00:45	1:14:14	1:04:19	1:00:58	6:17:32
118	WHK	104	109	Uschi	Klimaschka-	57	MTV Aurich	0:58:24	0:58:59	1:00:33	1:15:13	1:05:16	0:59:29	6:17:56
119	WHK	105	67	Elvira	Schröder-M	67	Emder LG	0:59:42	0:57:34	0:59:05	1:17:11	1:04:01	1:00:26	6:18:01
120	WJ	15	369	Anke	Hölscher	93	HTG-Ihlow	1:01:17	0:59:09	1:07:04	1:14:43	1:00:04	0:55:57	6:18:16
121	WHK	106	299	Anke	Gedes	72	TV Friedeburg	1:01:32	0:58:42	0:59:57	1:13:51	1:04:21	0:59:53	6:18:18
122	WHK	107	508	Beate	Meiners	72	*Harkebrügge	1:00:49	0:59:52	1:00:13	1:14:19	1:03:21	0:59:58	6:18:33
123	WHK	108	164	Angela	Schmidt	61	OBW Emden	1:00:42	0:58:03	0:59:15	1:14:14	1:04:31	1:01:50	6:18:36
124	WHK	109	65	Helga	Schmidt	65	EWE-Wattloopers	0:59:01	1:04:37	0:58:42	1:12:01	1:03:58	1:00:34	6:18:55
125	WHK	110	492	Gina	Lamberts	67	Uplengen	1:00:07	0:59:01	1:00:38	1:13:48	1:05:36	1:00:03	6:19:16
126	WJ	16	413	Maja	Dirks	93	Fortuna Logabirum	0:59:57	1:01:40	0:59:02	1:13:44	1:04:28	1:00:31	6:19:25
127	WHK	111	515	Ilona	Wien	72	Sparkasse Aurich-Nord	0:59:37	0:58:37	1:01:54	1:15:55	1:05:34	0:58:35	6:20:14
128	WHK	112	79	Maria	Beelmann-	55	LT TuS Aurich-Ost	0:59:55	0:58:51	1:00:27	1:14:54	1:04:39	1:01:36	6:20:23
129	WHK	113	54	Marion	Hüls	66	TV Norden	1:00:05	0:58:50	1:02:01	1:15:07	1:04:26	1:00:00	6:20:31
130	WHK	114	53	Mariechen	Emken	54	MTV Wittmund	1:00:08	0:59:28	1:00:33	1:14:47	1:04:38	1:00:59	6:20:34
131	WHK	115	358	Edith	Lienemann	63	Kanalratten Ihlow	0:59:58	0:57:47	0:59:13	1:16:04	1:04:39	1:03:18	6:21:01
132	WHK	116	402	Sonja	Kehmeier	76	ENERCON	1:01:08	0:59:18	1:01:56	1:16:03	1:03:40	0:59:07	6:21:14
133	WHK	117	116	Melanie	Beutter	75	Polizei Leer	1:00:15	1:00:39	1:00:38	1:15:05	1:04:30	1:00:24	6:21:33
134	WHK	118	97	Ute	Determann	61	LT TuS Aurich-Ost	1:01:23	0:59:05	1:00:46	1:16:00	1:04:14	1:00:32	6:22:02
135	WJ	17	357	Saskia	Bakker	92	LG Deichschleicher Ost	0:59:51	0:58:00	1:03:24	1:15:18	1:05:52	0:59:49	6:22:16
136	WHK	119	89	Simone	Daniel	62	Emder Kanu Club	1:00:49	0:58:59	1:00:35	1:17:40	1:04:34	0:59:39	6:22:19
137	WJ	18	475	Tessa	Behrends	90	Gymnasium Ulricianum	1:00:31	1:02:24	0:59:30	1:15:13	1:05:16	0:59:28	6:22:24
138	WJ	19	426	Swea	Eden	91	HRS Westerholt	1:05:29	1:00:22	0:57:43	1:18:07	1:02:23	0:58:20	6:22:26
139	WHK	120	361	Sonka	Kretzmer	83	Oldenburg	1:02:43	0:59:24	1:01:02	1:12:37	1:02:49	1:03:49	6:22:28
140	WHK	121	142	Hanna	Ottersberg	73	Möbel Buss	1:00:52	0:58:42	1:00:47	1:16:55	1:04:46	1:00:46	6:22:50
141	WJ	20	160	Charline	Winter	93	LT TuS Aurich-Ost	1:01:17	0:59:13	1:00:44	1:18:09	1:03:25	1:00:08	6:22:58
142	WHK	122	474	Frauke	Becker-de B	66	Emden	1:02:11	0:59:53	1:00:22	1:14:58	1:04:36	1:01:02	6:23:05
143	WHK	123	92	Waltraud	Tannen	62	MTV Wittmund	1:01:12	0:59:36	1:00:19	1:15:08	1:05:54	1:01:08	6:23:20
144	WHK	124	113	Ulrike	Schürmann	62	Germania Leer	1:01:24	0:58:45	1:00:21	1:14:32	1:07:32	1:00:54	6:23:30
145	WJ	21	516	Silke	Hinrichs	90	Gymnasium Ulricianum /	1:01:37	0:58:51	1:03:15	1:15:11	1:03:39	1:01:07	6:23:43
146	WHK	125	417	Edith	Akkermann	53	Concordia Ihrhove	1:00:30	1:00:45	1:01:31	1:16:23	1:04:25	1:00:29	6:24:06
147	WHK	126	121	Daniela	Förster-Rie	67	EWE Wattloopers	0:59:49	0:59:32	0:58:55	1:15:23	1:07:55	1:02:31	6:24:08
148	WHK	127	415	Claudia	Hinz	72	sc wiesens	1:00:55	1:00:28	1:00:29	1:14:52	1:05:21	1:02:07	6:24:13
149	WHK	128	237	Christa	Claaßen	60	Sandhorst	0:59:04	0:58:12	1:00:19	1:16:13	1:07:37	1:03:10	6:24:38
149	WHK	128	206	Kerstin	Oltrop	77	ohne	1:00:49	1:00:01	1:00:36	1:16:49	1:05:44	1:00:37	6:24:38
151	WHK	130	76	Frieda	Brinkmann	60	Fortuna Logabirum	0:57:53	0:58:01	1:00:46	1:16:56	1:05:56	1:05:11	6:24:46
152	WHK	131	177	Uda	Rieken	67	BV „Vorwärts“ Plaggenb	1:01:30	1:00:59	1:00:37	1:14:31	1:05:12	1:01:55	6:24:47
153	WHK	132	157	Regina	Stark	63	TuS Weener	1:01:23	0:58:56	1:01:17	1:14:56	1:06:18	1:02:30	6:25:22
154	WHK	133	176	Angela	Peters	65	LG Ostfriesland	1:01:16	1:00:34	1:01:12	1:15:55	1:05:16	1:01:36	6:25:50
155	WHK	134	194	Romana	Apostel	71	Blinden+Altenheim Log	1:04:42	0:59:41	1:02:08	1:15:48	1:03:33	1:00:17	6:26:11
156	WHK	135	128	Kerstin	Alexy	71	VfB Uplengen	1:00:22	1:00:46	1:01:51	1:16:55	1:04:21	1:02:13	6:26:29
157	WJ	22	424	Anke	Hanssen	91	SC-WIESENS	1:01:50	0:58:45	1:02:27	1:16:15	1:05:28	1:02:02	6:26:50
158	WHK	136	80	Annette	Detmers	61	LT TuS Aurich-Ost	1:01:15	0:58:05	1:03:02	1:15:04	1:04:51	1:04:37	6:26:56
159	WHK	137	507	Heike	Koplin	71	AOK Aurich	1:00:16	0:59:15	1:02:20	1:17:19	1:06:01	1:01:47	6:27:01
160	WHK	138	370	Marianne	Loeschen	60	Holtrop	1:02:38	0:59:52	1:01:37	1:16:32	1:05:22	1:01:07	6:27:10
161	WHK	139	150	Gunda	Schwegma	61	www.urologie-leer.de	1:00:34	1:00:43	1:02:45	1:15:38	1:05:57	1:01:37	6:27:15
162	WHK	140	129	Birgit	Keck	67	LG Ostfriesland	1:00:44	1:00:20	1:00:56	1:16:50	1:06:00	1:02:28	6:27:21
163	WJ	23	112	Sandra	Jelden	92	SV Nortmoor	1:02:41	1:00:52	0:59:04	1:15:33	1:06:40	1:02:34	6:27:25
164	WHK	141	154	Bianca	Bernhard	67	ohne	1:01:31	1:00:51	1:02:15	1:16:53	1:04:19	1:01:50	6:27:42
165	WHK	142	372	Heike	Lübben	68	Kanalratten LT Team I	1:01:07	0:59:45	1:00:51	1:17:00	1:05:39	1:03:18	6:27:43

27. Ostfriesland Lauf 2008

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23. Mai 2008

Endstand nach 6. Etappe

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Frauen

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
166	WHK	143	279	Heike	Kleen	77	Möbel Buss	1:02:11	0:59:20	1:02:18	1:15:38	1:06:25	1:02:12	6:28:06
167	WHK	144	127	Sandra	Hehlmann	76	LT TuS Aurich-Ost	1:02:34	1:00:14	1:01:50	1:16:17	1:05:50	1:02:49	6:29:37
168	WHK	145	430	Bettina	Kuiper	57	SV-Holtland	1:01:29	1:00:37	1:02:47	1:16:11	1:06:17	1:02:25	6:29:48
169	WHK	146	497	Andrea	Ziemann	62	TSV Hesel	1:01:38	1:02:23	1:01:39	1:16:21	1:05:52	1:02:14	6:30:10
170	WHK	147	496	Rita	Bruns	64	TSV Hesel	1:01:40	1:02:23	1:01:40	1:16:22	1:05:52	1:02:17	6:30:15
171	WHK	148	362	Rena	Warsmann	63	LG OSTFRIESAND	1:00:44	1:00:50	1:02:29	1:17:47	1:06:00	1:02:26	6:30:18
172	WHK	149	84	Hannelore	Engelbarts	56	Emder LG	1:01:25	0:59:35	1:01:59	1:16:50	1:07:32	1:03:12	6:30:36
173	WHK	150	520	Ilona	Marks	69	Tura 07	1:02:28	1:00:43	1:02:24	1:16:54	1:06:12	1:02:22	6:31:05
174	WHK	151	181	Giesela	Schulz	77	AKTIVA GmbH Wolters	1:01:43	1:01:55	1:02:43	1:17:23	1:06:06	1:01:38	6:31:30
175	WHK	152	111	Ute	Struß	86	SV Nortmoor	1:02:52	1:01:41	1:01:45	1:16:09	1:06:40	1:02:34	6:31:42
176	WHK	153	179	Angelika	Kühl-Giese	67	Emden	1:03:07	1:00:58	1:00:55	1:17:56	1:06:34	1:03:07	6:32:38
177	WHK	154	73	Maria	Siepert	56	MTV Wittmund	1:03:29	1:01:11	1:03:33	1:18:04	1:05:28	1:01:10	6:32:57
178	WHK	155	509	Astrid	Kampen	70	Filsum	1:05:50	1:04:25	1:01:06	1:16:35	1:04:25	1:01:25	6:33:48
179	WHK	156	210	Imke	Hoppen	74	Nortmoor	1:02:09	1:02:22	1:03:51	1:15:47	1:07:13	1:02:57	6:34:21
180	WHK	157	455	Katrin	Rosenboom	71	Willmsfeld	1:03:03	1:02:09	1:03:24	1:19:17	1:05:56	1:01:45	6:35:36
181	WHK	158	461	Venke	Becker	67	LT BSC Burhufe	1:02:05	1:01:40	1:03:21	1:18:37	1:07:03	1:03:05	6:35:53
182	WHK	159	57	Maren	Dunker	66	TV Norden	1:02:50	1:01:21	1:01:50	1:18:34	1:07:32	1:04:13	6:36:23
183	WHK	160	419	Mareike	Brahms	81	Leer	0:59:59	1:01:30	1:04:44	1:19:30	1:05:29	1:05:14	6:36:29
184	WHK	161	472	Marie	Ubben	58	EDEKA	0:53:51	1:01:24	1:04:22	1:21:08	1:09:51	1:06:17	6:36:56
185	WHK	162	100	Doris	Rieken	61	LT TuS Aurich-Ost	1:03:10	1:02:26	1:02:40	1:17:22	1:07:27	1:04:01	6:37:08
186	WHK	163	101	Andrea	Scheffler	66	LT TuS Aurich-Ost	1:03:10	1:02:21	1:02:40	1:17:22	1:07:36	1:04:01	6:37:12
187	WHK	164	256	Britta	Hülshof	69	TuRa 07	1:02:18	1:01:43	1:03:01	1:18:14	1:08:49	1:03:18	6:37:24
188	WHK	165	429	Insa	Schipper	68	Leer	1:02:47	1:01:21	1:03:39	1:18:07	1:07:42	1:03:48	6:37:26
189	WHK	166	98	Beate	Speckmann	61	LT TuS Aurich-Ost	1:04:25	1:02:02	1:02:50	1:19:04	1:06:26	1:02:58	6:37:48
190	WHK	167	173	Inga	Pleis	81	Polizei Leer	1:03:05	1:00:32	1:03:49	1:18:00	1:07:47	1:04:44	6:37:58
191	WHK	168	186	Bianca	Pommer	71	AKTIVA GmbH Wolters	1:03:38	1:02:11	1:03:53	1:17:28	1:06:54	1:04:02	6:38:09
192	WHK	169	233	Christa	Janssen	43	SV Brinkum	1:04:50	1:02:56	1:03:31	1:18:03	1:06:21	1:02:48	6:38:32
193	WHK	170	456	Monika	Kuper	65	Vreschen-Bokel	1:03:56	1:04:32	1:02:13	1:22:01	1:05:40	1:00:09	6:38:34
194	WHK	171	416	Marike	Heislitz	83	Leer	1:00:54	1:01:30	1:04:44	1:19:29	1:06:54	1:05:14	6:38:46
195	WHK	172	434	Regina	Battermann	51	Fehntjer Lauftreff	1:03:55	1:01:48	1:02:28	1:17:31	1:08:43	1:04:25	6:38:52
196	WHK	173	162	Andrea	Gronewold	79	Wi sünd Holtriem	1:02:52	1:02:05	1:02:53	1:18:16	1:08:59	1:04:10	6:39:16
197	WHK	174	259	Heidi	Sollermann	53	Leer	1:03:44	1:01:44	1:04:14	1:18:00	1:08:12	1:03:50	6:39:46
198	WHK	175	62	Margit	Klinkenborg	52	TV Norden	1:02:50	1:01:57	1:04:22	1:19:53	1:07:42	1:03:01	6:39:47
199	WHK	176	227	Beate	Reiter	66	ohne	1:02:04	1:02:06	1:03:08	1:21:14	1:07:04	1:04:35	6:40:13
200	WHK	177	83	Insa	Boje	77	KUH'S BEST-Team	1:03:23	1:01:08	1:03:53	1:18:32	1:09:26	1:04:14	6:40:38
201	WHK	178	48	Katrin	Schilz	71	Lauftreff Schafhauser W	1:04:41	1:01:03	1:02:46	1:21:59	1:07:41	1:02:27	6:40:39
202	WHK	179	257	Gerlind	Mengers	67	TURA 07 Westrhauder	1:02:18	1:01:42	1:04:10	1:19:36	1:08:46	1:04:17	6:40:52
203	WHK	180	368	Anne	Galetzka	62	Fortuna Wirdum	1:03:44	1:03:24	1:04:03	1:19:33	1:07:39	1:02:52	6:41:17
204	WJ	24	451	Fenna	Hilbrands	92	de Heizungsloopers	1:06:27	1:00:21	1:04:02	1:21:15	1:06:07	1:03:13	6:41:28
205	WJ	25	395	Paula	Herlyn	90	Aurich	1:04:06	1:02:43	0:59:29	1:17:40	1:10:21	1:07:18	6:41:41
206	WHK	181	498	Sabine	Träger	71	*Leer	1:07:54	1:03:40	1:03:24	1:18:40	1:06:59	1:02:20	6:42:59
207	WHK	182	214	Elke	Piehn	76	Emder LG	1:04:02	1:02:59	1:04:07	1:19:56	1:08:14	1:04:00	6:43:21
208	WHK	183	104	Gunda	Heyen	67	LT TuS Aurich-Ost	1:03:08	1:03:24	1:04:59	1:18:56	1:10:05	1:03:20	6:43:55
209	WJ	26	393	Annabell	Blank	89	Sportvereinigung Aurich	1:04:07	1:02:48	1:01:54	1:18:14	1:10:52	1:05:59	6:43:56
210	WHK	184	487	Herta	de Buhr	60	Neukamperfehn	1:05:19	1:06:50	1:04:24	1:17:46	1:07:30	1:03:01	6:44:53
211	WHK	185	258	Elke	Meiners	50	TuRa 07	1:03:43	1:01:46	1:04:27	1:20:07	1:08:59	1:06:51	6:45:56
212	WHK	186	268	Sandra	Mudder	64	Wi sünd Holtriem	1:04:50	1:04:54	1:04:51	1:19:30	1:07:38	1:04:16	6:46:02
213	WHK	187	363	Margret	Schoon	63	TG Wiesmoor	1:03:16	1:02:37	1:04:58	1:20:09	1:09:04	1:06:04	6:46:11
214	WHK	188	178	Maike	Zimmerman	80	Rhauderfehn	1:04:18	1:02:33	1:05:41	1:20:43	1:08:21	1:05:08	6:46:47
215	WHK	189	182	Claudia	Kerl	78	Pub a la Pub	1:04:57	1:03:23	1:05:14	1:20:07	1:08:11	1:05:15	6:47:09
216	WHK	190	462	Andrea	Wübbenhor	73	KBV Burhufe	1:03:30	1:01:36	1:05:03	1:20:05	1:10:50	1:06:08	6:47:15
217	WHK	191	263	Hildegard	Niemeyer	50	Emder LG	1:04:58	1:02:59	1:03:51	1:19:08	1:10:09	1:07:02	6:48:09
218	WHK	192	373	Bärbel	Ditzfeld	66	Lg Ostfriesland	1:03:50	1:02:31	1:04:28	1:21:36	1:09:41	1:06:04	6:48:12
219	WHK	193	276	Petra	Palma	65	TUS Leerhufe-Hovel	1:05:27	1:04:17	1:05:24	1:20:53	1:08:14	1:04:03	6:48:21
220	WHK	194	473	Nina	Schipper	77	Westoverledingen	1:07:19	1:04:44	1:05:38	1:21:06	1:07:25	1:02:08	6:48:22

27. Ostfriesland Lauf 2008

OSSILOOP - 2008

23. Mai 2008

Endstand nach 6. Etappe

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Frauen

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
221	WHK	195	514	Gisela	Heynen	62	*Strücklingen	1:07:28	1:04:14	1:06:51	1:20:43	1:07:31	1:02:41	6:49:31
222	WHK	196	272	Nadja	Boudarenko	86	ELV Elektronik AG	1:05:42	1:02:59	1:03:58	1:18:54	1:08:14	1:09:51	6:49:41
223	WJ	27	452	Eske	Hilbrands	96	de Heizungsloopers	1:04:03	1:00:20	1:04:46	1:24:37	1:12:32	1:03:56	6:50:15
224	WHK	197	250	Susanne	Janßen-Ha	66	SV Nortmoor	1:04:47	1:04:04	1:05:24	1:21:38	1:09:22	1:05:15	6:50:32
225	WHK	198	517	Renate	Romaneeß	65	Aurich	1:04:59	1:03:49	1:05:35	1:20:33	1:10:09	1:05:32	6:50:39
226	WHK	199	436	Petra	Baumgarte	70	HS-Aurich	1:07:03	1:05:05	1:06:09	1:20:51	1:07:57	1:03:42	6:50:49
227	WHK	200	249	Karin	Buschmeier	71	Leer	1:04:47	1:05:21	1:04:58	1:20:42	1:09:56	1:05:12	6:50:59
228	WHK	201	198	Hanna	Kaltwasser	65	Sparkasse LeerWittmun	1:05:20	1:02:44	1:05:19	1:22:18	1:09:18	1:06:05	6:51:06
229	WHK	202	428	Sandra	Janssen	80	Moormerland	1:05:47	1:02:44	1:05:22	1:21:09	1:10:08	1:06:09	6:51:22
230	WHK	203	131	Viola	Brahms	81	Studio Larisca	1:01:13	0:59:25	1:02:23	1:27:46	1:13:34	1:07:00	6:51:25
231	WHK	204	130	Dora	Rabenberg	52	TV Bunde	1:04:39	1:04:21	1:07:19	1:19:58	1:09:12	1:05:56	6:51:26
232	WHK	205	265	Birgit	Olbrich	57	Leinerstift e.V.	1:05:06	1:03:46	1:05:49	1:20:59	1:09:56	1:06:02	6:51:41
233	WHK	206	231	Birgit	Boden	74	TuS Leerhufe-Hovel	1:06:45	1:04:37	1:06:55	1:20:29	1:08:17	1:04:37	6:51:43
234	WHK	207	269	Monika	Rohden	66	Wi sünd Holtriem	1:05:20	1:03:52	1:06:06	1:20:06	1:10:11	1:06:07	6:51:44
235	WHK	208	532	Helga	Boden	50	*Schweindorf	1:06:45	1:04:37	1:06:56	1:20:29	1:08:17	1:04:38	6:51:46
236	WHK	209	170	Claudia	Brandau	63	Leer	1:03:18	1:04:50	1:07:44	1:20:17	1:09:24	1:06:12	6:51:47
237	WHK	210	291	Manuela	Jacobs	61	Emder LG	1:04:47	1:03:38	1:05:21	1:21:19	1:08:42	1:08:23	6:52:13
238	WHK	211	367	Heide	Broer	57	Fortuna Wirdum	1:05:58	1:03:32	1:06:27	1:22:35	1:09:32	1:04:43	6:52:49
239	WHK	212	215	Andrea	Weinstock	80	LT TuS Aurich-Ost	1:05:30	1:04:54	1:06:00	1:21:30	1:09:11	1:06:23	6:53:30
240	WHK	213	298	Sabine	Werderman	65	TV Friedeburg	1:05:16	1:04:03	1:06:01	1:23:32	1:09:27	1:05:10	6:53:32
241	WHK	214	530	Heidi	Müller	84	Ihr Friseur Raap	1:06:35	1:03:31	1:05:06	1:22:48	1:10:37	1:05:02	6:53:42
242	WHK	215	122	Britta	Seeberg	63	Südbrookmerland	1:05:36	1:04:18	1:06:41	1:22:31	1:09:19	1:05:17	6:53:45
243	WHK	216	239	Andrea	Kurrelvink	72	Hartmann Reederei	1:05:17	1:04:59	1:05:59	1:21:25	1:09:59	1:06:22	6:54:04
244	WHK	217	229	Hannelore	Immega	53	SV Wirdum	1:05:27	1:04:21	1:05:33	1:23:27	1:09:21	1:05:57	6:54:07
245	WHK	218	141	Theresia	Jansen	71	ELV Elektronik AG	1:04:53	1:05:16	1:06:30	1:22:51	1:09:19	1:05:19	6:54:10
246	WHK	219	191	Jutta	Christoffers	61	TG Wiesmoor	1:05:44	1:03:28	1:06:54	1:20:51	1:09:37	1:07:42	6:54:19
247	WHK	220	156	Sabine	Baumann	71	Wiesmoor	1:04:11	1:05:39	1:05:29	1:22:40	1:10:22	1:06:06	6:54:31
248	WHK	221	375	Barbara	Ketelsen	72	ohne	1:05:20	1:02:44	1:06:09	1:22:16	1:12:03	1:06:05	6:54:41
249	WHK	222	262	Anne	Galts	57	TC Wittmund	1:05:58	1:03:21	1:06:06	1:22:28	1:10:44	1:06:35	6:55:14
250	WHK	223	471	Hilde	Onken	59	VfL Germania Leer	1:05:54	1:07:36	1:06:01	1:19:10	1:10:46	1:05:48	6:55:17
251	WHK	224	315	Claudia	Tiede	66	Leer	1:06:46	1:06:35	1:05:04	1:20:50	1:10:23	1:06:14	6:55:54
252	WHK	225	266	Geda	Gruben	49	SV Potshausen	1:03:43	1:04:10	1:06:42	1:23:46	1:10:41	1:06:57	6:56:02
253	WHK	226	303	Gisela	Möhlmann	69	VfB Uplengen	1:06:33	1:04:22	1:07:31	1:21:39	1:09:56	1:06:06	6:56:10
254	WHK	227	317	Petra	Helmerichs	69	Fun-Loopers	1:05:55	1:05:40	1:05:12	1:21:39	1:10:27	1:07:15	6:56:11
255	WHK	228	376	Helga	Buss	62	Neukamperfehn	1:04:17	1:03:34	1:07:51	1:22:37	1:10:06	1:07:49	6:56:17
256	WHK	229	140	Sonja	Klaaßen	63	LT TuS Aurich-Ost	1:03:11	1:03:53	1:05:06	1:24:03	1:11:46	1:08:16	6:56:18
257	WJ	28	326	Anke	Fahnster	89	Möbel Buss	1:06:57	1:05:34	1:04:38	1:21:41	1:10:43	1:06:56	6:56:31
258	WHK	230	319	Margrita	Sobottka	61	Watt'n Looper SV Dornu	1:06:05	1:04:52	1:06:29	1:22:50	1:10:28	1:06:06	6:56:52
259	WHK	231	138	Anja	Ahrendt	68	Watt'n Looper SV Dornu	1:00:14	0:59:43	1:03:52	1:21:10	1:07:46	1:24:31	6:57:17
260	WHK	232	159	Sonja	Heimann	67	MTV Wittmund	1:05:50	1:03:56	1:05:53	1:23:47	1:10:52	1:07:03	6:57:24
261	WHK	233	494	Wanda	Eilers	63	SV Dornum	1:06:06	1:04:23	1:06:30	1:24:15	1:10:24	1:05:48	6:57:29
262	WJ	29	171	Insa	Jelden	92	Blau-Weiß Filsum	1:04:57	1:03:14	1:05:27	1:22:23	1:12:09	1:09:45	6:57:58
263	WHK	234	282	Marion	Boé	47	LT Schafhauser Wald	1:07:13	1:06:22	1:06:38	1:21:52	1:09:52	1:06:33	6:58:31
264	WHK	235	189	Anne	Honefeld	71	Fortuna Logabirum	1:07:15	1:05:30	1:05:57	1:21:15	1:11:55	1:06:45	6:58:39
265	WHK	236	252	Angelika	Janßen-Har	59	Sport gegen Gewalt-Wee	1:06:12	1:04:04	1:05:52	1:23:56	1:11:45	1:07:04	6:58:54
266	WHK	237	230	Wilma	Haseborg	61	Watt'n Looper SV Dornu	1:07:35	1:03:05	1:05:22	1:30:17	1:08:44	1:03:59	6:59:03
267	WHK	238	521	Susan	Schädler	59	*Leer	1:05:39	1:05:30	1:08:04	1:21:14	1:11:39	1:07:36	6:59:45
268	WHK	239	512	Gudrun	Best	67	SC Wiesens	1:08:02	1:04:25	1:05:51	1:22:55	1:12:25	1:06:10	6:59:50
269	WHK	240	132	Helga	Middelborg	52	LT SV Ems Jemgum	1:06:14	1:06:37	1:06:28	1:22:25	1:11:32	1:06:46	7:00:05
270	WJ	30	322	Deike	Hofmann	91	TuS Holt husen	1:05:24	1:04:29	1:06:47	1:23:32	1:11:16	1:08:48	7:00:18
271	WJ	31	464	Amanda	Callanan	89	Gymnasium Ulricianum /	1:06:44	1:06:56	1:06:06	1:21:37	1:10:02	1:09:07	7:00:34
272	WHK	241	443	Anneliese	Holtz-Vryze	59	SV Holtland	1:06:51	1:05:47	1:06:39	1:22:52	1:12:15	1:07:54	7:02:20
273	WHK	242	145	Hedwig	Steinbömer	58	LT TuS Aurich-Ost	1:06:38	1:05:13	1:07:42	1:22:57	1:11:54	1:08:13	7:02:38
274	WHK	243	435	Ingrid	Hilbrands	59	de Heizungsloopers	1:06:49	1:04:00	1:05:53	1:24:59	1:12:54	1:08:06	7:02:43
275	WHK	244	203	Sonja	Sluiter-Brun	64	Blinden-u.Altenheim Log	1:06:53	1:04:52	1:07:20	1:22:58	1:13:38	1:07:18	7:03:01

27. Ostfriesland Lauf 2008

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23. Mai 2008

Endstand nach 6. Etappe

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Frauen

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
276	WHK	245	148	Astrid	Nophut	64	TV Friedeburg	1:06:06	1:07:52	1:07:20	1:23:58	1:11:26	1:06:23	7:03:08
277	WHK	246	338	Heidi	Meyer	70	EWE-Wattloopers	1:07:55	1:04:35	1:09:03	1:23:33	1:11:44	1:06:31	7:03:24
278	WHK	247	238	Sonja	Einhaus	70	Hartmann Reederei	1:08:53	1:06:11	1:06:17	1:23:36	1:11:30	1:07:04	7:03:34
279	WHK	248	392	Helga	Sluiter	63	VfB Uplengen	1:07:23	1:06:34	1:08:48	1:23:21	1:11:03	1:06:56	7:04:07
280	WHK	249	275	Anja	de Buhr Han	65	Fun-Loopers	1:05:00	1:04:47	1:08:06	1:22:59	1:13:18	1:10:12	7:04:25
281	WHK	250	152	Maike	Fremy	66	TuS Leerhufe-Hovel	1:07:08	1:06:23	1:08:08	1:24:11	1:12:04	1:06:42	7:04:40
282	WHK	251	381	Valentina	Ott	73	LT TuS Aurich-Ost	1:06:25	1:07:21	1:06:45	1:22:52	1:11:56	1:09:23	7:04:44
283	WHK	252	221	Sylvia	Bülte	71	Hartmann Reederei	1:10:30	1:06:31	1:07:52	1:23:31	1:10:16	1:06:06	7:04:48
284	WHK	253	383	Margarethe	Koellmann	55	Wiesens	1:08:26	1:08:57	1:10:24	1:24:29	1:04:26	1:08:05	7:04:50
284	WHK	253	300	Helmi	Thiele	52	Fortuna 70 Wirdum	1:05:18	1:05:35	1:08:03	1:23:13	1:13:07	1:09:32	7:04:50
286	WHK	255	433	Hanna	Sanwald	62	Fehntjer Lauftreff	1:07:57	1:07:03	1:08:24	1:23:54	1:12:07	1:06:16	7:05:43
287	WHK	256	167	Gertrud	Keßler	52	Emder Laufgemeinsch	1:07:33	1:06:16	1:08:23	1:25:46	1:11:04	1:07:02	7:06:06
288	WHK	257	431	Conny	Meinen	63	BSC Burhufe	1:08:35	1:07:41	1:06:37	1:25:48	1:12:10	1:05:36	7:06:29
289	WHK	258	72	Silvia	Geiken	71	BV Victorbur	1:08:01	1:06:14	1:08:27	1:25:05	1:11:47	1:07:32	7:07:08
290	WHK	259	513	Margret	Janssen	74	TuS Detern	1:09:52	1:06:24	1:08:14	1:23:53	1:10:31	1:08:13	7:07:10
291	WHK	260	310	Margret	Kahmann	58	Laufgemeinschaft Ostfr	1:09:52	1:06:25	1:08:14	1:23:54	1:10:32	1:08:13	7:07:12
292	WHK	261	133	Irmgard	Schütterle	50	Großefehn	1:07:53	1:06:43	1:07:46	1:23:42	1:12:18	1:08:55	7:07:20
293	WJ	32	335	Frauke	Kloss	89	NIGE	1:07:34	1:04:59	1:07:04	1:27:11	1:14:20	1:06:20	7:07:30
294	WHK	262	446	Ute	Heuer	61	Laufgemeinschaft Emde	1:11:00	1:06:16	1:11:50	1:21:17	1:08:45	1:08:23	7:07:33
295	WJ	33	482	Lisa	Theermann	90	VG VeWa	1:05:02	1:07:31	1:09:16	1:24:13	1:13:20	1:08:59	7:08:24
296	WHK	263	124	Edelgard	Wienekamp	70	Komet Walle	1:12:19	1:07:07	1:08:00	1:24:30	1:10:59	1:05:54	7:08:52
297	WHK	264	294	Alide	Kahmann	57	Ihlow	1:07:07	1:07:12	1:06:53	1:24:20	1:13:05	1:10:20	7:08:59
298	WJ	34	397	Rena	Tannen	92	MTV Wittmund	1:06:50	1:07:40	1:06:56	1:23:27	1:13:46	1:10:24	7:09:06
299	WHK	265	218	Katharina	Kübler	77	OBW Emden	1:07:58	1:08:51	1:08:52	1:25:22	1:10:43	1:07:47	7:09:35
300	WHK	266	288	Manuela	Jung	72	Möbel Buss	1:08:22	1:08:21	1:09:07	1:25:07	1:11:22	1:08:12	7:10:33
301	WHK	267	377	Kerstin	Haskamp	76	TuRA 07 Westrauderf	1:08:14	1:06:58	1:07:55	1:23:34	1:13:26	1:10:25	7:10:35
302	WHK	268	463	Karin	Bikker	71	LT TuS Aurich-Ost	1:10:04	1:07:12	1:07:36	1:24:14	1:15:13	1:06:39	7:11:01
303	WHK	269	438	Gisela	Heddinga	57	LT TuS Aurich-Ost	1:07:05	1:07:55	1:08:39	1:25:22	1:12:37	1:09:35	7:11:15
304	WHK	270	153	Birgit	Müller	66	Emder LG	1:10:16	1:08:01	1:08:41	1:23:40	1:11:46	1:09:18	7:11:43
305	WHK	271	371	Silke	Renken	77	Wiesmoor	1:07:00	1:05:57	1:08:26	1:24:15	1:15:03	1:11:00	7:11:45
306	WJ	35	295	Melanie	Cornelius	90	NIGE	1:10:52	1:04:18	1:05:23	1:26:52	1:16:31	1:07:50	7:11:47
307	WHK	272	216	Renate	Blom-Weert	63	OBW Emden	1:08:02	1:06:06	1:08:35	1:25:24	1:14:02	1:09:57	7:12:09
308	WHK	273	190	Petra	Engelhardt	76	LT TuS Aurich-Ost	1:07:00	1:06:58	1:08:59	1:26:40	1:12:44	1:09:49	7:12:13
309	WHK	274	115	Renate	de Buhr	55	TuRa 07	1:06:50	1:05:22	1:10:26	1:23:42	1:15:49	1:10:07	7:12:19
310	WHK	275	26	Gitta	Nelz	75	Larisca	1:05:45	1:08:06	1:08:46	1:27:46	1:13:34	1:08:37	7:12:37
311	WHK	276	136	Rotraud	Kleipa	43	MTV Wittmund	1:07:00	1:07:30	1:07:52	1:24:09	1:15:02	1:11:13	7:12:47
312	WHK	277	183	Julia	Meyer	67	Fun-Loopers	1:08:54	1:07:29	1:08:06	1:24:52	1:13:32	1:10:12	7:13:07
313	WHK	278	437	Petra	Conrads	70	emder lg	1:07:59	1:06:18	1:09:03	1:26:16	1:14:25	1:09:33	7:13:38
314	WHK	279	467	Anneliese	Doberstein	69	VfB Rajen	1:07:12	1:07:16	1:08:50	1:27:21	1:14:30	1:09:35	7:14:46
315	WHK	280	144	Marion	Laue	66	LT TuS Aurich-Ost	1:10:11	1:08:12	1:08:32	1:26:29	1:12:37	1:09:35	7:15:38
316	WHK	281	187	Hilde	Janßen	57	AKTIVA GmbH Wolters f	1:08:48	1:08:33	1:08:19	1:25:03	1:14:03	1:11:34	7:16:22
317	WHK	282	314	Andrea	Foorden	65	Enercon	1:08:24	1:08:46	1:10:04	1:26:10	1:14:19	1:09:14	7:17:00
318	WHK	283	174	Heike	Meinhold	70	Mannijatho Nortmoor	1:12:20	1:11:05	1:08:35	1:24:11	1:13:25	1:10:00	7:19:37
319	WHK	284	146	Antje	Schuurmann	64	LT TuS Aurich-Ost	1:11:35	1:08:03	1:08:22	1:27:24	1:14:21	1:10:16	7:20:03
320	WJ	36	385	Elke	Borchers	92	H. T.-Gesamtschule Ihl	1:13:15	1:07:01	1:06:34	1:33:16	1:10:44	1:10:23	7:21:14
321	WHK	285	55	Bärbel	Neugebaue	65	TV Norden	1:12:23	1:10:31	1:13:03	1:24:56	1:12:19	1:09:01	7:22:14
322	WHK	286	380	Susanne	Hiltmann	56	TC Aurich-West	1:10:20	1:09:10	1:09:51	1:26:56	1:15:16	1:11:10	7:22:46
323	WHK	287	304	Angelika	Wendt	62	Emder LG	1:07:33	1:06:28	1:12:53	1:29:37	1:15:35	1:10:51	7:22:59
324	WHK	288	421	Anita	Asche	60	TG Wiesmoor	1:08:48	1:08:11	1:10:57	1:28:47	1:16:16	1:11:17	7:24:19
325	WHK	289	185	Thea	Kleen	67	TG Wiesmoor	1:08:49	1:08:12	1:10:57	1:28:47	1:16:16	1:11:18	7:24:20
326	WHK	290	490	Karin	Schröder	59	SV Großefehn	1:10:40	1:08:24	1:10:24	1:30:43	1:15:07	1:09:30	7:24:51
327	WHK	291	224	Ulrike	Weerts	82	FTC Hollen	1:09:41	1:08:00	1:10:52	1:26:43	1:17:47	1:12:07	7:25:10
328	WHK	292	396	Elke	Coordes-W	64	Emder LG	1:09:45	1:10:42	1:11:50	1:27:31	1:15:56	1:09:39	7:25:25
329	WHK	293	204	Meike	Bohlen	83	AKTIVA GmbH Wolters f	1:12:12	1:08:34	1:09:31	1:28:08	1:16:24	1:10:37	7:25:29
329	WHK	293	414	Gunda	Frerichs	77	DRK Leer	1:09:33	1:09:09	1:11:01	1:27:17	1:15:49	1:12:37	7:25:29

27. Ostfriesland Lauf 2008

OSSILOOP - 2008

23. Mai 2008

Endstand nach 6. Etappe

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Frauen

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
331	WHK	295	483	Gabriele	Horn-Wulfk	55	Emden	1:08:33	1:08:00	1:10:35	1:29:48	1:17:53	1:10:58	7:25:50
332	WHK	296	205	Martina	Freese	74	AKTIVA GmbH Wolters	1:12:11	1:08:26	1:09:30	1:28:26	1:16:45	1:10:36	7:25:57
333	WHK	297	261	Ulrike	Richter	59	MTV Wittmund	1:08:52	1:10:52	1:10:38	1:29:24	1:16:22	1:10:29	7:26:39
334	WHK	298	219	Janina	Kujat	79	OBW Emden	1:14:12	1:10:28	1:10:59	1:27:44	1:15:37	1:09:19	7:28:22
335	WHK	299	25	Felicitas	John	76	AKTIVA GmbH Wolters	1:13:50	1:11:15	1:10:14	1:28:25	1:15:09	1:09:42	7:28:38
335	WHK	299	223	Veronika	Malzahn	50	TC Wittmund	1:11:16	1:10:33	1:10:58	1:29:17	1:16:11	1:10:21	7:28:38
337	WHK	301	175	Helga	Potzler	49	MTV-Wittmund	1:11:17	1:10:44	1:11:18	1:29:24	1:16:30	1:11:14	7:30:29
338	WHK	302	353	Barbara	Strüfing	64	Aurich	1:11:51	1:10:56	1:10:29	1:29:57	1:16:39	1:10:38	7:30:33
339	WHK	303	264	Käthe	König	36	Emder LG	1:10:46	1:10:26	1:12:04	1:28:47	1:16:12	1:12:29	7:30:46
340	WHK	304	484	Almuth	Weber-Bec	54	Emden	1:09:34	1:08:29	1:13:13	1:29:52	1:18:07	1:12:47	7:32:04
341	WHK	305	398	Inge	Böwe	45	Emden	1:12:39	1:11:10	1:12:02	1:27:32	1:15:55	1:13:16	7:32:37
342	WHK	306	453	Haike	Heuer	66	Emder Laufgemeinsch	1:12:40	1:13:20	1:11:23	1:27:30	1:15:55	1:13:14	7:34:04
343	WJ	37	399	Nina	Peckmann	93	Gymnasium Ulricianum /	1:07:31	1:15:35	1:14:17	1:33:18	1:14:40	1:10:25	7:35:50
344	WHK	307	423	Imke	Ohling	79	TSV Riepe	1:10:58	1:10:29	1:11:55	1:32:00	1:18:51	1:12:23	7:36:39
345	WHK	308	255	Rita	Höland	50	TuRa 07	1:12:22	1:11:00	1:13:36	1:29:36	1:18:12	1:13:19	7:38:06
346	WHK	309	491	Ute	Libner	56	SV Großefehn	1:12:36	1:10:40	1:12:25	1:30:48	1:19:17	1:13:19	7:39:06
347	WHK	310	339	Barbara	Leeling	65	Emder LG	1:14:13	1:10:30	1:13:02	1:34:43	1:16:11	1:11:47	7:40:28
348	WHK	311	251	Hildegard	Böhme	54	MTV Wittmund	1:13:33	1:12:28	1:13:12	1:30:58	1:17:30	1:13:36	7:41:20
349	WJ	38	22	Christiane	Dreesch	90	Nige	1:12:13	1:12:10	1:11:36	1:30:00	1:20:28	1:15:29	7:41:59
350	WHK	312	301	Anja	Pülscher	67	www.urologie-leer.de	1:11:36	1:11:43	1:13:24	1:31:14	1:18:04	1:15:59	7:42:02
351	WHK	313	447	Gunda	Hallenga	83	Therapiehaus Tannenha	1:12:00	1:12:35	1:13:49	1:31:49	1:18:48	1:13:18	7:42:21
352	WJ	39	151	Rieke	Imhoff	90	MTV Aurich	1:10:55	1:08:43	1:11:47	1:26:46	1:36:55	1:07:27	7:42:35
353	WHK	314	309	Claudia	Gahlen	61	Emder LG	1:11:51	1:13:21	1:15:08	1:29:37	1:20:06	1:13:15	7:43:21
354	WHK	315	235	Tomma	Teyen	55	Weener	1:13:54	1:10:37	1:16:24	1:30:33	1:19:16	1:13:19	7:44:04
355	WHK	316	302	Esther	Gembruch	60	Großefehn	1:12:39	1:10:33	1:17:12	1:31:47	1:19:29	1:14:42	7:46:25
356	WHK	317	254	Gisela	Lindemann	50	LT TuRa 07 Westraud	1:14:12	1:14:41	1:17:29	1:30:12	1:18:14	1:13:29	7:48:20
357	WHK	318	292	Gitta	Seifert	67	LT Middels	1:16:04	1:16:27	1:13:15	1:29:55	1:18:13	1:15:14	7:49:11
358	WHK	319	286	Waltraud	Pleis	69	Moorloopers	1:15:45	1:13:53	1:14:20	1:31:45	1:18:02	1:15:26	7:49:13
359	WJ	40	324	Heike	Weber	90	Tannenhausen	1:12:41	1:12:26	1:11:33	1:31:39	1:23:53	1:17:57	7:50:12
359	WJ	40	325	Frouwine	Wysotzki	90	Aurich	1:12:42	1:12:27	1:11:33	1:31:40	1:23:52	1:17:57	7:50:12
361	WHK	320	318	Karin	Kruse	62	Möbel Buss	1:17:17	1:13:56	1:13:33	1:31:47	1:19:44	1:14:38	7:50:58
362	WHK	321	503	Gertrud	Smit	57	Sparkasse Aurich-Nord	1:14:46	1:13:59	1:15:08	1:32:19	1:19:13	1:15:37	7:51:05
363	WHK	322	212	Insa	Meinen	55	Möbel Buss	1:15:12	1:14:33	1:14:27	1:34:25	1:20:09	1:14:38	7:53:27
364	WHK	323	193	Karin	Petersitzke	59	LT Ihrhove	1:14:28	1:13:00	1:16:37	1:33:56	1:19:39	1:15:53	7:53:35
365	WHK	324	289	Frauke	Tränapp	65	Möbel Buss	1:16:26	1:13:55	1:14:26	1:34:26	1:20:13	1:14:38	7:54:06
366	WHK	325	336	Marita	Broß	78	Moormerland	1:15:44	1:12:55	1:14:04	1:33:07	1:23:03	1:16:10	7:55:06
367	WHK	326	297	Insa	Broß-Ansch	72	Fortuna Logabirum	1:15:45	1:12:55	1:14:04	1:33:07	1:23:03	1:16:10	7:55:07
368	WHK	327	321	Sonja	Strasser	71	ohne	1:16:38	1:16:38	1:16:14	1:31:38	1:19:09	1:14:58	7:55:16
369	WHK	328	260	Edith	Cornelius	82	Südbrookmerland	1:16:37	1:13:04	1:17:44	1:32:21	1:21:53	1:14:35	7:56:16
370	WHK	329	390	Mathilde	Georgs	64	keinen	1:17:20	1:14:27	1:16:42	1:32:39	1:23:00	1:15:07	7:59:18
371	WHK	330	211	Amke	de Buhr	84	ohne	1:16:57	1:12:12	1:17:21	1:34:42	1:22:49	1:16:26	8:00:30
372	WHK	331	248	Heike	Schaa	72	Hartmann Reederei	1:16:27	1:16:03	1:15:38	1:32:21	1:23:24	1:17:10	8:01:05
373	WHK	332	442	Monika	Behrens	50	HTG Ihlow	1:18:06	1:16:19	1:17:01	1:34:16	1:21:03	1:14:28	8:01:15
374	WHK	333	340	Sonja	Schneider	72	Störtebeker Loopers TV	1:16:52	1:16:12	1:16:48	1:33:16	1:22:41	1:15:39	8:01:31
375	WHK	334	445	Ina	Janssen	84	Sparkasse LeerWittmun	1:18:06	1:12:11	1:17:21	1:34:41	1:22:49	1:16:27	8:01:37
376	WHK	335	195	Frauke	Giebelhaus	74	Blinden+Altenheim Log	1:17:02	1:13:40	1:16:54	1:35:31	1:23:13	1:15:58	8:02:20
377	WHK	336	293	Claudia	Freese	67	AKTIVA GmbH Wolters	1:16:11	1:17:22	1:17:05	1:33:13	1:22:40	1:15:57	8:02:30
378	WHK	337	450	Marita	Boomgaard	65	Pewsumer Ossiloopers	1:14:57	1:14:16	1:17:07	1:36:36	1:24:19	1:16:25	8:03:42
379	WHK	338	449	Heidi	Buchholz	69	Pewsumer Ossiloopers	1:14:57	1:14:17	1:17:07	1:36:36	1:24:18	1:16:25	8:03:43
380	WJ	42	220	Thalea	Fitzke	89	----	1:18:25	1:15:31	1:18:38	1:33:11	1:23:04	1:16:19	8:05:11
381	WHK	339	476	Ulrike	Kettwig	61	Sporting Emden	1:17:26	1:14:48	1:17:05	1:36:20	1:23:20	1:18:33	8:07:34
382	WHK	340	502	Doris	Ulfers-Bran	57	Stadt Leer	1:21:36	1:17:56	1:20:01	1:36:02	1:21:24	1:15:08	8:12:10
383	WHK	341	480	Helga	Meyer	63	Potshausen	1:17:16	1:16:15	1:17:05	1:39:41	1:23:18	1:18:51	8:12:27
384	WHK	342	202	Anke	Krefting	80	ohne	1:21:52	1:14:35	1:17:00	1:36:06	1:25:14	1:18:32	8:13:22
385	WHK	343	287	Brigitte	Sassen	58	Möbel Buss	1:17:12	1:16:13	1:18:23	1:34:58	1:27:07	1:19:32	8:13:29

27. Ostfriesland Lauf 2008

OSSILOOP - 2008

23. Mai 2008

Endstand nach 6. Etappe

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Frauen

Platz	Alterskl.	AK_Platz	Startnr	Vorname	Name	JG	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Lauf5	Lauf6	Endzeit
386	WHK	344	209	Kerstin	van Hese	67	ohne	1:17:44	1:17:30	1:19:15	1:35:35	1:23:15	1:20:48	8:14:10
387	WHK	345	374	Sabine	Kröger	69	SV Nortmoor	1:18:46	1:20:18	1:19:50	1:37:52	1:23:38	1:18:49	8:19:16
388	WHK	346	401	Anja	Zarncke	67	LT TuS Aurich-Ost	1:21:12	1:22:35	1:18:48	1:36:36	1:26:25	1:21:34	8:27:12
389	WHK	347	389	Karin	Meyer	55	ohne	1:20:46	1:16:06	1:22:05	1:40:07	1:26:18	1:23:00	8:28:25
390	WHK	348	222	Michaela	Heyen	73	Raiffeisenbank Flachsme	1:20:15	1:20:25	1:20:16	1:38:30	1:26:11	1:22:53	8:28:33
391	WHK	349	196	Christa	Schmidt	70	Blinden+Altenheim Log	1:20:20	1:21:19	1:22:00	1:38:48	1:26:10	1:21:37	8:30:16
392	WHK	350	253	Silke	Graß	69	Ihrhove	1:21:42	1:21:04	1:21:43	1:39:37	1:26:35	1:21:11	8:31:53
393	WHK	351	333	Margret	Coordes	63	Backemoor	1:21:42	1:21:04	1:21:43	1:39:37	1:26:35	1:21:11	8:31:54
394	WHK	352	388	Johanne	Buse	60	ohne	1:20:46	1:22:03	1:22:05	1:40:07	1:26:18	1:23:00	8:34:23
395	WHK	353	283	Anita	Schürmann	69	Kirche Ostfriesland	1:27:45	1:21:30	1:25:02	1:37:27	1:22:24	1:20:16	8:34:27
396	WHK	354	440	Beate	Seiler	55	VHS-Laufen	1:25:50	1:20:57	1:23:15	1:38:54	1:25:47	1:24:23	8:39:08
397	WHK	355	267	Sonja	Neeland	74	Kindergarten Strackholt	1:23:18	1:20:11	1:23:17	1:43:22	1:29:32	1:20:33	8:40:16
398	WHK	356	504	Anke	Garrelts	79	Therapiehaus Tannen	1:24:33	1:23:18	1:25:21	1:48:24	1:30:15	1:23:19	8:55:12
399	WHK	357	511	Gudrun	Flessner	76	*Aurich	1:24:54	1:24:24	1:25:53	1:48:45	1:30:53	1:24:12	8:59:04
400	WHK	358	448	Monika	Janssen	66	Therapiehaus Tannenha	1:27:22	1:28:33	1:26:44	1:45:09	1:32:05	1:26:39	9:06:35
401	WHK	359	485	Gertrud	Fecht	49	VHS Laufen	1:25:46	1:26:03	1:29:41	1:53:40	1:34:21	1:29:56	9:19:30
402	WHK	360	305	Margret	Störk-Müller	67	OBW Emden	1:28:46	1:29:46	1:31:27	1:57:48	1:41:16	1:30:40	9:39:46
403	WHK	361	201	Elke	Feenders	61	ohne	1:32:20	1:32:40	1:33:21	1:56:09	1:40:12	1:32:32	9:47:15